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FEATURES

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Rays from the Rose Cross

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The Rosicrucian Fellowship ITS MESSAGE AND MISSION

Formerly religious truths were intuitively perceived or taken wholly on faith as dogmas of the church. Today a growing class demands that immortality and kindred matters be proved to the intellect, deductively or by ob-servation, as are other facts of life, for instance, heredity. They desire religion as much as their fathers, but want the ancient truths in modern dress, congruous to their altered intellectual condition. To this class the Rosierucian Fellowship addresses itself with a definite, logical, and sequential teaching concerning the origin, evolution, and future development of the world and man which is as strictly scientific as it is reverently religious; a teaching which makes no statements not supported by reason and logic, which satisfies the mind by clear explanations, which neither begs nor evades questions, but offers a reasonable solution to all mysteries so that the heart may be allowed to sanction what the intellect believes, and the solace of religion may give peace to the troubled mind.

solace of religion may give peace to the troubled mind. People of various denominations enter educational institutions such as Harvard or Yale, and study Mythology, Psychology, and Comparative Religion there without prejudice to their religious affiliations. Students may enroll with the Rosicrucian Fellowship on the very same basis. Our teachings, which aim to emancipate from authority of others by pointing the way to firsthand knowledge, are given by correspondence graded to suit the different classes of applicants. Upon request the General Secretary will send an application blank for enroll-ment to anyone who is not a Hypnotist, or a Professional Medium, Palmist, or Astrologer. Courses are available in the Rosicrucian Philosophy, Astrology, and Bible Study. These lessons are not sold; it is contrary to Rosi-

These lessons are not sold; it is contrary to Rosi-crucian principles to give spiritual aid for a material con-However, the work is supported largely by sideration. voluntary offerings, and students are given opportunity to help as the heart dictates and the means permit. In the measure only that they fulfill this moral obligation can they really benefit from our efforts in their behalf.

The International Headquarters of the Rosicrucian Fellowship is located on a fifty acre tract called "Mt. Ecclesia," a natural park of incomparable beauty with a view of mountains, valleys, ocean, and isles ranging in ex-tent from 40 to 80 miles. It is an important center of spir-itual healing scientifically applied to aid thousands all over the world. The salubrious climate of Southern California affords material help in recovery for those who visit the quiet little city of Oceanside which holds Mt. Ecclesia in its environs. Accommodations are available for those who may wish to spend some time at Headquarters. Rates are given on application. Healing services are held daily in the Ecclesia to help all who have applied for healing.

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The Current Outlook

[FROM THE ROSICRUCIAN VIEWPOINT]

*

The Bar Fly--A Modern Symbol

By JOSEPH DARROW

SYMBOL of what? A symbol of the materialistic and generally demoralized state of the whole world at the present time. The feminine bar fly is an unwholesome symptom of the times, a symptom which indicates a widespread state of mind that repudiates the divine direction of the universe, which has lost the faith of earlier centuries and not yet accepted to any great degree the esoteric Christianity that will be the universal doctrine of the coming Age. Therefore humanity quite largely believes that the virtues are outmoded and that money, ease, and pleasure are the chief desiderata of life, with a little rectitude thrown in on the side if it's convenient and not too difficult.

SVIDANTO STAT

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In the years following the migration of the Atlanteans from the doomed continent of Atlantis, the grape was cultivated by Noah and his successors, Noah

THE FLOOD

being a symbolical name WINE AFTER for the survivors of the Atlantean Flood. Wine and alcohol were given to

man by the Hierarchs who guide human evolution for the definite purpose of benumbing his spiritual sensitiveness so that he would temporarily lose the clairvoyant sight which enabled him to see or sense the invisible planes of nature. This forced him to focus his attention upon and learn to master the laws and phenomena of the physical world, because he would not be eligible to pass on to the higher and finer planes until he had first

accomplished this job. The advent of the age of science is the culminating chapter in that mastery.

But the time has now come when alcohol has fulfilled its purpose, and therefore it is a deterrent to Evolution and a symbol of decadence, something which has to go in the comparatively near future. Man is destined to develop the sixth sense and turn his gaze inward toward the inner planes of nature, which he must also master. But he can never penetrate those planes so long as he benumbs his brain with alcohol, which

6TH SENSE BLOCKED BY ALCOHOL

prevents the development of the sixth sense. Therefore we know that the bar fly is a flitting phenomenon, quite conspicuous at

present on a high stool in front of the bar, where she is utterly useless and a potential source of weakness to the nation.

Did you ever notice that the prevailing color motif for the exterior of cocktail bars is a deep, dark red? This is a symbol of the passion currents of the lower Desire World, and one which those who establish these places have unconsciously but fittingly adopted. The deep dark hue of venous blood is the prevailing color vibration in the lowest part of the purgatorial plane where the force of repulsion holds sway. The activities of the cocktail bar put its patron in close psychic touch with that low plane, and therefore this color is quite appropriate

for the exteriors of such establishments.

"We are all drunk," says Max Hein-del, in the Rosicrucian Teachings of An Initiate. By that he does not mean that all people drink or that the majority are drunkards. To explain, let us quote his words:

"Because of indulgence in this counterfeit spirit of alcohol during the millenniums which have passed since man came up out of Atlantis, the most advanced races of humanity are also the most atheistic and materialistic. They are all drunk for even though a person may say, and say quite truthfullly, that he has never touched liquor in his life, it is nevertheless a fact that the body in which he is functioning has descended from ancestors who for millenniums have indulged in alcoholic beverages in unstinted measure. Therefore the atoms com-posing all present day Western bodies are unable to vibrate to the measure necessary for the cognition of the invisible worlds as they were before wine was added to the diet of humanity.'

The great army of women drinkers is blithely going on its way, serenely unaware of another important occult fact, namely, that woman has the negative desire body, which makes her negative on the plane to which that body is corre-Translated into ordinary lanlated. guage this means that woman has not the power to control desires induced by

WOMAN'S NEGATIVE

alcohol and habit-forming substances to the same degree that man has, DESIRE BODY therefore she cannot indulge in such things with-

out greater danger and without paying a greater penalty. Modern women drinkers doubtless assume that drinking is no more harmful to them than to men. but the esoteric facts show the reverse.

The subject of human polarity is most interesting. It is a very ingenious device used by the God of our solar universe when He designed man's constitution. Briefly stated, man has the positive polarity in four parts of his sevenfold constitution, namely, the divine spirit, the human spirit, the desire body, and the physical body, and the negative aspect of the other three components. Women's polarities dovetail exactly with

those of man, but they are of the opposite sign. She has three positive vehicles and four negative, the three positive being the life spirit, the mind, and the etheric body. The four negative ones are those mentioned above in which man is positive. Man and woman together constitute a complete creative unit, half the polarities being possessed by one and the other half by the other. At the present stage of evolution they are separated into different bodies, but the time is coming when all the seven polarities, positive and negative, will be concentrated in one body. Man will then have become an Adept, a demigod, and sex will have become a thing of the past.

Further, as to man's greater stability in the desire realm and woman's more easy subjugation by desire, note that man in addition to having the positive desire body also has the reasoning pole of the mind developed to a greater degree, and one large function of the mind is to act as a brake on the desire body. He also has the positive pole of the divine spirit, the highest aspect of which is the will. Thus, occultly considered, he is better equipped to exercise control in the desire realm than woman.

But let us not get the idea that woman is inferior because the polarity of her bodies differs from that of man. She has

WOMAN'S POSITIVE VEHICLES

the positive pole of the life spirit, giving her intuition, and the positive aspect of the mind, giving her the creative imagination. In

addition she has the positive etheric body, conferring a more abundant flow of the life force, all of which makes her paramount in a department of nature equally as important as that occupied by man. But the fact remains that due to her constitutional make-up she is in greater danger from the use of alcohol, and that is why the modern bar fly is a dangerous symptom.

Metaphysical students are well informed on the subject of the unhappy experiences of the drunkard in purgatory. He really does have a hard time there. The Rosicrucian Cosmo-Conception says:

"He suffers intensely. In time, however, he learns the uselessness of longing for drink which he cannot obtain. As with so many of our desires in the earth life, all de-sires in the Desire World die for want of opportunity to gratify them. When the drunkard has been purged, he is ready, so far as this habit is concerned, to leave this state of purgatory and ascend into the heaven world."

But though the average drunkard can and does successfully take the "Keeley cure" in purgatory and is reborn free from the habit, still some are not so fortunate. Drunkenness is one of the most enchaining of habits and lays one open to the possibility of passing over to the Eighth Sphere from which there is no return. Or, as the Rosicrucian says, such a person has become a failure in evolution; he has become so enslaved by alcohol that the Eighth Sphere, that part of the lower Desire World correlated to the moon, holds him, and eventually, after a series of incarnations as a drunkard, prevents his re-embodiment on the earth. We are told that the Eighth Sphere is inhabited by a larger percentage of drunkards than by the devotces of any other vice.

Obsession by disembodied drunkards is one of the chief causes of chronic and incurable alcoholism. Usually it isn't that the drunkard himself has such a

DISCARNATE DRUNKARDS

terriffic desire for alco-OBSESSION BY hol so far as his own desire body is concerned, but discarnate drunkards on the astral plane

enter his aura and impress their violent desire for liquor upon his mind to such a degree that he cannot resist. For the reasons previously mentioned women run a greater risk in this connection than do men.

Esotericists tell us that perhaps the greatest danger of the world today is the possibility of such a large percentage of people becoming neurotic that they be-

come the dominating factor in human society. The neurotic is so obsessed and overwhelmed by his own fears and delusions that he is ruled by them and therefore does not act rationally at all times. Now if too great a part of the population of the world should become neurotic, or go a step further and become psychopathic, chaos would follow and civilization would have a hard time to survive. The occultist and the psychiatrist are fully aware of this danger. Alcohol is one of the greatest predispos-

ing agents to neuroticism. DANGER OF A heavily drinking nation WORLD

A NEUROTIC is bound to become neurotic in the course of time in the same manner that a drunk-

ard in this life is pretty sure to be reborn as a neurotic in some future reincarnation. Therefore the female bar fly is a dangerous symbol, because she represents a dangerous trend of humanity as a whole.

Ease and pleasure! The great corrupters! Beyond constructive recreation they not only make the desire body coarse and unruly, but effectually prevent the unfolding of the powers of the Ego, the god within, the evolving of whose latent potentialities is the chief object of Evolution. Unless these are unfolded, man must remain on a low plane of evolution. Above all, the will, the highest aspect of the Spirit, instead of growing stronger as it should and becoming the will to good, becomes weaker under the influence of alcohol and insidiously is transformed into the will to evil.

This is a critical period in the world's history, not merely because there is a war going on, but because alcohol has gained too great a sway over humanity; and unless its hold is broken, mankind is due for a sad time in the years to come. Woman particularly will suffer from it most acutely, and that suffering will begin to be evident in another decade or two when the full effects of the drinking by women during the past three decades have begun to come to fruition.

The Mystic Light

The Rosicrucian Fellowship

The Rosicrucian Fellowship is a movement for the dissemination of a definite, logical, and sequential teaching concerning the origin, evolution, and future development of the world and man, showing both the spiritual and scientific aspects. The Rosicrucian Philosophy gives a reasonable solution to all mysteries of life. It is entirely Christian, but presents the Christian teachings from a new viewpoint, giving new explanations of the truth which creeds may have obscured.

Our motto is: A SANE MIND, A SOFT HEART, A SOUND BODY.

Christ-Consciousness and Consecration

By JOHN JOCELYN

HE forces of the Jehovistic era through the Luciferic Spirits from Mars have viciously soiled the souls of men with a corroding selfishness which clings to this day even though Christ, the Great Unifier, came two thousand years ago with His force of Love and Wisdom to dissolve this very darkness. Just how difficult it is to dislodge this darkness is seen when we look about us in the world today.

The Light of the World is Christ, and those who would evolve the two higher ethers and clothe themselves with the Golden Wedding Garment which they must wear if they would live with Him in the Age of the great Christ Dispensation must learn now to walk in the light as He is the Light.

No approach to walking in this Christ light becomes possible while the lies and ignorance and selfishness of personal darkness adheres through the Luciferic forces served by Saturn and Mars in Christ describes this negative action. pair in Revelation as "Satan" and the "Devil," and it is through them that chaos obtains in the world now.

It is our privilege to help people learn to help themselves through the spark of God which dwells within them, yet it must be set down with emphasis that God can help only those who will help themselves. No halfway consecration will evolve the new Aquarian Age Christconsciousness, for "no man can serve two masters: for either he will hate the one and love the other or else he will hold to the one and despise the other. Ye cannot serve God and mammon." (Matt. 6:24.)

The story of Ananias and Sapphira tells the occult facts of those who withhold a part of themselves and seek to use spiritual forces and sacrifice God to the material and personal. In Acts, fifth chapter, we read that a certain man named Ananias, with Sapphira his wife, sold a possession and kept back part of the price, and his wife was one with him in the transaction; and they brought only a part of the money and gave to the apostles. This man and his wife were so stupid, a stupidity that stands to this day with most people, that they were unaware of Peter's power to know and see the Truth. Peter turned to Ananias and said : "Why hath Satan filled thine heart to lie to the Holy Ghost and to keep back part of the price of the land? Whiles it remained, was it not thine own? and after it was sold, was it not in thine own power? why hast thou conceived this thing in thine heart? Thou hast not lied unto men, but unto God." And Ananias hearing these words fell down dead and those who saw and heard of the thing greatly feared. Three hours afterwards

his wife, who was unapprised of the affair came in. And Peter, asked her whether they had sold this land for the price her husband mentioned. And she replied that that was the price and thereby revealed her complicity with her husband to lie and keep part of the price. Then Peter said unto her: "How is it that ye have agreed together to tempt the Spirit of the Lord? Here are the men who have just carried out your dead husband and they shall carry out your dead body." And the pair of them, Ananias and Sapphira, were buried together. Now Ananias and Sapphira indicate the lower concrete mind working in conjunction with the Martian desire body. Also, it is a fact that after the spark of mind was given to man, it united with the desire body instead of allying itself with the higher nature.

The Christ cannot be born to any man or woman, much less blossom, unless wholehearted consecration is given. This means the full surrender of the lower personality (with its tricky subtle mind) to the spiritual Lord from Heaven. The easiest thing to purify is the body with its physical appetites and the hardest work is to compel the mind into right thinking and thus the securing of proper perspective. The idea of a separated self with all the selfishness that goes with that false idea must go forever.

The chosen ones in all ages were ever those who purified themselves by clean, right living, and it is the same today. Only this type can be the seed for the new race, and man elects himself to be of the new race. If you would have consciousness in the spiritual realms, you must purify your vehicles, thanking God for the privlege by making use of the very precious hours on earth where the Great Work must be done.

The Aquarian Age will produce souls of quality, people with far finer, much more sensitive vehicles than those possessed today by the masses. In fact, even now among the leaven of the elect there will be found a growing, gathering

Christ-etheric quality, the result of the Uranian vibration at work in the world. Thereby does the washing of regeneration cause refinement in all vehicles. Let it be vividly felt and definitely known that through the work of self-purification, the two higher ethers, the Light and Reflecting ethers are being attracted, gathered and attached to the man, and through continuance on this path does the man become truly balanced in will. in thought, and in feeling. The earthly personal man becomes an impersonal spiritual Christ-man. No personality can become co-ordinated and thus made whole until the Divine Marriage between the Lord from Heaven and the earthly personality shall occur. Thus does Christ-Jesus say to Nicodemus, "Ye must be born again !"

