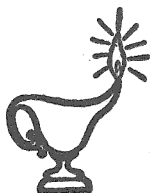
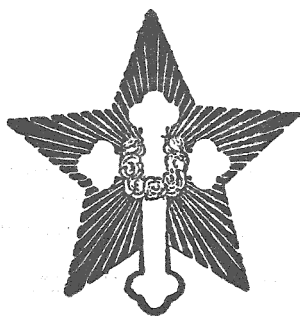


THE ROSICRUCIAN FELLOWSHIP MAGAZINE

RAY'S FROM THE ROSE CROSS



FEATURES

* * *

"The Light of the World"

*William Blake: Visionary
Genius*

Friends for the Retarded

*Natural and Chemical
Foods*

* * *

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The Mystical Interpretation of Christmas



By MAX HEINDEL
Rosicrucian Initiate
and
Western Mystic

BE prepared to make the most of the approaching Holy Season by attuning yourself to the purifying vibrations now being brought anew to our Earth by the returning Christ. Read and meditate upon the soul-stirring information given in this booklet in regard to the sublime mystery of Christmas.

CHAPTER HEADINGS

THE COSMIC SIGNIFICANCE OF CHRISTMAS.

SPIRITUAL LIGHT—THE NEW ELEMENT AND THE NEW SUBSTANCE.

THE ANNUAL SACRIFICE OF CHRIST.

THE MISSION OF CHRIST AND THE FESTIVAL OF THE FAIRIES.

THE NEWBORN CHRIST.

“It is a sublime fact that we are all Christ-in-the-making, and the sooner we realize that we must cultivate the Christ *within* before we can perceive the Christ without, the more we shall hasten the day of our spiritual illumination.”—Page 9.

Gladden the hearts of friends by sharing with them the ever-inspiring message contained in the pages of this little booklet.

51 Pages

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Oceanside, California, 92054, U.S.A.

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Rays from the Rose Cross

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The Signs in the Bible

MARGUERITE ARABEL WING

FOREWORD: When I consider the work of thy fingers, the moon and the stars which thou hast ordained, what is man that thou art mindful of him, or the son of man that thou visitest him?

For thou hast made him a little lower than the angels, and hast crowned him with glory and honor. --- *Psalms* 8: 4,5

* * * * *

ARIES --- *I AM:* I am the resurrection and the Life; he that believeth in me, though he were dead, yet shall he live. --- *John* 1:25

TAURUS --- *I HAVE:* All things that the Father hath are mine. --- *John* 16:15

GEMINI --- *I THINK:* And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect will of God. --- *Romans* 12:2

CANCER --- *I FEEL:* Blessed of the Lord be his land for the precious things of heaven, for the dew, and for the deep that coucheth beneath. And for the precious fruits brought forth by the sun, and for the precious things brought forth by the moon---and for the precious things of the earth, and the fulness thereof, and for the good will of him that dwelt in the bush: let the blessing come. --- *Deuteronomy* 33: 13, 14, 16

LEO --- *I WILL:* And he put forth his hand and touched him, saying, I will: be thou clean. And immediately the leprosy departed from him. *Luke* 5:13

VIRGO --- *I ANALYZE:* And I gave my heart to seek and search out by wisdom concerning all things that are done under heaven: this sore travail hath God given to the sons of men to be exercised therewith. --- *Ecclesiastes* 2:13

LIBRA --- *I BALANCE:* Let me be weighed in an even balance, that God may know mine integrity. --- *Job* 31:6

SCORPIO --- *I DESIRE:* For he that soweth to the flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting. --- *Galatians* 6:8

SAGITTARIUS --- *I ASPIRE:* But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk and not be faint. --- *Isaiah* 40:31

CAPRICORN --- *I USE:* Seest thou a man diligent in his business? He shall stand before kings; he shall not stand before mean men. --- *Proverbs* 22:29

AQUARIUS --- *I KNOW:* And it shall come to pass afterwards, that I shall pour out my spirit upon all flesh; and your sons and your daughters shall prophesy, your old men shall dream dreams, your young men shall see visions. --- *Joel* 2:28

PISCES --- *I BELIEVE:* Let us hold fast the profession of our faith without wavering; (for he is faithful that promised;)....

Now faith is the substance of things hoped for, the evidence of things not seen. --- *Hebrews* 10:23; 11:1.

* * * * *

Finally, brethren, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things. --- *Philippians* 4:8

THE *Mystic* ... LIGHT



"The Light of the World"

MAX HEINDEL

THE apostle John gave us a wonderful definition of Deity when he said that "God is Light." Anyone who takes this passage for meditation will find a rich reward waiting, for no matter how many times we take up the subject, our own development in the passing years assures us each time a fuller and better understanding. Each time we sink ourselves in these three words we lave in a spiritual fountain of inexhaustible depth, and each succeeding time we sound more thoroughly the divine depths and draw more closely to our Father in Heaven.

No other description is capable of conveying so much of the nature of God as the three words: "God is Light." The invisible light that is clothed in the flame upon the altar is an apt representation of God, the Father. In the bells we have an apt symbol of Christ, the Word, for their metal tongues proclaim the gospel message of peace and good will, while the incense brings an added spiritual fervor, representing the power of the Holy Spirit. The Trinity is thus symbolically part of the celebration which makes Christmas the most spiritually joyful time of the year from the standpoint of the human race which is now embodied and working in the physical world.

To come into closer touch with our subject, let us go back in time to get our bearings and the direction of our future line of progress.

The first time our consciousness was directed toward the Light was shortly after we had become endowed with mind and had entered definitely upon our evolution as human beings in Atlantis, the land of the mist, deep down in the basins of the Earth, where the warm mist emitted from the cooling Earth hung like a dense fog over the land. Then the starry heights of the universe were never seen, nor could the silvery light of the Moon penetrate the dense foggy atmosphere which hung over that ancient land. Even the fiery splendor of the Sun was almost totally extinguished, for when we look in the Memory of Nature pertaining to that time, we find that the Sun was exceedingly dim, having an aura of various colors, very similar to those we observe around an arc light.

But this light had a fascination. The ancient Atlanteans were taught by the divine Hierarchs who walked among them to aspire to the light, and as the spiritual light was then already on the wane, they aspired all the more ardently to the new light, for they feared the darkness of which they had become conscious through the gift of mind.

Then came the inevitable flood when the mist cooled and condensed. The atmosphere cleared, and the "chosen people" were saved. Those who had worked within themselves and learned to build the necessary organs required to breathe

in an atmosphere such as we have today, survived and came to light. It was not an arbitrary choice: *the work of the past consisted of body building*. Those who had only gill clefts, such as the foetus still uses in its prenatal development, were as unfit physiologically to enter the new era as the foetus would be to be born were it to neglect to build lungs. It would die as those ancient people died when the rare atmosphere made gill clefts useless.

