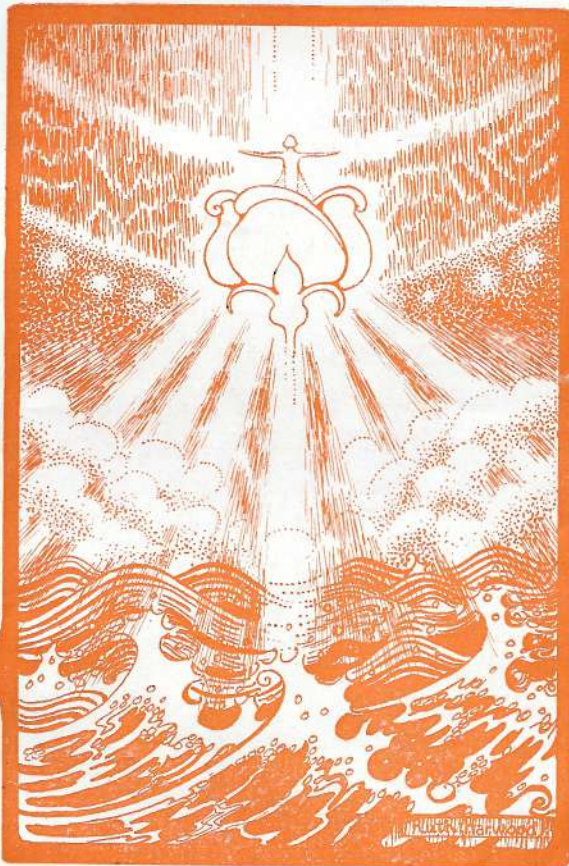


# THE ROSICRUCIAN MAGAZINE

Rays from the Rose Cross



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NOVEMBER 1938

Jesus the Savior

Origin and Purpose of Mt. Ecclesia Sanitarium

"Hasta Mi Vuelta"

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**THE ROSICRUCIAN FELLOWSHIP**

*Oceanside, California, U.S.A.*



# The ROSICRUCIAN MAGAZINE

## *Rays from the Rose Cross*

ESTABLISHED BY MAX HEINDEL

JUNE, 1913

MRS. MAX HEINDEL, *Editor*

November

1938

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# The Rosicrucian Fellowship

## ITS MESSAGE AND MISSION

Formerly religious truths were intuitively perceived or taken wholly on faith as dogmas of the church. Today a growing class demands that immortality and kindred matters be proved to the intellect, deductively or by observation, as are other facts of life, for instance, heredity. They desire religion as much as their fathers, but want the ancient truths in modern dress, congruous to their altered intellectual condition. To this class the Rosicrucian Fellowship addresses itself with a definite, logical, and sequential teaching concerning the origin, evolution, and future development of the world and man which is as strictly scientific as it is reverently religious; a teaching which makes no statements not supported by reason and logic, which satisfies the mind by clear explanations, which neither begs nor evades questions, but offers a reasonable solution to all mysteries so that the heart may be allowed to sanction what the intellect believes, and the solace of religion may give peace to the troubled mind.

People of various denominations enter educational institutions such as Harvard or Yale, and study Mythology, Psychology, and Comparative Religion there without prejudice to their religious affiliations. Students may enroll with the Rosicrucian Fellowship on the very same basis. Our teachings, which aim to emancipate from authority of others by pointing the way to firsthand knowledge, are given by correspondence graded to suit the different classes of applicants. Upon request the General Secretary will send an application blank for enrollment to anyone who is not a *Hypnotist*, or a *Professional Medium*, *Palmist*, or *Astrologer*.

These lessons are not sold; it is contrary to Rosicrucian principles to give spiritual aid for a material consideration. However, the work is supported largely by voluntary offerings, and students are given opportunity to help as the heart dictates and the means permit. In the measure only that they fulfill this moral obligation can they *really* benefit from our efforts in their behalf.

The International Headquarters of the Rosicrucian Fellowship is located on a fifty acre tract called "Mt. Ecclesia," a natural park of incomparable beauty with a view of mountains, valleys, ocean, and isles ranging in extent from 40 to 80 miles. It is an important center of spiritual healing scientifically applied to aid thousands all over the world. The salubrious climate of *Southern California* affords material help in recovery for those who visit the quiet little city of *Oceanside* which holds Mt. Ecclesia in its environs. Accommodations are available for those who may wish to spend some time at Headquarters. Rates are given on application. Healing services are held daily in the Ecclesia to help all who have applied for healing.

**THE ROSICRUCIAN FELLOWSHIP**

Mt. ECCLESIA

*Oceanside, California, U.S.A.*

# The Mystic Light

## The Rosicrucian Fellowship


The Rosicrucian Fellowship is a movement for the dissemination of a definite, logical, and sequential teaching concerning the origin, evolution, and future development of the world and man, showing both the spiritual and scientific aspects. The Rosicrucian Philosophy gives a reasonable solution to all mysteries of life. It is entirely Christian, but presents the Christian teachings from a new viewpoint, giving new explanations of the truth which creeds may have obscured.

*Our motto is: A SANE MIND, A SOFT HEART, A SOUND BODY.*

*The following article received SECOND PRIZE in our Manuscript Competition*

## Jesus the Savior

BY A. E. GEBERT

N the Evangelical churches there are two recognized classes of people—the saved and the unsaved. These orthodox bodies accept as the keystone of their faith, the Biblical exhortation, “Believe on the Lord Jesus Christ and thou shalt be saved.”

The saved ones are those, and only those, who have declared their faith by affirming definitely the foregoing statement. No matter how great the sin—no matter what the future acts of the converts shall be, they are henceforth and forever saved “by the blood of Christ shed on Calvary.” Says this orthodox doctrine, the mere acceptance is all, or practically all, that is required of the convert, who is further told in song that when the soul has once leaned on Him for repose, “he will never again be deserted to his foes.”

On the other hand, so say the orthodoxists, those who do not accept Jesus as their personal Savior *in this life*, are lost throughout all eternity.

In this narrow doctrine there is a truth waiting to be unveiled, which can only take place when the soul is dissatisfied with its state of bondage and reaches out for more light. Impetus is given the soul by the fact that it can never be satisfied until it rests completely in Truth, for only then can it rest in God.

Orthodoxy limits its converts to the teachings of the theological schools and their literal interpretations of the Bible. Any variation of thought, or criticism of their doctrine may cause serious conflict—often over a slight difference of opinion on an insignificant point. No wonder that Jesus censured the Pharisees when he said, “Ye strain at a gnat, and swallow a camel.”

In the consciousness of every human being there is a spark of Divinity that tells him of the mission of the soul, and causes him to seek out, worship, or believe in an unseen Power. To those who are infants in the ability to grasp and understand the higher interpretations of the Scriptures, the orthodox teachings become powerful in their lives, and in time will lead them to seek further. Truly they must creep before they walk.

It is therefore necessary that we respect all religions or bodies whose followers are sincerely seeking the Truth. This does not indicate a sympathy with imperfection, but rather an expression of faith in the ultimate salvation that awaits us all, and which is actively going on.

Many at one time experienced the orthodox stage of religion, and later, filled with a craving for soul-expansion, were divinely led to contact the Rosicrucian Fellowship teachings. Truly these

teachings are a great blessing, and a power in giving sensible interpretations to the Scriptures in a manner quite easily understood, thus strengthening the faith and giving incentive and courage to the aspirant.

That Jesus is the Savior of the world, meaning our earth and *all* its inhabitants, past, present, and future, there should be little dispute; but *how* this is true is another question; and further we must reconcile this fact with the Laws of Rebirth and Consequence.

Irrespective of the fact that many were advancing toward the goal through the Laws of Rebirth and Consequence, there was a large number who were stragglers and about to lose out in our evolutionary life wave. Christ's mission was to redeem these stragglers, to aid them in keeping up with the present evolution—to save that which was lost; otherwise the lost ones would have to be abandoned and take up their evolution again after the lapse of countless ages.

The Cosmo says, "The greatest apprehension of occult scientists is materialism, which, if carried too far, not only prevents progress, but will destroy all the seven vehicles of the virgin spirit, leaving it naked. Such an one will then have to commence at the very beginning of the new evolution. All the work it has done since the dawn of the Saturn Period will have been utterly wasted. For this reason, the present period is to our humanity, the most critical of all."

Imagine the seed-atom of the ego remaining in chaos for millions of ages, waiting for another Day of Manifestation—another chance to start an evolutionary journey.

The Rosicrucian teachings as promulgated in *The Rosicrucian Cosmo-Conception*, not only acknowledge Jesus as the Savior of mankind through Christ,

but they explain how this is so, and much of the information given here has been gleaned from its pages.

We read in the Scriptures that man sinned, or "missed the mark," as Paul called it. In the Cosmo those who missed the mark are termed "Stragglers," because they did not keep up with evolution.

At the time of Jesus, mankind, to a serious extent, was losing contact in consciousness with Divinity. As this condition increased a gap was forming and had to be bridged so that contact could again be made sure and permanent for all. Jesus was the means of bridging this gap—hence became the Savior.



Orthodoxy speaks of Jesus Christ as a certain individual born in Bethlehem, whose home was Nazareth. Its followers believe that the Spirit of God descended upon Him at His baptism, after which He began His ministry; yet they do not understand just what happened; nor do they understand—and few of them would believe—that *Jesus is one Being, and Christ another.*

Jesus of Nazareth was born about the time mentioned in the Scriptures, where it is recorded that his birth created a sensation, and his mission was known to many. Of his boyhood, the Scriptures say little; the most significant event being his discourse with the Doctors in the Temple at twelve years of age, when his sayings caused amazement, because of their logic and quality.

The Cosmo-Conception states in substance, that although Jesus belongs to our humanity, it must not be supposed that he was an ordinary individual. Through many embodiments, which can be traced through the Memory of Nature, he had trod the Path of Holiness, and fitted himself for the great part he was to play in the salvation of the race.

His mother, correctly symbolized as the Virgin Mary was a type of the highest human purity; and his father was a high Initiate; thus the ground was properly prepared to receive the great soul—Jesus of Nazareth.

Jesus was a member of the Order of Essenes, and under such association had developed his spiritual faculties to a point where his vital body was attuned to the high vibrations of the life spirit; and it may be well to remember that the object of all esoteric training is to work on the vital body, that the life spirit may be built up and quickened.

Christ was the highest Initiate of the Sun Period, therefore was not a part of our humanity or life wave. Proof of this is that Christ cannot be traced in the Memory of Nature back of the single embodiment which took place by His entrance into the vehicles of Jesus at his baptism.

In order to bring humanity to a union with Spirit, it was necessary for Christ to make a contact with the former. Prior to this time, the Race-Spirits under Jehovah had ruled, but, under Race-religion came the doctrine of law, disobedience, and sin, coupled with the doctrine of "An eye for an eye, and a tooth for a tooth." Under these formulae there could be no Unity. In his teachings, Jesus replaced the Law with Love, which inspired Paul to say in his Epistle to the Romans, "Love is the fulfilling of the law." Again, in Galatians 5:18, Paul says, "If ye be led of the Spirit, ye are not under the law."

To contact humanity it was necessary for Christ to function in a dense body; but He could not be born in a dense body, because He had never passed through an evolution such as the Earth Period; therefore, He would first have had to acquire the ability to build a dense and vital body such as ours, because the desire body was the lowest vehicle He was able to build. The Cosmo-Conception further points out that even had He possessed that ability, it would have been inexpedient from the standpoint of time

and effort. The problem then, was for Him to have a dense and vital body prepared, which He could enter with His vehicles. Jesus furnished such a body.

It is a law of the Cosmos that no Being, however high, can function in any world, without a vehicle built of the material of that world; and under this law, Christ must have a vehicle corresponding with some vehicle of humanity, so that the contact could be made.

This is a sensible explanation according to the knowledge of our present day; for we know, that in order for a radio instrument to contact or receive a broadcast it must be in tune with the station.

Jesus was the only human being who had developed an inner vehicle that was high enough to correspond with the one ordinarily used by Christ as His lowest vehicle, and that vehicle was the life spirit. Jesus reached up, and Christ reached down, and the contact was made. This occurred at the baptism of Jesus in the river Jordan, of which the Scriptures say, "And Jesus, when he was baptized, went up straightway out of the water, and, lo, the heavens were opened unto him, and he saw the Spirit of God descending like a dove, and lighting upon him." And Jesus himself began to be about thirty years of age, the Scriptures add.

The mission of Christ did not end with His entrance into the physical body of Jesus. It had only begun. As Jesus the Christ, He mingled with men, helping them with every conceivable problem by means of the power He possessed; using His works as a means of turning their minds toward the Truth. This, however, was minor as compared with the final plan of salvation.

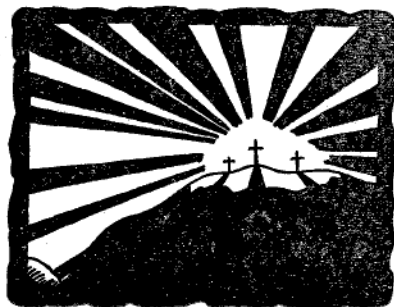
Christ was now manifesting in the consciousness of humanity, through the medium of Jesus' body; but a permanent contact with our earth had to be made, for it was not expedient to use this body permanently, as the high vibrations would in time break it down. Therefore, the permanent contact was made on Calvary.

Had Christ Jesus simply died, it would have been impossible for Him to have done His work, or fulfill His mission. The Cosmo-Conception explains how, when Jesus was crucified on Calvary, his body was pierced in five places—in the five centers where the currents of the vital body flow, and the pressure of the crown of thorns caused a flow from a sixth center. When the blood flowed from these centers, the great Sun-spirit Christ was liberated from the physical vehicle of Jesus, and found Himself *in the earth*, with individual vehicles. The already existing planetary vehicles He permeated with His own vehicles, and in the twinkling of an eye, diffused His own desire body over the planet, which has enabled Him thenceforth to work upon the earth and its humanity from *within*.

In *The Mystical Interpretation of Easter*, by Max Heindel, there is a wealth of information on this subject, in addition to the valuable matter found in the Cosmo-Conception, and students are referred to these publications for more light.

Jesus the Christ, Savior of humanity, was a Cosmic character, which is clearly indicated by the fact that His life and mission is pictured in the zodiac, in which the points of the equinoxes and solstices are extremely important. It is the sun's passage through the zodiac that tells the story.

If we draw a line from the point of the winter solstice, which is the first degree of Capricorn, down to the point of the summer solstice or first degree of Cancer; then a similar line from the point of the vernal equinox which is the first degree of Aries, to the point of the autumnal equinox or first degree of Libra, we have a symbol of the Cross on which Christ the Sun-God is annually crucified, the events of which run parallel with the life and ministry of Jesus.



To illustrate: Jesus was born a scapegoat for our sins. Paul in II Corinthians, 5:21, says, "For God hath made him to be sin for us, who knew no sin; that we might be made the righteousness of God in him." Analogous to this, the sun is reborn, or begins to increase in power, when it enters the sign of Capricorn the Goat.

Jesus was born in a manger or stable; and the sun comes into rebirth each year between the signs of Sagittarius and Capricorn, symbolized by the Horse and Goat respectively.

Jesus was baptized in his thirtieth year; and the Sun, thirty days, degrees, or years (taking a degree for a day, and a day for a year) after its rebirth, enters the sign of Aquarius the Waterbearer, symbolized by a man bearing a pitcher of water.

After His baptism Jesus chose His first two disciples from among the fishermen; and the Sun next enters the sign of Pisces, symbolized by two fishes.

With His disciples selected Jesus reveals His mission by announcing Himself as the Good Shepherd; and the Sun now enters the sign of Aries, the Ram or Lamb. This is the point of the vernal equinox and the second point of the Cross. Here is the place of the crucifixion on Calvary, and brings to mind the following words of Jesus; "I am the Good Shepherd; the Good Shepherd giveth his life for the sheep. . . . I am the Good Shepherd, and know my sheep and am known of mine. . . . I lay down my life for the sheep." This point of Aries well symbolizes the "Lamb of God, slain from the foundation of the world."

Jesus' mission was the spiritual salvation of humanity. The purpose of the Sun is to give physical salvation to all creatures; for no plant could grow, nor could any physical life exist without it. And note, the sun next



enters the sign of Taurus, the Bull, the animal used for plowing by the ancients, and to some extent by modern people.