It is a truth that we must be born again. The new Aquarian Age consciousness must come that admits the Light of the Christ into our minds. Therefore we have to work upon our physical bodies to purify their atoms, neither abusing nor misusing them as so many do today. Thus, wisdom and love demand that our diet be entirely vegetarian and contain no alcohol, for the Aquarian Age will be fleshless and nonalcoholic. To purify the physical body is to give us nearer approach to spiritual realms. The vital body likewise is volatized through devotion to high ideals and by making such ideals real and concrete on this plane; also through right thought and knowing the false from the true and striving to live in that truth. The desire body is cleansed and controlled through making our desires higher and holier.

He who is our Pattern, Christ-Jesus, says: "Blessed are the pure in heart for they shall see God." This statement is simple and clear, we know that "purity" admits of no adulterant. This is an age of adultery and the worship of false gods. Evil is evident everywhere because the mass of mankind has not yet come under the Christ force which impels purity and truth. Yet all souls shall vibrate to the Christ, and purity and truth shall animate all.

We do not take adulterated foods or goods if we are alert; we would certainly rather eat pure food and have the real article any time than a debased fraudulent one. Yet this is very difficult to realize in this great age of lies, error, and untruth. How much greater then is the necessity, the real living urge, to secure perfect purity through our thinking, our feeling, and our willing if we would lift our souls into the Light of the World so that we have fellowship with one another and at last companion with God again.

A man wastes his time who is not wholly consecrated to the ideal of the Christ and attempting with all his will to make that ideal real and living in his To think that we can serve God life. and the flesh at one and the same time is the fallacy of too many souls still dominated by Luciferic forces. So many will behave as did Ananias and Sapphira, which symbolizes the Luciferic forces of Mars and the obstructive forces of Saturn. Perfect purity of purpose admits no impediment of adulteration, and complete consecration to the Spirit and the God within us is the only possible means of our ever seeing God. Thus it is essential for us to cease from deceiving ourselves through the forces of evil in us which come from the lower mind and desires.

It is an occult truth that no one can serve two masters; only those ren-

dered supine and stupid through the darkness of the lower concrete mind, souls wise in their own conceit, conceive the idea that the carnal man and the Spiritual Christ within can be served at one and the same time. To save our life we must first lose it: that means that the earthly personal man and mind must surrender to the higher spiritual being; and because the Spirit within the man knows the truth, he realizes his spiritual freedom and gladly makes the surrender. Only when this full and glad surrender to serve the Christ within is made do we become "pure as He is pure" so that we at last "see God" by passing through the degrees of the nine lesser mysteries.

He who seeks to save up money, fortune, or possessions for a separated self is not on the Path that leads to God, and only those who are tripped and tricked by negative conditions in their horoscopes attempt to delude themselves into this fatuous policy of serving two masters: the flesh and the spirit! It is the Luciferic forces that work this evil attitude of mind that tries to serve two masters. But to the pioneer such subtle deception cannot occur, for he knows the facts and faces them because to face the facts is to face God within. Luciferic forces must now be informed by the Christ Light! Lucifer may have been the light of the morning but the Christ is the Light of the World. See what the prophet Isaiah says of Lucifer: "How art thou fallen from Heaven, O Lucifer, son of the morning! How art thou cut down to the ground which didst weaken the nations." Purity of motive and purpose is essential then to attain to Christ-consciousness and this means a full complete consecration.

Our whole aim and purpose is to help all to understand and *know* themselves as souls and spirits. No man becomes

At the close of a day I hear a voice say Have you filled it with Helping and loving and giving, Have you made someone feel That life is worth living, Have you left the yesterdays Where they belong, Have you left the tomorrows To sing their own song, Have you lived it just As a day apart? Then God will speak To your waiting heart. From "My Garden" by D. Louise Pollock.

A DAY

purely and truly human in the sense of the Christ or Spirit until he is born Restoration of again. man to a higher level of life and light through heightened new consciousness comes only through a re-education. This means that age-old classical lies and errors must be dissolved and new Truth approached and made one's own. This rebirth which is the new Aquarian consciousness comes in virtue of Christ in us and comes only as we serve one Master, the God in us. Only the man who is benighted or glamored by the great Illusion of darkness through Saturn refuses to give all of himself up to service for Christ in this day. Those who hold back a part of the price are they who are still Christ-unaware. All must examine themselves each moment for motives.

John the Beloved says: "Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God: therefore the world knoweth us not, because it knew him not. Beloved, now are we the sons of God, and it doth not appear what we shall be: but we know that, when he shall appear, we shall be like him; for we shall see him as he is. And every man that hath this hope in him purifieth himself, even as he is pure." (I John 3:1-4.)

Paul says knowledge of the mysteries of life is excellent but unless this is based upon a loving Christ consecration, all the rest is vain and void. And if we do not, like Paul, "die daily" to our old habits of thought and feeling and will, then we simply go backwards, for there is no standing still in evolution.

Can we conceive a fatuity that would cause a runner in a race to take upon himself weights and impediments? Now, every soul born to flesh is set in a body to run a race and the goal is the production of the perfect man, the real Aquarian, born of Christ! Therefore Paul. the great Christ-Initiate says: "Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, looking unto Jesus, the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God." (Hebrews 12: 1, 2.)

Occult schools are designed to help

their neophytes to transform evil into good, the worldly-personal-material man into the Christed being. Small wonder then that such schools become clearing houses for Christ and the Aquarian Age now approaching. And less wonder that the scum of evil rises to the surface of those who attach themselves to them; for the unfolding forces are hastened, as inevitable destiny or karma, as they become truly consecrate. This expenditure of destiny-forces acts for the best and quickest advancement and development of the individual, however. Thus we should not resent or resist the personal painful ordeals we must pass through but rejoice in the knowledge that we are being raised to higher consciousness. To be hated and reviled for Christ's sake shows great progress and is a cause for joy. Remember that the Great Occult School is the Earth!

Those who have entered the race which calls out the great work must realize fully that intermittent, sudden spurts are of no avail to gain the goal; there must be persistent, consistent effort made in daily discipline.

He who would imitate the Christ must first have the Light and the Will with the Love, for out of these threefold forces Balance comes, and with this balance there comes a security born of Truth that can never swerve one from his purpose even though hell and earth conspire to make one desist. And once upon the Path every subtle device of the Lucifer forces is used to try the soul, and the farther one moves upon it the more refined such subtlety becomes. Yet once a man or woman has become a Truth-Knower through the Christ within, no man or power can remove him from his path and purpose to serve the ONE GOD in consummate joy and purity.

Let us then saturate ourselves with the idea and ideal of the Christ' and the magnificent day before us! Let us realize that it is not for nothing that we have been born in Christian countries. Let us imitate the Christ every day; let us (Continued on page 375)

The Preservation of Jesus' Vital Body

By MAX HEINDEL

TUDY of the scriptures will reveal the fact that it was the custom of Christ to draw apart from His disciples, and they knew not whither He went, or if they did, no mention has been made of it. The reason for this was than as Christ was so glorious a spirit, His vibrations were too high for even the best and purest of physical vehicles, and it was therefore necessary frequently to leave the physical body which He had received from Jesus at the baptism for a period of complete rest. so that the atoms might be slowed down to their customary pitch. Therefore the Christ was wont to go to the Essenes and leave the body in their care. They were experts in the care of the physical body, and the Christ knew nothing about handling such vehicles as He had received from Jesus. Had not this rest and care been given, the dense body of Jesus would have disintegrated long before the three years' ministry was ended, and Golgotha would never have been reached.

When the time was ripe and the earthly ministry had been ended, the Essenes ceased to interfere. Then things took their natural course, and the tremendous vibratory force imparted to the atoms of Jesus' body scattered them to the four winds, with the result that when the grave was opened a few days later no trace of the body was found.

This is in perfect harmony with natural laws known to us by their operation in the physical world. Electrical currents of low potential burn and kill, while a voltage of many times their strength but with small current passes through the body without harmful effect. Light, which has a tremendous vibratory rate, is pleasant and beneficial to the body, but when focused through a lens this rate is lowered, and we have fire which destroys.

Likewise, when Christ, the great Sun Spirit, came into the dense body of Jesus, His vibratory rate being lowered by the resistance of the dense matter, it must have burned the body as in cremation if it had not been interfered with. The force was the same, the results identical, save that as it was true, invisible fire which burned up the body of Jesus, and not fire clothed in flame as in ordinary manifestation of fire, there were no ashes. In this connection it is well to remember that fire sleeps invisibly in everything; we do not see it in the plant, the animal, or the stone, yet it is there, visible to the inner vision and capable of manifesting at any time when it takes a garment of flame from physical substances.

Upon the death of the dense body of Jesus at the Crucifixion the seed atoms of his physical and vital bodies were returned to him by Christ. During the three years' interval between the baptism when Jesus gave up his vehicles and the Crucifixion which brought the return of the seed atoms, Jesus gathered a vehicle of ether as an Invisible Helper gathers physical material whenever it is necessary to materialize all or part of the body. But material not matched with the seed atom cannot be permanently appropriated; it disintegrates as soon as the will power which assembled it is withdrawn, and this was therefore only a makeshift. When the seed atom of his vital body was returned, a new body was formed, and in that vehicle Jesus has been functioning since, working with the churches. He has never taken a dense body since, though perfectly able to do so. This is presumably because his work is entirely unconnected with material

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things, and differs diametrically from the work of Christian Rosenkreuz, which has been with state, industrial, and political problems, wherefore he needed a physical body in which to appear before the public.

The reason why the vital body of Jesus is preserved for the Second Coming of Christ instead of providing a new vehicle is given in "Faust," which is a myth setting forth in pictorial terms great spiritual truths of inestimable value to the seeking soul, among others one which sheds light upon our present problem. Faust by endeavoring to obtain spiritual power before he has earned it attracts a spirit ready to pander to his desires-for a consideration, for unselfishness is a virtue singularly lacking in such. When Lucifer turns to leave, he is dismayed to see a pentagram before the door, its one point turned towards him. He asks Faust to remove the symbol so that he may withdraw, and the latter inquires why he should not go out through the window or the chimney ? Lucifer then reluctantly admits that.

"For ghosts and spirits 'tis a law, That where we enter we must withdraw."

When in the natural course of events the spirit comes to birth, it enters its dense body by way of the head, bringing with it the higher vehicles. On leaving the body at night it leaves in the same way, to re-enter in like manner the next morning. The Invisible Helper also withdraws from and re-enters his body by way of the head. When at length our life on earth has been lived, we soar out of the body for the last time by way of the head, which is thus seen to be the natural gate of the body. Therefore the pentagram with one point up is the symbol of white magic, which works in harmony with the law of progression.

The black magician, who works against nature, subverts the life force and turns it downward through the lower organs. The gate of the head is closed to him, but he withdraws by way of the feet, the silver cord protruding through the reproductive organs.

Therefore it was easy for Lucifer to enter the study of Faust, for the pentagram turned with two horns towards him represented the symbol of black magic; but on trying to leave he finds the one point facing him, and cringes before the sign of white magic. He can only leave by the door because he entered that way, and thus he is caught when that is blocked. Similarly Christ was free to choose His vehicle of entrance to the earth where He is now confined, but having once chosen the vehicle of Jesus, He is bound to leave by the same way, and were that vehicle destroyed, Christ must remain in the cramping surroundings of earth till Chaos dissolves it. This would be a great calamity, and therefore the vehicle He once used is most jealously guarded by the Elder Brothers.

In the meantime Jesus has been the loser of all the soul growth made during his life on earth, including the three years when Christ occupied his body. This soul body will not be returned until the Day of Liberation and the Millennium have come and gone, at which time Christ will be entirely done with the vital body He received from Jesus. Then of course the soul growth that was made upon it by Christ will naturally fall to Jesus, drawn by the law of attraction, and thereby he will become many fold richer than he would have been if he had not given his body. This vehicle once used and to be again used by Christ when He comes to establish and perfect the Kingdom of God, will be so spiritualized and glorified that when it is restored to Jesus at the time when Christ turns the Kingdom over to the Father, it will be the most wonderful of all human vehicles.

Therefore, though this has not been taught, the writer believes that Jesus will be the highest fruitage of the Earth Period and that Christian Rosenkreuz will come next, for "greater love hath no man than this, that a man lay down his life for his friends." Giving not only the dense body but also the vital body and that for so long a time was surely the ultimate of sacrifice.

A Touch of Beauty

ITH what ruthless fingers we pluck to pieces the fragile fabrics given us with which to clothe the objects of our care that they may present a beautiful exterior to the eyes of all ! Why do we so distort and crush the possibilities which lie in all the common things of life, when we might with so little effort transform them into objects of grace and luminosity ?

A glass of water is but a trifle. Every day we give or receive it. Do we, then, grace it with a word of appreciation ? Surely, a peach or a cluster of grapes is worthy of a passing comment upon its modest contribution to our happiness! Were we to consider each flower with its delicate petals tinted to please our eye and its perfume distilled for our enjoyment as a special gift to all of us from the One who first brought beauty into being, then would we touch it with reverent fingers and breathe its fragrance with a loving response to its message from the higher realms of thought and feeling. Thus it would fulfill its mission nor live its transient life in vain.

Were the sun to set each night in sullen, dull performance of its task, where then would be the glory of the sunset hour and who would thrill with anticipation of a like majestic ending to life's long struggle with conflicting ideals and objectives?

Down the long corridors of Time there marches in stately array an endless procession of events destined to test and prove the skill of our creative genius. Unto each which passes our way we lend some touch of dignity or the reverse ... of poetry or prosaic dullness ... of harmony or discord ... of brightness or drab monotony ... of music and the song of sweet content or the sombre drumbeat of a funeral march.

And so, these circumstances pass us by, continuing their unending march into the realm of Things-which-might-have-

been. Once past they are forever gone from out the reach of our influence for beauty or for ugliness.

Oh, have a care you are not filled with keen remorse as in the future years once more is passed in swift review the long procession of circumstances presented to you in this life to bear the imprint of your spirit's touch upon their sensitive surface. For this is true, whether you wish it to be so or not.

Each day you are as a master set before a canvas whereon is sketched the dim outline of certain objects which compass that day's assignment of creative skill. Choose carefully the colors that you employ to tint the background and to overlay the deeper tones of the shadows, or the bright translucent colors of the flaming sky or some choice bit of scenery that glistens in the foreground with dramatic effect. Consider well the purpose of each stroke of your brush; upon its skill or blundering depends the outcome of your day's endeavor.

Without resort to such imaginary symbols of our daily tasks, the truth is plain. We have a span of time in which to prove whether we are able to convert the humdrum details of our daily life into a shining sequence of events brightened and beautified by the studied artistry of our transforming touch.

No circumstance is so devoid of opportunity that we can afford to let it slip beyond our reach without a single ray of sunlight cast athwart its dreariness. Whether by smile or kindly word or the warm clasp of our hand in sympathy ... whether by gift of needed food or raiment or by the simple overflow of our abundant store of faith and hope ... Let us acquaint ourselves with every artful device for changing life's unlovely scenes to glowing vistas of beauty and of joy. So shall we be adjudged masters in the art of living ... for Life is Beauty, if you make it so !-----

A Night in Embertide

By JOHN RAMEL

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(IN TWO PARTS-PART ONE)

TO THE READER

This tale may be taken for a work of imagination; and that is what it is; but he who is versed in occultism will grasp the esoteric meaning of the events. All the phenomena connected with the Beyond which happen therein are explained in the books of Max Heindel, in his *Rosicrucian Cosmo-Conception*, in some books of Steiner, Sedir, Blavatsky, Paracelese, Magre, etc. As the story progresses, you will meet simple souls, gifted with second-sight as the hunter, the shepherds, some guides, the monk who records several phenomena and moreover understands their significance.

As for the hero of the story, the faculty of clairvoyance awakens; that is, the sixth sense which enables him to see things with spiritual insight.—J.R.

HIS morning, on awakening, I did not feel the same freshness of the mountain air. It seemed heavier than usual. Yet the sky was blue, rather bright though slightly veiled in mist. In contrast the mountains were clearly outlined against the pale background and the village church showed up against a green pasture giving it an artificial appearance.