Since the day when we came out of ancient Atlantis our bodies have been practically complete, but from that time and from now on *those who wish to follow the light must strive for soul growth*. The bodies which we have crystallized about us must be dissolved, and the quintessence of experience extracted, which as "soul" may be amalgamated with the Spirit to nourish it from impotence to omnipotence. Therefore, the Tabernacle in the Wilderness was given to the ancients, and *the Light of God descended upon the Altar of Sacrifice*. This is of great significance: the Ego had just descended into its tabernacle, the body.

We all know the tendency of the primitive instinct toward selfishness, and if we have studied the higher ethics we also know how subversive of good the indulgence of the egotistic tendency is; therefore, God immediately placed before man the Divine Light upon the Altar of Sacrifice.

Upon this altar they were forced by dire necessity to offer their cherished possessions for every transgression, God appearing to them as a hard taskmaster whose displeasure it was dangerous to incur. But still the Light drew them. They knew that it was futile to attempt to escape from the hand of God. They had never heard the words of John: "God is Light," but they had already learned from the heavens in a measure the meaning of infinitude, as measured by the realm of light, for we hear David exclaim, "Whither shall I go from Thy Spirit? or whither shall I flee from Thy presence?

... If I take the wings of the morning, and dwell in the uttermost parts of the sea, even there shall Thy hand lead me and Thy right hand shall hold me . . . Yea, the darkness hideth not from Thee, but the night shineth as the day, for the darkness and the light are both alike to Thee."

With every year that passes, with the aid of the greatest telescopes which the ingenuity and mechanical skill of man have been able to construct to pierce the depths of space, it becomes more evident that the infinitude of light teaches us the infinitude of God. When we hear that "men loved darkness rather than Light because their deeds were evil," that also rings true to what we unfortunately know as present-day facts, and illumines the nature of God for us. Is it not true that we always feel endangered in the dark, but that the light gives us a sense of safety?

To render permanent this condition of being in the Light was the next step in God's work with us, which culminated in the birth of the Christ (Jesus), Who, as the bodily presence of the Father, bore about in Himself that Light, for the Light came into the world that whosoever should believe in Christ should not perish, but have everlasting life. He said, "I am the Light of the World."

The altar in the tabernacle had illustrated the principle of sacrifice as the medium of regeneration, so Christ Jesus said to His disciples: "Greater love hath no man than this, that he lay down his life for his friends. Ye are my friends." And forthwith He commenced a sacrifice, which was not consummated in a few hours of physical suffering upon a material cross, but is as perpetual as were the sacrifices made upon the altar of the Tabernacle in the Wilderness, for it entails an annual descent into the Earth and an endurance of all that the cramping Earth conditions must mean to such a great Spirit.

Each year since Christ was crucified on Golgotha, on the twenty-first of September when the Sun passes from the

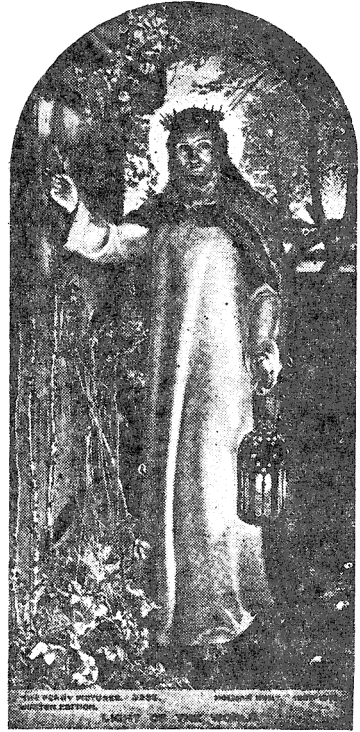
zodiacal sign Virgo into the sign Libra, the Christ Spirit returning to our Earth touches its atmosphere. He reaches the center of our Earth at midnight, December twenty-fourth. There He remains for three days, and then He starts to withdraw. This withdrawal is completed at Easter. From Easter until the summer solstice He is passing through the higher worlds, and reaches the World of Divine Spirit, the throne of the Father, on June twenty-first. During July and August, while the Sun is in Cancer and Leo, He is rebuilding His Life Spirit vehicle which He is again to bring to the world and with it rejuvenate the Earth and the life kingdoms evolving in and on it. From Christmas until Easter He gives of Himself without stint or measure, endowing with life, not only the sleeping seeds, but everything about, on, and within the Earth.

This must continue until a sufficient number have evolved who can bear the burden of this dense lump of darkness which we call the Earth, and which hangs as a millstone about the neck of humanity, an impediment to further spiritual growth. Until we learn to follow "in His steps," we can rise no higher toward the Light.

In the past period of our spiritual career we have been looking for a Light *exterior* to ourselves, but now we have arrived at the point where we must look for the Christ Light within and emulate Him by making of ourselves "living sacrifices" as He is doing. Let us remember that when the sacrifice which lies before our door seems pleasant and to our liking, when we seem able to pick and choose our work in His vineyard and do what pleases, we are not making a real sacrifice as He did, nor are we when we are seen of men and applauded for our benevolence. But when we are ready to follow Him from that festive board (the Lord's Supper) where He was the honored one among friends, into the Garden of Gethsemane where He was alone and wrestled with the great problem before Him while His friends slept, then we are

making a living sacrifice.

When we are content to follow "in His steps" to that point of self-sacrifice where we can say from the bottom of our hearts, "*Thy will, not mine,*" then we have surely the *light within*, and there will never henceforth be for us that which we feel as darkness. We shall *walk in the light*.



This is our glorious privilege, and meditation upon the words of the apostle, "God is Light," will help us realize this ideal, provided we add to our faith, *works*, and say by our deeds as did the Christ, "This is my body and this is my blood," a living sacrifice upon the altar of humanity.

* * *

Light, seeking light, doth light of light beguile; so, ere you find where light in darkness lies, your light grows dark by losing of your eyes. -- Shakespeare

Christ and His Mission

Gene Sande

Part I

IN the world scheme, the immediate assignment for the human family is to fashion, in detail, the plans for the new Aquarian Age.

Sixty years ago, Max Heindel released his understanding of the world plan, and his basic premise was the importance of Mystic Christianity in carrying forward these new requirements. He wrote:

"According to the Bible, man was to have dominion over all the world, but in the majority of cases the reverse is true — it is the world which has dominion over man."

The promise of the Aquarian Age, the Age of Brotherhood in the human family, could bring fulfillment of the divine destiny for all men as they prove themselves capable of dominion. Mystic Christianity can throw some light on the real meaning of Brotherhood.

This leads us to look deeper into the mission of Christ, whose sole purpose was to turn the tide of complete involvement in personality achievements for selfish interests, to the Real, Eternal, Divine Self—the only One who can regain the lost dominion over the world and its fascinating form life. Christ defined His mission with these words: "I have come to do the will of my Father;" and His will is "to love God and to love one another." He came to relate Spirit and form, to establish union with the Father.

The Old Testament has a revelation for all who will search for its underlying message because it gives detailed instruction about the steps that led to the coming of Christ. It also makes clear the foundation for the coming of the Christ Spirit in every human being.

How WAS the consciousness of humanity to be directed into completely new channels in order to regain dominion over all the world? One human was needed—

one who could qualify to house the Christ Spirit. This man was Jesus of Nazareth.