Taurus is an earthy sign, and, to plant seed the earth must be broken up by plowing. Likewise, the Word-seed requires a breaking up of the hard ground of old ideas and materialism, so that the Word can thrive and bear the fruit of salvation.

As a result of the teachings of Jesus the Good Shepherd, there was an increase in the flock—fruit from Sowing of the Word. Likewise, after plowing, the planter puts the seed in the ground, and the Sun's warm rays cause the plants to grow, thus bringing increase of physical things. The Sun has entered the sign Gemini, the Twins, signifying increase.

Jesus knew that the great multitude of people who followed Him would become backsliders, and on the morrow would replace the loud Hosannas with the cry of "Crucify Him!" Before His arrest and crucifixion Jesus told His disciples that one of their number would betray Him. Judas Iscariot fulfilled this prediction. Even Peter deserted Him at the last hour; and, remember, Jesus had once said that the faith of Peter was the Rock on which He would build His Church.

We note that the Sun now enters the Sign of Cancer the Crab, which sometimes crawls backwards. Six months have now passed from the time of the rebirth of the Sun, when the days commenced to increase in length, to this point, where the days begin to decrease in length. Now, John the Baptist was born six months before Jesus, and he says in John 3:30, "He must increase, but I must decrease." The meaning is obvious. At this time, about June 22nd, the Sun retreats or goes back; that is, the days begin to shorten. The sap in the vegetation starts backward into the roots, dying in a figurative sense, until reborn at the time of the next winter solstice.

Thus the Sun passes the summer sol-

stice, the first degree of Cancer, and the third point of the Cross.

Jesus was called the Lion of the Twelve Tribes of Israel. Also in Revelation 5:5, we read that there was no one worthy to open the sealed Book, until one of the Elders said, "Behold, the Lion of the Tribe of Judah, the Root of David, hath prevailed to open the book." Now, Jesus was born in the sign of Capricorn, which is assigned to the tribe of Judah, and he was of the house and lineage of David. He was acknowledged by the multitude as their King; and Pontius Pilate had a title placed on the Cross in Hebrew, Greek, and Latin, reading, "Jesus of Nazareth, King of the Jews."

Says Jacob, according to Genesis 49:9, "Judah [Capricorn] is a lion's whelp" [the man Jesus]. The Lion itself is the Christ, symbolized by the Sun, which rules the sign of Leo, and which it enters after leaving the sign of Cancer. The Sun is hot, and has more power in Leo because this is the hottest period of the year, and the Sun is strongest at that time, making Leo the lion of the twelve signs. As Jesus was the King of the Jews, so is the lion the king of beasts.

The death of Jesus on the Cross was for a specific purpose. He said that unless the seed be planted in the ground and die, the harvest would not be reaped. The Cosmo-Conception tells how the seed of Christ entered our earth through the blood which flowed from the wounds of Jesus, whose body Christ was inhabiting with His vehicles.

The gathering of the harvest is being carried on by the True Church, which Jesus called His Bride, and Himself the Bridegroom. The Bible makes several references to the Church as the Woman. The Church that fails in its mission—that prostitutes its high calling for huge buildings, cushioned pews, worldly glory and power, deserves the name of Harlot which is given to it in the Scriptures.

Jesus said, "Where two or three are gathered together in my name, there am I in the midst of them." This is the true Church. If then, the untrue church is

a harlot, it follows that the True Church is logically symbolized by a Virgin, and shall gather the harvest of souls.

And so, after the hottest months, during which the grain has ripened, the Sun passes into the sign of Virgo, the symbol of which is a Virgin holding five sheaves of wheat, signifying the harvest time which comes at this time of the year, August 24th to September 23rd.

After the harvest of souls comes the judgment. According to Matthew 16:27, "The Son of man shall come in the glory of his Father, . . . and he shall reward every man according to his works." The Sun passes into the sign of Libra, symbolized by the Scales or Balance. It is at this time of the year after the harvest that the farmer pays what he owes and balances his books. In this we have a hint of the Law of Consequence.

Jesus was crucified between two thieves. As it passes to its death at the winter solstice, the Sun crosses through Scorpio and Sagittarius, the two heavenly thieves, indicated by the fact that the harvest is over, and these two months must live by appropriating the products of the other months—hence are thieves.

One of the thieves gave up; and the Sun gives up and dies annually as it leaves the sign of Sagittarius, representing one of the thieving months. Note that the Sun first passes through the horse-part of the Centaur, and then

through the man-part, thus signifying the thief giving up the dark animal part of his nature, and reaching out for the Light in his mental nature, represented by the Man—a God in the making.

Jesus met His death on the Cross; and the Sun dies at the moment it reaches the last point of the zodiacal Cross, which begins and ends with the first degree in the sign of Capricorn. It is the winter solstice, and we have the shortest day of the year.

We are all familiar with the Bible story of Jesus lying in the tomb for three days, and His resurrection and ascension thereafter. The Sun is also dead or inactive in a figurative sense, for about three days, and is then resurrected or reborn. Students of Astronomy and Astrology know that at the winter solstice there are about three days when the declination of the Sun makes practically no change. If we throw a ball into the air, there is a point where it pauses before coming down. When the Sun has crossed the equator, it continues south to its lowest point of declination, then pauses as it reverses its motion to move northward. Thus the Sun is dead, or remains in the tomb for about three days before coming back to be reborn and bring increasing light. The days lengthen, and the cycle is repeated year after year, and it will continue to tell out the story of Jesus the Christ throughout all time.

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## Thanksgiving

BY A. M. COLEMAN

*My heart is full to overflowing,  
Great desires are in me glowing,  
I am happy in the knowing—  
All belongs to God.*

*Every flower and every leaf,  
Every ear within the sheaf,  
Bird and beast upon the heath—  
All are given by God.*

*Let us then most freely give,  
Give to all, that all may live.  
Forgiven—let us all forgive.  
Give all unto God.*

## "Hasta Mi Vuelta"

BY ZELMA MORETTI

**AUTHOR'S NOTE:** This story is based upon a legend which is told in southern Colorado. The legend is this:

Long ago, when Spain owned our southwest, some Spanish priests were transporting some valuables across the country when they were overtaken by hostile Indians. The treasures were buried with the invocation that they would never be found until they were to be used for the benefit of humanity.

—Z.B.M.



R. Richard Hampton, affectionately known to all citizens of the town as "Doctor Richard" stood at the window gazing thoughtfully out into the dusty street. His invalid father, seated in a wheel chair, was watching his son's face, reading from the expressions written upon it the things that were passing in the street. A sudden tightening of the muscles of the younger man's face, and a clenching of his hands, told the older man that now his son was seeing that little crippled boy. A look of tenderness and sympathy came into the father's eyes as he watched.

The young doctor drew in a deep breath, and, letting it go explosively, turned toward the man in the chair.

"Oh, I wish I could do something for that lad!" he said quickly, feelingly. Noticing the expression of his father's face, he went on: "I know I've said that daily for the past ten years, and each time I say it, the hurt of my helplessness goes deeper. If only we had the money with which to help him and others like him. Some of these people go all their lives with infirmities simply because we are so isolated here, and it's so far to good hospitals and doctors."

"My son," the old man began, gently, as if speaking to a child, "your prayer will be answered. I know that it will."

"But I haven't prayed, Father. I've just wished, believing that only through my own efforts would my ambition be realized. A clinic for this place, for these

poor people who can't afford hospitals and doctors. When I see that boy I want it more than ever. Each glimpse of him brings back the night that I went with you on that case.

"I can see it all now. A drunken father on a cot; that young mother black and blue from the beating he had given her; and finally, a baby boy ushered into the world—a cripple. Why, oh why, did that fascinating child have to be a cripple? Oh, yes, I know you'll say that he probably deserved it from some former life; but I say that if these poor people had proper medical care, a proper hospital, those things wouldn't happen so often."

"You are partly right, Richard; but not altogether. As long as you keep your ideals, I do not care whether or not you accept rebirth. But, son, each time you have wished that you could help that child, and others like him, it has been a prayer. Your prayer will be answered."

"You speak with assurance, Father," said the young man, and he turned again toward the window. Into view, nearly opposite the window, limped a small boy who waved joyously at the doctor. The young physician stepped to the door, and called to the child to come in.

"How are you, young fellow?" asked the doctor, as he gazed searchingly at the thin little face, flushed with the heat.

"I'm fine, thank you, Doctor Richard," the boy answered respectfully, at the same time flashing a smile which showed his love for the doctor.

"How are you, sir?" he asked, coming up close to the older man's chair, and laying an affectionate hand on the invalid's arm.

"I'm feeling very well, today, thank you, Dick. How is your mother?"

"This hot weather's hard on her, sir; but she is resting today." The lad spoke

quietly, and very tenderly at the mention of his mother.

"You look somewhat warm yourself, young man. I'm going camping next week for several days. Let's give your mother a rest by taking you with me, shall we?" asked Doctor Richard.

The boy's face brightened with the prospect of a seldom-experienced trip into the country. "Oh, that would be great. Do you really want me?"

"Yes, indeed. I don't enjoy camping alone. I need someone to look out for me. Now, run along, and ask your mother about it. Ask her, too, if she can come in to look after Father while we're gone."

"Oh, Mother will, sir. She says there's nothing she wouldn't do for Doctor Hampton," answered the boy quickly.

After the boy went out, the young doctor stood watching him as he hobbled down the street, and the invalid watched his son's face.

Suddenly Doctor Richard turned from the window.

"Father, I've had a queer dream I'd like to tell you about. I've tried to forget it; but somehow I can't. I've had it three times recently."

The father looked at his son with interest. "Let us hear it. Perhaps it was more than a dream."

"Well, it might have been caused first by indigestion; but surely indigestion doesn't cause one to have the same dream three times. It has become almost a vision."

Settling himself in the large, worn leather chair, facing his father the young doctor told his dream:

"The place seemed to be very much like our country around here. I saw a procession picking its way carefully over cacti-covered ground, slowly wending westward toward the hills which were already casting their purple shadows far out over the plain. Now and then the various members of the party glanced searchingly back over the trail they had come. When an area of grass was reached the group hastened their progress as

much as was possible, with the burdens they carried.

"The burdens consisted of three large chests, each of which was carried by being supported on two poles, the ends of the poles resting on the stalwart shoulders of some of the Indians. Every little while the chests were lowered to the ground and other Indians took the places of those who had just released the poles. The burdens were again hoisted to strong shoulders and the company would resume its journey.

"Other members of the procession were about half a dozen soldiers, and three priests of the Church—Spanish priests, they were. The oldest of the three priests rode upon a slow, surefooted donkey, while the two younger men walked beside the animal.

"The tall priest who walked beside the older priest, and who seemed very much concerned over the comfort of that dignitary, called to the Indian who was their guide.

"How much farther must we go before we can stop to rest?' The priest spoke in flowing Spanish.

"The Indian pointed toward the foothills, which were, perhaps two miles distant.

"There!' the guide answered briefly.

"The smaller priest slapped the donkey smartly on the rump, and quickened his own pace. 'We shall not get to the hills very much before dark,' he remarked, glancing toward the sun."

The narrator halted his story, and looking searchingly into his father's eyes, said with a wry grimace: "You can see how this thing has impressed me. I remember every detail, every word, every gesture of the characters in my vision." After a pause he continued:

"No," answered his tall companion, "I do wish that we could make better time."

"We must be patient,' interposed the old priest who had not spoken before. 'With God's aid we shall reach our destination in good time.'

"Suddenly the members of the party



became aware of a runner. The chests were lowered carefully to the ground, and the weary Indians flung themselves down to rest, while the group waited for the messenger. Breathing quickly, almost gasping, the runner came alongside the priests, bowing as he did so.

"Hurry! Hurry!" he begged. "They are coming! War party."

"Consternation showed on the faces of many of the group, as the burdens were resumed and the party moved on more hurriedly, if such were possible, toward the hills."

Doctor Richard's voice trailed off into silence, and he seemed to feel the anxiety of the characters of his vision. The father waited, not wishing to interrupt the son's evident absorption in his thoughts . . . "Directly at the foot of the wall was a large hole which had been dug. With much ceremony the three priests were placing the treasure chests in the hole and then they began to cover the chests with earth. While the old priest knelt on the ground, praying, the two younger priests filled the hole, and tramped the earth down hard. The Indian guides stood quietly by, watching the ceremony."

"One thing which stands out in my memory is a peculiar rock formation right above the place where the chests were buried. It was shaped like a cross, and leaned against the rock wall."

"When the ceremony was completed the youngest priest insisted upon staying behind, so that he could throw the attacking Indians off the trail of the others. But before they passed on, the tall priest returned to the rock-formed cross, and kneeling there, prayed, finishing with 'Hasta mi vuelta.' That's about all."

The young man sat quietly, looking at

his father, who seemed to have been listening to a story which was very familiar to him.

"Hasta mi vuelta," whispered the old man. "'Until I return.' And," he added, watching his son's face closely, "The three priests were you, and Dick, and I."

"How did you know?" the son almost shouted at his father.

"Because *I was there*," the older man answered, smiling faintly.

"Oh, you and your rebirth," said the young doctor in exasperated tones.

. . . . .  
"Well, I think this will do. It looks

like a good place to camp," said the doctor as he stopped the car under the shade of a tall pine.

Dick looked around. "This place looks familiar," he said.

"Have you been here before?" asked the man.

"No sir, I've never been camping any place in the mountains before. I've never been any place except when you took me," Dick answered quickly and positively.

"Let's get out and walk around, boy. We'll need to find a place to put our tent."

. . . . .  
The camping was over. Doctor Richard was packing his car. Stopping his work he gazed thoughtfully around him. "Wonder where that boy got to? He has no business trying to climb," he said aloud. No sooner had he spoken than the boy came into view around a shoulder of rock. He came as swiftly as his crippled condition would permit to where the man stood. Dick stopped to wipe the perspiration from his face before speaking. "Doctor Richard," he said, "I've found something I'd like to show you. I found it the other day; but I thought



perhaps you wouldn't like to be bothered. But I can't seem to forget it. Will you come?"

Looking down into the face of the boy, the doctor felt again his desire to help him—to correct that condition which crippled the child.

"Of course I'll come. But here. Climb upon my back. I'll give you a ride." So carrying the boy on his back, the man started out in the direction which the boy indicated. He climbed steadily for several minutes, when, coming suddenly around the shoulder of a great rock, he stopped in his tracks.

"Gad!" he exclaimed aloud.

"It's wonderful, isn't it, sir? After I found it I couldn't stay away. It seemed almost like I knew the place, as if I'd been here before. But I don't think I ever saw a picture of it." The boy stopped his talk as he suddenly got a glimpse of the man's face.

"Oh, are you sick, Doctor Richard?" he cried, fear creeping into his voice.

"No, I'm not sick," the man answered shortly. Then he walked slowly toward the wall of rock, against which leaned a great rock cross.

Seemingly forgetful of the boy he carried upon his back he stood gazing at the symbol, going over again and again in his mind the dream he had told his father a few days before, and always he came up short in his thoughts to his father's words: "Because I was there!"

"Gad!" he exclaimed again. Then carefully placing the boy on the ground he said, "Well, this is no dream. You stay here until I come back."

Dick watched Doctor Richard silently, much puzzled; but he was even more puzzled when the doctor returned shortly with the shovel which was always carried in the car.

"We are going to dig, old boy," the doctor said, "and we are going to see—well, what we shall see."

The ground was hard at first, but as the digging went on, it was easier. The man had dug several feet when the first

indication came that the digging was not in vain. The hole finally revealed three chests. The doctor opened one where it lay in the hole and before the boy's startled eyes laid out the silver candlesticks, much blackened, and all the vessels and ornaments for the celebration of the mass.

Old Doctor Hampton sat in his chair in the cool and inviting reception room of the new clinic. His delicate hands, usually so quiet, now fondled a rosary—one which had been taken from one of the chests which his son had found on that memorable day a year ago.

He looked up expectantly as the sound of swift steps came from down the hall. Dr. Richard came into the room, and one glance at his face told the waiting invalid that everything was well.

"It's done, Father. Successful, too. The first operation in this clinic which is going to mean so much to these people. Dick will walk." His voice ended on a note of triumph.