I hardly ate any breakfast. So I asked for a picnic lunch and I left word that I was going to sleep in the hut on the glacier of X...

The maître d'hôtel to whom I spoke said: "One can tell that the gentleman is not from this part of the country!"

"Why?" I asked.

"It is a bad day for the mountains and I doubt if you will find a guide to go with you."

"But I do not need a guide to go to X... I know the way; it is not dangerous, and why should a guide refuse to go with me?" "Oh! certainly you might get one if you paid him well enough! But they are superstitious. Tonight there will be a storm, everything indicates it: the heat, the barometer, and the mountains looking so near. The local inhabitants speak of the night of Embertide as a kind of *sabbath* in the mountains. Nobody ventures out, but tomorrow will be fine. Why don't you wait?"

I answered smiling: "So much the better, it will be an opportunity for seeing something without crowds."

The head-waiter retorted: "As you like! But the weather is going to be bad."

I strapped my knapsack on my back. With my pick in my hand, the camera and field glasses slung over my shoulders I crossed the square. The guides were chattering around the fountain, none seemed ready for an excursion.

Already a few summer guests in rocking chairs were having some cold drinks in the café-glacier tearoom. The languid melody of a tango floated on the air. Some women clad in black were going to church. A mule was fighting against innumerable flies.

I left the village; the sun was hot and I was glad to reach a pine wood. I walked slowly having plenty of time to reach the hut that was five hours' walk from the village. At noon I decided to picnic on the shore of a little lake above the last fir trees rising beyond the meadows.

An easy path led me to the delightful little lake in the time I had intended though the atmosphere had become heavy and the flies had annoyed me on my walk. High green peaks were reflected in the dark blue water. In the shade behind a rock, I rested and ate my lunch. Then feeling drowsy I stretched myself out on a bed of moss using my knapsack as a pillow. Half asleep I felt a little fresh wind. I opened my eyes and I seemed to see five or six young girls dancing in a ring on the edge of the lake. All were lovely and dressed in transparent robes. They were whispering and looking in my direction; they seemed to be laughing at me. I made a move to get up: the dance stopped, they became suddenly silent and flew away across the lake like leaves before a zephyr.

I rubbed my eyes in order to see better, but when I looked again all had vanished. A sudden wind ruffled the lake and made the reflection of the peaks tremble devilishly.

You are dreaming, said I to myself. I looked at my watch and saw that I had slept two full hours; the sun had disappeared but I found it again in taking the path which now overhung the glacier. It led on between two high mountains up to the top of the pass near which was the hut. After climbing about ten minutes I suddenly heard stones whistle above my head and a voice shouting:

"Wait, nasty beast, till I have you at the end of my gun, I shall know how to find you again some day."

I perceived a man armed with a gun looking about amongst the rocks; following his look I seemed to see between two huge stones a kind of dwarf clad in green, with an ugly face and a horrible beard, wearing a pointed hood on his head. A real gnome of fairy tales! I said to the hunter: "What has that being done to you? He looks quite inoffensive."

"This old wizard," answered he, "has already tried to throw rocks on my head; did you not see him? and today is his day and tonight he will be rampaging in his hell. If I may advise you, do not climb higher for he will play some bad tricks on you."

Very funny, thought I; the people in this country are mad!

"Don't be afraid," said I to the hunter. "If I meet this poor old thing I shall manage to make him speak and guess his intentions."

"You are wrong, sir, you ought to follow my advice. Do come back with me."

"Never mind, my friend, I am not afraid and for once I would rather enjoy meeting a real wizard."

"As you choose, but I would like you to change your mind."

We parted. I had then the impression of a great silence spreading over the mountain.

Having come to a spot where the path became very narrow, a hail of stones passed over my head. I ran for shelter. I heard a jingling of bells and saw a flock of goats coming down the path followed by a young shepherd, the village idiot.

It was useless to question him. He would not understand.

He passed, looked at me and pointing towards the upper part of the path said almost inarticulately, "There! there!" And he laughed stupidly.

I see, said I to myself, it was the goats which threw these stones on me and it is the old billy-goat we took for a dwarf.

I climbed on, suddenly I heard another stone whistling above my head. More goats?

"Look out, there!" I shouted.

A sarcastic laugh answered me and this time I saw a form more like an animal than a human being. An enormous head surmounted a tiny body perched on short and knock-kneed legs. He seemed to be clothed in green rags and his face was covered with a long dirty vellowish beard. In his big knotty arms he seized an enormous boulder and was going to throw it at me. I was trying to escape but saw no possible shelter for the path was just on a precipice. I could only flee and was preparing to do so as soon as I saw him throw the boulder when suddenly I was seized by the arms and thrown to the ground so that the great stone passed over without touching

me while a strong and grave voice spoke some words in an idiom I did not understand. Then a hand helped me to get up and the same voice said to me: "Don't be afraid, my son, he can no longer hurt you for my presence has made him flee."

I looked at the man speaking to me. I saw a tall and splendid being in the ample robes of a monk, his face full of energy but with a very sweet smile; a deep peace shone from his blue eyes.

I was going to say "Sir," but without any apparent reason I uttered the words "My father!" Was it on account of his dress or the respect which he seemed to impel? The fact that he had called me his son perhaps made it seem more natural than to address him as Sir.

"My Father," I said, "I don't know how to thank you for having saved me from this strange adventure where I have just escaped death."

"You surely do not understand, for today you enter the supernatural which for me is quite usual. Your destiny opens the way to it for you."

"But, Father, what is there supernatural here? An old idiot who ought to be shut up running about the mountain?"

"You are mistaken," he answered; "that being is an elemen-

tal, a caricature of a human being who is only visible to your inner eyes because they open today for the first time. Did they not see this morning the lovely ladies dancing on the edge of the blue lake then and disappearing when you wanted to look at them again?"

"You were there, my Father?"

"No, but since this morning I have followed you with my thought. You would not believe what the villagers said about this evil day and night of Emtide, but your strength is



that you were not afraid and set out all the same."

"Let us go on," he said, for we had been sitting while talking. "I am also going to the hut and up there I will tell you what you want to know for I read in your thoughts many questions." Then showing me the path, he led the way with a calm and regular step. He was a very tall man, holding himself very upright, a cord encircled his waist and he walked with a long stick like an alpenstock. He wore the sandals of a pilgrim. When he threw back his hood I saw his dark brown hair. How old could he be?

The sun went down behind the glacier which became pink, then red, then deathlike. We were approaching the hut and the path was suddenly in shadow. My nailed boots struck little sparks from the stones; in the distance a bell sounded.

"The villagers are saying their prayer," said the monk.

Soon we reached the hut. The monk entered as if it was his home and said, "Fetch me some water, my son, while I prepare the food."

Taking a bucket I went to the stream nearby. When I returned plates were laid and while I unpacked my provisions the monk prepared a most excellent

soup. He took a bowl of it but would not touch my food nor the wine which I had brought. "A little water is sufficient for me," he said.

After we finished our meal, I helped him put everything tidy, then we sat down at the table under the paraffin lamp which he had lighted.

He began to speak. "My son, in order to answer the questions which I read in your mind as in a book this is what I will confide to you :

"The human being today is not what he was in the past. Milliards of

years ago he was but pure spirit, then in the course of ages he materialized more and more, helped by superior beings more evolved, which in the Bible you call Gods, Seraphim, Cherubim, Angels, and Archangels; they helped this pure spirit in this very slow but regular transformation until it became the man of the present, preserving nevertheless the spirit and different bodies of which you can find exact descriptions in the occult books of our day and which have nothing to do with charlatanism. The human being who passed through what occultists call involution, reached his lowest stage on this earth and is now continuing on the upward arc of evolution in order to become like those beings who have helped him in this period of life through which he is passing until he becomes himself equal to the God of whom he is a part and to whom he returns after this long journey."

He paused a moment, apparently in deep thought, then continued: "But among those living at present there are pioneers or initiates who have sought the secret of *becoming* and who know its power. I am one of those, having learned how to use those new senses which allow me to see and to know what human science neither can know nor wants to know.

"There is a spiritual science of intuition rather than of intelligence. It is acquired by purity of body and of spirit; by meditation, by concentration and by prayer, rather than by philosophic speculations although there is sometimes true wisdom in the latter as in the science of men. So, my son, think over these thoughts and thou wilt see that the so-called supernatural is but a lack of knowledge.

"As for the horrible dwarf of the mountain, he is, as I have just said, an elemental on the margin of our life wave as are the fairies you saw by the lake. But all this you can study at your leisure, later on."

Then changing the subject, he went

on: "I have come to this hut to succor if possible some souls who cannot yet enter another world because they are still too much attached to the earth."

"But, my Father, of what souls do you speak?"

"My son, man dies on this earth but his death is only a new birth into another world and he is later reborn on our globe as taught by the Rosicrucians and the Theosophists of whom you have certainly heard."

"Yes," I answered, "but what are these souls doing here?"

"They were too much imprisoned in matter and cannot get free to continue their progress; some of them struggle to get free but are held back either by material desires or by the affection of those whom they have loved and who try to keep them in the world where they still are—a kind of hell. Tonight thou wilt be present at the struggle between the lower souls and those who try to free themselves. The fight will soon begin and I have come to help those poor souls longing to pass the threshold separating this hell from the joys of heaven."

I wondered in listening to him if I were not dreaming, but no, it was all quite real: the monk sitting opposite me, as well as an alarm clock ticking loudly which showed it to be nine o'clock.

Guessing my thoughts he said: "No, you do not dream, and I am going to give you the proof, though your best friends might laugh at it. Put your camera on the window-sill looking towards the glacier and point it towards the summit. Open the lens about midnight when I have put out the lamp, but fix your camera very firmly for the tempest will be terrible."

I immediately did as he said and screwed it on to the wood. The monk went out and I followed him. With his stick he traced a circle around the hut and inside it he made some signs which I could not understand.

(To be concluded)

A ROSICRUCIAN CATECHISM

The Vital Body

By EDWARD ADAMS

Q. What ethers are active in the vital body of the animal?

A. The chemical, life, and light ethers.

Q. What faculty does the chemical ether confer?

A. The faculty of assimilation and growth.

Q. What faculty does the life ether confer?

A. That of propagation.

Q. What does the light ether produce?

A. The faculty of generating internal heat and of sense-perception.

Q. Is the fourth or reflecting ether active in the animal?

A. No.

Q. How many ethers are active in the human being? Name them.

A. All four. They are: the chemical, life, light, and reflecting ethers.

Q. Through which ether does the spirit control its vehicles?

A. Through the reflecting ether.

Q. How far beyond the dense body does the etheric or vital body extend, and what is its color ?

A. It extends about an inch and a half: it is luminous and the color of a new-blown peach blossom.

Q. How does the pattern of the physical body compare with that of the vital body?

A. With but one exception, it is an exact copy, molecule for molecule.

Q. What does the vital body do for the physical body?

A. All through life it builds and restores the physical body.

Q. What is the vital body fighting?

A. Fighting against the death of the physical body.

Q. What is the difference between the vital body of men and women ?

A. That of a man is female or negative, while that of a woman is male or positive.

Q. The woman's positive vital body generates an excess of blood, so what takes place to relieve this?

A. The periodical flow, and the tears which relieve emotion.

Q. Why can man usually suppress his emotions without tears?

A. Because his negative vital body does not generate more blood than he can comfortably control.

Q. Does the vital body ever leave the dense body?

A. Ordinarily it does not leave until death of the physical body.

Q. When death takes place, what happens to the chemical forces?

A. They proceed to be restored to primordial conditions by disintegration.

Q. What is the texture of the vital body?

A. It is composed of millions of fine points or prisms (*Cosmo*, p. 10) that enter into the hollow centers of the dense atoms, imbuing them with vital force that sets them to vibrating.

Q. When a person is drowning, falling, or freezing what happens?

A. The vital body leaves the dense body and the atoms become inert.

Q. When resuscitation takes place what is the feeling?

A. An intense prickly pain caused by the re-entrance of these points.

(References: Cosmo, pages 59 to 61)

WESTERN WISDOM BIBLE STUDY

Purification of the Temple

By JANE TEMPLETON



And the Jews' passover was at hand, and Jesus went up to Jerusalem, and found in the temple those that sold oxen and sheep and doves and the changers of money sitting: And when he had made a scourge of small cords, he drove them all out of the temple, and the sheep, and the oxen; and poured out the changers'

money, and overthrew the tables; And said unto them that sold doves, Take these things hence; make not my Father's house an house of merchandise. (John 2:13-16.)

Many of the parables taught by Christ Jesus are repeated in the four Gospels, but this deeply esoteric message is given wholly only in the Gospel of St. John, the one Gospel containing the profound philosophical truths embodied in the religion of the Father. In this parable is indicated the key to the mystery of spiritual regeneration which takes place in the human body, the teaching which is the constant refrain of the Holy Scriptures.

The "temple," as mentioned so many times by Christ Jesus and the apostles, in the symbolical sense indicates the human body. We are each a spark of the Divine Flame, God, and as such dwell in a threefold temple, or body. In this threefold vehicle, connected with the threefold spirit by the link of mind, comes about the process of spiritual regeneration of man-the sublimation or transmutation of the lower carnal qualities of the nature into the higher or spiritual. It was to this body, become materialistic and passion-filled through the influence of the Lucifer Spirits, that Christ Jesus referred, and the scourge of small cords with which he drove out the "changers of money" is the tripartite spinal cord, to the ancient alchemists the crucible of consciousness. From the base of the spine the divine creative force must be lifted (by pure living and loving service) to the heart and head, there to be used on a higher creative plane.

Max Heindel explains the mystery of transmutation as indicated in this parable by pointing out that the alchemists "knew that in the sympathetic section of the cord which governs the functions that have to do particularly with the upkeep and welfare of the body, the Lunar Angels were specially active and this segment was therefore designated as the element salt. The segment governing the motor nerves which expend the dynamic energy stored in the body by our food they saw clearly to be under the dominance of the martial Lucifer Spirits, and they, therefore, named that segment sulphur. The remaining segment, which marks and registers the sensations carried by the nerves, was named mercury. because it was said to be under the dominance of spiritual beings from Mercury. The spinal canal, contrary to the ideas of anatomists, is not filled with fluid, but with a gas that is like steam in that it may be condensed when exposed to the outside atmosphere, but may also be superheated by the vibratory activity of the spirit to such an extent that it becomes a brilliant and luminous fire, the fire of purification and regeneration. This is the field of action of the great spiritual Hierarchy from Neptune and is designated Azoth by the alchemists. This spiritual fire is not alike in every man nor is it as luminous in one as in another. The state thereof depends upon the spiritual advancement of the person in question."

The Astral Ray

Astrology is a phase of Mystic Religion, as sublime as the stars with which it deals, and not to be confused with fortunetelling. The educational value of astrology lies in its capacity to reveal the hidden causes at work in our lives. It counsels the adults in regard capacity to reveal the hidden causes at work in our lives. It counsels the adults in regard to vocation, the parents in the guidance of children, the teachers in management of pupils, the judges in executing sentence, the physicians in diagnosing disease, and in similar man-ner lends aid to each and all in whatever station or enterprise they may find themselves. The laws of Rebirth and Consequence work in harmony with the stars, so that a child is born at the time when the positions of the bodies in the solar system will give the conditions necessary for its experience and advancement in the school of life.

The Sun, Center of Being, and the Elements

By OLIVER LEX

OW many are aware of the vast drama of life which is going on about us every minute of time? Have we ever contemplated what would be the result if our Sun for one moment lost its magnetic attraction to the earth. Cataclysms and chaos would be the instant result. Of this we are assured by all natural and scientific laws. But, has science ever pointed out why this so called phenomenon of nature should exist? You are told only that this is a natural law which exists throughout the universe. Science cannot go beyond anything which is coldly intellectual and capable of proof in concrete example upon the physical plane.