And who was Jesus? Let us look deeper!

The Bible is the study of all men and their spiritual development. In reading the lineage of the man Jesus, the Gospel of Matthew begins with these words: "The book of the generation of Jesus Christ, the son of David, the son of Abraham." This immediately links us with the Old Testament. Matthew especially emphasizes David, the *king*. Jesus has also been cited as the "SEED" of David. Esoterically, both David and Abraham are "seeds" in consciousness. Jesus, then, is a type study.

The Divine Right of Kings had its origin long before written history. During the Golden Age of the past, great Beings known in our philosophical terms as the Lords of Venus and the Lords of Mercury were sent to help humanity, then in its infancy, to develop WILL and JUDGMENT. Humanity regarded them as messengers of the gods.

The most responsive and adaptable to this plan were given special instruction in self-mastery to become the leaders of the people. They promoted equity and well-being among their charges. They served, not for self-aggrandizement and arrogation of their rights at the expense of the people, but in wisdom and judgment. These initiates were exalted to kingship and were the founders of the Dynasties of Divine Rulers who were truly kings by "the Grace of God."

As time passed, there was a change. The kings became self-involved and wholly concerned with personal power and glory. The Golden Age passed into history; *but* this proved to be the foundation for training all humanity to rule over themselves, each to achieve self-mastery

and to rule over his own kingdom of Self.

Milleniums passed. Finally a prophet of Israel, Isaiah, looked ahead to future centuries and foresaw, as recorded in the scriptures:

"...a child is born...a Son is given; the government shall be upon His shoulders and His name shall be called Wonderful, Counsellor, the Mighty God, the Everlasting Father, the Prince of Peace. Of the increase of His government there shall be no end, upon the throne of David."

Centuries later, Paul, preaching at Antioch, reminded the people of a promise made long ago: "I have found David, the son of Jesse, a man after mine own heart which shall fulfill my will. Of this man's seed hath God according to His promise raised unto Israel a Saviour, Jesus."

What did David have that linked him to the ancient divine rulership as a SEED? The key line is, "...which shall fulfill my will." Will, Judgment, lost so long ago, now ready to rise once more among men.

The Old Testament describes so clearly the approach of the Christ Spirit as the bodies of a new race were sensitized to the reception of spirit. Abraham is the first patriarch after Noah who survived the sinking of Atlantis, spoken of in the Bible as the Flood. Noah built an Ark, a special physical body to survive the closing of the Fourth Root Race. That physical body was sensitive to the "inner voice" who gave instructions for building the Ark. Noah became the archetypal seed for the physical body of the new Fifth Race.

Abraham also received instruction from the Inner Man. He was told:

"Get thee hence to a new land (new consciousness) to establish a new nation."

This was the promise:

"I will multiply thy seed as the stars of the heavens...In thy seed shall all the nations of the earth be blessed."

Abraham followed the counselling of the Inner Voice and sought a new land,

the land of Canaan---the new consciousness. He built an altar to make sacred his arrival. Many battles with kings followed, two of whom were the kings of Sodom and Gomorrah where the slime pits of lower desires flourished.

Abraham became the symbol of the new desire body. The conquest of Sodom and Gomorrah was a triumph for the Divine Self; and following that victory Abraham met Melchizedek, King of Righteousness and Peace, and priest of the Most High God. Melchizedek blessed Abraham and gave him the sacrament of bread and wine, establishing a link between body and Spirit. He also reminded Abraham that GOD had delivered his enemies into his hands (enemies of self). The meeting with Melchizedek is the first recognition of the Inner Christ, Divine Indwelling Presence in the new man—a seed that was to bear fruit 2000 years later.

Moses may be considered the symbol of the mind and its new capacities. He communed with the Most High on Mt. Horeb where he received his commission to lead his people out of Egypt, land of the fleshpots, where they were held in slavery.

Moses was introduced to the I AM Presence within himself that would supply the wisdom needed in handling Pharaoh whose power was supreme in Egypt. Moses was also given new laws for reorienting the personality—the Ten Commandments. They stressed the points: you are to love only God, the Divinity Within; also, do not covet, do not steal, kill, or commit adultery. Moses was given the plans for completing the new form temple which contained the Holy of Holies, the place for communing directly with the I AM Presence.

David was the culmination of all qualities prepared in Noah, Abraham, and Moses. David, identified as the seed, was the potential for spiritualizing mind and emotions, head and heart, in preparation for turning personal will to Divine Will.

He was anointed by the prophet Samuel while just a shepherd lad and his prophetic powers were quickened. "The Spirit of the Lord (the Inner Self) came

upon him.”

His first challenge was to overcome a giant, Goliath, symbol of the personality, who led a great army (the accumulated misdeeds of the past) against Israel. Saul was the reigning king at the time—Saul, the reasoning mind. He had been chosen king because he was “head and shoulders above his fellowmen.”

Intelligence in itself was not enough to handle such a staggering problem. David offered to meet this “shadow self” and Saul gratefully accepted. He offered David his armor (the limitation of the reasoning mind), but David needed another type of protection. He said to Goliath:

“Thou comest to me with sword, spear, and shield; but I come to thee in the name of the Lord of hosts. This day will the Lord (the Divine Self) deliver thee into mine hands.”

David selected five stones, representing the power of the five senses, but really ONE STONE, the Stone of Truth, and, using his sling shot, he slew this monster by hitting him in the forehead, location of the third eye, the Eye Divine. That EYE became the new seat of government of the kingdom within, with the Divine Self as ruler. Here was another new potential in the SEED, individual Divine Rulership.

Saul recognized this power in David, saw it was valuable, and David went to live in the palace; but Saul’s attention was centered on the form side of life and he became ill with his own dark images of resentment and jealousy.

“Saul has slain his thousands, but David has slain his tens of thousands,” the people sang.

David, the higher consciousness, played on his seven-stringed lyre, thus aligning the seven centers of divine power with the reasoning mind and its higher counterpart, the higher mind.

“Be still and KNOW that I AM GOD. I will be exalted in all the earth,” he sang to Saul.

With alignment of the two selves, the potential healing was established in the SEED.

Another power came with the passing of Saul. David became king. A king is a ruler—one in authority, one responsible for many; also one who should have courage, thoughtfulness, love for his people, self control, and a high sense of honor: soul qualities. His first act was to unite the two kingdoms, Israel and Judah, and to bring to Jerusalem, city of peace, the Ark of the Covenant (soul power).

Soul is the mediator between form and Spirit. The Ark of the Covenant occupied the most important place in the temple, the Holy of Holies, the place of the Sanctuary of the Presence, the place of direct communion with the Most High.

“There I will commune with thee from above the mercy seat; I will show thee the way,” was the instruction given to Moses. Jerusalem became the heart center of the Earth.

The heart is the center of the love nature; here David was to be tested immediately. The Divine Right of Kings had finally regained its original status, but the love nature had to prove itself—love for power and authority and their right use, but also love for God.