The old man's eyes misted as he held out his hands to his son. "'Hasta mi vuelta,'" he said softly. "'Hasta mi vuelta.'"

## The Call

*Oh, heart of mine, be still and rest;  
Why beat against the cage thy breast?  
Dost know the journey is not done  
And will not be, till set of sun?*

*Be still; and know that all is well.  
Be still; and know we cannot tell  
How near or far the little stair  
That leads up to the Otherwhere.*

*'Twas planned we should return to  
earth  
To learn new lessons in each rebirth;  
And He, who marks the sparrow's fall,  
At set of sun, shall give the call.*

—EDVINA E. FENLASON.

# The New Age Religion

BY C. R. BRYAN



**I**N discussing the New Age Religion it is necessary to take into consideration other factors which are all connected and interwoven, and which have an important part in the evolution and spiritual progress of man and the world. The major factors concerning man's progress are threefold: i.e., Social, Economic, and Religious. We are witnessing some rapid changes in the world today which are causing an upheaval and confusion among us. The majority of people do not know the reason for these great changes, nor do they want any great changes to take place, especially those who have the good things of life and are comfortable. They do not want to be disturbed, and in their satisfaction and selfishness they do not care about those less fortunate ones, those who have nothing.

So much is being said and written of the approaching end of the world, and so many predictions of impending crises and catastrophes, that there is great misunderstanding and fear throughout the world. This fear complex, which the masses have a tendency to absorb, is the most alarming aspect of the changing conditions, and it is regrettable that some of our most prominent religious leaders and occult prophets are continually preaching the gospel of fear. This causes many unnecessary cases of suicide and mental derangement.

But all students of ancient history, also of philosophy and astrology, know the real causes underlying the present world conditions. They know that what is happening is not the end of the world, but the end of a Sun Cycle. They know that great world changes take place at intervals of 2,000 years or so, caused by the precession of the sun through each zodiacal sign, and that we are now coming to the end of one of these cycles.

We are leaving the Piscean dispensation and preparing to enter that of Aquarius. The conditions of today can be compared with those of about 2,000 years ago, during which period there was great unrest, confusion and fear; although each succeeding cycle is on a higher spiral of human evolution, and carries with it the natural progress made by humanity in each era.

Mankind is forced to go along with Nature's plan of evolution and progress whether we like it or not. What we call "civilization" is but a procession of "systems" forming and dying, forming and dying. We hear warnings about the next war resulting in the end of civilization, but it could only mean the end of our present "system" of civilization. We learn our lessons from all of these "civilizations" and these experiences are derived continuously as we see the death of one and the birth of another. Always death follows birth, birth follows death, and so on through endless cycles of human struggle. We see the failure of all man-made schemes, organizations, and civilizations. Only the plan of God moves on unerringly and uninterrupted.

The social and economic aspects of our evolution have a great deal to do with our religious development, because in the process of spiritualizing our minds and bodies, we must have the proper conditions, so that the alchemist (the Ego working through the mind) can change the baser metals into gold. Society is already changing; the co-operative spirit is in the air, at least where there is no war and where we can breathe and think clearly. If we can have peace the spirit and idealism of the co-operative society will sweep the world.

The nature of characteristics of the ruling hierarchs of the new Aquarian

Age are socialistic and co-operative. Some form of socialism, whether it be called by that name or some other, is inevitable, because it is the foundation principle of the new order. The sympathies of these rulers are with the masses; their aim is to level off, as it were, the social and economic conditions of humanity; that is, to raise the lower and under-privileged classes up to an equal with the so-called middle classes. At the same time this force reduces the higher or wealthy class to that of the middle bracket, and endeavors to make all people equal socially and economically. The change that is coming over us is not only material, it is also spiritual. We are on the threshold of a civilization not only teeming with comforts for all, but one with sympathetic human understanding, developed from the recognition of a common interest.

But before that civilization can come we must go through a period of experimentation, unrest, and elimination. The world must be prepared for this ideal condition; it must be cleaned up, to a certain degree; and what we see happening today in the war-ridden countries and elsewhere is Nature's plan working in the way of elimination or cleaning up, making ready for the new order. It seems horrible that so many should have to suffer, but it is evidently necessary in order that the great plan of evolution shall go on. Those who will not accept the new order and work in harmony with the new altruistic principles must step aside and wait until some future time to continue their development.

Also earthly conditions must be changed; that's the reason we have earthquakes, tornadoes, floods, etc., to change the contour of the earth. And then, when this elimination and cleaning up process has been accomplished, probably a great many

very advanced souls will incarnate on earth to establish the new brotherhood-of-man ideals. We hear and read a great deal about the second coming of the Christ and how He is to establish the new conditions and reign over the earth. But our philosophy teaches that this is not so, that the Christ will not come again in a physical body; rather He shall come again in an etheric vehicle and we shall meet Him in the air; and this is also stated in the Bible. So His coming is probably a long way off, and we must look to other highly evolved souls to solve our present earthly problems.

Our world goes through chemical and alchemical changes the same as man and his physical body; and so long as this is true we may expect trouble and suffering. Trouble is life's challenge to the human soul; it is a challenge to all a man has in him of strength and courage, intelligence and self-control. The man who has not known trouble has not known life, and unless we have tried to explore and understand, we can never know what life is all about.

Another important factor in human progress is the economic system under which we labor at any particular time; and evidently our present social and religious salvation awaits a sensible and practical monetary reform. We must have something to use as a medium of exchange for our labor and goods; rather than money being used as a basic commodity, as it is at present. There is no doubt but that true Christian religion is opposed, in principle, to the present profit system. The economic truths that Christ taught go hand in hand with democracy and collective production. Only under a system free from the profit motive will the basic teachings of Christ ever be fully realized in the lives of the people. Only under a system that provides

*I have not seen, I may not  
see,  
My hopes for man take  
form in fact,  
But God will give the vic-  
tory  
In due time; in that faith  
I act.  
And he who sees the future  
sure,  
The baffling present may  
endure,  
And bless, meanwhile, the  
unseen Hand that leads  
The heart's desires beyond  
the halting step of deeds.*

—Whittier.



complete collective security for all can we follow His injunction to "take no thought for the morrow." Under a system of this kind the Golden Rule can become a living reality. We can then do unto others as we would have them do unto us. In almost every word and act of His life the Christ taught men the evil of monopoly, or capitalism, and stated that wealth should be held in common. This is in harmony with the new age principles; and it is no surprise that in His day He was considered a revolutionist and His theories revolutionary.

In connection with man's evolution on earth we quote from Max Heindel in *The Rosicrucian Cosmo-Conception*: "Two more races will be evolved in our present Epoch, one of them being the Slav. When, in the course of a few hundred years, the Sun, because of the precession of the equinoxes, shall have entered the sign Aquarius, the Russian people and the Slav races in general will reach a degree of spiritual development which will advance them far beyond their present condition. Music will be the chief factor in bringing this about, for on the wings of music the soul which is attuned may fly to the very Throne of God, where the mere intellect cannot reach. Development attained in this manner, however, is not permanent, because it is one-sided, therefore not in harmony with the law of evolution, which demands that development to be permanent, must be evenly balanced—in other words, that spirituality shall evolve through, or at least equally with, intellect. For this reason the Slavic civilization will be short-lived, but it will be great and joyful while it lasts, for it is being born of deep sorrow and untold suffering, and the law of Compensation will bring the opposite in due time. From the Slavs will descend a people which will form the last of the seven races of the Aryan Epoch, and from the people of the United States will descend the last of all the races in this scheme of evolution."

No doubt we are witnessing this prophecy's fulfillment today, and the regeneration of the Russian and Slav races had its beginning with the Russian revolution. That country has been going through a continuous period of experimentation and rehabilitation since that time. We have read a great deal about religious persecution in those countries for a good many years, but when we know and realize that an altogether new religious system must be and will be inaugurated at the beginning of the new age, we may glean the meaning of this tearing away of the orthodox churches. We may even see the beginning of this new religion as having its origin there, for before we can build anew, the old house must be torn away, and we know that in the new religion to come man is destined to be thrown on his own. Each individual must seek the God within himself, and not, as in the past, rely on the high-priests or others outside of himself for his spiritual salvation. It is through untold sorrow and suffering that man is thrown face to face with the God within himself, he then hears the still-small-voice within which leads him to greater heights.

The religious factor is the most important in man's progress. At the beginning of every new cycle a new phase of religion is inaugurated. With the approach of the Piscean cycle, 2,000 years ago, a new universal religion was established on earth by the disciples of Christ. We have read of the difficulties encountered by them in trying to get the people to accept this new theory, and of the struggles they went through in getting a foothold for the new church. In every age man has had the particular kind of religion that best suited his development and spiritual growth. The Catholic church, and later the Protestant churches, which were offshoots from Catholicism, have served humanity well in the cycle just closing. They provided the certain aspect of spiritual unfoldment which was then needed by man.

But as we approach the new Aquarian

Age we already see signs of a new religious phase gradually being ushered in. We see the people dropping out of the orthodox churches for various reasons, seeking other channels to appease their hunger for spiritual knowledge and growth. This is because they have graduated from the old school, they have learned all there is to learn there, and naturally are seeking institutions of higher spiritual knowledge. In the past, dogma and creed have segregated the people and raised a wall, causing divisions which have battled for certain doctrines and an empty name. But in the new epoch dogmatic doctrines and ritualistic groups will not survive, for the love of Christ will enfold all, as was intended.

My understanding of the meaning of religion is that it is a method of developing the spiritual qualities in man, which are unfolded gradually, as are the petals of the rose, or of the lotus blossom; it is also the individual or particular conception of God which man has at any certain period. It is a science of the spiritual life—knowledge of the process of the soul's growth from imperfection to perfection, from ignorance to wisdom, and from illusion to the eternal truth. Religions are states of thought and emotion produced by the belief in divinely inspired scriptures and myths which are usually imperfectly understood. All religious doctrines are expressions of truth, and as the whole object is the evolution of the spiritual nature in humanity, this end is attained finally, in spite of the misconceptions and misunderstandings in each doctrine. But we are now entering a scientific age and the people refuse to be put off any longer with data and doctrines which are suspicious or dubious, and with logic which is rejected by individual thinkers and science alike. A deeper, truer religion is needed for an era of thought when actual proof will be demanded, in contrast to blind faith, as in the past.

For a further idea of the coming new age religion we turn to Max Heindel's

description in *The Message of the Stars*. "The Aryan Age may be divided into three eras; but they are all served by the religion of the Lamb. The first division covers the time when the Sun, by precession, went through the sign Aries, the lamb. . . . It was then that the Christ came and inaugurated this new teaching. He came not to destroy the old prophecies and the law, but to give us something higher. . . . The Sign opposite Aries is Libra, the scales or balance of Justice; and therefore we are told in the new religion that there will come a day of judgment, when Christ shall appear to give to every man, according to the deeds done in the body."

The second division covers that period when the Sun is in Pisces, by precession. Pisces is the sign of the fishes, therefore Christ called His disciples to be "fishers of men." The opposite sign is Virgo and "we find the celestial virgin prominent; also the wheat ear of Virgo is the Bread of Life, to be gained only through immaculate purity. Thus Christ fed the multitude on fish (Pisces) and loaves (Virgo). In the Piscean dispensation flesh eating is condemned at certain times, and man is taught to forsake the lusts of the flesh, also lusting after the flesh. . . . Man is being weaned from this cannibalistic practice, and in the seven hundred years which remain before the Aquarian Age is definitely ushered in, we will have made great strides, both in overcoming the lusts of the flesh and the lust after the flesh. For Virgo, the immaculate celestial virgin, and the ears of wheat contained in the sign, show both these ideals as profitable to soul growth at the present time."

The third division we are approaching, and "when the Sun by precession enters the sign Aquarius, the water-bearer, we shall have a new phase of the religion of the Lamb, exoterically; and the ideal to be striven for is shown in the opposite sign, Leo. The Moon, which is the domain of the race ruler Jehovah, is exalted in Taurus, the sign of the bull,

and all race religions, even the Mosaic phase of the Aryan religion of the Lamb, demanded a sacrificial victim for every transgression of that law. But the Sun is exalted in Aries, and when the great Sun Spirit, the Christ, came as High Priest of the Aryan religion, He abrogated sacrifice of *others* by offering up *Himself as a perpetual sacrifice* for sin.

"By looking to the mother ideal of Virgo during the Piscean Age, and following the Christ's example of sacrificial service, the immaculate conception becomes an actual experience to each of us, and Christ, the Son of Man (Aquarius) is born within us. Thus, gradually, the third phase of the Aryan religion will be ushered in, and a new ideal will be found in the Lion of Judah, Leo. Courage of conviction, strength of character and kindred virtues will then make man truly the king of creation, worthy of the trust and the confidence of the lower orders of life as well as of the love of the Divine Hierarchs above."

The keyword of the Piscean dispensation was "I believe." Everything was taken for granted on faith alone, and it was not considered proper or becoming to inquire into the mysteries of God or the universe.

But in the new Aquarian religion the keyword is "I know." No longer will mankind be satisfied to believe or take everything on faith alone; he will seek to "know" the answers to the riddle of life and death. The new age religion will bring the opportunities for man to know his true spiritual self and God. As quoted in The Rosicrucian Fellowship Temple Service, "Now we see through a glass darkly, but then face to face. Now we know in part and we prophesy in part; but then we shall know even as we are known."

The keywords of Aquarius are humanitarianism, universal friendship, co-operation, altruism, inventiveness, and science. The new religion will be scientific, because man will want everything proven, and science is now on the threshold of great discoveries in the

metaphysical planes, which heretofore have been incomprehensible. This new knowledge will make religion scientific and science religious.

The symbol of Aquarius is the water-bearer. It signifies the vehicle of the spirit as the container of truth (water). Water in this instance means truth from the fountain of divine reality. It refers to the rise of consciousness from the lower man to the higher spiritual man. Water is the symbol of Truth or the eternal Reality and the source of all manifestation. Aquarius represents the Son of Man and symbolizes the soul in the stage of being made perfect; a soul not yet completely evolved and perfected, for the perfected soul is the Son of God. Jesus was known as and called the Son of God because He was a perfected soul. He was also called the Lamb of God, which is a symbol for divine sacrifice; born in order to die for human advantage.

Turning to the opposite sign Leo, it is symbolized by the lion, meaning power in manifestation, or might, strength, and courage. These are all qualities that will be developed within mankind. Leo also signifies the Tribe of Judah, which esoterically means the spirit of insight and understanding of spiritual verities. The Land of Judah is the region of qualities beloved of God, the chosen of the Lord; those soul qualities in which the divine nature is evolved.

The Aquarian-Leo religion will flourish in the last of the three eras which are to be served by the religion of the Lamb, starting with the Aryan Age, Aries-Libra; second, the Piscean Age, Pisces-Virgo; and ending with the coming Aquarian Age, Aquarius-Leo. These three dispensations are directly connected with and supervised by Christ, and He continues His reign through the Aquarius-Leo era. During this period we will all have the opportunity of following in His footsteps, and spiritualizing our minds and awakening other latent faculties, thereby becoming perfected "Sons of Man" ourselves.

# Fate and Destiny

BY ALFA LINDANGER



WO words there are in all languages, which provoke intense interest and cogitation. They are often used interchangeably to mean predestination, or the eternal decree of a just God, whereby one is foreordained to salvation or perdition—depending on God's will, not man's.

The words are *Fate* and *Destiny*.

Fate is nearly always associated with apprehension of something fearful, gloomy, tragic. We say, for instance, "fated" to a life of obscurity, or hardship, or suffering.

Destiny seems to express something hoped for: glory, happiness, fame, fortune—"destined" to become.

Hesiod, the teacher-poet of ancient Greece, speaks of the three Fates, whom he calls Daughters of Night. They are Clotho, the spinner of the thread of life; Lachesis, who determines the lot of life; and Atropos, the inevitable.

These three goddesses, personifying the Past, Present, and Future, constituted the pagan conception of the Olympian deities' dominion over mortals.

According to the Rosicrucian teachings the Fates may be translated into three kinds of destiny:

(1) Mature, or ripe destiny (fate), which cannot be interfered with or avoided.

(2) The pay-as-you-go destiny, or the results of daily transgression.