As the Sun is fiery and consists of light it is spiritual in nature and its influence upon man cannot be defined merely by the intellect and the senses, but by the spirit.

In the Bible, the First Epistle of John, chapter 1, verse 5, we find, "This then is the message which we have heard of him, and declare unto you, that God is light, and in Him is no darkness at all." Using this then as a key to the things of the spirit we find that God and light are really indicative of those forces which are of the spirit or spiritual. We must remember that in various recordings of the Bible, God spoke to the elect through the symbolism of fire or light. In both the Old and New Testaments fire plays an important part as an agent of purification and thereby an aid to humanity in its quest for spirituality. How logical it is then to believe that the Sun, the greatest light in our world, is the visible symbol and expression of God.

In all esoteric schools of thought we are told that all of humanity must eventually master the various elements in nature. These are known as Fire, Earth, Air, and Water. These elements are an inseparable part of the twelve zodiacal signs as are also the forces which play through the planets of our solar system.

The Sun is the center of our solar system about which revolve the planets at various speeds and distances. This planetary system in turn travels in an imaginary belt in the heavens, sixteen degrees broad, called the zodiac. The various angles of the planetary rays and the zodiacal signs they are in at the time of birth form astrological aspects, and these aspects determine our status in evolution, showing our strength of character, will, spirituality, determination and ability to cope with life's problems, etc.

The four elements, Fire, Earth, Air, and Water are symbolical and represent spirit, body, mind, and soul. Astrologically these are the various forces in nature and man, which when mastered, will eventually liberate all mankind from this world of sense, so that we can do the greater things in higher realms for which we were originally intended.

EARTHY TRINITY

Considering first the earthy trinity of the zodiacal signs we find that average humanity responds purely to the materialistic side. Taurus, the first of earth signs, will eventually develop true family love through its ruler, Venus. At present



these relations are crystallized by greed and possessiveness. This negative or destructive covetousness has been instrumental in bringing about much of the world's woes. For this reason the sign of Taurus, at home in the second house, is known to rule money, and as long as the affairs of men are gauged by a monetary standard, greed and strife will be a natural result. The only panacea for this greatest evil is summed up by Lowell in the Vision of Sir Launfal:

Not what we give, but what we share— For the gift without the giver is bare; Who gives himself with his alms feeds three— Himself, his hungering neighbor and Me.

The next of the earthy signs is Virgo, the celestial virgin. Virgo symbolizes purity in the sacrament of marriage ties. This creative principle in nature is openly flaunted by sex-control instead of selfcontrol. Let us ever keep before us this principle and realize that self-control is only gained through repeated earth lives of application and prayer and devotion to the higher life of the spirit. Then only can we hope to be born of an immaculate conception, born without sin as was Christ Jesus.

Capricorn, the last of the earthy trinity, is pictured as the goat, ever striving to climb the heights. Saturn, its ruler, encourages us to keep on trying by persistent effort, honesty, wisdom, and sometimes sorrow, to turn our steps toward the upward path. The period of the Sun's entry into Capricorn is celebrated as Christmas, the most holy season of the year, at which time the Christ

> child was born. All humanity rejoices, not only because it is the birthday of the Lord, but also because the Christ Ray has again entered into the confining conditions of the center of the earth and is imbuing our planet with His life and Spirit. In this annual event we can see what a great sacrifice the Sun Spirit the Christ is making in our behalf, and we should ever

strive diligently for the necessary spiritual development to be able to take over this task as soon as possible. But alas, instead of this the Capricornian many times fails in his calling and only considers the struggle of life as a means toward material and social advancement, generally at the expense of those who fall by the wayside.

AIRY TRINITY

Our next consideration is that of the airy signs. The main keynote of the airy signs is mental. The first of these, Gemini, is called the path of the angels and when its forces are used constructively they act as a brake upon the forces of desire.

Mercury, the planet of reason and ruler of Gemini, is symbolized by the caduceus. This is the ancient symbol of Hermes the Great, an Egyptian initiate, and contains within itself the answer to all past and future progress of man. Therefore the planet Mercury and the airy sign Gemini symbolize the liberation of man, because it is only through the constructive forces of the mind, which is the focus between spirit and matter, that humanity will at some future time become aware of the great hosts of beings who are ever working in the Master's vineyard to help liberate humanity.

At present, man's mentality is almost entirely dominated by scheming, despotic, and destructive ideas. As a witness of this consider the condition of the world today. If these destructive ideas were not balanced by prayers of the peo-



ple, and the loving thoughts of helpfulness and service of the Elder Brothers of humanity, the evil and destructive forces would soon bring about cataclysmic disturbances on this planet which would retard man's progress for ages to come.

The symbol of Gemini is an indication of duality or separateness, and plainly points to the necessity of the male-female of the present day. This division of sex is necessary so as to gain the various experiences the ego contacts on the road from clod to God.

Man will again become a bisexual being as he was prior to the fall in the Garden of Eden. The time of this future event is entirely dependent upon man's ability to control his thoughts, desires, and emotions, which teaching is given in the mystery schools of today. Then and only then will the destructive forces of separateness, of mine and thine, be blended by the universal love and understanding which is the basis of esoteric Christianity.

The second sign in the airy trinity is Libra. The Libra influence is indicative of cosmic balance in the universe. This represents man's cosmic bank, for as we balance our accounts and share with others, so do we receive.

Libra is under the mystical number

seven (seventh house), and clearly indicates the connection between man and divinity. Average man is of the earth, earthy, indicating the limitations of the world of sense, but the world also contains the material and substance of all four elements and man must use these elements as an aid toward liberation.

> As Libra rules the marriage tie and partnerships, it is under its dominion that much of life's karma works out, for we are attracted back each earth life into those associations and partnerships which have had unfinished endings in past lives. It is through these repeated contacts and the opportunities which present themselves that we work out our differences. After many

repetitions we finally learn the lessons intended, and then we gain tolerance, the spirit of co-operation, and balance. It is then that we shall understand the Venusian words of Christ Jesus, "Love thy neighbor as thyself."

The last of the airy trinity is the sign Under this mental and hu-Aquarius. manitarian sign the old preconceived ideas of the past must be re-dedicated to the needs of the future. Under its influence, humanity must ever strive toward intellectual perfection, harnessing all thoughts, desires, hopes, wishes, and aspirations toward the unifying principle of brotherly love and altruism. Many, alas, cannot come up to this high standard, and instead use these gifts destructively by mental assault and persecution. In time this will crystallize the forces of the spirit within the individual if he does not mend his ways.

We shall enter the sign of Aquarius by precession of the equinoxes approximately 700 years hence, and are starting even now to experience many of the influences which will prevail then. There will be no place in this coming era for people indifferent to the call of the spirit. We are now living at the end of a cycle known as the Piscean dispensation. If we are to qualify for this coming period of universal brotherhood and peace, it behooves us to apply our full consciousness toward perfecting our spiritual gifts.

In this coming age the leaders of humanity tell us that all swords shall be turned into pruning hooks and that war will be a thing of the past. It is reasonable to suppose then that all past differences of the masses must be liquidated so that humanity as a whole can gain through this coming age. Remember that death and sorrow are symbolized by the planet Saturn, and as Saturn is co-ruler of Aquarius it plainly shows us that destiny must play its part before we are able to proceed according to cosmic law and order, a Saturn principle. After being purged by sorrow and suffering, we shall again be found worthy to enjoy the benefits which will be showered upon humanity at this future day of Aquaria. If we could rise above self we would readily see that Saturn represents a universal principle in nature and is therefore a great benefic, and that Uranus is comparable to the Christ force of the universe, which is the great sustainer or the redeemer.

WATERY TRINITY



Watery signs and planets of a corresponding nature are emotional and psychic. They deal with the feelings, and indicate how these various forces may be used as an aid to the development of soul growth. First in the watery trinity is the sign Cancer.

The ancient Egyptians pictured Cancer with the symbol of the sacred beetle, or scarab, which indicated the soul. Cancer is primarily ruled by the Moon and therefore the lunar forces when fully understood and mastered will help us to gain a maximum amount of soul growth.

Cancer is intensely feminine, not only on the spiritual plane, but on the earth plane as well. Because of this, many people coming under its influences are extremely sensitive, intuitive, psychic, sympathetic, and lovers of the home and its comforts. Cancer may well be called the mother principle of the universe and coupled with its main keyword, fecundation, we can readily understand its relationship as a channel for the incarnating ego. Thus Cancer is called the gateway of life. The sex force in man is a reflection of the creative energy in nature, the Holy Spirit, or Jehovah, who builds bodies by means of the crystallizing Moon forces. Misuse of this power is called the sin against the Holy Spirit, which is not forgiven but must be expiated in impaired efficiency of the vehicles.

The next of the watery signs is Scorpio. We must truly stand in awe when we contemplate the vast horizons of future incarnations which it is possible to direct through the process of regenera-

tion. Scorpio rules the eighth house so it is true that "all that opens the womb is subject to the sting of death, contained in the Scorpion's tail." As death on the physical plane is in reality birth into the spiritual realms, we can readily see that birth and death are only states of consciousness through which the ego is constantly going, so that eventually he will master all conditions on all planes.

Scorpio, ruling the hidden side of nature and the eighth house, shows the latent occult ability ready for development by which many people are attracted toward seeking the answers to the riddle

of life and death. The last sign of the watery element is Pisces. It is known as the sign of compassion and unfoldment, but also of sorrow, limitation, and self-undoing. The esoteric astrologer realizes that this is only because of the high destiny involved in the highly mystical sign Pisces. The symbol itself is composed of two moons back to back and connected by a bar (\bigstar) which indicates a tremendous outwelling of emotional or lunar energy, not properly controlled by humanity of the present day.

As Pisces is the twelfth house sign and the last of the zodiacal signs, it also represents man's past destiny, and those karmic ties which must be liquidated before he can continue on the higher path. If therefore the individual's twelfth house, and the sign of Pisces are afflicted, he would do well to analyze himself thoroughly, and make a definite effort to correct his faults.

FIERY TRINITY

nated as the first point of Aries. This day is also known as the first day of Spring. It is therefore with the deepest reverence that the esoteric student attends the vernal equinox service. He knows that the Christ (Sun Spirit) is again released from the cramping confines of the earth at Eastertide and therefore worships at the shrine of the risen Christ.

The vibratory force of Aries is essentially spiritual, but today this spiritual vibration has been lowered because of too much materialism. Being perverted this energy is used almost exclusively for personal gain and selfishness. This is due mostly to the influence of Mars, which many times holds people in bondage, because of uncontrolled desires, emotions, passions, and temper.

If we would like to work constructively with our Arian gifts, our first

> consideration should be the welfare of others, and in order to attain this possibility, let us remember the words of the initiate Goethe, who said, "From every power that all the world enchains, man liberates himself, when self-control he gains."

> The second of the fiery signs is the zodiacal sign of Leo, ruled by the Sun. The Sun is not only the center of our solar sys-

tem in the macrocosm, but because it rules the human heart astrologically and is placed in the center of man's anatomy, it may be said that the Sun is also the ruler of man the microcosm. It is for this reason that the Sun is called the power house of man.

Within the left ventricle of the heart is located the seed atom of the physical body. At death this seed atom is ruptured, and man is released from his physical body, so that he may continue his evolution in the heaven worlds. The true mystic, who controls the functions of heart and mind, need not wait for death to investigate these inner realms, but can do so consciously under the control of his will. Is it so hard to envisage,

The last of the elements are the fiery signs. The first of these is Aries. Being the first sign in the zodiac, Aries indicates the beginnings of things and new opportunities. As it is fiery or spiritual in essence, it was only cosmically possible under this sign to usher in the Christian religion. This occurred when the Sun by precession entered about the seventh degree of Aries, and therefore Christ Jesus was known as the Lamb (Aries) of God.

The Sun, home of the Solar Christ, is exalted in Aries, and this drama of the cosmos is re-enacted annually as the Sun, our day star, crosses the celestial equator and enters the first degree of the intellectual zodiac, which is desig-



then, that the Sun in the horoscope represents the real spiritual *you*, and that through sign, position, and aspects, it denotes the spiritual lessons to be mastered in this life?

The sign of Leo and its ruler the Sun greatly influence the love nature in man. As the Sun is the visible symbol of God, it behoves all humanity to change this symbol into a living reality, and strive ever onward to that divine goal for which humanity was intended, and which it must eventually achieve.

Our last consideration of the fiery signs is that of Sagittarius. The symbol of the archer clearly expresses the high spiritual ideals and mental effort (Jupiter) which are so noticeable in the true Sagittarian. As the archer is half animal and half man, it indicates the duality of man and the tendency to scatter his forces intellectually and spiritually. The human part represents the higher side of man's nature which is ever striving upward, while the animal part indicates man's carnal nature which is enmeshed in materiality, and ever dragging man downward toward crystallization and degradation.

The sign Sagittarius, the ninth house, and the ruler, Jupiter, are all indications of a religious nature. Being religious is not always the same as being spiritual. Religion is the external or form side of the ancient mysteries, whose true significance has been lost to the masses through the ages. Spirituality is that force of the spirit which is gained by living the Christ life, meeting and overcoming the daily problems of life as they arise.

Ignorance of cosmic law breeds superstition and it was never intended by the Lords of Destiny that humanity should be kept in ignorance about the mysteries of life. Christ Jesus told His disciples: Seek and ye shall find. Knock and it shall be opened unto you. Sagittarius, the archer, seeking heavenly things through high ideals, and Jupiter, rich with the spiritual gifts learned through

benevolence, ideation, and philosophy, synthesized with the ninth house affairs of the higher mind, is plainly the open sesame to the treasures of the spirit. Then the lower animal form as pictured in the Sagittarian zodiacal sign will be transmuted into the higher archer, and the archer himself will have realized his high ideals and instead of shooting at the stars will have mastered them.

With the esoteric key to astrology we can help to unlock the doors of ignorance and superstition. Only then can we hope to educate the masses of people who are struggling in the darkness of despair because their eyes are blinded to spiritual truth. Let all who are enlightened with this marvelous Western Wisdom Teaching help to alleviate the sorrow and suffering which are in the world today. One of the first laws of self-mastery is Man, know thyself. Let us undertake to learn the truth, and as Christ Jesus said, "The truth shall make you free." Knowing that truth is light and according to St. John 1:5, that "God is Light," let us strive to bathe this planet in a sea of light and understanding, so that in reality our planet will be a Sun, and all mankind shall "walk in the Light as He is in the Light."

Our Part

By SAMUEL THOMSEN

The world was made to do a work And so was every man Each has his part, his work to do In the great cosmic plan.

But if we shirk our share of work Then some one else must do Not only theirs, but ours as well And who's the payment to?

So let's put our shoulder to the wheel Though our strength be great or small And do our part, with a cheerful heart Let's heed the cosmic call.

The Bible Story in the Stars

By ZEL L. MORRIS

The Constellation



of Taurus

"For the indignation of the Lord is upon all nations, and His fury upon all their host; He hath utterly destroyed them, He hath delivered them to the slaughter ... For it is the day of the Lord's vengeance." (Isa, 34: 2, 8.)

(IN TWELVE PARTS-PART NINE)

N this third and last group, of Taurus, Gemini, Cancer, and Leo, we come to the concluding portion of this Heavenly Revelation. Its subject is Redemption completed and consummated in triumph. No more sorrow, suffering, or conflict. We have now done with the prophecies of "the sufferings of Christ" and have come to those that relate to "the glory that should follow."

No more reference now to His first coming in humiliation. No more coming "forth" to suffer and die, a sacrifice for sins; the reference now is only to His second coming in glory; His coming "unto" this earth is not to suffer for sin (Heb. 9:28), but it will be a coming in power to judge the earth in righteousness, and to subdue all enemies under His feet. In the following four chapters we shall see the prophecy of the coming Judge of all the earth; the twofold nature of the coming Ruler: the Messiah's redeemed possessions, the Redeemed brought safely home, all conflict over; and the Savior's consummated triumph.