(Continued)

* * *

When the Christ has been formed in ourselves, when the Immaculate Conception has become a reality in our own hearts, when we have stood there at the birth of the Christ Child and offered our gifts, dedicating the lower nature to the service of the Higher Self, then and then only the Christmas feast is spread for us from year to year.

The harder we have toiled in the Master’s vineyard, the more clearly and distinctly shall we hear that soundless voice within our hearts issue the invitation: “Come unto me all ye that labor and are heavy laden, and I will give you rest. Take my yoke upon you . . . for my yoke is easy and my burden is light.”

--- Max Heindel

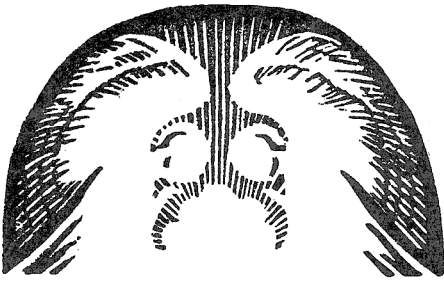
THE INNS ARE TOO CROWDED

*The inns are too crowded all about,
The alien folk are too proud,
The passersby have no concern...
Alas! the uncaring crowd!*

*But one or two have come to kneel;
Some look upon His face.
A few are able to catch a glimpse
Of the Star within that place.*

*The miracle of Christmas brings
The Christ within our hearts---
And oh, the wonder! Oh, the joy
That knowing Him imparts!*

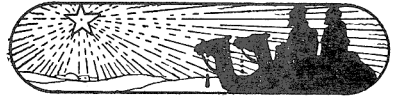
--- Marguerite Arabel Wing



HOW PATIENTLY HE WAITS

*Seek not the Christ on mountaintops,
though once ascending there
You can accept serenity,
and recognize the prayer
Which knocks upon the Door whereby
He stands, awaiting you.
A mountaintop inspires man
to seek his better Self:
The lofty beauty urges him
"Be done with worldly pelf."
Seek not the Christ in temples built
to glorify man's art:
He dwells not in cathedral halls,
but in each loving heart.
Expel the lurking hope of fame;
of riches, love, kind fate:
Christ is found only in the Place
He promised He would wait.*

--- Veda Burnaugh Collins



WHAT CHRISTMAS IS

*Candles a-flame on a window ledge?
Bells in a steeple swinging?
A midnight sky with a sparkling star?
Love in a heart that's winging?*

*Christmas is Joy, a Glory, a Light!
A lifting of selves...a KNOWING.
For Christ re-born in our souls today
Is sharing, involvement, and GROWING!*

--- Marguerite Arabel Wing



CHRISTMAS

*Christmas wakes the Christ in us,
Inspires us to share,
Revives our hope, quickens our joy
And sends love everywhere.*

*Every home has a lighted tree
That spreads the good news far.
Every heart hears angel song
And sees a wondrous star.*

--- Marguerite Arabel Wing

You Can Take It With You

CATHERINE ROBERTS

WE'VE all said at one time or another, "Oh, well, you can't take it with you," and we are quite right when we speak of material possessions and accumulations. But there are things we *can* take with us, provided we have acquired them. Rather than "things" perhaps we should say "qualities."

Our sojourn in this earthly school is for the very purpose of acquiring these qualities and making them a permanent part of ourselves. All those lovely qualities which we know are a part of the Divine must become a part of us too. These are the fruits of the Spirit which St. Paul tells us about — love, joy, peace, patience, gentleness, goodness, faith, meekness, and temperance. These are the things which we can take with us.

Each small bit of any of these qualities which we develop within will stay with us and help us toward our final at-one-ment with Divine Perfection. Each act and feeling of love is another stone in the structure, building firm and true. As we develop patience and peacefulness, gentleness and goodness, we are adding to our store of treasure which will make us truly rich.

In the *Cosmo-Conception* it is stated: "What we are, what we have, all our good qualities are the result of our own actions in the past. What we lack in physical, moral, or mental excellence may yet be ours in the future."

Unfortunately it is possible to take with us some other qualities which we would rather not have and which we know are impoverishing. Irritability counteracts peacefulness and weakens our structure. Hatred must be rooted out completely, for no building can stand on its crumbling sands.

It is our opportunity while in this Earth school to learn to act from within instead of reacting to outward stimuli. Whenever we allow that which is outside of us to cause us to react negatively we

are not living from the Divine Center within and are not in control of the situation. Most of us find ample opportunity each day to practice acting instead of re-acting. We must refuse to react to another's unkindness or irritation or allow it to draw forth from us a like emotion. These are not the kind of building blocks we want. Instead of taking these things within us and pouring them back out onto a suffering world, let us simply stand, and initiate our own action of love and peacefulness. When we learn always to act instead of re-act we are then controlling our lives and building with lasting material—material which will not have to be torn out and re-built.

Thought and feeling are our tools. With these we shape our temple. We all find it necessary to build and re-build many times before we get it right. But we are building for eternity, and here is our chance to shape true the stone of patience.

When we understand that each quality we develop we can, and do, take with us, we become more diligent in our work. Just as we prefer a beautiful house to an ugly one, so do we prefer the heavenly qualities to the unheavenly.

The privilege of building beautifully is ours, now. More than privilege—duty, for it is a sacred obligation to live to the highest we know. When we keep our consciousness raised and endeavor to act from the Divine Center within we are serving in the best possible way, for such thoughts and actions have a purifying effect upon the whole world.

As we learn to build our temple more beautifully each time we come to "school" (life on Earth), the day will dawn when we shall find our temple is one with that of God and we shall hear the words, "Him that overcometh will I make a pillar in the temple of my god, and he shall go no more out." (Rev. 3:12)

The Mellowing Process

CHRISTINE LINDEMAN

THE mellowing process is a significant attribute of evolutionary fulfillment. The gentlest people are those who have attained the most spiritual progress. Mellowness and compassion go hand in hand, and only those who have experienced and suffered intensively at some period during their evolution can know the true meaning of compassion. So, also, only those who are truly loving and compassionate can embody the serenity and inexpressible gentleness which emanates from the spiritually advanced individual.

Most of us, it seems, have had to go through a hardening process before beginning the mellowing process. In our involution into matter, the former has necessarily preceded the latter. Those who can read the Memory of Nature report harrowing pictures of the depths of cruelty and unbelievable bestiality to which the human race as a whole sank while attaining the nadir of materiality. Most civilized people, were they now able to witness these horrendous scenes, would regard them with complete disbelief and say, "I couldn't have done such things!" The fact of the matter evidently is, however, that we all have, in previous lives, committed deeds of incomprehensibly barbarous savagery and inhumanity.

As we are told in *Letters to Students*, No. 89: "To Nimrod, the Fourth Race man, who had a mind, meat was given. Wine was supplied by Noah to the Fifth Race man. It made him a Godless egoist, so that man's inhumanity to man has become a byword; but it also helped him to reach the nadir of his material evolution. Now, however, the spiritual evolution is about to begin, and altruistic ideas must be fostered, or at least started to germinating, so that they may be expressed by the Sixth Race. This

again requires a change in diet."