(3) Destiny generated under the law of causation by our own acts, which, up to a certain point, may be modified or counteracted.

The present is the point of convergence between the past, or fate; and the future, or destiny, because the outgrowth of previous deeds becomes ripe destiny. Thus, present actions determine future conditions. We may have scant control over the things which we have done, and which are finished—that is

our fate; but to a certain extent we can govern and regulate the things we are going to do—and this is our destiny.

So we may say, that destiny begins at the present moment, for almost every moment brings us something to decide and adjudge, and as we decide or choose, so will be our destiny.

It is not always the serious or important happenings which actuate our destiny. It may be, and in reality very often is, the apparently insignificant, inconsequential, such as a word, a gesture; distortion, exaggeration; dispute, enmity—finally warfare. A garbled word or phrase has caused untold heartache and misery in its travel from mouth to mouth.

The law of cause and effect is as immutable and eternal as the law of gravity. Once an act has been done, the reaction will come sometime, somehow, as surely as the stone thrown into the air, returns to earth. The Bible tells us: "Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap." And Max Heindel says that according to the immutable law of Consequence nothing can come to us, that we have not earned, any more than we can reap where we have not sown; neither, according to the same law, can we escape harvesting whatever we have planted of good or ill. All our attempts at evasion will prove futile, though it may take many lives before the destiny is ripe. "Though the mills of the Gods grind slowly, they grind exceeding fine." There is no punishment, no retaliation, no retribution—eternal justice always.

Again quoting Mr. Heindel: "We, as spirits, are immortal. Every rebirth is a day in the school of experience. We are weaving our web of destiny on the loom of Time, creating a garment of glory or gloom, according as we work well or ill."



"Sow a thought and reap an action.  
 Sow an action, reap a habit.  
 Sow a habit, reap a character.  
 Sow a character, reap a destiny."

Therefore character is destiny. And character is the product of evolution, through the experiences of life. The definition of *experience* is: "Knowledge of the effects which follow acts."

Character is twofold: (1) inculcated principles of right living and right thinking; (2) the *Will* to put them into effect. We are told that experience *must* be gained, but we have the choice whether it be gained by the bitter path of personal suffering, or by the observation of other people's acts, reasoning and reflecting thereon, guided by the light of whatever experiences we already have had.

"Not enjoyment, and not sorrow,  
 Is our destined end or way;  
 But to act, that each tomorrow  
 Find us farther than today."

There is no inexorable fate, decreed by divine caprice. The cause of all mankind's pain and limitations is the misuse of the God-attribute of free will.

Free will is in reality *self-control*, for in controlling and guiding our thoughts, actions, and feelings we overcome faults and shortcomings; we advance more rapidly on our evolutionary path. As the saying is: "He that ruleth his spirit is greater than he that taketh a city."

The ultimate goal of man's evolution is Divinity, to become "one with the Father," and the badge of divinity is free will. So our aim is to attain perfection, which is done by freeing ourselves from all incumbering debts of the past. We must learn to suffer cheerfully, gladly—knowing that every pang, so borne, loosens bond after bond holding us down; and we should welcome persons and experiences that we often thrust away and rail against as unpleasant and wearisome. We have ourselves made these ties, but in accepting and recognizing them as tests and lessons to be learned, we find that they are not so hard after all.

The temptations, trials, and obstacles in our way, which test our powers of resistance, may in reality be subtle or direct examinations by our exalted teachers, who wish to gauge our strength or weakness to determine whether we deserve to be "promoted" or not.

The capacity to endure trials and tribulations with philosophic calm is the outward and visible sign of a noble character; and the greatest example of such divine fortitude is our Savior-Teacher, Jesus Christ. By the same token, we may also truly say that noble or ignoble qualities of soul are tried and shown up when a person is elevated to authority and high position. As Abraham Lincoln has so pointedly expressed it: "Nearly all men can stand adversity, but if you want to test a man's character—give him power."

As the focusing point of the Spirit is the mind, it is self-evident, that by properly using this mind, we may direct our thoughts into such constructive channels as shall create a new line of endeavor. The first step is to *resolve* to make the effort. Then conscientiously *plan* and *order* our lives more in harmony with the laws of God. Observation, concentration, and prayerful meditation are the means to accomplish this. For as habitual, persistent thoughts actually have the power to mold matter, so habitual and consistent loving service and co-operation will little by little change ugly and unpleasant conditions into a more beautiful, edifying, and ideal state of being.

Ella Wheeler Wilcox says—

"We build our future, thought by thought,  
 For good or ill—and know it not.  
 Yet—so the universe is wrought—  
 Thought is another name for Fate.  
 Choose then thy Destiny—and wait,  
 For love brings love, and hate brings hate."

Love is the mainspring of our being. Love is the universal solvent of all ills. "Perfect love casteth out fear." Love is God—God is love.

# A Prayer of Thanksgiving

BY BERTHA McLAUGHLIN

## I

We thank Thee, blessed Lord, for all of life  
 And its experiences; for pain that makes us know  
 Another's need of kindness; and for joy—  
 Glad, lilting joy that lifts our hearts toward Heaven.  
 We thank Thee, Lord, that every single task  
 We learn to do, in learning gives us strength  
 To learn yet more, until we come to see  
 (Though it should be but "darkly, through a glass")  
 What part it is in life that Thou wouldst have us play  
 (Each one his little part in Thy great plan),  
 Whether we boldly seek far, foreign fields  
 Or "stand and wait," trimming our feeble lamps.  
 For sounds and sights, for pain and joy and work,  
 We thank Thee, gracious and all-giving God!

## II

We thank Thee, blessed Lord, for gentle winds  
 That softly sweep the prairies in the spring;  
 For the crisp rustle of dry autumn leaves:  
 The quick, sharp crackling of the lightning's flash,  
 And the deep wonder of the thunder's crash.  
 We thank Thee for the murmur of the sea;  
 For birds' sweet calls; the organ's majesty;  
 For overtones in voices we have loved,  
 And all the strength and joy that sounds can give.  
 For Earth's ten-thousand songs,  
 We thank Thee, blessed Lord!

## III

We thank Thee, gracious Lord, for gleaming lamps  
 Set near a window on a winter's night.  
 We thank Thee for the pleasing, sudden sight  
 Of red wings flashing in a tall, bare tree.  
 For brilliant snows, for old oaks' dignity.  
 We thank Thee for pale leaves that April brings;  
 For scarlet setting suns, and golden morns,  
 For dark blue nights all set with far-off stars;  
 And for the wide and glorious sweep  
 Of valleys seen from hillsides steep;  
 For Nature's myriad hues and lights,  
 We thank Thee, gracious Lord!

# The Astral Ray

Astrology is a phase of Mystic Religion, as sublime as the stars with which it deals, and not to be confused with fortunetelling. The educational value of astrology lies in its capacity to reveal the hidden causes at work in our lives. It counsels the adults in regard to vocation, the parents in the guidance of children, the teachers in management of pupils, the judges in executing sentence, the physicians in diagnosing disease, and in similar manner lends aid to each and all in whatever station or enterprise they may find themselves.

The laws of Rebirth and Consequence work in harmony with the stars, so that a child is born at the time when the positions of the bodies in the solar system will give the conditions necessary for its experience and advancement in the school of life.

## Scorpio--the Warrior

BY JOHN JOSLING

**S**CORPIO is the eighth sign of the Zodiac, the second of the Watery triplicity, and the third of the Fixed signs. Number eight is the number of Evolution and this eighth sign is very vital in this respect because here is the field of Feeling and Desire, that mighty Magnetism which provides the battlefield for the senses, upon which victory must be made if Christ-evolutionary advance is to be made. The symbol of Scorpio is a serpent or scorpion as well as an eagle, and these symbols should be profoundly meditated upon. In this connection it is well to observe the statement made by the Christ, "Be ye wise as serpents and as harmless as doves."

As each triplicity possesses a central focusing sign which intensifies or coheres its forces, so does Scorpio become the central or fixing sign for the Watery triplicity. As a result, in this sign feelings and sensations are intensified to their highest power as desire, to produce either heaven or hell, in varying degree as the man's quality and status permit, but invariably with a mixture of both, for the gamut of contrast in this dual sign of astral energy causes a vibration of extremes, which work silently inwardly, to restore and rehabilitate the man through the "washing of regeneration."

No pain is more poignant nor ecstasy

more exquisite than that provided by this sign of Fiery-Watery combination. Here is a field of force which holds veritably the vice of Saul and the virtue of Paul. The first man symbolizes the lower unregenerate nature, the selfish personality blind to Truth and murderous to Love, while the second man—of Heaven, twice-born, good, true, wise, is deeply profound, compassionate, and a zealous exponent of Christ. Such is the vast range in extremes, the powerful contrasts, connected with this highly mystical sign which cleanses and corrects feeling-forces that higher and holier desires may result.

The life and soul of a man are found for the most part in his feelings for not much intelligent spiritual thought is active yet. Thus his feelings hold him enthralled and these correlate with the Desire World, from the lowest sphere of feeling to the very loftiest, and these two types of feeling will relate either to the Sun or the Moon, therefore feelings will be either dry, fiery, electrical, and of the heart, or psychic, watery, emotional, and of the solar plexus—above or below the diaphragm.

In no other sign do we find this unique dual element of Fire and Water, those two Forces which connect the Sun and the Moon, elements which seem so unfusable, yet it is these which blended

cast the Molten Sea! Small wonder then of the difficulty which Scorpio provides the neophyte, for he who would not yield to the seductions of Satan (Kundry) and so become a Christ must have dealt with that serpent which lies in the swamps of his lower nature, the monstrous nine-headed Hydra, representative of unregenerate passionate man.

These nine heads can not be cut off (repressed) for if that is done two more grow in their place each time except they be cauterized, which simply means that feelings and desires can not be repressed with safety, but that the cauterization of these heads alone produces that transmutation which regenerates the man and so brings a perfect self-control. No proper passage with safety upon the Path of Return to God is possible unless this lower snake or scorpion of self be not merely stunned (repressed) but entirely transmuted!

The virtue of this sign then is not merely death and birth, and it holds the secret of both of these forces, but more, Regeneration or better Rebirth—for out of the amniotic waters of Scorpio comes just this Rebirth. Thus Christ declares accurately, "Marvel not, Ye must be born again. Except a man be born of water (Moon-personality) and of the Spirit (Sun-Son-Christ-Soul), he can not enter into the Kingdom of God."

It is this casting of the Molten Sea through blending Fire with Water, which makes the test of Scorpio a so difficult and dangerous experience for most, because so many cannot lift themselves clear of its lower phase and mount up into the sky on eagle's wings, which is the promise and provision of Scorpio's regenerated forces fused.

Aquarian astrology is a spiritualizing or Christing power, and is only properly understood through concentration and meditation upon the Informing Forces of the Zodiac and the planets, for These are the Hierarchies Who represent GOD. Incessant thought, deep and sustained, upon the Idea and Being of God and His Christ, informs our own soul to liberate

at last His Spirit in us through the mediation of the "Lord from Heaven," the Christ Soul within. Only after such long, deeply profound thought can we realize that it was Divine Desire in God that created not only our solar system with our Earth, but also through such creation came our physical bodies which we now wear and use or abuse. Thus are we correlated to the Earth, with its Moon, as well as to the Sun-Spirit. Hence the duality of God and also the polarity of man and planet, and the plainer to be seen the truth that we are "temples of God."

Desire which is Divine is one with the Will of God, and directive in idea, creative in imaginative scope, as well as in physical fact. As worlds and systems are born of God's Divine Desire so are the creations of men, His children, the fact and fruit of Desire which becomes Divine as the man becomes purified and illuminated by the Presence of the One Priceless Ingredient—the Son and Soul of God within, the Christ!

As Scorpio is the sign of the "Warrior" and the battleground of the senses, the field of magnetism, as it were, the astral or desire world, where man must fight to secure Right Sight to become the victor, this clarifying statement with reference to Divine Desire as the will of God becomes essential if we would evaluate Scorpio esoterically. For here is a mode of motion—an intense vibration—creative of Desire which is ever urgent and intense. In this mightiest of alchemical signs Fire meets Water to create a steam and heat which eventually cleanses and refines, bringing elevation in evolution through the Christ "washing of regeneration" (Titus 3:5). According to the age of the soul and the accrued debt from the past will be the suffering assault and mighty conflict, the lives of lies and lust pressing in upon the man till such burning in hell makes the man at last exchange his lies and lust for Truth and Love. And this is the Light and Direction of a Desire which is now become Divine. So again do we



see the magnitude of this mighty mystical sign!

As lines of force exist in water which transform it into the solid form of ice under given temperature conditions, so is there a force in the sign Scorpio which transmutes feeling into the solid objectified form of desires which are intense! It is not enough to say this sign intensifies or fixes feeling, but rather to know that through its peculiar mode of motion, which is centrifugal, rotary, or serpentine, feelings become charged and changed into active dynamic desires. It is essential to *know* that latent feelings live in the receptive, fluid, fecund Moon's sign Cancer as psychic seed, as it were, which is only brought to objective maturity as it becomes acceptive desire stuff in Scorpio.

With this occult fact in mind and knowing how negative desires destroy soul, while constructive divine desires actually create positive Will, which augments soul growth, we should understand Scorpio to be that field of dynamism wherein Cancer feelings and sensations become transformed and tangible, so that *generation becomes either degeneration or regeneration*, according to the vice or virtue of the man, for these three forces inhere and may be utilized in this revolutionary-revelationary sign.

No matter how malicious or magnanimous the man, how sunk the sinner or exalted the saint, how foul the murderer or fine the martyr, and all these extremes are the complement of Scorpio, there is at the same time an active, transforming fire force which merged with the watery element actuates stability in the soul.

One thing is certain, no Path of Return to God can be made until the battle be fought and won in this field of the Great Illusion, the senses, whose forces lie concealed in this occult sign where so much lies latent.

Scorpio, the sign of Desire, has reign and right in and over the Desire World—over death and after-death states. Heaven and Hell, that spiritual land where hopes and wishes of earthly kind

after death become fructified, frustrated, or finished with, this vast sphere of mighty contrasts whose range includes devils and divines, sinners and saints, the most devoted and the most destructive, with those people spiritually neutralized intermediate, is simply a continuance of the earthly illusion of the senses in which all live who have not conquered the dragon of desire.

So here in the Desire World in the sign Scorpio must the Christ exponent make contest and conquer desire, but this conquest of desire does not mean to destroy desire, but rather to make desire divine through lighting and lifting it so that desire becomes transmuted into a power of Will with which he is able consciously to direct his destiny.

For only when the sting of the scorpion (Moon—Luciferic evil) is extracted can the Wisdom of the serpent (Sun Forces—Christ) be secured and positive progress be made through the other signs of the zodiac. In fact it would seem that after the balance is turned in Libra then comes the eighth sign Scorpio, the sign of octave, and that field of force very evident wherein man must secure his spiritual power through the Union of the Sun and Moon forces. All those who had failed in the preceding sign of Balance, Libra, it would seem tend to become depraved in Scorpio, while the successes were those who had transmuted the sting, mastered its mystery and mounted upon eagles' wings to soar and fly into the face of the Sun!

Only as the Light of the World illumines the light of the morning, the solar Christ Light transmutes the lunar Luciferic man of personality and brain, the natural man, and Scorpio purification regenerates him and brings him rebirth, can man be said to have become truly and wholly practical. With this practicality wrought, then do death and division cease; at-one-ment or union of body and soul is come, and there stands the practical mystic, the man of purpose and power through Christ-prestige! Thence comes full sanity in the realm

of humanity and an end of our lying, diseased peoples and ideas. So soon will these days be seen to be an age of wanton wickedness and barbarism!

All those thoughts and actions which include evil which has been committed and remains undissolved in the permanent atom record of the heart (your heart shall live forever, Ps.22:26) face the man in the shape of a demoniac form called the Dweller on the Threshold, when he seeks conscious entrance into the inner planes.

Those who have moved upon the mystical path, whose hearts have long expressed Love will have nothing to fear at this time. It is only those filled with pride and hatred, who have refused to face themselves and see themselves as they are that collapse in palsied fear and terror at this meeting.

The Dweller on the Threshold is the result of all unredeemed evil, and today we see the world itself facing its Dweller.