TAURUS

The old Egyptian Zodiacs called this figured bull by names signifying the head, the captain, the mighty chieftain who cometh. There are several Hebrew words for bulls and oxen, but the common poetical term is *Reem*, conveying the idea of loftiness, exaltation, power, and pre-eminence. The brightest star in the sign is Al Debaran, the leader or governor. There is also the cluster of stars high on the Bull's back, known as the Pleiades, which through Greek translation of the Hebrew kimah means the heap or accumulation. The brightest of these "Seven Sisters" is Al Cyone, which means the center, giving the idea to some astronomers that it is the center of the whole universe. Another group of stars in the sign is called The Hyades, which has the similar meaning of the congregated.

Among the early nations there was a wide-spread idea connecting this Bull with the Deluge, and the Pleiades of "sweet influences" with the ark of Noah and those saved by it in that great judgment. The Pleiades, according to the myths, were the seven daughters of Atlas, the upholder of heaven and earth, who with their half-sisters, the Hyades, in the Bull's head, were placed in heaven because of their virtues and mutual sympathy and affection. They beautifully symbolize the saints who are securely supported by the terrible Judge, and who, together with the holy angels whom they are like, thus move with Him and His inflictions upon the guilty world.

The Scriptures everywhere tell us of a period of indignation, when the Lord shall come forth out of His place to punish the inhabitants of the earth for their iniquity; when He will no longer keep silence; when the earth shall disclose her blood and shall no more cover her slain. (Isa. 26:21.) He is very longsuffering now. Men sin, but His judgment does not quickly follow upon transgression. Sin is added upon sin, and wickedness upon wickedness, and yet the Lord keeps silence, not willing that any should perish but that all should come to repentance. But there is a limit to His forbearance. His own word is: "Behold, the day of the Lord cometh, cruel both with wrath and fierce anger, to lay the land desolate: and he shall destroy the sinners thereof out of it. . . . And I will punish the world for their evil, and the wicked for their iniquity; and I will cause the arrogancy of the proud to cease, and will lay low the haughtiness of the terrible. The earth shall remove out of her place, in the wrath of the Lord of hosts, and in the day of His fierce anger. Every one that is found shall be thrust through." (Isa. 13.) "Behold the Lord cometh with ten thousands of His saints to execute judgment upon all and to convince all that are ungodly." (Jude 14, 15.)

ORION

The spelling of this name was anciently Oarion, from the Hebrew root which means light: the ancient Akkadian name was Ur-ana, the light of heaven. The book of Job speaks of Him as invincibly girded, whose bands no one can unloose. Betelgeuse, flaming on his right shoulder, means The Branch coming. The star Rigel, in His lifted foot, means the Foot that crusheth. In his great belt are three shining brilliants, called the Three Kings, also Jacob's Rod (Isa, 11:1), also the Ell and Yard, giving the rule of celestial and righteous measurement, just as it is said of the Rod and Branch from Jesse's roots, "Righteousness shall be the girdle of His loins, and faithfulness the girdle of His reins." (Isa. 11:5.) In his left breast shines Bellatrix, which means Swiftly coming or Suddenly destroying. Other Arabic names of stars here are Al Giauza, the Branch; Al Mirzam, the Ruler; Al Nagjed, the Prince.

In the myths Orion is described as the

greatest hunter in the world, able to cope with and conquer every animal on earth. He cleared the country of all noxious wild beasts. One account is that an enemy came upon him when he was asleep one day and put out his eyes. He recovered his sight by turning his face to the rising sun, and went forth to avenge the perfidious cruelty of his foes.

ERIDANUS

From beneath the down-coming foot of Orion, there flows out a great tortuous river, down into the regions of darkness in the underworld. This is Eridanus, the River of the Judge. It is specially connected in the myths with a confusion in the management of the chariot of the Sun, by which heaven and earth were threatened with a universal conflagration, during which trouble the vain and obtrusive Phaeton was killed by a thunderbolt from Jupiter and hurled headlong into this river, in which his body burned and was consumed with fire, while at the same time such burning heat fell upon the world that it dried up the blood of the Ethiops and turned vast sections into sterility and emptiness.

"For behold, the Lord will come with fire, and with His chariots like a whirlwind to render His anger with fury, and His rebuke with flames of fire. For by fire and by His sword will the Lord plead with all flesh; and the slain of the Lord shall be many." (Isa. 66: 15, 16.) "Who can stand before His indignation? and who can abide in the fierceness of his anger? His fury is poured out like fire." (Nah. 1:6.)

The River of Fire, issuing from before Taurus and Orion shall receive the guilty and unbelievers. The burning breath of the angry Judge shall sweep them headlong to "the lake which burneth with fire and brimstone." (Rev. 20: 14, 15.)

AURIGA

We have had the picture of a mighty Bull rushing forth; then the fiery river of the Judge, and now we see a Great (Continued on page 382)

Astrological Readings for Subscribers' Children

We delineate each month in this department the horoscope of ONE of our subscribers' children, age up to twenty-one years. This includes a general reading and also vocational guidance advice. The names are drawn by lot. Each FULL year's subscription, either a new one or a renewal, entitles the subscriber to an application for a reading. The application should be made when the subscription is sent in. The applications not drawn by lot lose their opportunity for a reading. Readings are NOT given with EACH subscription, but only to the ONE CHILD whose name is drawn each month.

In applying be sure to give name, sex, birthplace; and year, month, and day of birth; also hour and minute of birth as nearly as possibe. If the time of birth is Dayight Saving Time, be sure to state this, otherwise the delineation will be in error.

We neither set up nor read horoscopes for money, and we give astrological readings only in this magazine.

O. S. T. (Girl).

Born November 24, 1924, 7:04 A.M. Latitude 41 N. Longitude 74 W.



We have a horoscope here which has the common sign Sagittarius on the Ascendant and common signs on all four angles, which denotes a pliable and changeable nature. Common sign people are usually kindly and fit into their environment very harmoniously, but should inharmony become their fate they suffer physically as a result.

Sagittarius on the Ascendant with Jupiter the ruler in its own sign and in the 1st house conjoined to the mental planet Mercury will give this girl a wonderful personality and a very bright mind. She will express generosity, constancy, and justice, and the Sun also on the Ascendant and semisextile to both Saturn and Venus will add balance and determination. Mercury and Jupiter are favorably aspected by a trine to the mystical and occult planet Neptune which is strong in the 9th house in the royal sign Leo. We would advise the parents or guardians to guide the mind of this young woman into these higher lines of thought, and to give her opportunity of education in voice and public speaking. With this preparation she can express the principles which are shown in the 9th house of religion and the higher mind. She may some day be able to serve humanity in a most necessary field, leading people to serve their God understandingly. The planetary indications which we find on the Ascendant are most promising for this development.

With Mars and Uranus conjunction in Pisces in the 3rd house she could develop the gift of writing and as Mars is the ruler of her 5th house, the house of publications, we may predict that what she wrote would find favor with the publishers. She will always find friends, both among women and aged people who will be ready to help when needed.

Venus in Scorpio gives her a love of luxury and the good things of life which she should learn to control; this also gives her a deep religious devotion which often furnishes an outlet for overcharged emotions.

Pluto posited in the 8th house in Cancer, the sign which has rule over the stomach, shows that she would develop habits of wrong eating unless she is guided aright. Pluto has been called the freak planet, and when placed in Cancer, often causes freakish habits of eating. Therefore we would advise this young (Continued on page 383) THESE PAGES are a free service for readers—whether subscribers or not. Advice is based on the horoscope; therefore please give us the following information: Sex, place of birth; year, day of month, and hour; full name. No readings given except in the Magazine and only for persons over 14 years old.—EDITOR.

Writer

LAVINIA T. B.—Born April 15, 1892, 3:54 A.M. Lat. 40 N. Long. 75 W. Neptune, Pluto, and Venus are conjoined in Gemini, the sign of the hands in the 3rd house, and all three planets are sextile Jupiter in Aries in the 1st house; these are marvelous indications for authorship, a writer of an unusual type, especially along mystical lines, or pertaining to religion.

Office Work

ANNIE L. K.—Born April 17, 1894. Lat. 25 N. Long. 82 W. No hour given, which interferes greatly in giving a clear reading; however, with three planets in Gemini, the sign of the hands and of the objective mind, namely, Jupiter, Pluto, and Neptune, and Jupiter sextile Mercury in Aries, also Neptune trine Mars, would indicate cleverness and speed with the hands, hence we would advise clerical work, such as filing, typing, bookkeeping, and general office work.

Illustrator. Designer

RONA 'LIZABETH W.—Born June 10, 1922, 2:15 A. M. Lat. 44 N. Long. 123 W. Taurus on the Ascendant and the life ruler Venus in Cancer, sign of the home, the Sun in Gemini, the sign ruling the hands, semisextile Venus, sextile Neptune and trine Jupiter, the last in the Venusian sign Libra, shows an artistic nature, which may be expressed as illustrating, decoration of the home, designing.

Lawyer

PATRICIA O.—Born July 8, 1925, 5:00 P.M. Lat. 48 N. Long. 122 W. We have for this vocational reading a young woman who asks if she could be a success as a lawyer. We find Mars, Mercury,

Venus, and the Dragon's Head all conjoined in the positive, fixed, and fiery sign Leo, giving a wonderfully keen and quick mind. With Venus conjunct the Dragon's Head she would have the gift of speech which could win her case if called upon to plead in court. Yes, by all means, we would advise this young woman to take up law and specialize in cases where the settlement of estates is involved.

Caterer

VENCESLAUS K.—Born September 3, 1916, 8:15 P.M. Lat. 43 N. Long. 88 W. As the sex is not given with this unusual name we name a vocation which can be followed by either. Pluto, Venus, Saturn, and the Dragon's Tail are all in the 4th house in Cancer which has rule over the home, foods and beverages. People with many planets in Cancer are usually interested in foods and make good cooks. Pluto sextile Jupiter in Taurus and to the Sun in Virgo strengthen the interest in the Cancer occupations, hence we may advise catering in foods or handling of soft drinks.

Surgical Nurse

MIRIAM G.—Born October 23, 1912, 8:28 P.M. Lat. 39 N. Long. 90 W. We have a horoscope here with the Sun, Mars, Mercury, and Venus all in Scorpio, the sign which indicates the surgeon or doctor. Venus is trine Neptune and Saturn and Pluto in Gemini, the sign ruling the hands, conjunct the Ascendant, indicating caution and sureness in the use of the hands. A clever surgeon or a nurse is indicated.

Artist

FRANCES M. T.—Born February 15, 1905, 9:05 A.M. Lat. 41 N. Long. 82 W. This woman says she is particularly interested in art. We find Venus and Jupiter in Aries on the Ascendant in the 1st house, Venus is sextile Mercury and Pluto, Jupiter is sextile Pluto, Saturn, and the Sun; and the Moon is conjoined with Neptune in Cancer, the sign of its exaltation. All these planetary aspects and positions give talent for art, but of a nature which is associated with publications; the 5th house and the sign Cancer are strongly fortified which indicates magazine illustrations, either in black and white or colors.

Pilot

WILLIAM R.—Born June 12, 1909, 11 A.M. Lat. 48 N. Long. 123 W. The Sun, Mercury, Pluto, and the Dragon's Head which is of a Jupiterian nature are all in the airy sign of Gemini, and in the 10th house, representing the government. All four are sextile Saturn in Aries, also the Sun and Dragon's Head are sextile the Moon from the same sign. These are very strong indications of success in a vocation connected with airplanes and with the government.

Pattern Maker

JAMES H.—Born August 21, 1903, 6:00 A.M. Lat. 47 N. Long. 123 W. A horoscope with the planets scattered in 10 houses. Such natives find it hard to concentrate their efforts, they do not stay long enough at one thing to make a success. However, in this horoscope we have Jupiter, Mars, Sun, Venus, and Mercury all strong in their own home signs which will strengthen the horoscope. Pattern maker, art work in mechanics, drawing the designs of machinery, etc., would be the best vocations to hold the interest.

Dietitian. Nurse

HELENA I. R.—Born September 9, 1885. Lat. 38 N. Long. 122 W. We find four planets near the Midheaven: Mercury, Jupiter, Sun, Moon, also the Dragon's Head, all clustered in Virgo, ruled by Mercury; this sign is the chemist of the zodiac, also the nurse. Virgo people are usually interested in healing and in the preparation of foods for patients. Mercury and the Moon in this sign well aspected indicate that this woman should succeed in the chemistry of food, as a dietitian, or in the making of food concentrates.

Art. Architecture

ALICE M.—Born November 8, 1921, 8:25 A.M. Lat. 38 N. Long. 122 W. Four planets and the Dragon's Head are in Libra and elevated in and near the 10th house. With Mars, Saturn, Jupiter, Dragon's Head, and Venus, its ruler, in Libra, trine the Moon in Aquarius, we would advise art, either decorative art or architectural drawing.

Salesmanship

VICTORIA O.-Born February 23. 1923, 8:00 P.M. Lat. 43 N. Long. 71 W. This horoscope has the planets scattered in ten signs and so many squares and oppositions that it is difficult to give a reliable vocational reading, for the reason that while the native will be very versatile she is inclined not to stay with a vocation long enough to become efficient. The two strongest planets are Mars in its home sign (Aries), and Saturn opposition in the 1st house. These two planets while afflicting each other, are in cardinal signs and in angles which will be an advantage for Mars is trine Neptune and Saturn is sextile to this same planet. Venus in Capricorn sextile both Uranus and Jupiter will give artistic tendencies. but along the line of trading with the public, salesmanship, or work where the person attracts the public through art.

Restaurant

JACOB G.—Born August 11, 1916, 1:30 A.M. Lat. 40 N. Long. 75 W. Cancer, sign of the stomach, is on the Ascendant, and Pluto and Venus conjunct each other in the 1st house. With these two planets making the greatest number of aspects we would advise catering, handling of soft drinks, or operating a restuarant.

Worth-While News

TAR

THE ASTRAL INT .

The Choice of a Boy or Girl

The newspapers and popular magazines have heralded the announcement that science can fix the sex of babies. One must view this from different standpoints. Will the possibility which is implied add to the world's troubles or, by making certainty out of uncertainty, contribute anything to happiness? Prospective and potential parents naturally have an interest in the claim that the sex of their young hopeful can be made to order, and that they may have a girl baby or a boy baby according to individual preference or desire.

The glowing accounts of what has been accomplished by experiments in the laboratory with rabbits and rats does not mean that such results are readily transferred to human beings or that isolated instances of a boy or girl baby, according to desire, prove the truth of the theory that the choice may easily be achieved by acid or alkaline diets. And if you could control the matter in such a simple fashion, would it in the end be wise? No, it were better to let Nature decide. . . It were better if all of these speculative theories were set aside and more attention given to the production of healthy babies, be they boys or girls.

As the final outcome is surrounded with so many uncertainties, the failure of mother to bring forth the expected kind of baby, will lead to incrimination and disappointment, and of what use is it all? Any normal, healthy baby should be welcomed, whether it be boy or girl. The world needs both.... G. W. K. Reprinted from "Briefs" published by Maternity Center Association..... Nature's Path, June 1941.

The major work to be accomplished during the earth life of each incarnating spirit is decided in the Third Heaven before the spirit leaves that region on its way to rebirth. There it is shown by the Recording Angels the various incarnations available. It sees each of them much as a moving picture passing before the vision, the panorama containing only the principal events, leaving the spirit free will as to details. When the spirit has made its choice it is bound by that choice to learn the lessons contained in the panorama, to go through with the adjustments of debts contracted in former lives and now ripe for liquidation. Such work and adjustments cannot be avoided; any attempt on the part of the spirit to do so is always frustrated.