There is no question that both meat and wine have had their hardening, brutalizing effect upon humanity, and that we would not have reached the depths of materiality, which *had* to be attained before the upward swing of evolution could begin, without them. There is also no question that, aided by these foods, we achieved the pitiless, unrelenting, vengeful qualities of character which must be completely erased from our constitutions, often in a most painful manner. Without the vegetarian diet, the human race will not be able fully to bring about this transformation. When abstinence from flesh foods for compassionate reasons becomes universal then there will be peace on Earth, and the virtues of altruism and compassion will take precedence over all others.

Under the Law of Consequence we must all, in one form or another, reap the harvest of brutality which we have sown in previous lives. Much of the suffering now so prevalent everywhere in the world stems from these misdeeds, as will, unfortunately, suffering in future generations be traceable to acts of cruelty and depravity still all too common in "civilized society." Those of us who are fortunate enough to be aware of the true meaning of the state of grace available under the Christian Dispensation can, if sincerely repentant, engage in efforts of restitution and reform, thus expiating now some of the sins for which we are still accountable and cleaning our slates for future lives. The process of repentance, restitution, and reform in itself assures a mellowing of character and attitude, for we cannot *sincerely* regret our misdeeds and their effects upon our fellow men without feeling some of the discomfort we have caused them. In fact, one of the most acute tortures

which anyone can experience is the mental agony of real remorse, when tears of contrition are shed. The subsequent process of atonement may then bring us into direct contact with those whom we have wronged. When we try to "make it up" to them, and receive the ensuing assurance of their understanding and forgiveness, another small furthering of our own internal mellowing takes place. The sometimes tearful, always intense, procedure of making up after a misunderstanding, or after the perpetration of an injustice, and the resultant feeling of contentment, peace, and mutual harmony which is so deep and so complete that only those who have experienced it can accurately describe it, invariably causes a lasting impression upon all parties involved, and serves further to "soften" them.

Most people would agree, furthermore, that we "mellow" with age. Displays of cruel behavior among children are common; children are notoriously self-centered and often unfeeling in their conduct toward others. As they mature, they develop increasing amounts of social conscience and consciousness, and this will become more apparent in each succeeding generation as the Aquarian Age approaches. The extent of humanitarianism displayed by the generation now in its late teens and early adulthood far surpasses that displayed by any group of similar age in recorded human history. The cosmic Aquarian influences which are already now making themselves felt account for the speed with which the growing universal impulse toward compassion is spreading, and this is further augmented by the close proximity into which all parts of the world have been brought by means of modern communication.

Even the members of the present particularly compassionate younger generation may be expected to become more mellow as they become more mature. These young people, when they first become knowledgeably aware of the suffering and seeming injustice in the

world, are incensed at what they see around them, and their feelings of anger, frustration, and even revenge against those they deem responsible are sometimes as intense as are the stirrings of pity and brotherly love which incite them to action on behalf of the wronged and oppressed. Even though these Egos have developed their Higher Selves to the point at which the desire to serve and help others is replacing self-aggrandizement, the lower nature is still making itself felt. The age-old emotions of anger and temper still exist. Since such feelings have no more place in the service of others than they have in the development of self, they must eventually be completely expunged. The mellowing process, here too, has its place.

Violence occurring on college campuses, in cities, and elsewhere, in the name of social reform, is a relatively recent phenomenon. Nevertheless, some former participants in these far-from-peaceful demonstrations are already on record as rejecting the future use of violence, and as saying that wrongs cannot be righted in this manner. They have learned an important lesson in a very short time.

We are not speaking here, of course, of that fringe of society to whom violence is a way of life, or of those who are under the control of the nefarious forces seeking to foment violence for their own dark purposes. Those poor Egos still have much to learn, spiritually and emotionally as well as mentally, before they will respond favorably and positively, rather than destructively and negatively, to the Uranian ray of change which is underlying more and more social activity. We are, instead, speaking of the more sensitive element among humanity which is coming to realize that exercise of the lower emotions must not be rationalized for any reason, since these emotions are exclusively destructive and, ultimately, self-defeating. Some people, even among the more altruistically inclined, learn this lesson much more quickly than others, and some members of the race may require many more life-

times before these essentially selfish emotions will become amenable to the promptings of the Higher Self. All this, ultimately, will come under the heading of "mellowing."

The truly spiritual person is one to whom the mellowing process has become very familiar. We may be sure that he knows what it is to suffer, that he has himself experienced, at one time or another, much of the gamut of physical, mental, and emotional tortures to which the race seems to be heir. Partly as a result of this, he has also developed his intuitive powers to the point at which he can "identify" with other people, put himself in their place, and quite literally feel within himself the internal turbulence which might be raging within them. Thus, what he has not learned by experience, he has learned by observation, and his resulting understanding of what makes mankind "tick" has helped him to unfold a supreme degree of fellow-feeling and love.

This, in turn, has imbued him with an innate gentleness unsurpassed by most of his compeers. The perhaps natural feelings of anger at evidence of injustice, crime, or other evil which are expressed by those who mean well but are not yet in complete control of their faculties have, in the spiritually astute person, been transmuted into tolerance, pity, and forgiveness. While not condoning the evil, he is well aware of the shortcomings and spiritual lack that prompt his fellow men to engage in it. While recognizing the need to restrain evildoers, he encourages rehabilitation rather than punishment, and clemency whenever feasible in the broader social interest. He views the deliberate perpetrators of evil, as well as people who simply lack the will-power to keep themselves from doing wrong, with sympathy rather than contempt, and mercy rather than dislike. He becomes ever more skilled at recognizing the divinity within each person, and knows how to capitalize on the person's particular strong

points in order to help him bring the evidence of that divinity to the surface.

People with these characteristics epitomize most completely all that true Christianity stands for. They, too, are the ones who achieve results with the so-called "hopeless" among their fellow men. Possessing a full measure of enlightened sympathy and creative tolerance, they do not hesitate to associate themselves with social outcasts of one sort or another in order to help them. Some of these people—although still a relatively rare few—were once social outcasts themselves and have made, in one lifetime, a remarkable transition from depravity to integrity and magnanimity. We have all heard and read of former drug addicts and alcoholics, for instance, who are now actively helping others afflicted with these iniquitous habits. Theirs has probably been the keenest suffering of all and, knowing first-hand what it is like to be in the dire, self-inflicted predicament of drug addiction or alcoholism, they are eager to help others rise above this degradation, as they themselves have learned to do. Here is exemplified the mellowing process at its most intense.

Thus we see that, although suffering appears to be an integral part of the evolutionary process—thanks largely to man's inability or disinclination to learn by precept and observation instead of by experience—it does serve a useful, even indispensable, purpose. "The cross of Christ is the pledge to us that the deepest suffering may be the condition of the highest blessing..." said Dean Stanley. We each have our own cross to bear, and our own self-inflicted torments to endure. Let us take heart from the knowledge that, by patiently sustaining and learning from them, we, too, are "mellowing." In time, and in proportion as we learn to live and serve in concert with God's laws, we, too, will be blessed with that gentle, sensitive, loving, and radiant nobility of character which epitomizes the spiritually evolved Ego.