This synthesis of sin comes out of the crawling lower Luciferic phase of the sign Scorpio, and before we can move on to the higher, new life-cycle which the eagle and higher side of this sign brings, we must have faced this dragon and dissolved its evil force. This dissolution were not possible save for the soul of all of our good forces and that Greater Guardian of the Threshold who appears as the embodiment of all that is lovely and grace-filled. Only the power given to us through this beautiful benign being—the impersonation of all our good and truthful thoughts and acts—allows us to easily face the Dweller on the Threshold and to dissolve it wholly.

Scorpio as the eighth sign and octave sign of the Zodiac is concerned with Evolution, and Evolution is a process of unfolding spiralling ascent whose circling scrolls would never mature and reveal new life by *uncovering* more consciousness were it not for a process of sowing and reaping. Evolution is therefore the Very Life of God in pulséd beats of in- and out-going breath whose measure conditions time and space,

seasons and ages, and through the Christ creates the conditions of Karma through the Law of Cause and Effect. Thence come the Forces of Destiny as Duty and incidentally our sorrow and our joy. Thus says the Christ in Revelation, "I Am Alpha and Omega, the beginning and the ending, saith the Lord, which is, and which was, and which is to come, The Almighty."

Now it is to be seen that a resolution of forces works to eventuate such a divine differentiation on earth through the major magic whose seed and field is the octave sign of evolution, Scorpio, for no restitution nor advance on to the new higher level were possible without the soul being subjected to the opposing forces which conflict and afflict to bring Union.

Let us observe that standing between the place of Crucifixion in Libra and the Mount of Ascension which is the virtue of the higher Eagle phase of Scorpio, that condition of Evil called the "Valley of the Shadow of Death" by the Psalmist remains to be dissolved as the "Dweller on the Threshold." This is comprehended in the lower phase of Scorpio—the "adder on the path" spoken of in the Bible and the sting of Evil. "Dan shall be a serpent by the way, an adder in the path [of return to God], that biteth the horse's heels, so that the rider falleth backward." Apt is this statement referring to Scorpio, "Dan shall judge his people" and this also, "I have waited for thy salvation, O Lord," which after all means the evolution of the Great Law of Destiny.

As we read the Psalmist's words, "Yea, though I walk through the valley of the shadow of death, I will fear no evil [or Dweller on the Threshold]: for thou art with me [The Christ Son or Solar Angel]; thy rod and thy staff they comfort me," we see plainly stated the only safe means to transmute the sting of the snake of the lower self, the lower phase of the sign Scorpio. Our rod or power is the Christ Force which is our Greater Guardian on the Threshold.

As we have sown so do we reap, and as the Gods (Elohim) have sacrificed for us so must we make return. Thereby at some time and in some life must all souls reap what they have sown in this octave sign of evolution and Regeneration, for here inherently resident is that Power which lifts to a higher octave of consciousness. So would I point out the high privilege and purpose of all people whose zodiacal conditions connect them with this mystical sign, for when black forces are dissolved through the White Magical side of Scorpio, that soul comes into a high reward as a true helper of humanity and its friend.

The planets most closely associated with Scorpio are its ruler Mars and that planet of the Holy Spirit Forces, Uranus, which is exalted in this sign.

Mars provides force and effect to the lower, blind, brainbound, sex-served man, for Scorpio has rule over speech, mind, and sex forces, yet these forces are inextricably one, deriving from one God-source as it is easy to observe. When mind was given to man it immediately fused itself with the desire body, thereby giving to man the quality of Desire-Mind, which has since then been dangerous, damaging, and certainly delaying to our rational evolution in Christ Consciousness. Ever since this acquisition of the brain, man has remained brutalized, even though he has builded this present

day civilization. Yet shall Cosmos come out of Chaos!

In virtue of Scorpio's forces man has degraded the sexual function and brought disease, debility, and death to the earth under which load of lust man still groans. The negative forces of Scorpio have debased thought power and also speech forces, for everywhere does he kill or wound with vicious or lying words, cheating words called diplomatic or tactful, crafty and subtle words, spoken and written in thought. Yet the Christ makes it clear that every idle word shall come up for judgment—be accounted for—and that words and thoughts are Real and Creative! It is patent then that these lusts and lies are to be transformed into Uranian Christ Love and Truth through the magic of Scorpio, the exaltation sign of Uranus, which acts for the Sun-Son!

John writes of this negative Scorpio force with reference to the counteractive Luciferic light of the morning and the brain, "Ye are of your father the Devil (Mars), and the lusts of your father ye will do. He was a murderer from the beginning and abode not in truth, because there is no truth in him. When he speaketh a lie, he speaketh of his own, for he is a liar, and the father of it." This points to the Great Lie of the Earth and in Man, the Great Desire World Illusion, the battleground of the senses for mankind.



## Astrological Readings for Subscribers' Children

We delineate each month in this department the horoscope of *ONE* of our subscribers' children, age up to twenty-one years. This includes a general reading and also vocational guidance advice. The names are drawn by lot. Each *FULL* year's subscription, either a new one or a renewal, entitles the subscriber to an *application* for a reading. The application should be made when the subscription is sent in. The applications not drawn by lot lose their opportunity for a reading. *Readings are NOT given with EACH subscription, but only to the ONE CHILD whose name is drawn each month.*

In applying be sure to give name, sex, birthplace; and year, month, and day of birth; also hour and minute of birth as nearly as possible. If the time of birth is *Daylight Saving Time*, be sure to state this, otherwise the delineation will be in error.

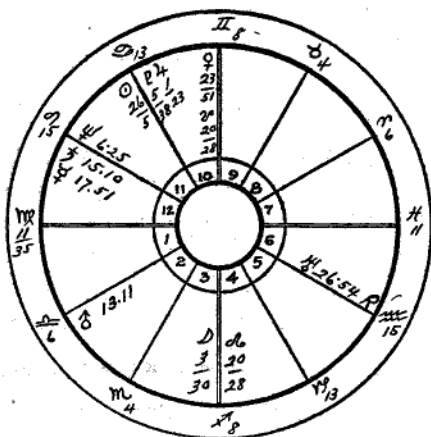
We neither set up nor read horoscopes for money, and we give astrological readings only in this magazine.

JACK K.

Born July 19, 1918, 9:30 A. M.

Daylight Saving Time, 8:30 A. M.

Latitude 43 N. Longitude 88 W.



The horoscope which we are using for our monthly reading is that of a boy who was born at a time when common signs were on all four angles and the Moon was in the common sign Sagittarius. Many astrologers would declare that to be a sign of negativeness, indicating one who could be easily influenced, and who would not take the positive stand necessary to achieve success.

This judgment is all too often used by the amateur; perhaps by one who puts out his sign and who gives a reading for so much per horoscope. It is a pity that numbers of the professional astrologers may be classed among the amateurs. The thinking and clear reasoning astrologer will not jump at conclusions, nor will he use these general pre-

dictions, but he will study the influences of the planets from their positions and their aspects.

We find the sign Virgo on the Ascendant, ruled by Mercury. Virgo people are very clear minded and are the most positive of the four common signs. They are analytical, and while they may be quite critical, they usually go to the bottom of everything in which they may become interested. In this horoscope we find that Mercury is the life ruler, but Mercury is somewhat handicapped in that he is conjunction to the planet Saturn and in the twelfth house. This position and aspect is quite a restriction to the mental qualities, but Mercury being in the positive and progressive sign Leo will in some measure break through the saturnine influence; Saturn slows up the mentality.

The twelfth house has the characteristics of building up and then tearing down what was built. The writer has observed the influences of the twelfth house on people who, in some instances, have put in a lifetime of the most valuable work; then, all of a sudden and for a very slight reason, they have dropped this work and moved their belongings into an entirely new environment, thereby losing or destroying what they had accomplished. This young man will be very apt to respond to the Mercury-Saturn influence in the twelfth house of self-undoing.

Venus, the ruler of music and art, is prominently situated in the tenth house in Gemini, and is trine the emotional

and unconventional Uranus in its home sign of Aquarius. This aspect between these two planets from the tenth to the sixth house will absolutely open the doors of the theatrical world to Jack. Venus in Gemini, which is the sign having rule over the hands and arms, will give him dexterity with some instrument which is of an unusual nature. We find Neptune in Leo trine the Moon in Sagittarius, another indication of art, and with Neptune in Leo it would be beneficial if Jack were to become interested in musical composition and also the harp.

He will always find influential friends who will help to lift him into positions where he comes before the public.

Mars is in Libra in the second house which rules the finances of the native, and Mars in Libra is usually greatly interested in engineering and building construction; also architectural drawing. Mars is sextile Mercury and Saturn, a configuration which gives mechanical ability. This side of Jack's nature should be developed in preference to that of the stage, for it will bring greater success. Mars in the second house aspected favorably by Saturn and Mercury will give him a very practical side; it indicates one who has good earning abilities and who will be able to invest his earnings where they bring him the greatest returns. Financial manager of corporations would be a successful occupation for him.

His health will be above the average, if he is careful not to indulge too freely in sweets and rich foods.

The educational value of astrology centers in the fact that more than any other science it reveals man to himself. No other is so sublime, so profound, and so all embracing. It sets forth the relation between the Grand Man of the universe and the little god that is man. "In His own image created He man." The Big Pattern is repeated in miniature human forms. God, the macrocosm, and man the microcosm, are related and fundamentally one.

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# Worth-While News



## Tobacco Acreage Set at 1,680,000 Acres

WASHINGTON, Aug. 20.—Total United States acreage planted in tobacco was estimated by the Bureau of Agricultural Economics at 1,680,000 acres, 2.9 per cent less than the acreage harvested in 1937. The bureau estimated total production will be 4 per cent.—*Los Angeles Examiner*.

### *Marijuana Crop harvested under Deputies' Guns*

SANTA BARBARA, Aug. 9.—Under the guns of Sheriff Ross' deputies, workers with scythes today harvested two fields of marijuana on the outskirts of Betteravia in Santa Maria Valley.

The harvest represented the largest seizure of the narcotic ever taken in this area. Two large trucks were required to haul it to Santa Maria where the weed will be stored for use as evidence.—*Los Angeles Times*.

### *Four Arrests Made in Marijuana Raid*

ANAHEIM, July 29.—Four Anaheim residents were arrested today on charges of selling narcotics, while police of this city assisted the Sheriff's deputies in attempting to apprehend the remainder of the gang asserted to have been selling marijuana cigarettes to Anaheim school children.

One family, Dist.-Atty. Menton said, sold as many as 1000 marijuana cigarettes a day. For each cigarette they assertedly charged 25 cents, making a total income of \$250 a day.—*Los Angeles Times*.

### *Three Indicted in Marijuana Case*

Charged with operating a "marijuana farm" near San Bernardino, three persons were indicted by the Federal grand jury yesterday on narcotic charges.

According to narcotic agents, the three were operating a one-acre marijuana farm, and in addition were growing plants in a specially designed hothouse.—*Los Angeles Examiner*.

In 1902 the United States produced approximately 2,971,000,000 cigarettes. In 1930 the number had increased to 123,000,000,000 approximately. If during these twenty-eight years the increase

amounted to 121,029,000,000, figuring on a similar basis the output for 1937 would be about 153,327,219,995.

According to the above newspaper clipping the tobacco crop is decreasing in quantity. If this be true, where do cigarette manufacturers get the material out of which to make the rapidly increasing number of cigarettes?

In the light of the foregoing it is evident that the contents of the cigarette are being *greatly adulterated*. If this be true, then of what does the adulteration consist?

Let us turn to the newspapers again for some illuminating information:

According to statistics 200,000,000 persons in the world today are slaves to "locoweed," "muggles," "hashish," as the marijuana weed is variously called; and it is a deplorable fact that the peddlers of the weed specialize in young people of high school age. The drug is usually made up in the form of cigarettes.

It is to be hoped that the adulterations placed in cigarette fillings at the present time carry with them the seeds of the cigarette habit decay. Men and women with brains, realizing the danger attached to indulgence in a habit that is so fraught with deadly results, will voluntarily give it up, and the others will simply pass into the great beyond at an early date, the victims of their own unwise and senseless folly.

## Finds America Going Vegetarian

(From World Telegram of July 8th, 1938)

AMHERST, Mass.—Persons who eat cabbage, lettuce and spinach in winter won't have to take sulphur and molasses in the spring, according to May E. Foley, nutrition president at Massachusetts State College.

America is fast becoming a nation of vegetable eaters, Miss Foley says. And contrary to popular opinion, men are learning to like salads. Vegetable plates and salads



are replacing heavy chops, steaks, and boiled potatoes on luncheon menus.

The increase in vegetable eating is reflected in the tremendous rise in acreage devoted to truck crops. Since the World War, truck crop acreage has risen more than 310 per cent, according to Miss Foley.—*Vegetarian-Fruitarian-Humanitarian*.

There was a time in the evolution of mankind when meat was added to the diet in order to stimulate the mind for supremacy over matter; and thus the indomitable courage and energy which have transformed the face of the Western World are virtues directly traceable to flesh food, which also fosters love of ease and invention of labor-saving devices. It is therefore notable that the nations which have adopted flesh foods have made the most physical progress.

But the time has come when physical progress must become subservient to spiritual development; and so long as meat as a food tends to center the attention of mankind on the things belonging to the material world, in order to lift his consciousness to spiritual planes, this article of food, having now fulfilled its purpose so far as the most progressed among mankind are concerned, must be eliminated from their diet. As America is the melting pot for a new, advanced race, naturally we find that a pure vegetarian diet is gradually displacing meat, which binds its partakers so closely to the material things belonging to the earth that it is not possible for them to develop expansion of consciousness necessary to contact new spiritual realities.

## Starlings Whistle About Bier of Bird-Lover in Chapel

SYDNEY, Sunday.—During a funeral service in the Northern Suburbs Crematorium, 10 starlings flew into the chapel, and fluttering around the coffin, whistled joyously.

The funeral was that of Captain John A. Johnson, who had devoted much of his life to a study of birds.

The Rev. A. J. Parker, of St. Andrew's Presbyterian Church, Chatswood, said today it was the most extraordinary happening associated with any funeral that he had conducted.

An official of the crematorium, who attended the funeral, described the incident as the most extraordinary that he had seen during a service. They were in the chapel for only a minute.

A relation described the incident as quite unaccountable, but very beautiful.—*Melbourne Morning Sun*.

So unusual was this occurrence that more than one newspaper in the vicinity commented on it, recalling the fact that whether on land or sea, Captain Johnson made friends with birds and that he was always feeding them; and so strong was their reciprocation that when he sat in his garden in the sun he was usually surrounded by chirping feathered companions who seemed to understandingly commune with him.

In relation to the incident, the officiating minister remarked: "I have presided at many obsequies here, but have never seen such an incident. It makes one think."

According to the Western Wisdom Teaching every created thing has a keynote all its own. The animal kingdom is under the dominion of various groups spirits, each species being attached to its own particular guardian. These group spirits are archangels and reside in the Desire World region, from which they control their charges through the medium of the third part of the animal's individual silver cord. If an individual is sensitive enough to contact the group spirits of the bird kingdom and can learn to sound the keynote of one of these beings controlling a certain species of birds, then, by sounding this keynote he can enter into a close relationship with any or all of the birds belonging to that particular species and actually communicate with them.

St. Francis of Assisi made this connection and was able to associate with birds at will, and doubtless Captain Johnson had, to some degree at least, reached a similar attainment. The birds, being under the direct guidance of their group spirit, sensed a kindred spirit's release from its dense body and greeted it with a song of joy.

# Question Department



## The Story of Peter Grimm Not Pure Fiction

### Question:

The story related in "The Return of Peter Grimm" so fascinates me that I am wondering whether it really is pure fiction. So many plays and pictures seem to have their little day and then pass on into oblivion. But not so with this one? Do you think it might have some connection with facts?

### Answer:

The story of "The Return of Peter Grimm" was founded on a fact but the plot was fiction. The author of the story is David Belasco. One night Mr. Belasco was suddenly awakened by what appeared to be the touch of some person. He opened his eyes and there above him in the darkness his mother's face glowed. She appeared to be bending over him and he heard her say, "Davie, Davie, I wanted to see you again." Then she slowly disappeared.