When a spirit is ready for rebirth the sex of the reincarnating ego is first decided, and the work of the future earth life must be in harmony with the vehicle through which it is to be accomplished. The law of alternation usually determines the sex of the individual but this law is subject to modification when the working out of certain events in the life of the individual makes it necessary.

When the spirit reaches the Etheric Region on the return journey to the earth, it is helped by the Recording Angels, or their agents, to draw to itself a sufficient amount of ether out of which to build a matrix for its new physical vehicle. The ethers are positively and negatively polarized. Consequently, if the new body is to be female, then the etheric matrix around which it is built is made solely of positive etheric atoms, and they will unerringly draw to themselves negative physical atoms, and the resultant body will be female in structure. If. on the other hand, the etheric matrix is composed solely of negative etheric atoms, it will always attract to itself positive dense atoms, with the result that the physical body built will be masculine in structure, for life, like electricity, requires both positive and negative expression; otherwise it cannot manifest.

According to the foregoing it is evident that the sex of an individual is not of so little importance that it can be decided by the particular whims of its parents or by the intercession of any one else. We come to life's school to learn certain lessons which will further us on the path of evolution, and our equipment must be and is such as will best fit us to accomplish the work we have come to perform. This is under the supervision of the Intelligences known as the Recording Angels, who, so far as their work is concerned, leave nothing to chance.

Relics of 5000 B.C. in Arizona

TUCSON (Ariz.) May 4.—A.P.—Evidence indicating the Southwestern United States was inhabited by Man 5000 years before the birth of Christ has been discovered in a cave on the Papago Indian Reservation, Dr. Emil Haury, University of Arizona anthropologist, reported today.

Arizona anthropologist, reported today. Dr. Haury said nearly 7000 years of human history in the Southwest was disclosed in chronological strata in 12 feet of debris on the floor of the cave.

Stone-age implements of the 5000 B.C. era were found in the bottom layer of rubble, Dr. Haury said, expressing the opinion the cave was occupied continuously from that time to 400 A.D., and since then only occasionally.

The cave is 150 feet long, with a habitable shelf 25 feet wide, 5 feet high at the back and 50 feet in front with a small spring in one corner. The walls bear paintings in red, black and white.

In the top layer of floor dirt were found glass and metal ornaments of the modern Papago Indians who use the cave each June while harvesting fruit of the Saguaro cactus.

As the scientists went deeper, Dr. Haury reported, they found what they believed to be the first evidence of the physical appearance of the Hohokam peoples who lived in the middle centuries.

Nine "reasonably good mummies," apparently of Hohokam people of the 1000 to 1400 A.D. period, were found in the cave, Dr. Haury said.—Los Angeles Times, May 5, 1941.

A somewhat remarkable statement was made by a learned Dean of Cambridge University less than a century ago that the world was created on Friday, the tenth of October, 4004 B.C. at nine o'clock in the morning.

Geology divides the evolutionary processes and formations of the earth into a series designated as times, ages, eras, and periods. The most remote time, called the Archean, places the date at more than three and a half million years ago, according to latest scientific findings.

The occult scientist who reads directly from the memory of nature finds that the process of evolution is divided into seven great periods, known as the Sat-

urn, Sun, Moon, Earth, Jupiter, Venus, and Vulcan Periods; that creation has passed through the Saturn, Sun, and Moon Periods and is now in the second half of the Earth Period, and that it has three more great periods through which to evolve before the scheme is completed. He also knows that the earth as we know it now was once located on the sun and was not thrown out from it until about the time called by geologists the Cambrian and designated by the occultist as the latter part of the Hyperborean epoch, when the earth's incrustation had progressed so far that it had become an obstacle to the progress of some of the higher evolved beings on the sun. The earth, therefore, was not a separate planet until this time, and at a still later date it threw off the moon from itself for the reason that it had crystallized the part of the earth occupied by it to such a degree that it had become as a huge cinder or clinker in the otherwise soft and fiery earth.

According to the foregoing it is evident that the geologists are making rapid progress in their studies relative to the formation of the earth's crust and the time required to form it as it now appears. It is also surprising that they have accomplished so much with so little evidence with which to work. H. G. Wells in his valuable treatise, The Outline of History, has approached the truth startlingly near in his delineation of the evolution of form; it is to be hoped that with his remarkable insight he will, in the not too distant future, discover life, the manifestation of which is back of all form creations. Possibly he has, but is not yet ready to reveal his findings to the world for reasons best known to himself.

It is equally evident that the orthodox Christian will have to come into a realization of the fact that the Bible, being a deeply occult book, cannot be taken literally in relation to all of its statements, many of them being veiled to those who have not yet evolved to where they are ready for the deeper meanings.

Question Department

The Study of Occult Philosophy Should Be Beneficial

Question :

If an individual is inclined to be highstrung and nervous do you think there is any danyer of unbalancing the mind in studying a deep subject like your philosophy?

Answer:

The Rosicrucian Philosophy and all other philosophies similar in character which explain the finer forces of nature that operate both in the visible and invisible worlds and which ordinary man does not cognize are purely educational in nature. Therefore there is nothing any more disturbing or unbalancing about these subjects when studied from the standpoint of knowledge than there is in the study of natural philosophy, electricity, or chemistry, all of which deal with the activities of some of the finer forces of nature. If, however, in addition to these studies an individual begins without the instruction of a competent director to practice developing exercises which sensitize his finer vehicles unduly and let in forces from the invisible worlds which he is not prepared to encounter, then he may incur the danger of becoming unbalanced in one or more of his vehicles.

Again, if one does not use discrimination in these matters and neglects his regular duties for the sake of delving more deeply into the finer forces of nature, he may become one-sided in his development, which may tend to negativeness, with the result that he may open himself up to some of the forces on the inner planes which he is not equipped to

handle. Then he may lose his poise. There is also danger in encouraging spiritualistic phenomena, as one runs the risk of opening his aura to the admission of disembodied spirits who are likely to have a very derogatory influence on him.

On the other hand, if one exercises good, common sense in connection with the study of occult philosophy, the same as he does when studying material science, then only good will result, for the knowledge that one obtains from an understanding of occult philosophy enables him to advance in evolution at a very rapid rate for the reason that he is able to co-operate with the laws of nature, and therefore avoids the ignorant violation of them which so often results in real disaster. Furthermore, he performs his daily duties in a manner which will perfect his vehicles and put him in possession of faculties which the ordinary individual may not develop in many lives to come.

DEFINITE INSTRUCTION IN THE PROCESS OF SPIRITUAL UNFOLDMENT

Question :

In your literature you state that in the beginning God differentiated us within Himself, a multitude of spiritual intelligences, all *potentially* as omnipotent as Himself, and that the work of each of us is to develop these latent potentialities into dynamic powers available for use at any moment and under the direct control of the will. Can you give me some definite information as to how this work is done?

Answer:

This question is asked so often that we

are going into considerable detail in making the subject clear to our readers.

One of the principal objects of The Rosicrucian Fellowship is to assist its members in the attainment of spiritual development. The method is very definite and its various steps clearly defined.

Each spirit when first differentiated within the body of God in the world of virgin spirits has the appearance of a point of light vibrating at an enormous rate of speed. The vibration, however, does not consist of a single rate of speed but of three different rates; and while the whiteness of the light is of inconceivable brilliancy, upon a closer investigation it is found to contain faint shades of what might be termed the germ of the three primary colors, blue, yellow, and red. These vibrations incorporate within themselves the three potential powers and spiritual vehicles of the virgin spirit, which are commonly designated as the divine spirit, the life spirit, and the human spirit, or threefold spirit. It is the development of their potential powers that transforms the virgin spirit into a creative God. Each spirit must take every step on the path of evolution by itself, but it is helped by others who have gone the same way before.

The process of developing these latent potentialities into dynamic powers is as follows: Through a long period of time known as involution the virgin spirit acquires its spiritual vehicle, the divine, life, and human spirit, and learns to build a threefold body, the dense, vital, and desire. In this work it is continually instructed by Beings more advanced in the School of Life. When these bodies have reached a certain stage in development, the virgin spirit enters and connects up with them by means of the link of mind, and then the real process of spiritual development begins.

The food necessary for spiritual development is soul essence or extract, and this is obtained from the threefold body. Each aspect of the spirit requires a different food. The food required by the divine spirit is extracted from the dense body, the food required by the life spirit is extracted from the vital body, and the food required by the human spirit is extracted from the desire body.

The method employed in extracting this food or nourishment is as follows: Right action in relation to external impacts, experiences, and observation alchemically extracts the conscious-soul essence from the dense body and brings to the virgin spirit a better environment and opportunities in the next life. The conscious soul thus extracted nourishes the divine spirit and gradually develops its latent potentialities, some of which are the positive polarity of the virgin spirit- the Father Fire principle, dynamic power, will, reason, and intellect. We call this spiritual food the conscious soul.

The food essence for the intellectual soul is alchemically extracted from the vital body through the process of discrimination in distinguishing between the important, essential, and real, and the unimportant, unessential, and unreal, and through the exercise of memory. This gives the virgin spirit a better temperament (disposition) in the succeeding life. This intellectual-soul food nourishes the life spirit, and develops its latent potentialities, chief among which are the negative pole of the spiritwhich is the nurturing, enfolding principle-the wisdom-love principle, the imagination, and the principle of light.

From the desire body the virgin spirit extracts the emotional-soul essence. This alchemical process is brought about through curbing the animal instincts, devotion to high ideals, and lofty feelings and emotions generated by right action and purifying experiences. This automatically gives the virgin spirit a better mind in a future life. The emotional soul essence nourishes the third aspect of the virgin spirit, the human spirit, and develops its latent potentialities, which manifest as activity, epigenesis, germination, growth, and expansion in the various evolving kingdoms.

Nutrition and Health

Rosicrucian Ideals

The Rosicrucian Teachings advocate a simple, pure, and harmless life. We hold that a plain vegetarian diet is most conducive to health and purity; also that alcoholic drinks, tobacco, and stimulants are injurious to health and spirituality. As CHRIS-TIANS we believe it to be our duty to avoid sacrificing the lives of animals and birds for food, also, as far as possible, to refrain from using their skins and feathers for clothing. We hold vivisection to be diabolical and inhuman.

We believe in the healing power of prayer and concentration, but we also believe in the use of material means to supplement the higher forces.

Our motto is: A SANE MIND, A SOFT HEART, A SOUND BODY.

What! No Meat?

By C. DUDLEY ROBERTS

O one who sees Intelligence creating and actuating every living organism and its functions it is inconceivable that there should be found an exception to the rule in any of the living structures Mother Nature makes in such vast numbers.

Most of these structures are very much alike, and on examination prove to be made up of quite ordinary and often relatively simple units, the constituent parts of which, sometimes, exist first in the cell as independent molecules but which, more often, are joined together by more or less stable units to form larger and much more specialized structures.

Mother Nature though economic in her methods always contrives to produce much variety and profusion with very limited resources, e.g., even such a complicated structure as a molecule of serum protein is turned out by her by the million, with each and every one alike. This profusion and similarity is decidedly a fortunate occurrence for it enables man to know a great deal more about these structures and their functions than he could possibly do otherwise.

Therefore when we discover in Nature link after link joined together and, eventually, becoming part of a particular design and serving a specific purpose, it is hard to believe that the ultimate end itself was not thought of from the very beginning.

As we saw from a previous article ("Chemically—the Physical Body Is a Parasite") man depends entirely on the plants for his physical existence, because he is the most helpless of living things inasmuch as everything he has to use must come to him ready for use or nearly so. In fact, man could not exist on earth without vegetation for it is the plants that manufacture the carbohydrates, fats, protein, vitamins and minerals which constitute his diet and without which he would surely die.

It is quite evident that Nature intended man to exist on plants. As a matter of fact he does so whether he likes it or not for every food (including all flesh foods) is a product resulting from the assimilation of plants as food; and flesh foods became part of his diet largely through ignorance and necessity.

A digestive tract is the oldest part of any organism for life means growth and growth is not possible without an alimentary canal of some sort nor is it possible for any environmental change not to be reflected in the structure of the digestive tract. Now as it takes Mother Nature millions of years to accomplish
radical changes, her goal being perfection with the element of time not involved, we know that man's present digestive tract is much the same as it was in his prehistoric past. Its construction and function indicate that in the dim past man's diet did not consist solely of flesh foods but definitely was made up largely of bulky materials which were not totally digested and had to be eliminated as waste. Yesterday his intestines demanded bulk for their efficient operation, they do today and will continue to do so tomorrow, notwithstanding the efforts, successful or not, of chemists to supply man with all of his necessary food elements out of test tubes. So whether he likes it or not he will have to continue the eating of fruits and vegetables or some other bulky substances in order to supply his intestines with the bulk they need for efficient operation.

In the beginning man's food, of necessity, was composed largely of fruits, roots, nuts, and vegetation growth of all sorts; these things were stationary, required no skill in their taking, and were always there, in their seasons, to satisfy the cravings of hunger. When he could not obtain these things for food there is no doubt living creatures of whatever class available of necessity added to, or entirely composed, his food supply.

Today with an extensive supply of splendid, clean foods available, man has no occasion to offend his stomach or his sensibilities with dead bodies for he may select other foods that do not so offend and which, in addition, meet all his nutritional requirements, are easy to digest and provide a reserve supply of energy in the body.

The subject of nutrition is excellently treated in many good textbooks and there is no intention of going into that matter here; it is proposed, however, to present a brief word-picture of the different food elements which enter into the modern diet in order that the problem as a whole may be properly appreciated. With these values fixed in our mind then the exclusion of the flesh foods from the modern diet may be considered intelligently.

The modern diet must satisfy the cravings of hunger, support life, and provide a surplus which may be used either for growth, to restore normal weight, or to meet an emergency, such as restoring the body to physiological and psychological balance after an emotional disturbance. The modern diet must supply the three kinds of fuel foods, carbohydrates, fats, and proteins, so that there is a predominance of carbohydrates and neither fat nor protein are present in large proportion, a ratio that enables these foods to be used to the greatest advantage. Then as we eat, digest, and assimilate our food the result is a stream of energy from which materials for constructive purposes are withdrawn as needed by the body. The regulatory substances, vitamins, minerals, and water, must also be present in sufficient and proper proportion.

The Carbohydrates and Sugars

Muscular work is done preferably and most economically by the carbohydrates and these when eaten in excess of needs are stored up in the liver, and muscles to some extent, as glycogen, and after chemical change as fat in other parts of the body.

The cereal grain foods as a class are primary sources of carbohydrates and secondary of proteins, which, although not adequate in themselves, become of great importance and practical value when properly supplemented by milk.

Cereals are somewhat low in minerals and lack vitamins A, C, and D; vitamin G is present in small quantity as is B if the germ and bran of the grain are used.

The Fats

All food fats are practically interchangeable and all fat is primarily a source of energy and as such provides many calories in concentrated form. Fat is slow to digest—hence the staying qualities of all fried foods— and when not required by the body for immediate use is stored therein either as adipose tissue or by entering into the composition of nervous tissue.

Vitamins, Minerals, and Water

These substances, the regulatory mediums found in food, are indispensable for the efficient growth and operation of man's physical body and also for the maintenance of his psychological balance through the interacting operations of his endocrine glands. These regulatory substances figure prominently in the coordination of nerves, glands, and muscles and enable the body to use its available fuel and its building materials to the best possible advantage.

Minerals influence the contractibility of the muscles, keep the blood neutral and assist in its coagulation, enter into the composition of every living cell and control the movements of liquids in the body. For example, digested food must pass freely from the intestines into the blood stream but no blood must seep into the intestines; liquids must pass from the blood into the various organs and tissues; gastric juice must be derived from the blood and poured into the stomach. and in addition the waste matter of the cells taken away by the blood must be withdrawn from it by the kidneys and voided as urine. All these things are accomplished by the cells through the interactions of the mineral elements present in the cell.