MAX HEINDEL'S MESSAGE

Taken from His Writings

THE WEB OF DESTINY

(TWELFTH INSTALLMENT)

The Christ Rays Constitute the "Inner Urge"

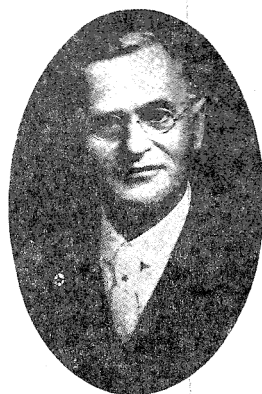
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IT is also noteworthy that the disturbances are confined to wires going east and west. If you will refer to pages 85 and 86 in *The Rosicrucian Cosmo-Conception*, you will see it stated there that rays or lines of force from the plant Group Spirits radiate in all directions from the center of the Earth towards the periphery and then outwards, passing through the roots of plants or trees, then upward toward the top of same.

The currents of the animal Group Spirits, on the other hand, encircle the Earth. The comparatively weak and invisible currents generated by the Group Spirits of the plants, and the very strong powerful rays of force generated by the Christ Spirit now becoming visible as the Aurora Borealis, have hitherto been of about the same nature as static electricity, while the currents generated by the animal Group Spirits and which encircle the Earth may be likened to dynamic electricity which gave the Earth its power of motion in by-gone ages. Now, however, the Christ currents are becoming more and more forceful and their static electricity is being liberated. The etheric impulse which they give will inaugurate a new era, and the sense organs now possessed by mankind must accommodate themselves to this change. Instead of the etheric rays which emanate from an object bringing a reflected image to the retina of our eye, the so-called "blind

spot" will be sensitized and we shall look out through the eye and see directly the thing itself instead of the image upon our retina. Then we shall not only see the surface of the thing we observe, but we shall be able to see through it as those who have cultivated the etheric vision do now.

As time goes on and the Christ by His beneficent ministrations attracts more and more of the interplanetary ether to the Earth, thus making its vital body more luminous, we shall be walking in a sea of light, and when we learn to forsake our ways of selfishness and egotism through the constant contact with these beneficent Christ vibrations, we also shall become luminous. Then the eye as it is now constituted would not be of service to us; therefore it is now beginning to change and we are experiencing the discomfort incident to all reconstruction. It may be said further with reference to the Aurora Borealis and its effects upon us, that these rays are radiated through every part of the Earth, which is the body of Christ, from the center to the periphery, but in the inhabited parts of the world these rays are absorbed by humanity as the rays of the plant Group Spirits are absorbed by the flower. These rays constitute the "inner urge" which is slowly but surely impelling mankind to adopt an attitude of altruism. They are the impregnating rays which fructify the soul, so that eventually the immaculate conception will take



place and the Christ will be born within each of us. When we have all thus become perfectly impregnated, the Christ Light will begin to radiate from us. Then we shall walk in the Light as He is in the Light, and we shall all have Fellowship, one with another.

Just a few words concerning collective destiny will end these lessons:

Besides the individual destiny generated by ourselves in each life, there is also a collective destiny which we incur by the fact that we are members of a community or a nation. It is well known that communities sometimes act as a whole, either for good or for evil, and it is only reasonable that these collective actions should also have a collective effect in future lives upon the members of that community or nation which takes part in them. It is found that when these acts are evil the debt thus contracted is generally liquidated in the course of accidents, so called, on a large scale. It has been taught as a matter of fact that there are no accidents save where man, who has the divine prerogative of initiating new causes, breaks into other lives and thereby causes a change in their affairs, or when by carelessness he takes the life of a fellow-being. The latter is an accident in many cases. But such great cataclysms as that which we witnessed in Sicily, and such as the San Francisco earthquake, the great European War, etc., are not accidents, but are causative acts of the community involved or the result of such acts in past lives. Knowing what we do of the working of the laws of infant mortality, we can readily realize, for instance, that as so many hundreds of thousands of victims of the Great War have passed out upon the battle field where it is absolutely impossible for them to etch in the panorama of their past life, it will be necessary for them to pass out in the next existence during childhood, and how can this wholesale death come to the infants of a future age save through some epidemic or some cataclysm which will sweep the

Earth? On that hypothesis we may see in the Sicilian earthquake, San Francisco's destruction, the famines in Ireland and India, and similar national catastrophes, the workings of destiny from the past, bringing to each nation the fruits of its past lives and actions as a community.

What has been said in the foregoing pages is a very slight hint of how we make and unmake destiny. Please remember that the few hundred cases investigated do not give an adequate basis for a general idea of the scope of the Law, and the student is bound to find incongruities in individual cases regarding what has been said. Questions will undoubtedly present themselves regarding this, that, or the other specific case, and while it is easy enough to investigate single cases and state what causes in one life produced certain effects in another life of one person, it is very different when we come to tabulate them and endeavor to form a general law, as we have tried to do in the present work.... Personally, the writer has gained much more knowledge than he has been able to communicate, but he hopes nevertheless that what has been said may be of some little use to the student as hints concerning the great mystery of life.

(Continued)

* * *

Man, on account of his divine nature, is the only being who has the prerogative of causing disorder in the scheme of his unfoldment, and as he may end his own life by an act of will, so may he also end the life of a fellow creature before its time has come. The suffering of the suicide would also be the suffering of the murdered, for the archetype of his body would keep on gathering material which it would be impossible for him to assimilate; but in his case, the intervention of other agencies prevent the suffering, and he will be found floating about in his desire body, in a comatose state, for the length of time that he would ordinarily have lived. — M.H.

Studies in the Cosmo-Conception

This department is devoted to a study of the Rosicrucian Philosophy by the Socratic Method, the material being taken from the Rosicrucian Cosmo-Conception.

Preparations for Rebirth

Q. What is the state of the Spirit prior to rebirth?

A. Previous to taking the dip into matter, the threefold Spirit is naked, having only the forces of the four seed atoms (which are the nuclei of the threefold body and the sheath of mind).

Q. To what might its descent be compared?

A. Its descent resembles the putting on of several pairs of gloves of increasing thickness.

Q. What first occurs?

A. The forces of the mind of the last life are awakened from their latency in the seed atom. This begins to attract to itself materials from the highest subdivision of the Region of Concrete Thought.

Q. How is this accomplished?

A. In a manner similar to that in which a magnet draws to itself iron filings. If we hold a magnet over a miscellaneous heap of metal filings we shall find that it selects only iron filings and that even of them it will take no more than its strength enables it to lift.

Q. How does this apply to the seed atom?

A. The same is true of the seed atom. It can take, in each Region, nothing except the material for which it has an affinity and nothing beyond a certain definite quantity even of that.

Q. What type of body does this produce?

A. Thus the vehicle built around this nucleus becomes an exact counterpart of the corresponding vehicle of the last life minus the evil which has been expur-

gated and plus the quintessence of good which has been incorporated in the seed atom.

Q. What form does the attracted material assume?

A. The material selected by the threefold Spirit forms itself into a great bell-shaped figure, open at the bottom and with the seed atom at the top.