The next morning Mr. Belasco received a telegram from California, where his mother lived, informing him that she had passed into the Great Beyond.

Mr. Belasco said that no one believed him when he related his unusual experience, but the memory remained dormant in his mind.

Some two years later Cecil de Mille came to him in New York with what he thought was the idea for a good play; and the idea was the same as the one he had had in mind so long about his mother, but owing to sentiment had refrained from using. Mr. Belasco bought the idea from Mr. de Mille and worked it up into a play, choosing a man to return to life for the reason that he thought it would make the play stronger than it

would be if the character were a woman.

Accordingly, you are not entirely wrong in your supposition relative to this most unusual play.

Fiction based on facts, if well written, is always stronger than purely imaginary incidents, as it is composed of both thought power and physical force or action.

## FOOD A FACTOR IN EVOLUTION

### Question:

In a study of the Western Wisdom Teaching I note that no kind of intoxicants is indulged in by its followers. Why is this? Did not the Christ sanction their use by turning water into wine?

### Answer:

The physical body in its past and present stages of development has not been able to subsist without some kind of food. The body, being merely a vehicle of the spirit through which it obtains experience in the material world, is fed on certain foods which render it a pliable instrument.

A time came in the spirit's development when, while functioning in the material world, it must for a period forget its spiritual origin in order to learn the material lessons taught here. This result was accomplished chiefly by adding alcohol to man's diet, and wine became a factor in evolution. Bacchus was worshiped and orgies of the wildest nature were indulged in to blot out for a time the spirit's remembrance of its origin and its heavenly home. All this with the object in view that it apply itself in conquering the physical world.

As the masses had not yet learned this lesson when the Christ came to earth, for them He sanctioned the continued use of wine. But at the Last Supper, when He instructed His disciples in the

esoteric teachings which were to be given to the masses later, a research in the Memory of Nature reveals the fact that water and not wine was used; and therefore, so far as the pioneers of the race were concerned, even then the use of intoxicants was to be indulged in no longer.

#### THE ORIGIN OF COLOR

##### *Question:*

Everyone with normal sight is able to see and distinguish color. But the thing I want to know is, what is its cause or origin?

##### *Answer:*

The origin of all color is sound, and every sound produces a certain vibration. Therefore color depends on vibration, the rapidity of the rate, and the length of the wave. For instance: red has a much longer wave length and a slower rate of vibration than violet, which we find at the opposite end of the solar spectrum.

Every tone that we utter, every thought that we originate, produces not only a color but a more or less distinct form which endures for a period of time depending on the power used in bringing it into being. Discordant tones produce misshapen forms and murky, low-vibrating colors. Evil thoughts produce all sorts of grotesque figures, and are animated by a vibration which is sinister and subtly suggestive. Their color usually tends to a brownish red shot through with muddy green or black.

#### ANGELS DOUBLE SEXED

##### *Question:*

Are the angels divided into two sexes the same as human beings are? If not, how do they create?

##### *Answers:*

The angels have experienced no division in their creative force, and therefore they are double-sexed. They create through the power of their double, inner, creative force, which they send out at will without selfishness or reservation.

#### OUR STARRY GUARDIANS

##### *Question:*

You teach that certain planetary rays operative at birth have an effect on the life of each individual. Will you please explain to me just how the rays from a star can do this? To me it all seems rather inconsistent.

##### *Answer:*

In the Third Heaven shortly before an ego is about to start on its journey leading to rebirth, the Recording Angels call up before its consciousness a panorama of the coming lives available to it, and with the assistance of these great Beings it selects the one from which it feels it can accomplish the greatest development. This panorama, however, is given in the large outline and the ego is free to fill in the details during its coming earth life.

Then commences the spirit's descent into matter from the finer realms to the physical worlds, and finally at the time when the clock of destiny, meaning the stellar rays in the heavens, are propitious to the unfoldment of that life panorama, the ego is born into the physical world, and at that exact moment receives impulses from the planetary rays which will bring on incentives to certain actions at certain times.

Within the subtle auric atmosphere permeating and surrounding the individual is the complete panorama which he selected to carry out while still in the Third Heaven; and incorporated in this panoramic picture are all the latent forces of his past lives. Accordingly, at the propitious moment, that is to say, when certain planets are making certain aspects, these planetary rays endow the panoramic pictures with life and also impinge upon the latent tendencies galvanizing them into dynamic energy which impels the individual to take action in some certain direction. Either he may yield to a particular impulse, thus generating the whole effect shown by the prenatal cause at hand, or he may strive to take another line of action which will

*(Continued on page 525)*

# Nutrition and Health

## Rosicrucian Ideals


The Rosicrucian Teachings advocate a *simple, pure, and harmless life*. We hold that a plain vegetarian diet is most conducive to health and purity; also that alcoholic drinks, tobacco, and stimulants are injurious to health and spirituality. As CHRISTIANS we believe it to be our duty to avoid sacrificing the lives of animals and birds for food, also, as far as possible, to refrain from using their skins and feathers for clothing. We hold vivisection to be diabolical and inhuman.

We believe in the healing power of prayer and concentration, but we also believe in the use of material means to supplement the higher forces.

*Our motto is: A SANE MIND, A SOFT HEART, A SOUND BODY.*

## The Origin and Purpose of Mt. Ecclesia Sanitarium

BY DOROTHY WHITELOCK

T was in 1913 that Max Heindel started the nucleus of a Sanitarium, and although the conveniences and the facilities were not at hand, every effort was made to do something physically to take care of the sick, at the suggestion of the Elder Brother. This work started in a small cottage prepared for that purpose. Max Heindel always believed in using just what he had instead of waiting for what we usually think we need or ought to have.

A sound body is indispensable to the expression of a sound mind. Therefore, the Rosicrucians aim to heal the body that it may express a sane mind; and when we say that we want to help others for Christ's sake, there is a true, good, and valid reason for it. For by helping the sick to attain health, and by teaching them to live in harmony with the Law of Life, so that health may be maintained we are hastening the day of the Coming of Christ; we are hastening His liberation from the earth in which He is immured.

The Rosicrucian method of healing is not altogether a spiritual procedure; physical means are used whenever it is necessary to get certain results, and a physician is recommended as the need arises. The physical aspects of health must be interpreted along with the men-

tal; the emotional as well as the spiritual.

The principal and basic factor underlying the Rosicrucian method of treatment is the measure of "Spiritual Harmony" which exists between the doctor, nurse or healer, and the patient. If the Law of Compatibility shows harmony, the outlook is more favorable for a speedy recovery. But where inharmony appears, the patient can be turned over to one with whom he is in accord. This is the method the Elder Brothers use in apportioning patients among the Invisible Helpers. To some this method may appear to have obstacles in that it requires a score of skilled workers and more than one physician, but if we believe in Universal Brotherhood, we realize that co-operation makes for efficiency. No matter to what school a doctor belongs, if he represents the harmonious element, the qualities that suit the case, and if he fits into the picture of the Rosicrucian work, he would be an influence in the composite power of healing.

Astrologically speaking we say there are four elements: fire, air, earth, and water, and the planets are so many foci through which the influences of the signs are projected upon the body, particularly if located in the Ascendant. The

success of the physician or healer or nurse varies in proportion as his elemental constitution agrees with that of his patients' ascending signs, whether fiery, earthy, airy, or watery. This is the simplest distinction. Finer gradations insure better results, and further discriminations are made by harmonizing the ailment or disease with one of compatible influence. The key then is found in the affinity established by a common element linking healer and patient together, and also the third factor—the ailment to be cured. These are facts that lead to a specialized work.

In earlier times the care and treatment of the sick was undertaken largely by priests and priestesses—it was regarded as a calling impossible except for those who renounced the world, and lived a life of purity and devotion. This has not been a passing ideal, it is still as true today as it was hundreds of years ago. An unclean vessel cannot hold pure water. The life and light of the Great Physician of the Universe must flow through clear channels unhindered by destructive vibrations. The more fitting channels we become, the better the results achieved.

It is generally admitted that there are some methods and practices used in the healing art today that tend to unhealth rather than health. Sometimes the reason for this is error or ignorance, but more often it is greed for money or sheer commercialism. Patients themselves are partly to blame in this, because they do not understand the law that governs unhealth, thereby lending little if any co-operative effort toward bringing about improved methods. The general tendency is to expect to get health without any personal effort whatever, and the more mysterious and complicated the treatment is made for him, the more the patient believes he is receiving.

However, a brighter day is dawning, and those who have forethought and vision sense the dawn that is gradually ushering in wholesome, purifying methods that shall bring generated man into

regeneration; methods of simplicity far more potent and effective than those practiced at present. In this work Rhythm and Harmony will sound an important keynote in normalizing the functions of the body. It is to this work that the Mt. Ecclesia Sanitarium shall largely dedicate itself. The finer forces of nature are becoming more and more available to us in methods of treatment. For instance, the beneficial effects of magnetism upon the body. To intelligently understand the effects of the Magnetic Meridian upon the body, we must understand the fundamentals underlying magnetics.

Although physicists have agreed that magnetism has no effect upon the human body, independent investigators have proved that it has. It has been found that the living body is influenced by magnetic energy from a magnet, and it has also been found that the body is influenced by the Earth's Magnetic Fields; for instance, the anemic person does not give as decided a reaction to magnetic energy as a plethoric person, because there is less iron in the system. It has also been found that the same energy that holds the compass needle in its definite direction, will also change the tonicity or tension of the organs of the body—if a certain technic be followed. And there is a different influence upon a well individual compared to one that is not. The Magnetic Meridian is in itself a rate and mode of motion; obviously it would have a different effect upon one with a normal rate and mode of motion, compared to one with an abnormal rate and motion. Rhythmic Magnetic Energy when correctly applied does great good in practically all manner of unhealth—it has a normalizing effect upon abnormal functions of mind and body.

The field of Therapeutics offers a great variety of therapeutic modalities, some aid in curing deep-seated trouble, others do very well for skin complaints; and there are some in the field that are useless and even harmful. It is to be

regretted that on the whole modalities are purchased and used for treatment purposes without the slightest knowledge of the laws governing the force that may or may not be therapeutic.

Few realize that of all the "sunlight" that reaches the earth, only 13 per cent of it is visible. Seven per cent of the sun's rays constitute the X-rays and ultraviolet rays, both of which are detrimental to cell structure, and can be used for cell destruction by those who are skilled in their application. In the hands of the unskilled, these destructive chemical rays are dangerous. Eighty per cent of the sun's radiant energy is in the ultrared rays—the rays that are of biological importance, the rays upon which life depends. They belong to the invisible spectrum beyond the visible red, in the same manner as the ultraviolet rays belong to the invisible spectrum beyond the visible violet.

Colors play a great part in the growth, development, and well-being of life, including animal and vegetable life. The blue of space is naturally restful and produces a feeling of well-being. The green foliage has more of an enlivening effect, a recuperative effect, while the browns have a saddening effect. The blue of the sky with the brown of autumn gives us an effect of purple, hence purple signifies maturity, or the sunset of life. Generally speaking, purple has a depressing effect upon most persons. We can say that color is the music of the universe—as such it can bring joy or sadness to those who come within its variations. Without color the monotony in nature would be unbearable. If we investigate the "Finer Forces," we learn that color and music both can be used as marvelous curative agencies, if the one using them as such but understands the underlying principles of these forces of nature.

It is found that music increases all cell action and hence helps to stabilize the internal secretions if it be in tune with the listener. However, if the music annoy or sadden the listener, it acts as a depressor and impairs metabolic action.

In using music as a therapeutic, the music and patient must be in tune with each other, or else the patient is made worse because of the music. The so-called "jazz" is not music, but a confusion of noises, and as such tends to overstimulate the nerves and bring about a nervous condition that calls for sedatives.

Inasmuch as the Sanitarium work has a definite part to fulfill in the general scheme of the Rosicrucian Fellowship, it is quite obvious that it is destined to go forward at this time in a more extensive and complete way. Quite true, many patients in the past have come from near and far to Mt. Ecclesia largely for the purpose of being in an atmosphere of peace and quiet and for the helpful vibrations that prevail. These have been ambulatory patients only, who required little if any physical care, inasmuch as a regular nursing service had not been established.

During the preparation of the plans of the Sanitarium, many physicians urged us to include a surgical department. While such a setup would accommodate the needs of the physicians, the idea is not wholly in sympathy with what Max Heindel had hoped for. The Mt. Ecclesia Sanitarium aims to be more than a Sanitarium, in that it has the beautiful principles of the philosophy as the keynote of its work. In addition to the therapeutic methods used, its work will be to enlighten, to inspire, to teach the facts related to health and disease, and to strengthen the faith so necessary in achieving health.

Although the Sanitarium will have a bed capacity for 40 patients, only about 20 to 25 beds can be furnished at this time, so that some funds may remain in the treasury to carry it along for a year at least, until it becomes sufficiently established to meet the running expenses. We believe there will be those who will want to express their interest and love in providing either equipment or furnishings, and there is ample opportunity for it. For those who wish to furnish a whole room their name plate can be



placed on the door. We hope that Centers will adopt this idea.

The building will be ready to receive patients early in December, and we feel sure that each and every one will be eager to recommend the service available at Mt. Ecclesia. The rate folder will be ready to go into the mail about the end of this month. The Sanitarium service and accommodations will provide for chronic cases, certain types of acute cases where immediate surgery is not indicated, nervous cases, convalescing patients, patients requiring rest and quiet, and for those who are well and want to maintain a standard of increasing inspiration and achievement. The service and equipment, however, is not sufficient to provide for violent mental cases, communicable disease cases, obstetrical or surgical cases.

The Sanitarium is a two-story structure. The unit which was built in 1932, but not completed, is in the form of a cross and this has been extended. Because the State ordinances require ramps on both ends of the building of all sanitariums and hospitals, it will not be possible to finish the wings of the cross as previously planned. Nevertheless, the general scheme will be carried out in the landscape. The first floor will be occupied by the administrative and reception offices; the treatment departments, consisting of women's and men's hydro-therapy departments; massage departments; music and chromo-therapy, ultra light therapy, and physical co-ordination. The first floor will also provide a chapel where daily services will be held, a dining room for ambulatory patients and guests; and a kitchen which will provide special diets. The doctor's unit and the astro-diagnosis department also form part of the first floor. The entire second floor consists of patients' rooms, some with private bath or shower, others with semi-private bath or shower. These rooms have a beautiful outlook over the ocean to the South, and the San Jacinto mountains to the North, giving a view that is unsurpassed. A library for the

convenience of patients is also on this floor. The sun decks are conveniently located and provide eastern, western, and southern exposure.

The treatment departments are of sufficient capacity to provide for outpatients as well as the resident patients.

The personnel for the Sanitarium has not been selected as yet. There will be need for graduate nurses who are skilled in natural therapeutics, and especially those who are prepared to dedicate themselves to true service. There is also a need for trained physiotherapists who are eager to serve faithfully. All applications should be addressed to Mt. Ecclesia Sanitarium.

Throughout the planning of the Sanitarium, Max Heindel's ideal for this work has ever been uppermost, and every effort has been made toward its achievement. We fully believe that we may merit his blessings, and that with continued faithful and loving service our endeavors shall hasten the giving of the Panacea to alleviate the suffering in the world.

This building, although it is a structure of brick and mortar, symbolizes the body where peace and love may dwell. Those administering unto the sick and dedicating themselves to this service will create the soul of this structure; the overshadowing Spirit of God, manifesting as the Great Physician from Whom all blessings flow, shall give life and light to all our endeavors. Thus this three-fold structure shall be formed to function in the name of Christ Jesus—our Way-shower and our Ideal.

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*It may not be our lot to wield  
The sickle in the ripened field;  
Nor ours to hear, on summer eves,  
The reaper's song among the sheaves.  
Yet, where our duty's task is wrought  
In unison with love's great thought,  
The near and future blend in one,  
And whatsoe'er is willed is done.*

—Whittier.

## Patients' Letters

Tennessee, June 6, 1938.

Rosicrucian Fellowship  
Oceanside, California.

Dear Friends:

Thank you for your loving and helpful letter of the first of June. Want to tell you how much better I am. Quit vomiting my food about a week after writing you. Am feeling much better, but, please, may I continue to ask for help. Am not enclosing a love offering because I do not have it.

May I thank you again from the bottom of my heart.