The body is particularly dependent on the vitamins for the proper functioning of the endocrine glands, for these regulatory substances must be present in the food in sufficient quantity and proportion in order to prevent glandular disturbance.

Recently Dr. Szent-Gyorgyi, addressing biologists at Stanford University, asserted that the great future of vitamins would be to restore the chemical balance in man which, he claimed, had been upset in his transition from primitive to modern life. He continued that it was not necessary to dose the modern diet with synthetically produced vitamin substances but to see that food contains enough of the different vitamin-bearing things to maintain a healthful balance.

Advice along similar lines was given one month later by the American Medical Association in a report on the value of the vitamin in preventing disease. It warned that the daily use of vitamin mixtures is no assurance of good health and suggested that all vitamins be taken with a knife and fork, i.e., by eating the right foods and enough of them in order to maintain a vitamin balance in the body.

The fruits and vegetables are of great importance on account of their mineral constituents and vitamins but as these substances are irregularly distributed a sufficient variety of fruits and vegetables must be eaten in order to provide good health protection along these lines. In addition fruits and vegetables provide that bulk which must be included in the diet for the proper functioning of the intestines and the effective elimination of waste from the body.

The Proteins

It is proposed to treat protein in more detail inasmuch as man believes meat to be not only of prime importance as a source of protein but also the most important article of food in the diet—a belief which is based on custom but has no foundation in truth, for milk, cheese, and eggs supply proteins of equal value and in addition are rich in minerals and vitamins, valuable nutritive substances which to a large extent meat lacks.

It will be remembered that to the sugars and starches which she created in the plants by sunlight and the chlorophyll cells, Mother Nature adds a trace of nitrogen and sometimes sulphur and makes from these ingredients, by a process of condensation, the amino-acids from which the life-supporting proteins are built. This is where the plants have an advantage over man for he has no power to synthesize these amino-acids within his body but must depend on the plants for a supply of proteins from which to manufacture his amino-acids.

While there are twenty-two such acids, fortunately only nine of these have been found necessary to life and to obtain these few man eats the proteins in the plants, breaks them up by digestion into the component parts, and as these acids pass from his digestive tract into his blood stream he proceeds to build up the particular proteins just where he needs them in his body.

Protein is utilized by the body in two ways: to replace worn-out body tissue and as fuel.

(1) To replace tissue.

Protein is the constituent of most tissue and as all living tissues are constantly being torn down and built up again in the process known as metabolism, they must be replaced from foods which furnish not only an adequate supply of protein but which must contain the correct amino-acids from which man makes the proteins necessary for his physical body. When protein is thus used as building material the nitrogen which it contains is of the first consideration for every living cell constantly demands it for upkeep, works it over into living tissue or uses it to make hormones and then excretes it in the urine as uric acid and creatinine.

(2) Used as fuel.

When protein is used as fuel, and this is not done as long as carbohydrates and fats are available, the nitrogen which it contains is no longer an asset but is a liability to be disposed of as quickly as possible. Then the protein is broken down in the body to simpler compounds and the nitrogen is passed in the urine chiefly as urea; the protein freed of its nitrogen is then burned.

In seeking sources of protein the following essentials should be borne in mind:

- (a) There are proteins of many kinds associated in many foods.
- (b) Some proteins contain all the amino-acids necessary to maintain life and promote growth—these are called complete; others which will maintain life but lack some acid or acids essential to growth are known as incomplete proteins; and still others which will neither support growth nor maintain life are classed as totally incomplete.
- (c) One protein supplements the value of another; this fact should be of major consideration when thinking of some food which though lacking in protein content may be desirable from some other point of view.
- (d) To pay attention to the fact that other growth-promoting substances may be obtained as well as protein—of this the egg is an outstanding example.
- (e) To consider the biological value of the protein. When proteins are digested they break down into amino-acids which then pass through the intestinal walls and into the blood stream to be there built up again as proteins at the point or points in the body where they are needed. Should the proportions of the necessary aminoacids be not the same in the food as in the body the result will be that only a portion of the digested protein will be utilized by the body; the percentage or part so used represents the biological value of that particular protein.

At this point, it is pertinent to state the following: (1) that a protein may be completely digested and yet its biological value may be much less than 100 per cent; (2) that the biological values of the better cereals (properly cooked) average 50 to 60 per cent, while milk, cheese, eggs, and lean meat average 65 to 80 per cent. Bearing in mind the essentials governing the selection of proteins as outlined above, as well as their biological values, we find our major sources of protein to be as follows:

- (a) Lean meat—which, although rich in proteins that are complete is not a source of energy. It is rich in phosphorus but deficient in calcium and is a good source of iron although not any richer in this mineral than are other foods such as spinach, whole wheat, or egg yolk.
 - (b) Milk—in milk we find the greatest assortment of nutritive substances of all single food materials. Milk is rich in proteins that are complete, and in addition, owing to the fat it contains, is a good source of energy. It is also rich in calcium, phosphorus, iron, and vitamin G.
 - (c) Cheese—is rich in proteins that are complete, and is, in addition, a good source of energy and vitamin G. It represents in concentrated form most of the fat calcium, phosphorus, and iron found in the milk from which it is made.
 - (d) Eggs—they are a good source of vitamins A, B, and G, and of iron and phosphorus but are a little low in calcium content. They are also rich in proteins that are complete and are good sources of energy owing to the fat they furnish.

The major and most important fact derived from examination of such sources of protein is that though all of these foods have the same biological values, lean meat, while rich in proteins which are complete, lacks other nutritive sub-

stances, such as vitamins and minerals, which milk, cheese, and eggs possess in abundance. The major position meat occupies in the diet is therefore not justifiable and is largely due to custom and the ease with which it is prepared and digested.

No logical argument for the retention of flesh foods in the diet is advanced when the adequacy of the amino-acid supply is investigated, for even in a diet that is purely vegetable, providing proteins of various types and from various plants, there is very little chance of an amino-acid deficiency occurring. This being so it is needless to say that when such a diet is supplemented by milk, cheese, and eggs its desirability, adequacy, and value cannot be questioned for it meets all the essential requirements of a modern and efficient diet.

It is only natural and quite easily understood that the flesh of one animal should contain all the amino-acids necessary for the synthesis of the very similar proteins present in the flesh of another animal; it is also just as natural to expect that on the average any animal protein would be more completely utilizable than a plant protein taken at random. However, when mankind makes the apparent sacrifice of giving up the present practice of filling his stomach with the decaying flesh foods there will be no decrease in dietetic values if such foods are replaced by milk, cheese, and eggs, for these foods, as has been shown are not only richer in complete proteins than flesh foods, but in addition, possess in abundance other nutritive substances not found in flesh foods. It may be observed that in making this change the benefits will not be confined to the physical for there will accrue also an increase in values which is spiritually important.



Patients' Letters

Dear Friends:

California, May 8, 1941.

I am so grateful for the wonderful results of the prayers of the Invisible Helpers. Last September I emerged from a severe motor accident with an injured spine, hip, knee. The bone specialist ordered me into a spinal belt, said I would have to wear it at least two years, for my hip lifted out of the socket at each step I took.

I was a patient in Mt. Ecclesia Sanitarium for forty-eight hours and while in the Chapel there, I had a marvelous healing. I have not worn the belt since, and in addition to this, I have been restored to perfect health. Walked six miles a week ago Sunday.

Have been attending classes here and enjoying the beautiful surroundings, also have been finishing up my lessons, as my mind is so active again.

Years ago I took up cigarette smoking, and became a very heavy user of tobacco. Even when I arrived here I was still smoking at least a pack a day. Praise God! that awful habit has left me. It came about through prayer, also *lots of will power* was necessary, but God supplied that too, when I really was in earnest about getting rid of that habit.

Bless you all for all the many blessings which have come to me during the time you have been praying for me,

Sincerely, in His Name, -M. MacN.

> California, April 1, 1941 wship

Rosicrucian Fellowship Oceanside, California.

Dear Friends:

My hearing seems so much better—especially the last few days. I believe I should like to remain on your list for another week or two. It is really wonderful to regain one's hearing and I am truly grateful to the Fellowship.

Faithfully, -W.A.

Washington, April 10, 1941. Rosicrucian Fellowship Oceanside, California.

Dear Friends:

Here is my first report. My eyes haven't bothered me any more, and my tonsils have no soreness in them at all. The backache seems a little more stubborn but that is improving very rapidly; it only aches at intervals during the day instead of all the time. I have lost that dragged out feeling and really am beginning to feel full of pep and ambition. I have such a refreshed and cool feeling.

Your healing services are being received with many thanks.

Yours in fellowship, -G.V.

Healing Dates

July	1-7-14-21-28
August	4-10-18-24-31
September	7-14-21-27

Healing meetings are held at Mt. Ecclesia on the above dates at 6:30 P.M. If you would like to join in this work, begin when the clock *in your place of residence points* to 6:30 P.M., or as near that as possible; meditate on health, and pray to the Great Physician, our Father in Heaven, for the healing oll who suffer, particularly those who have applied to the Invisible Helpers.

People Who Are Seeking Health

May be helped by our Healing Department. The healing is done largely by the Invisible Helpers, who operate on the invisible plane, principally during the sleep of the patient. The connection with the Helpers is made by a weekly letter to Headquarters. Helpful individual advice on diet, xrcis, nvronmnt, and smlar matrss hrdl la exercise, environmen, and similar matters is given to each patient. This department is supported by freewill offerings. For further information, address, The Rosicrucian Fellowship, Oceanside, Calif., U.S.A.

CHRIST CONSCIOUSNESS

(Continued from page 345)

keep on trying, knowing that our only failure is in ceasing to try! Let us learn to know ourselves in our weakness and in our strength. May we cease to dupe ourselves by following the false Luciferic light. Only thus shall we consciously realize the Being of the Christ in our lives, in this present life!

He who panders to the personality still seeks to serve it through selfishness. He who is Christed is alive with Love, serving One Master, the Lord of Love and Wisdom. The Christed soul serves humanity and thinks and acts in terms of co-operation and the good of all men. We are only on the Path as we make conscious, knowing effort to become pure, seeking to give and never to get something for self. May we seek to regenerate all our vehicles, for only as the heart is filled with love can wisdom flower and Christ be born and the new Aquarian Age arrive in power.

Children's Department

TAR

The Fairy and the Violets

By JESSIE LEE CLANAN

HERE was great excitement in the flower garden this morning. The owners, Mr. and Mrs. Bowers, were inspecting their best specimens to enter in the local Flower Show that was to be held in a few days.

It was early spring and the garden was a riot of beautiful colors, especially the roses and lilies. They were the only ones selected to be placed on exhibit.

Soon after the owners left the garden, the roses and lilies started an argument on which would win a prize.

"We will win," said the roses, swelling with pride.

"We are more beautiful than you, we will win," argued the Easter lilies.

"Oh, dear," piped the small modest violets in one voice, "how we would like to go to the Flower Show, but we weren't even noticed."

"Why, you lowly creatures, who would notice you? You are not even knee-high to a duck," haughtily replied the roses as they towered high above the violets.

This made the violets very sad and as night drew on they drooped their heads and wept.

Now a blind fairy was asleep beneath the violet leaves. She had cried herself to sleep because she couldn't see to paint the beautiful colors on the flowers. Some of the tears from the violets dropped into her eyes and awakened her.

"Oh, what's this!" exclaimed the fairy, as she jumped up and rubbed her eyes. "Why, little violets, I can see you and you are weeping. Your tears have restored my sight, but tell me why are you so sad?" she asked. "We are sad because we can't go to the Flower Show," replied the violets. "The owners have already selected the roses and lilies to place on exhibit, but we are so small they didn't even notice us."

They didn't mention the unkind remarks that were made by the roses.

"Now don't you worry; if you hadn't wept I would still be blind. Now I can see and I am so happy that I am going to help you go to the Show," she replied, and then flew away.

The night before the Show, the fairy had not returned, so the violets began to worry. They thought the fairy had forgotten her promise. They were about ready to abandon all hopes of going, when suddenly she appeared bearing a tiny, golden cup.

"Oh, fairy, we thought you had forgotten us," they all cried together.

"A fairy doesn't ever forget a promise, but I had a hard time finding this growing elixir. I had to go a long way across the forest to find it, but here I am and now each one of you take a sip from this cup and it will make you grow like magic," she told them.

So each violet took a sip from the cup and they could feel themselves growing bigger and bigger. When the last one had taken a sip the fairy set the cup down. She then took her paint brush and began to paint them. She gave each one a coat of the darkest, richest violet you ever saw.

"Fairy, we know the owners will notice us now, and you have made us so happy," they chimed. "Oh, that's all right," she said, "and now I must hurry, because I promised to paint a couple of buttercups before it gets light. I wish you good luck, and hope you win a prize." Soon she was out of sight.

Mr. and Mrs. Bowers were out early that morning gathering the roses and lilies to take to the Flower Show.

"Henry, come here," exclaimed Mrs. Bowers to her husband, "did you ever see such violets? They are so large and beautiful they don't seem real."

"I never saw any like that," he said; "I wonder why we did not notice them yesterday?" "I don't know," she replied, "but these beauties are certainly going to be placed on exhibit."

"And they will take the Blue Ribbon, or I am no judge," he added.

The other flowers were all too astonished for words when they first saw the big, beautiful violets. Finally the roses apologized for their rude remarks, but it was after they were all placed on exhibit. The violets readily forgave them, for they were very happy.

And sure enough the judges awarded a Blue Ribbon to the violets. The roses took second place in their class and the lilies took third.

A Book

By MARVIN JACKSON (Age 13 years)

You never know What's inside a Book, Until you open it up And take a look.

Maybe there's birds With flowing plumes, Or maybe there's wars With poisonous fumes.

Maybe the bean stalk Jack does climb, Or Little Bo Peep Just taking her time. Maybe there's jungles With flowing streams, Or Little Boy Blue With his pleasant dreams.

And over the seas The pirates sail Drinking their rum Or perhaps it's ale.

Then the story comes To its end. What thoughts to one's mind Do good books send?

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Echoes from Mt. Ecclesia

HE news in the headlines, the bustle of defense measures, are producing a feverish war consciousness which threatens to sweep away spiritual values. To those looking for an anchor the activities of the Rosicrucian Fellowship carry reassurance, for more than ever they spread the Christian gospel of peace and brotherliness.

The Publicity Department is rapidly accomplishing its object of placing a copy of *The Rosicrucian Cosmo-Conception* in the library of each army camp in the United States. During the past month six more areas returned favorable replies, leaving only two still to hear from. Ninety-eight books were sent to camps. A devoted student, who in recent years has done a splendid work in placing the *Cosmo-Conception* in public libraries all over the country, is making possible the current campaign. Perhaps others would like a share in this fine work.

At the Convention of the American Federation of Scientific Astrologers, to be held in Cleveland August 6-11, the Fellowship carries the banner of spiritual astrology as a field of service. The Cleveland Center will place our books on display, suitably advertised in the Convention program, also the Rosicrucian Magazine, and Mrs. Ivy Gibson, President of the Center, will speak on the subject "Venus in Action."

Nearer home, in the City of Oceanside, a Student and a Probationer of the Fellowship are supervising the summer recreation of ninety-three children from six to ten years old. After an invocation by one of the local pastors each morning, they play games and sing. Afternoons are spent rehearsing for a pageant, "The Holy Grail," to be presented in August, for which the youngsters are designing and making the costumes. The Fellow-

ship is proud of such constructive efforts by its members in all parts of the world, in putting into practice the Rosierucian principles of service and co-operation.