Q. To what might we compare this descent?

A. If we conceive of this illustration spiritually, we may compare it to a diving bell descending into a sea composed of fluids of increasing density.

Q. To what would these correspond?

A. These correspond to the different sub-divisions of each World. The matter taken into the texture of the bell-shaped body makes it heavier so that it sinks into the next lower sub-division, and it takes from that its proper quota of matter. Thus it becomes still heavier and sinks yet deeper until it has passed through the four subdivisions of the Region of Concrete Thought, and the sheath of the new mind of the man is complete.

Q. What process is followed for the desire body?

A. Next the forces in the seed atom of the desire body are awakened. It places itself at the top of the bell, *inside*, and the materials of the seventh Region of the Desire World draw around it until it sinks to the sixth Region, getting more material there, and this process continues until the first Region of the Desire World is reached. The bell has now two layers—the sheath of mind outside and the new desire body inside.

—Reference: *Cosmo*, 133-134

WESTERN WISDOM BIBLE STUDY

Culmination of the Ministry

The Rite of the Footwashing

References: John 13:4-17; Luke 9:48; Matthew 23:23, 25, 27.

THE two words which encompass the entire life and work of the Master are love and humility. Nowhere in the Hebrew or any other oriental scripture is there a more touching representation of these qualities than in the story of the Foot Washing as it is told in the New Testament. Throughout the Gospels the Master warns against the sins which stand, as it were, in contrast to the divine virtues of love and humility; and His denunciations of hypocrisy and pride, the contraries of love and humility, are particularly scathing. It is only in the Gospel of John, however, that the Rite of the Foot Washing occurs, the most humble of the Master's deeds, for it was not a miracle such as had excited the admiration of the multitude and the respect of the Disciples. It was a simple, domestic act which anyone could perform and which carried with it no halo of fame or extrinsic reward.

According to oriental custom, the feet were clad only in sandals. It was the duty of servants to perform this menial service for guests, pouring water on the feet as they were held over a basin, and drying them with a towel. The Disciples had made no effort toward thus serving Christ Jesus, nor yet one another. They were occupied instead with disputations among themselves as to "which of them was accounted to be the greatest." When the Master observed their selfish personal ambitions He gently and lovingly took upon Himself the lowly task of performing this service for them. "What I do, thou knowest not now, but thou shalt know hereafter."

This simple deed has emphasized humility as the most essential requisite

for aspirants to Christian attainment. "I have given you an example that ye should do as I have done unto you."

The Philosopher's Stone, that celestial body which Paul describes in the fifth chapter of II Corinthians, that body which becomes either as a diamond or a ruby stone, depending upon the type of development, is not built when courting the adulation of throngs or seeking positions of prominence. The lofty spiritual development of the Christ lifted Him to the heights of the Transfiguration, and His love for humanity caused Him to take upon Himself the form of a servant and to be fashioned in the likeness of man.

John's is the only Gospel in which the denial of Peter is foretold. The other three simply record the fact after its occurrence. At the conclusion of the Last Supper at which He has given His Disciples His deepest esoteric instruction, the Master had but one more word for them, and that was love.

"A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another.

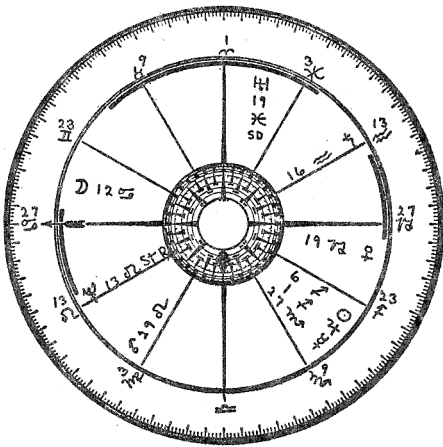
"By this shall all men know that ye are my disciples, if ye have love one to another."

This commandment is as applicable to the present age as when spoken by the Lord of Love. Just so long as there are wars and rumors of wars, so long as man hates his fellow-man and seeks revenge for wrongs, we are Christians in little more than profession and aspiration, for we are still in that attitude of mind or state of consciousness which belongs to the Jehovistic regime and the external law of the Ten Commandments. Christians are followers of that Way which is set forth in the Sermon on the Mount. Not until we begin to live these precepts are we truly Christians; before that we are

(Continued on page 549)



William Blake: Visionary Genius



Part I

NEPTUNE is the planet of spirituality, and in its highest aspects represents the reunion of the finite with the Infinite. In William Blake's chart the astrologer notes Neptune in Leo trine the Sun and Jupiter in the aspirational sign Sagittarius. Also, we find that Uranus, the planet of altruism and intuition, is in Pisces in the ninth house, trine the Moon in the psychic sign Cancer and sextile Venus in Capricorn. Here we have a visionary, a dreamer of constructive dreams for transforming the world, an original, independent, and prophetic genius, possessing a very active imagination of a creative order, as well as the ability to see into the (to most people) invisible realms. His vision was not merely that of imagination and mental

picturization, but that of the sixth sense—the ability to see beings composed of ether and desire stuff. Withal, he was a kindly, warm hearted man.

Some people thought Blake mad when he said that he had touched the sky with his finger. They only advertised their ignorance of the source and mechanism of the arts. The orthodox have sometimes regarded the makers of new maps of the world as madmen or heretics, when they were actually practical men with a great vision—advanced Egos struggling to disclose great matters to an indifferent and wayward humanity. Having faculties not developed or understood by the rank and file, they have been labeled “queer” and “mad” even while pointing the way to a higher mode of life.

Many people are not conscious of the fact that they are being escorted on every hand through life by angels or spiritual agents, that a beneficent purpose lies in wait for them, that every moment as well as every object instructs. Theirs is the material world, and they are oblivious to the high joy and inspiration that come from a responsiveness to the vibrations of the higher planes.

The flowery garment of this world is for the spiritual person a medium of ineffable perception, a source of exalted joy, the veritable clothing of God. Such a state of things has always been found incredible by mere common sense. “The tree which moves some to tears of joy,”

says Blake, who possessed in an eminent degree this form of sacramental perception, "is in the Eye of others only a green thing that stands in the Way."

Many censure artists for painting ugly things, but they are only striving to show us a beauty to which we are blind. They have marched ahead of us and attained that higher vision which Blake possessed, in which the visionary sees the whole visible universe transfigured because he had "put off the rotten rags of sense and memory," and put on Imagination uncorrupt.

"I know," says this extraordinary man, "that this world is a world of imagination and vision. I see everything I paint in this world, but everybody does not see alike. To the eye of the miser a guinea is far more beautiful than the sun and a bag worn with the use of money has more beautiful proportions than a vine filled with grapes. "...Some see Nature all ridicule and deformity, and to these I shall not regulate my proportions, and some scarce see Nature at all. But to the eyes of the man of imagination, Nature is Imagination itself. As a man is, so he sees. As the eye is formed, such are its powers. You certainly mistake when you say that the visions of fancy are not to be found in this world. To me this world is all continued vision of fancy or imagination and I feel flattered when I am told so."