Sincerely,  
—H.H.R.

Arizona, June 17, 1938.

Rosicrucian Fellowship  
Oceanside, California.

Dear Friends:

I do not know how to express my appreciation for your help and advice, but perhaps if I tell you what we have gained you will understand.

When we first wrote to you B. had become so nervous and irritable as to be quite a problem. We would punish or scold him for the things he would do when he became irritable, which made him more nervous and irritable until we did not know whether he needed medical attention or more punishment or less punishment or what. The Doctor seemed to think it was physical, but didn't seem to be able to do much about it. Since writing you several months ago, B. has slowly improved, until now he seems in excellent condition and I believe he need no longer be kept on the healing list.

Sincerely,  
—Mrs. M.J.R.

Ohio, July 31, 1938.

Rosicrucian Fellowship  
Oceanside, California.

Dear Friends:

Please believe me when I tell you that the Invisible Helpers have given me not only physical but spiritual strength.

Before falling asleep last night, I had a lovely experience. I felt myself absolutely at peace with the world and gradually floating. This morning I awakened feeling better than I had in months and I know I shall be cured.

Undoubtedly my condition has been brought about by too much meat-eating. As my father was in that business, it is readily understood. However, I have stopped meat-eating not alone for my health's sake but because I realize the animals are God's creatures and must be treated accordingly.

Thanking you for any suggestions you may have to offer, I remain

Yours truly,  
—W.D.S.

## Healing Dates

October ..... 1—8—15—21—28

November .... 5—11—17—25

December .... 2—8—15—22—29

Healing meetings are held at Mt. Ecclesia on the above dates at 6:30 P. M. If you would like to join in this work, begin when the clock in your place of residence points to 6:30 P. M., or as near that as possible; meditate on health, and pray to the Great Physician, our Father in Heaven, for the healing of all who suffer, particularly those who have applied to the Invisible Helpers.

## People Who Are Seeking Health

May be helped by our Healing Department. The healing is done largely by the Invisible Helpers, who operate on the invisible plane, principally during the sleep of the patient. The connection with the Helpers is made by a weekly letter to Headquarters. Helpful individual advice on diet, exercise, environment, and similar matters is given to each patient. This department is supported by freewill offerings. For further information, address, The Rosicrucian Fellowship, Oceanside, Calif., U.S.A.

## Sincerity

By DELLA ADAMS LEITNER

*Be glad, for gladness brings to you  
A fair new world that you may view;  
It gives you strength that will not tire  
To realize your heart's desire.*

*Be joyful, for your joy will be  
An "Open Sesame" to free  
From prison walls of doubt and fear,  
And all that binds will disappear.*

*Be kind, for kindness is the way  
To others' hearts; with it you may  
Dispel all anger, hatred, strife,  
Bring untold blessings to your life.*

*Be true, for truth embodies all.  
You have these gifts to use at call,  
And as you use them you will find  
They are unfeigned, your own real  
mind.*

# THANKSGIVING MENU

—DINNER—

*Almond and Lettuce Soup*  
*Celery* *Ripe Olives*  
*Chestnut Roast—Mushroom Sauce*  
*Cranberry Sauce*  
*Mashed Potatoes Baked*  
*Buttered Brussel Sprouts*  
*Lettuce Salad—Roquefort Dressing*  
*Fruit Pie* *Fiego*



## RECIPES

### *Almond and Lettuce Soup.*

Ingredients: 2 cups water, 1 head lettuce, 2 tablespoons almond butter, 1 cup thin cream, 2 tablespoons savita broth, 4 tablespoons butter.

Chop lettuce and simmer in butter until tender, add the water and savita broth. Mix the almond butter with the cream and add just before serving. Serve very hot.

### *Chestnut Roast.*

Ingredients: 1½ cups chopped chestnuts, 2 cups toasted whole wheat crumbs, 2 eggs, 2 cups milk, ¼ cup cream; sage, chopped onion, and salt to taste.

Wash the chestnuts and remove the shells. Pour boiling water over the chestnuts and let stand fifteen minutes. Beat eggs and add cream; add this to the crumbs and milk. Add seasoning and chopped nuts. Pour into buttered baking dish and bake about one hour or until set and brown.

### *Mashed Potatoes Baked.*

Ingredients: 3 cups mashed potatoes (cold), 2 tablespoons melted butter, 1 cup top milk, 2 eggs, salt.

Stir the melted butter into the potatoes, add the beaten eggs, then the cream. Season to taste. Beat all together well; place in greased baking dish and bake in

a quick oven until brown. Serve very hot.

### *Fruit Pie.*

Ingredients: 2 cups chopped apples, 2 cups rhubarb chopped fine, 1½ cups raisins (seeded), 2 cups brown sugar, 1 teaspoon cinnamon, ¼ teaspoon ginger, butter, salt. Mix thoroughly and fill a double, whole wheat pie crust.

### *Whole Wheat Pie Crust.*

Ingredients: 1½ cups whole wheat flour, 5 tablespoons shortening, ⅓ cup ice water, salt.

Sift flour and salt together, cut in shortening with a pastry blender or two knives until it becomes a coarse meal. Add cold water gradually and work lightly into a stiff dough. Chill pastry. Roll out on floured board and line pie plates.

### *Breakfast Corn Sticks.*

Ingredients: 1 cup whole wheat flour, 1 cup white flour, 1 cup corn meal, 2 eggs, 1 cup sour milk, 2 tablespoons butter, 3 tablespoons sugar, ¾ teaspoon salt, 2 teaspoons baking powder, ½ teaspoon soda.

Cream the butter, add the sugar, then the dry ingredients sifted together and the milk. Add beaten eggs. Bake in long, narrow roll pans.

# Children's Department



## Oh! My Tummie!

BY MARJORIE BRINKLY

A playlet for children which brings out the importance of proper eating.

### SCENE I

#### THE CHARACTERS

*(In the order in which they appear.)*

TOMMY ACHE, a boy about ten years old.

BAD DREAMS, a boy dressed in a black robe with red streamers.

SADIE PICKLE, a thin little girl dressed in green.

SOGGY WHITEBREAD, a little boy in a gray robe.

FATTY DOUGHNUT, a fat boy.

KATIE KANDY, a smirking little girl.

MRS. RED MEAT, a large girl, with a determined air.

GOOD DREAM, a little girl dressed as a fairy in white with silver wings.

BROWNIE BREAD, a little boy in brown and gold.

PATTIE BUTTER, a little girl in yellow and gold.

MOLLY MILK, a little girl dressed in white with a tall hat.

SONNIE HONEY, a little boy dressed in amber.

GOLDIE ORANGE, a little girl dressed in orange.

REGGIE VEGETABLE, a little boy dressed in green.

THE SETTING, a room with couch and other ordinary furniture.

TOMMY ACHE is found lying asleep on the couch, but is rolling and tossing, and finally awakens with sharp pains and holds his stomach, groaning and crying.

*(Enter BAD DREAMS, who shuffles around, glaring and looking ugly.)*

TOMMY ACHE. *(Between groans.)*  
Who are you?

BAD DREAMS. *(In a deep voice, slow and rumbling.)*

Roll and toss, and twist and turn,  
You've eaten things you should spurn,  
And I am here to see that you  
Shall suffer for misdeeds you do.

*(Menacingly.)*

I have a lot of friends with me,  
They'll tell you why we all agree  
To do our work with equal share,  
To make your dreams a long nightmare.

TOMMY ACHE. *(Still groaning and crying.)*

Go away, I don't want you hanging  
around here!

BAD DREAMS. *(Unheeding, beckons to his friends.)*

Come on, friends.

*(Enter SADIE PICKLE and SOGGY WHITEBREAD.)*

SADIE PICKLE. *(In a high-pitched voice.)*

I pickle your heart,  
And tickle your tongue.  
I make you old  
Before you are young.

I'm sweet and I'm sour,  
And good and bad.  
I never miss tempting  
A little lad.

TOMMY ACHE. (*In a pain-stricken voice.*)

I'll never eat you again.

(*Turns over and tries to get comfortable.*)

SOGGY WHITEBREAD. (*In a thick voice.*)

Soggy, soggy white bread,  
Makes your tummy feel like lead,  
Makes you tired and want to sleep,  
Makes you ache so you have to weep,  
Soggy, soggy white bread.

TOMMY ACHE. (*Crying and sobbing.*)

Oh, let me alone!

(*Continues to roll and toss and hold his stomach.*)

(*Enter FATTY DOUGHNUT, slowly and lazily.*)

FATTY DOUGHNUT.

Doughnuts, and cakes and piecrust am I!  
I certainly am a lazy guy;  
My clothes are greasy and mussy and  
creasy,  
But I should worry, and sigh and cry,  
I'm much, too much of a lazy guy!

TOMMY ACHE. (*Desperately.*)

I wish all you awful people would go  
away and never show up again. I think  
you are a bad lot. Get out! (*Reminiscently.*) I used to know a sweet little  
girl named Katie that would help me if  
she were here.

(*Enter KATIE KANDY all smiles and smirks.*)

KATIE KANDY.

When you eat me a little, I'm nice and  
sweet,  
If you take me too much, I'm sure to  
cheat;  
But a lot depends on the way you treat  
me,  
Especially on the time you eat me.  
Down-in-the-mouth, and Out-at-the-heels,  
That's what I am between your meals;  
But if you want me when I don't hurt,  
Then only take me for your dessert.

TOMMY ACHE.

And I thought you were a good friend.

Where's MRS. RED MEAT? She's substantial.

(*Enter MRS. RED MEAT with a determined air.*)

MRS. RED MEAT.

I'll tell you what and tell you quick,  
You can't chase aches and pains with  
a stick;  
It does no good, while I'm your food,  
Cause I'm the one who makes you sick.  
(*Sing-songy.*)

Oh, I'm Mrs. Red Meat,  
Leg o'veal and pickled pigs feet;  
Sausage, liver, and head cheese, too.  
Roast o'beef and porky stew,  
Fried ham, and burnt up steak,  
Peppery leaves and hashed up fake;  
I always promise to build up fast  
But, always fail you at the last.  
I laugh and lie and like to cheat;  
He, he! Ho, Ho! I'm Mrs. Red Meat.

(*TOMMY ACHE, motioning them all away, lies back on the couch again and gradually after much rolling falls asleep.*)

## SCENE II

(*Enter GOOD DREAM, dancing around lightly, very gracefully, and awakens him.*)

GOOD DREAM.

I am the good nutrition fairy;  
See, my wings are light and airy,  
Light and airy are my wings,  
And happy is my heart that sings.  
If you don't like an awful dream,  
Or aches and pains that make you scream,  
Then hark to what I have to say,  
And you'll feel well most every day.  
(*Beckons to good food friends.*)

(*Enter BROWNIE BREAD and PATTIE BUTTER, who come quickly in and begin straightening his pillow and smoothing his head.*)

BROWNIE BREAD.

My name is little Brownie Bread  
And if you will eat me instead  
Of all my enemies you've just seen,  
I'll make you plump instead of lean.

Let me tell you a secret, too;  
I'm very needful also, to you  
For without me, I shall not lie,  
You're just as apt as not to die!

TOMMY ACHE. (*Sitting up and smiling broadly.*)

Oh, I like you people. Who is this little girl?

PATTIE BUTTER.

Brownie Bread is my fast friend,  
And when a summons to him you send,  
I always come in a big flutter,  
For I am his sister, Pattie Butter.

Eat lots of me,  
For I'll pave the way  
And none of the loiterers  
Will care to stay.

(TOMMY ACHE. *His pain vanished, straightens out and looks happy.*)

Sit down, I'd like you to stay a while.

(MOLLY MILK and SONNIE HONEY come in singing "Happy Days are Here Again.")

MOLLY MILK.

I have hidden inside of me,  
All the chemicals, you see,  
That you need to build you strong,  
So that nothing will ever go wrong.  
Raw milk you need,  
So look to your feed,  
Young and old to me should come,  
If they want the wheels to hum.

SONNIE HONEY. (*In a high sweet voice.*)

I'm the sweetest person around,  
And joy and happiness ever abound,  
If you call on me to sweeten the taste,  
Rather than dead sugar who only makes waste.

I have a cousin, Cottage Cheese,  
And don't you even dare to sneeze;  
For together we come, hand in hand,  
And make the best combination in the land.

TOMMY ACHE.

Bring up a chair and make yourselves comfortable. I'm very glad you came.

(*Enter GOLDIE ORANGE and REGGIE VEGETABLE hand in hand.*)

GOLDIE ORANGE.

I come to you all sunny and bright,  
And make your dreams funny and light,  
I'm closely related to Good Dreams Fairy,  
And will make your days happy and merry.

If you stick to me, you'll never rue,  
The day I was introduced to you,  
I'll be faithful to you ever so long,  
And make your life a happy song.

(GOLDIE ORANGE turns to REGGIE VEGETABLE and introduces him.)

This is Reggie Vegetable, he is last but not least.

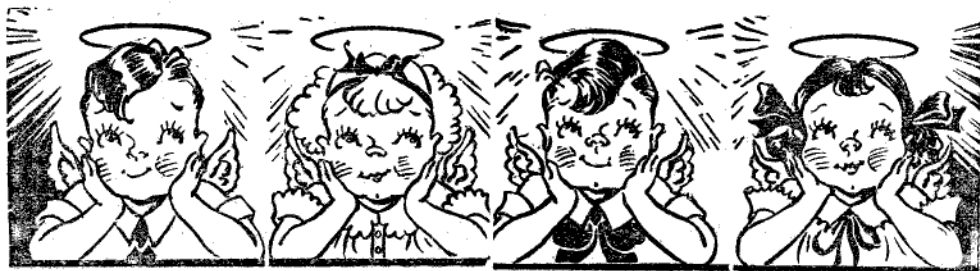
REGGIE VEGETABLE.

My other name is Mineral Salt,  
And to Bad Dreams I put a halt;  
Eaten three times as much or more,  
I'll change your system from the very core!

Carrots, veggies, squash and greens,  
Change the color of the scenes;  
They're all relations of mine you'll find,  
And to you we'll all be ever kind.

(*They all join hands dancing around TOMMY ACHE, and all sing "Happy Days are Here Again."*)

End.





# Echoes from Mt. Ecclesia

.....

**T**HE summer season is over and the students and vacationists have all returned to their respective homes, and the workers here have had time to get away for their vacations. The summer season is rather hard on us here at the helm of this great work and Mt. Ecclesia has never had more visitors. The interest now centering in and about this work is most encouraging, and the best part is that numbers of the older students who for various reasons wandered into other fields are now returning; hardly a day passes without one of these wanderers returning. All that is needed to restore their confidence is a visit at Headquarters, for when they observe the activity and the harmony prevailing here they can no longer remain inactive.

## OUR BIRTHDAY PICNIC

Mt. Ecclesia is now reaching its *Lunar Birthday*, which is when the Moon by progression reaches its own place at birth. This period in the life of an individual brings changes and an active time, and surely the year 1938 has been one of the busiest and most active of the entire life of the organization. This brings us to a very vital point when we speak of the Birthday of Mt. Ecclesia. We do not want to forget to remind our readers and members that the annual birthday picnic will again be held in Live Oak Park, near Fallbrook, a beautiful park with great live oak trees which is ideal for the large turnout which the Fellowship has on that day. We would love to have our friends enjoy this with us but would request that they notify us in time so that we may know how many sandwiches we are to prepare for the lunch.

Speeches, music, and outdoor games will be the things to look forward to.

The large family table is long enough to seat all who come; it is arranged in the form of a half square, and there is a large outdoor stove on which we may heat any foods or drinks. So come and be with us on Friday, October 28. We leave Mt. Ecclesia at 10:00 A.M. for the park.