Besides its work at large, the Headquarters achieves a beneficial effect on those who come for information and inspiration at first hand. The count for the last three months shows that visitors in greatly increasing numbers over a similar period in previous years passed through our gates. Often they speak of the peace they feel on entering the grounds, or of upliftment on visiting the places of worship.

Preparations are in progress for a larger throng during the Summer School. Both grounds and buildings have been improved. The roads were resurfaced under the expert supervision of Mr. Chas. Benson, who, with Mrs. Benson, has donated his services in many ways during past months. Outside benches have been repainted, also the chapel roof. The murals in the Temple have been freshened, a graceful lattice archway placed over the western approach to the building, and the surrounding gardens intensively cultivated. In the library, which serves as classroom, new Venetian blinds, light fixtures, and linoleum rugs have been donated by individual members and workers at Headquarters. Prospective students may therefore expect new physical beauty in the school environment.

Mrs. Max Heindel, President and Co-Founder of the Rosicrucian Fellowship, is very enthusiastic over her week's vacation at the Grand Canyon, from which she has just returned. This marvel of Nature has so impressed her with the majesty of God's handiwork that she wishes everyone could experience the joy and inspiration she received while there.

Rosicrucian News Bureau



The principle upon which spiritual group endeavor is built is embodied in the statement by Christ Jesus: "Where two or three are gathered together in my name, there am I in the midst of them."

In the Western Wisdom Teachings we are told that Christ is an embodiment of the Love-Wisdom Principle which operates throughout the universe, and for individuals to be gathered together in His name, therefore, means that they are motivated by the power of *love*. This great force of attraction and cohesion is inherent in every human being, and if applied intelligently in the daily life, it may be the means of introducing and maintaining harmony and beauty in all the various phases of the individual and collective life.

In such application we note the axiom that "like attracts like," and by observing this truth in connection with our habitual thoughts and feelings, we may build about ourselves an auric atmosphere of enormous spiritual power. This is emanated to those about us and calls forth from them similar thoughts and feelings. Thus do we attract to us conditions in harmony with the basic nature of our own auras, just as we color everything we see with the hues of our own auric thoughts and feelings. So it is that the solution to our own personal problems lies within ourselves.

No matter what difficulty we face, if

we strive for the impersonal attitude and radiate a *Christ-like love* into the situation, we will find discord vanishing and harmony and peace becoming established. This lifting of the consciousness to an inner realization of that underlying unity which exists among all living beings releases the crystallization of selfishness in their various and subtle forms and invites the Christed mental attitude. Thus do we spiritualize the faculties of the mind and make possible the expression of that divine compassion which is the true evidence of His presence.

NEW YORK CITY, N. Y.

"Our Center is to be host to the coming Conclave of Centers for the Eastern Seaboard States this coming fall," writes the Conclave Chairman. "October 18th and 19th are the days chosen. The theme for the Conclave is to be Art and Music; the keyword, Beauty; subtitle, Spiritualizing the Aquarian Age through Art and Music. We are happy indeed at the co-operation we are receiving and look forward to a very successful Conclave."

An exhibit of paintings, pottery, etc., is being planned as a feature of the Conclave, and those wishing to participate in this exhibit are asked to write to: Conclave Chairman, Rosierucian Fellowship Center, 160 West 73rd St., New York City, N. Y.

World Headquarters

OF THE

Rosicrucian Fellowship

OCEANSIDE, CALIFORNIA, U.S.A.

STUDY GROUPS AND CHARTERED CENTERS

IN THE UNITED STATES AND CANADA

Services and classes are held in the following cities. The public is cordially invited.

Boston, Mass.—168 Dartmouth St., Rm. 201. Burlington, Vt.—91 No. Union St.

Calgary, Alta., Can.-108 14th Ave. W.

Calgary, Alta., Canada.—Young People's Group 1536 15th Ave. W.

- Chicago, Ill.—Room 719, Ashland Bldg., 155 N. Clark St.
- Chicago, Ill.—c|o Mrs. Magdelina Goveia, 4921 Montana St.
- Cleveland, Ohio.—Carnegie Hall, 1220 Huron Road, Room 916.

Denver, Colo.-404 Tabor Bldg.

Detroit, Michigan.-115 W. Adams.

Grass Valley, Calif .--- Off Byrens' Drive.

Indianapolis, Ind.-411 Pennsylvania Bldg.

Kansas City, Mo.-2734 Prospect.

Long Beach, Calif .-- 361 E. First St.

Los Angeles, Calif.-2523 W. 7th St.

Los Angeles, Calif.—511 N. Eastern Ave. Milwaukee, Wis.—234 Fine Arts Bldg., 125 East Wells St.

Milwaukee, Wis.-627 No. 6th St., Room 10.

Minneapolis, Minnesota.—420 Masonic Temple, 6th and Hennepin.

New Orleans, La.—429 Carondelet St., Room 201.

New York City, N. Y .- 160 W. 73rd St.

Omaha, Neb.-301 No. 31st St.

Portland, Ore.-627 N. E. Laddington Ct. Tel. La. 3803.

Reading, Pa.—W.C.T.U. Hall, 6th and Franklin Sts.

Rochester, N. Y .- 307 Burke Bldg.

Schenectady, N. Y.-13 Union St.

Seattle, Wash .- 920 Pine St.

St. Paul, Minn.-318 Midland Trust Bldg.

Tampa, Fla.-405 Grand Central.

Toronto, Ont., Canada.—40 Leopold Ave. Tel. Lakeside 6796.

Utica, N. Y.-11 Clinton Place.

Vancouver, B. C.-Room 12, Williams Bldg., Cor. Granville and Hastings Sts.

KANSAS CITY, MISSOURI.

From both visiting members and the secretary of this Center comes encouraging news of the persistent interest, enthusiasm, and activity being displayed by the friends in the Work there. The secretary writes us: "Some very interesting things have been happening here in our Kansas City Center. First, we did some spring housecleaning and with the aid of bright new paper and plenty of wax and varnish, we have lovely Center rooms we are all proud of. We now have a nice large auditorium, a large class room which contains a big work table, a nice rest room, large entrance hall, and an attractive and useful kitchen. Real proud we are of our work and look forward to many more improvements during the next year.

"Then, we decided to have an 'Open House Tea Party' and invite all our friends, choosing Sunday afternoon, May 25th, from four to six for the time. We had a Musical Tea and it was quite a success. Music was arranged by one of the finest music teachers in Kansas City, the numbers chosen being of an inspirational nature. The musicians were of the best, and the auditorium and hall were banked with flowers. There was a nice crowd, and everyone agreed that it was a lovely party.

"Already we are planning to have another party next fall, to usher in the new fall classes and start out the winter season. In the meantime we have placed a 'Guest Book' in a handy place so that all guests during the summer may register. This will help to increase our mailing list for invitations to the next party."

MERIDA, YUCATAN, MEXICO.

Although the publishing of our Magazine in Spanish has been, and continues to be, quite a financial sacrifice for our friends in this city, they are dauntlessly persisting in their efforts. Numerous favorable reports as to the value of the Magazine in spreading the Teachings among the Spanish-speaking people of Mexico and South America have come to us, and we pray that ways and means may be found to permit the publishers to continue this "loving, self-forgetting service to others."

CHICAGO, ILLINOIS.

Some splendid reports in regard to the spiritual progress of our Center in this city, located at 155 No. Clark St., bring joy to our hearts. One friend writes:

"I think spiritually we are on the upper side of a cycle, for there is an especially nice feeling in the Center now. I pray that it may continue to develop until we radiate a tremendous Light and Power to aid our blessed Elder Brothers in their untiring work for humanity."

The secretary, too, comments happily: "The spirit of fellowship and helpfulness is coming to the front. Interest and initiative are increasing very much, and the vibrations in general are improving."

It is also a joy to hear from the secretary that "We are trying to train our students to become teachers." An occasional change in teachers is desirable for several reasons: more members are given the opportunity to serve, the likelihood of a personal following is lessened, and opportunity for unfolding "latent potentialities" is given to a larger number. The general spirit of democracy is promoted, and the number of laborers in His vineyard increased.

MELBOURNE, AUSTRALIA.

Although faced with all the difficulties arising from the disturbed conditions of the world in general today, the little Group in this distant clime continues its weekly class and thus keeps ablaze the spiritual Light they have established during past years of meeting "in His name."

Inspiring it is to think of our Groups as the spiritual Lights they are, radiating from points all over the world the message of solace and comfort which

Study Groups and Chartered Centers in Other Countries

AFRICA Kumasi, G. C.—Ben T. Vormawah, Box 69 Lagos, Nigeria.—P. O. Box 202. Obuasi, G. C.—P. O. Box 43. Sekondi, G. C.—P. O. Box 224. Takoradi, G. C.—clo E. Oben Torkonoo. ARGENTINE Buenos Aires .- Calle Carabobo 836. AUSTRALIA Sydney, N.S.W.-2 Cronulla St., Carlton. BELGIUM Brussels .- 74 rue Stevens Delannoy. BRITISH GUIANA Georgetown.-69 Brickdam. CHILE Santiago.-Dominica 25. CUBA Havana.-San Francisco 473, Vibora. ENGLAND Liverpool .- 71 Upper Huskisson St. Telephone, Heswall, 304. London.—95 Belgrave Rd., Victoria, S.W. 1. West London.—35 Cranley Gardens, S.W. 7. JAVA Bandoeng.-Lembangweg 77. MEXICO Mérida, Yuc.-Calle 41 No. 496. NEW ZEALAND Auckland.-C. 2; People's Health Club Room, 4th Floor, Victoria Arcade, Queen St. PARAGUAY Asunción .- Louis Alberto de Herrera, Republica Francesa. Asunción.-Garibaldi 118. PHILIPPINE ISLANDS Manila .- 1324 Espiritu, Singalong Subdivision, Santa Ana. PORTUGAL Lisbon.-Rua Renato Baptista 43 - 2°. THE NETHERLANDS Amsterdam.-20 Nickerie St. Apeldoorn.-Lavendellaan 16.

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comes from a knowledge of the Western Wisdom Teaching! May every one of these blessed Lights continue to shine with an ever-increasing brilliance and power!

THE BIBLE STORY IN THE STARS (Continued from page 362)

Shepherd. Auriga is from a Hebrew root which means a shepherd. This is a mighty man seated on the Milky Way, holding a band or ribbon in his right hand, with his left arm holding up on his shoulder a she-goat, while in his lap are two little kids, supported by his great hand. In the Zodiac of Denderah, Auriga holds a scepter, the upper part of which shows the head of the Lamb, and the lower part of the figure of the Cross. Capella, the brightest star of the figure, means a she-goat, and is placed in the body of the goat in the picture. Some other stars therein and their meanings are: Menkilinon, the band, or chain of the goats; Maaz, a flock of goats; El Nath, wounded or slain.

The meaning of this picture is clear. Those who take refuge in Jesus shall find shelter and security. On the throne of His majesty in the heavens He sits with open arms, saying, "Come unto Me, all ye that labor and are heavy laden and I will give you rest. Take my yoke upon you, and learn of Me, and ye shall find rest unto your souls." (Matt. 11:28, 29.) "Fret not thyself because of evil-doers

... Trust in the Lord and do good; so shalt thou dwell in the land, and verily thou shalt be fed. For evil-doers shall be cut off; but those that wait upon the Lord, they shall inherit the earth. For yet a little while, and the wicked shall not be.... For the Lord loveth judgment and forsaketh not His saints; they are preserved forever.... The salvation of the righteous is of the Lord: He is their strength in the time of trouble.... He shall deliver them from the wicked, and save them, because they trust in Him." (Ps. 37.)

(To be continued)

ASTROLOGICAL READING (Continued from page 363)

girl to learn the newer art of correct eating which modern dietitians are advocating, for it will help to prolong her life, besides contributing to the health and welfare of others. Marriage is strongly indicated in the next few years, and the study of home economics and cooking would help assure harmony in the home. Besides, as taught today it is one of the more profitable vocations.

Additional Dealers

(Continued from page 384)

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(Please see additional dealers on page 383)

Summer School at Mt. Ecclesia

July 7 to August 15, 1941

SCHEDULE OF CLASSES

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9:00-9:00)
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10:00-10:50 Astrology I Anatomy Astrology I Anatomy Center Work 11:00-11:50 Astrology II Astro-Diagnosis Astrology II Bible Bible

Monday, 7:30 P.M. (July 7, 14, 21)—Interpretation of Wagnerian Operas Wednesday, 7:30 P.M. (July 9, 16, 23)—Interpretation of Wagnerian Operas Friday, 7:30 P.M.—Sociability Evening. Tuesday, 7:30 P.M. Special Lectures.

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LECTURES AND SOCIAL EVENTS

In addition to class lectures, there will be addresses by resident and guest speakers, in the Chapel every Sunday evening. Friday evenings are our get-together periods, and special trips are planned for Saturday afternoons.

ACCOMMODATIONS

Rooms will be available at the following rates:

Rose Cross Lodge \$6.50 to \$8.25 per week, one person in a room.

Rose Cross Lodge \$7.75 to \$9.50 per week, two persons in a room. Vegetarian meals in our cafeteria are served at the following rate: Breakfast 30 cents, dinner 40 cents, supper 30 cents. Weekly rate of

\$6.00 for meals during Summer School. Rooms additional, as given above. Working for board and room will not be possible. A deposit of

\$5.00 is required in advance to secure accommodations. This will be applied on the first month's room rent. Please make reservations early. OBJECT OF THE SCHOOL

Instruction will be given in the subjects mentioned to all who are interested in receiving the New Age Teachings. The School also aims to prepare teachers and lecturers for Center and field work in general.

There are no fixed fees, but the expense of conducting the courses is met by voluntary contributions from the students.

The Rosicrucian Fellowship Oceanside, Calif., U.S.A.

Manuscript Competition

THE ROSICRUCIAN MAGAZINE OFFERS FIVE PRIZES FOR THE FIVE BEST MANUSCRIPTS SUBMITTED BY OCTOBER 1, 1941





Acceptable articles which do not win cash prizes will be retained and one year's subscription to THE ROSICRUCIAN MAGAZINE given for each. The subscriptions will begin at the close of the competition. All other manuscripts will be returned to writers.

Note-No manuscripts can be acknowledged.

Manuscripts must be received in OCEANSIDE on or before OCTOBER 1, 1941, to be eligible for entry.

Names of winners of cash prizes and of subscriptions will be announced in the JANUARY 1942 issue of THE ROSICRUCIAN MAGAZINE.

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WHAT TO WRITE

Articles on the Rosicrucian Teachings, philosophy, mysticism, and occultism. Occult Stories based on above.

Articles correlating Science, Religion, and Art.

Articles on various phases of Nutrition and Health, such as: Vegetarianism, Importance of Vitamins, Use of Exercise and Sun Baths, Ancient and

Modern Uses of Color and Music in Healing, etc., etc.

Articles on Astrology.

Children's Stories-for those 10 to 16 years old.

We do not accept articles or stories on mediumship, crystal gazing, or other negative forms of psychic development; nor on controversial subjects, such as warfare and politics.

CONDITIONS

Manuscripts must contain a minimum of 2500 words. If possible they should be typewritten, on but one side of the paper, and in DOUBLE SPACING. Write "Manuscript Competition" at the top of first page; also your name, address, and number of words. More than one entry may be submitted by the same writer.

The decision of the judges shall be final.

We sometimes find it necessary to make slight modifications in articles and stories submitted to bring them within the requirements of our Philosophy. Manuscripts are only accepted subject to this provision.

Who May Compete

Anyone who is not a resident employee here at Headquarters in Oceanside, California. We hope that this announcement will be a "call to service"—not only to members of our association but to all metaphysical writers, experienced or amateur, to make some of their material available to our pages for the instruction, comfort and inspiration of a world so greatly in need.

Please send your articles early. Thank you.

The Rosicrucian Fellowship Oceanside, Calif., U.S.A.