## "BANNERS OF COURAGE"

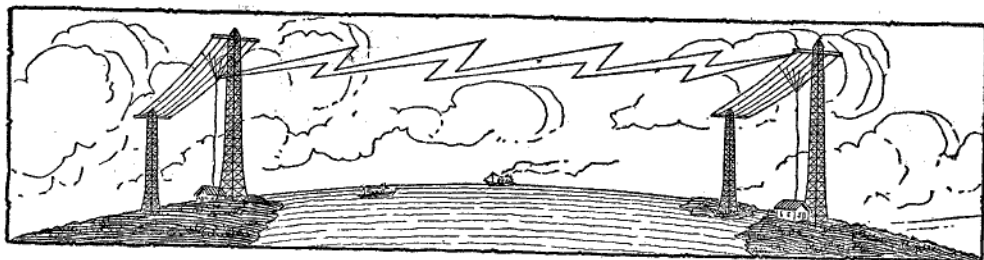
A book entitled *Banners of Courage*, written by Clover Kerr, has been sent us by the publishers. It is not the policy of this Magazine to review books, but we cannot pass up a book of this type without giving our readers who may be mourning and rebelling against their lot in life, and who think that their life has been so hard, the helpful benefit which may be obtained by reading this wonderful book of cheer, and letting the sunshine of Clover Kerr shine into their lives.

It were well to give a short review of the tragedy which entered into this girl's life. On March 3, 1937, the Los Angeles papers and newspapers all over the world were telling about the dreadful accident which overtook a young woman twenty years of age, who, with her friend, was returning home from a birthday party. The automobile which was driven by this friend was run into by a railroad train on a crossing. Clover Kerr was picked up unconscious on the track, mangled, having lost both legs, and her right arm. Friends said that she could not live, and if she should live what had life left for her? With a mangled body, could she have any thing which should hold her to physical existence?

Clover Kerr gave the world proof that the physical body was not *the Life*, that it is the Spirit which is the life, and

(Continued on page 525)

# Rosicrucian News Bureau



• • • • •

Much is heard and read about "social security," "old age pensions," etc., these days. The New Age vibrations are bringing an increasing number of people to the realization that they should not have to spend the greater part of their lives and energy in preparing for a possible rainy day or the latter years of life. Efforts are being made to change our economic system so that acquiring and hoarding material possessions will no longer be the motivating factor in the lives of the majority of human beings.

This is undoubtedly a step forward in the progress of humanity, but occult students know that "security" in the true sense of the word involves far more than merely having enough material means to care for the needs of the physical man. They know that man is essentially spirit, a spark of the Divine Flame, and that to become actually "secure" he must unfold the spiritual qualities which he as a God-in-the-making has latent within. The development of these spiritual qualities brings about the ability to cope satisfactorily with whatever situations may come to one, and leads to the establishment of a more unselfish order of things upon the earth.

Selfishness must be uprooted from the nature of human beings. We must cease concerning ourselves primarily with the supplying of our own needs and desires and show by our actions that *we love our neighbors as ourselves*. UNIVERSAL BROTHERHOOD is the ideal for the

future, and those who do not tune in with this ideal and work toward it will have no place in the civilization of the New Age, which is even now dawning before us.

Our Study Groups and Centers may be considered units for teaching and establishing that real security which comes only from unfolding the Christ qualities within. Social security? Yes. But primarily: *Spiritual Security*.

## FIELD ACTIVITIES

During the past several weeks our Long Beach Center has had the able assistance of our field worker, Mr. F. A. Jones, in giving a new impetus to its activities. The careful and intensive endeavors of this enterprising worker have stirred the members and friends of the Long Beach vicinity to a new interest which will result, we are sure, in a fall and winter of increased accomplishment in spreading the New Age ideals. From Long Beach Mr. and Mrs. Jones will travel in their trailer into the State of Arizona, where the larger cities will first be visited. We look forward to a duplication of the fine work done by Mr. and Mrs. Jones in San Francisco and Oakland.

About the 15th of October, Mr. Alfred Johnson, who has spent the past several months at Headquarters, will be sent out to do field work in Minnesota, Wisconsin, and adjoining states. Mr. Johnson has given years of faithful, unselfish

service to the Fellowship and has proved himself a speaker and teacher of ability. He radiates an enthusiasm which inspires his audience, and we feel confident that in the coming months of endeavor he will not only continue the splendid service he has rendered in the past, but will set a new mark of accomplishment for himself.

#### OMAHA, NEBRASKA.

Although the Fellowship members and friends in this city have been carrying on the work of disseminating the Teachings for a number of years, a Center has never been definitely organized. Now, however, we are happy to report that officers have been elected and a Chartered Center established. Regular classes and Services will be conducted at 301 North 31st St.

Four new contacts made recently during one week indicates a growing interest in and response to the New Age ideals in that vicinity, and we join the members of the Center in looking forward to a new period of activity and accomplishment in which each one will take part and do his or her share in adding to the increasing strength of the movement toward a new order of unselfishness, peace, and spiritual progress upon the earth.

#### READING, PENNSYLVANIA.

Another chartered Center! The members of the Group meeting in this city have also been carrying on their work for a number of years without any definite organization, but have now decided to organize and function as a Chartered Center. It is a pleasure, indeed, to find such an increasing spirit of co-operation among our members and Groups, and we add our hopes and prayers to those of these friends that the coming months will find them functioning with an increasing efficiency in their endeavors to serve humanity.

The secretary writes us, "We expect to open for the fall and winter season again on October 4th, and we intend to use the name of 'Reading Rosicrucian

## World Headquarters

OF THE

## Rosicrucian Fellowship

MT. ECCLESIA

OCEANSIDE, CALIFORNIA, U.S.A.

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Services and classes are held in the following cities. The public is cordially invited.

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- Burlington, Vt.*—91 No. Union St.
- Calgary, Alta., Can.*—108 14th Ave. W.
- Calgary, Alta., Canada.*—Young People's Group, 1318 15th Ave. W.
- Chicago, Ill.*—Rm. 802, 155 N. Clark St.
- Ashland Blk., 8th Floor.*
- Chicago, Ill.*—c/o Mrs. Magdalena Goveia, 4921 Montana St.
- Cleveland, Ohio.*—Carnegie Hall, 1220 Huron Road, Room 708.
- Columbus, Ohio.*—55 E. State St.
- Dayton, Ohio.*—Y. W. League, East Room, 2nd Floor.
- Denver, Colo.*—1155 30th St.
- Indianapolis, Ind.*—38 No. Pennsylvania St.
- Kansas City, Mo.*—2734 Prospect.
- Long Beach, Calif.*—361 E. First St.
- Los Angeles, Calif.*—2523 W. 7th St.
- Los Angeles, Calif.*—4830 Floral Drive.
- Milwaukee, Wis.*—234 Fine Arts Bldg., 125 East Wells St.
- Minneapolis, Minn.*—1008 Nicollet Ave.
- New Orleans, La.*—429 Carondelet St., Room 201.
- New York City, N. Y.*—160 W. 73rd St.
- Omaha, Neb.*—301 No. 31st St.
- Reading, Pa.*—W.C.T.U. Hall, 6th and Franklin Sts.
- Rochester, N. Y.*—307 Burke Bldg.
- San Diego, Calif.*—Rm. 9, 1039 7th St.
- San Francisco, Calif.*—1141 Market St.
- Schenectady, N. Y.*—13 Union St.
- Shreveport, La.*—1802 Fairfield.
- Seattle, Wash.*—611 University Bldg.
- St. Paul, Minn.*—318 Midland Trust Bldg.
- St. Petersburg, Fla.*—525 7th Ave., South.
- Toronto, Canada.*—c/o Mary Tambllyn, 158 Hallam St.
- Utica, New York.*—11 Clinton Place.
- Vancouver, B. C.*—Room 12, Williams Bldg., Cor. Granville and Hastings Sts.

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*Buenos Aires.*—Humberto 10 No. 2091.

### BELGIUM

*Brussels.*—74 rue Stevens Delannoy.

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*Sao Paulo.*—7 Rua Parana, 29.

### ENGLAND

*Liverpool.*—71 Upper Huskisson St. Telephone, Heswall, 304.

*London.*—95 Belgrave Rd., Victoria, S.W. 1.

### GOLD COAST, WEST AFRICA

*Abokobi.*—c/o J. M. Boi-Adzete.

*Kumasi.*—Mr. Ben T. Vormawah, Box 69.

*Sekondi.*—P. O. Box 224.

*Takoradi.*—c/o E. Oben Torkonoo.

### NEW ZEALAND

*Auckland.*—C. 2; People's Health Club Room, 4th Floor; Victoria Arcade, Queen St.

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*Lagos.*—c/o Mrs. G. La Page, P. O. Box 202.

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*Asunción.*—Garibaldi 118.

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*La Paz, Iloilo.*—19 Burgos St.

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*Lisbon.*—Rua Renato Baptista 43 - 2°.

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Fellowship Center.' " The Group meetings are held in the W.C.T.U. hall, 6th and Franklin Sts.

### CALGARY, ALBERTA, CANADA.

It is a pleasure to comply with the following request from our staunch Calgary Center: "Will you kindly mention the reopening of our Sunday School Class (at 11:00 A.M.) this month in the Magazine, and invite all who wish to come to any of our classes (Philosophy on Wednesday evenings, Astrology on Friday evenings, and the Devotional Service on Sunday evenings)?"

Recent reports from the secretary of the Center tell of a most enjoyable picnic held during the month of August, and also bring the encouraging news that there has been an increase in attendance at recent classes and Services. The harmony which pervades the Group contributes no little to the fine work which it continues to do.

### DERBY, ENGLAND.

Plans for starting a Study Group in this little city have been under way for some time past. Now one of the friends writes: "I am pleased to state that the students in Derby are starting a Study Group, and we are starting off with a public lecture by Mrs. Hilda A. Green, of Montreal, Canada. By means of this public lecture we hope to draw in other individuals who may be interested in the New Age Teachings, and we look forward to our Study Group developing into a strong Center which will assist many to align themselves with the New Age ideals."

### MINNEAPOLIS, MINNESOTA.

A progressive, active note is sounded by the reports from this loyal Group. The Secretary writes, "Everyone plays some part here in the Center meetings, and then we change the parts around so that each one takes another's part in due time. We find that this has a great tendency to create peace and harmony. . . . Many new faces have been seen at our Center of late, and we sincerely hope

that this continues. We have been discussing lately the crying need of people searching for love and spiritual guidance, either knowingly or unknowingly, and if we charge our Center with thoughts of love and kindness, it will overflow with those who are seeking. . . . Sunday, August 21st, we all gathered in the morning at the famous Minnehaha Park for a picnic. Motion pictures were taken of the Group, which numbered about thirty persons, and a most enjoyable day was spent by all attending. . . . Enclosed please find two applications for the Philosophy Course."

ROCHESTER, NEW YORK.

Our deepest appreciation goes to the Rochester Conclave for the following message just received:

"The Eastern Rosicrucian Fellowship Centers assembled at Rochester and convened for the purpose of increasing our worthiness and usefulness are sending you our felicitations and Christian love. May the Rosicrucian Fellowship and workers be blessed through Christ Jesus our Lord."

[SIGNED]

The Rosicrucian Fellowship Centers  
Conclave of 1938 at Rochester, N. Y.

## ECHOES FROM MT. ECCLESIA

(Continued from page 521)

by divine and superhuman determination she found that life still held much for her. She makes the statement in her marvelous book that when she awoke from the ether, and knew she had been deprived of both her legs and her right arm she was happy, with a new strange happiness that she had never known before. Hers was the true happiness of the spirit, a proof to the world that the real man is not the physical body, but the God which dwelleth within.

If our readers are disheartened with their lot in life we would advise them to read *Banners of Courage* for it is truly a cure for the discouraged. Wetzel Publishing Co., Los Angeles, Calif.

## Sanitarium Workers Wanted

Applications are now being received for positions in our new Sanitarium which opens in December, 1938. The following places will be available for capable, conscientious and ardent workers:

1. Graduate Nurses, who also have experience in natural therapeutics.
2. Registered Physiotherapists, with hydrotherapy experience, for men's and women's departments.
3. An experienced vegetarian cook, who has a practical knowledge of preparing special diets.
4. An experienced assistant kitchen helper and waitress.
5. Maintenance man for all around service, with a knowledge of machinery.
6. Housekeeper.
7. Gardener, with knowledge of landscaping.

Because of the nature of the work to be accomplished, it is desirable that applicants should be in sympathy with the Rosicrucian Philosophy.

Attention is called to the fact that the law does not permit us to consider applications from foreign countries.

Address all communications—

THE ROSICRUCIAN FELLOWSHIP  
SANITARIUM DEPARTMENT  
Oceanside, California

## OUR STARRY GUARDIANS

(Continued from page 511)

modify the cause, give a different effect, and change the life within certain limits; for in the final analysis he is to a great extent arbitrator of his destiny. If, on the other hand, he drifts without resistance or initiative, he is then ruled entirely by his stars; but if he does take initiative, then in the measure that he carries out his divine prerogative of choosing what to do or not to do, he becomes the ruler of his stars, and while he cannot change his life altogether, he can decide the manner in which he meets his life's experiences and how he profits by them.

## Obstacles

BY MAX HEINDEL

There are three principal stumbling blocks which the truth seeker finds on the path to spiritual development.

The first is *Overanxiety*, brought about by a desire to develop rapidly. He wishes to pierce the veil and become an Initiate at once. He will often pay fabulous prices to false teachers who promise to develop him quickly, and will burn the midnight oil in his endeavors to gain knowledge, or will sit for hours in concentration; but when he has all the teaching they have to give him, he is little wiser, nor has he developed his spiritual faculties. Undaunted, he goes to another teacher, but with the same results. He eventually becomes discouraged and blames his failures on his teachers.

The second stumbling block is the *Desire for Power*, which often leads to seeker into dangerous paths to gain knowledge. Only through simplicity, humbleness, and service can the goal be reached, and never can spiritual development be found by seeking the path of power. It comes only as a result of loving service and humility.

The third stumbling block is that of *Envy* of the one who by service has won a place of honor or power; and the desire to supersede him and shine before others is often the cause of much inharmony.

These three stumbling blocks have caused many to wander from the path, to lose hope, and give up the fight. They are the cause of much discord in all spiritual movements. They are the enemies which the truth seeker must overcome before he can expect to make much progress on the path of attainment.

Now mark this: The ability to endure criticism in perfect equipoise, and profit by it, is the measure of the stature of the soul. This is strong medicine, but it has been accomplished—and what man has done, man can do.

## Being

BY E. S. WALKER

All too frequently we find people whose point of contact with reality is conditioned and absorbed by an overwhelming interest in the Past—or the past and present are completely overlooked in contemplation of the Future. Either attitude shuts out a realization of the *Eternal Now* wherein lies the secret of the root of being; the synthesis of what was and what is to be. To approach the Present is never easy; nevertheless, it may be interesting to set up signposts whereby we may gauge in some measure our relation to the life that we *are* living. For the sake of convenience let us consider ourselves as centers of concrete activity—with the ability to grow through expanding our sphere of influence. No expansion whatever would be akin to death, while too great an expansion would tend to loss of identity and purpose, through diffusion. Somewhere, for everyone, there must be a perfect mean and it is this for which we are searching. Three possible reactions to life may furnish a clue as to our nearness.

First, are we acutely conscious of the passing of Time? If we are too close to the center of ourselves and magnifying events (the markers of Time) out of proportion to their real significance, a slightly greater expansion may be the solution.

Second, are we relatively free from mental pain? A "Yes" to this question implies even and steady progress, but a "No" might indicate that we are reaching for that-which-is-not-yet to the detriment of that-which-is.

Third, are we living willingly? A real willingness to experience Life may be the exact point for which we are searching. It implies a completely assimilated Past as the point of departure for our ever widening future.



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# OPENING

DECEMBER, 1938

## Mt. Ecclesia Sanitarium



In December of this year, our new, modern Sanitarium, pictured above, is scheduled to open its doors to patients. Here you may find a quiet, peaceful atmosphere in a delightful climate with every facility for NATURAL TREATMENT and SPIRITUAL HEALING.

The Sanitarium Is Equipped to Care for:

- General Chronic Cases
- Nervous Patients
- Convalescing Patients
- Those who want to improve their general condition for greater efficiency
- Those who require a period of rest, and special diets
- Those who are well and want to learn how to remain well

Treatment facilities include: men's and women's hydro- and physiotherapy departments; massage; music and chromo-therapy, ultra-light therapy, and physical co-ordination; also special vegetarian diet kitchen. The Sanitarium is not equipped to give either Surgical or Obstetrical Service.

Write for Rates and Further Information.



**THE ROSICRUCIAN FELLOWSHIP**

SANITARIUM DEPARTMENT  
*Oceanside, California, U.S.A.*