Another seer, Ralph Waldo Emerson, reminds us that nature is loved by what is best in us. He says the sunset is unlike anything that is underneath it: it wants men. He sees man fallen, but nature, he reminds us, is erect. If our own lives flowed with the right energy, we should shame the sunset or the flowing brook. We should out-dazzle in beauty the fair flowers and become fully as splendid as the shining jewels of heaven, the stars. But alas, man is yet fallen. He is a beggar instead of a Prince.

With his Moon in Cancer trining Uranus in Pisces, his Sun and Jupiter in the 5th house trining Neptune, and Mercury in the 5th squaring Mars in Leo, Blake was

inclined to employ effective and even startling methods of teaching, calculated to strike the imagination of the onlooker or listener. Yet often the more inspired his utterances, the more passionately and dogmatically Christian they become.

"We behold
Where Death eternal is put off eternally.
O Lamb,
Assume the dark satanic body in the
Virgin's womb.
O Lamb divine, it cannot thee annoy.
O pitying One,
Thy pity is from the foundation of the
world, and thy Redemption
Begins already in eternity."

This is the doctrine of the Incarnation in a nutshell.

Of the following quotations from Blake's "Jerusalem," the first is only a poet's gloss on the Roman Catholic's cry, "O felix culpa"; the second is an epitome of Christian theology and ethics:

"If I were pure, never could I taste the
sweets
Of the forgiveness of sins. If I were holy,
I never could behold the tears of
love,... O Mercy! O divine Humanity!
O Forgiveness! O Pity and Compassion!
If I were pure
I should never have known thee."

"Would'st thou love one who never died
for thee or ever die for one who
had not died for thee?
And if God dieth not for man and giveth
not Himself
Eternally for man, Man could not exist,
for Man is love
As God is love. Every kindness to another
is a little death in the divine Image,
Nor can Man exist but by brotherhood."

The Christ Spirit is to be discovered not merely symbolically but in the ecstatic and abounding life of the world. For, in the rapturous vitality of the birds, in their graceful, proud flight; in the swelling of buds and the sacrificial beauty of the flowers; in the great and solemn rhythms of the sea—there is somewhat of Bethlehem in all these things, somewhat too of Calvary in their self-giving, noble pains. It was this re-discovery of Nature's Christliness which Blake desired so fervently. To him it is not that each object is important because

existing in the Body of God, so much as the truth that God, standing behind or back of all that is, is all-important. For, as Emerson says, "From within or from behind, a light shines through us upon things, and makes us aware that we are nothing, but the light is all."

Potentially, each man is All—"in every bosom a universe expands"—and the beginning of the way or Path is in himself, is an inner eye too long disused, in a capacity for vision and self-surrender and soul unfoldment.

"To see a World in a Grain of Sand
And a Heaven in a Wild Flower,
Hold Infinity in the palm of your hand
And Eternity in an hour."

Blake's "To see a world in a grain of sand"; Tennyson's "Flower in the crannied wall," Vaughan's "Each bush and oak doth know I AM," are reports of things seen in the spiritual consciousness. If we can see how the thing stands in God or in spiritual consciousness, we shall then know any particular thing, and everything, and every man.

"...In Your own bosom you bear your
Heaven and Earth and all you behold;
Though it appears Without it is Within,
In your imagination of which this
World of Mortality is but a shadow."

Inherently, Blake believed, as well he might, every man is clairvoyant, and endowed with the faculties of imagination and intuition with which to cognize the truths and beauties of the higher realms. To perceive more and more of heaven in everything is man's most important work here. As an artist, he must transcend earth things and reveal the glories that lie beyond. For Blake to do this was not difficult, for he had not only the purely imaginary faculty highly developed (Moon in Cancer trine Uranus in Pisces), but also the ability to see beings in the invisible realms (Neptune trine Sun and Jupiter). Both were drawn upon for his paintings as well as for his poetry.

Blake maintained that "If the door of perception were cleansed, everything would appear to man as it is, infinite." Yet this cannot occur, he tells us, until

man ceases to dogtrot a dull round of sense existence. Humanity must demonstrate a laudable imagination and freedom and courage, as against dull routine and timidity. In other words, man, the Spirit, must transcend the lower self and the things of the earth, unfolding the inherent spiritual faculties with which he as a child of God is endowed, and thus become more and more aware of the realities and wonders of the superphysical realms. *Spirit triumphant* is the objective he holds up to mankind.

The birth of William Blake occurred in London, November 28, 1757. His father, James Blake, of whose family and origin nothing is known, was a hosier living at 28 Broad St., Golden Square. His mother's maiden name was never recorded. The family consisted of four sons and a daughter. William was the second son and the only one to achieve distinction. The third son, John, died young after a life of dissipation. (Blake's Mars in the third house, brothers and sisters, square Mercury in Scorpio in the fifth.) The youngest, Robert, who showed considerable ability as an artist, was greatly loved by William and tenderly nursed by him through an illness of which he died at twenty-five years. (Sun, ruling third, conjunct Jupiter and square Mars in the third. Also, note the Moon and Ascendant in Cancer, the sympathetic, nursing sign.)

Artistic leanings began to show early in the life of this genius. Note the ruler of the Ascendant, the imaginative Moon, in opposition to the artistic Venus, also Venus sextile Uranus in Pisces. The latter aspect gave him an unusual taste and genuine artistic ability. His ability to see into the invisible realms was also apparent at an early age, for it is recorded that his parents were faced with the problem of punishing him when he matter-of-factly spoke of having seen a tree full of angels and of having had an encounter with Ezekiel. Although his parents did not understand their unusual son, yet they fortunately were more tolerant than most parents of that day would have been toward his "eccentric-

ities." Because the sensitive child was so horrified at seeing children whipped at school, his father refrained from forcing him to attend. Most of his education was therefore obtained at home by reading and the assistance of other members of the family. (Mercury, ruler of the third house, squaring Mars in the third.)

Blake's father wisely decided to encourage William's artistic bent and sent him at the age of ten to Par's drawing school in the Strand. (The progressed Sun in the fifth, sextile to Saturn.) He also gave him casts to draw from and allowed him to buy prints after the Old Masters. In 1771 (the progressed Sun semisextile Venus and square Uranus, and progressed Moon trine Saturn) he was apprenticed to Besire, the engraver, and served his time faithfully in learning the conventional (Saturn) style of engraving. He also made drawings of the monuments in Westminster Abbey and these were engraved for Gough's "Sepulchral Monuments." His mind was greatly influenced by the surroundings in which he worked, and the Gothic style was to him the ideal, "the living form," forever after. "Angels Hovering over the Body of Jesus" is the title of a painting well illustrating this ideal. The artist also cultivated his mind in other ways, reading Burke, Bacon, and a translation of Winckelman, indicating an interest in political and social reform which later took on larger proportions.

Blake's creative fancy—note three planets, including the all-powerful Sun in Sagittarius, in his creative fifth house—found its outlet in those early years in poetry, some of which survives in the thin volume of "Practical Sketches," printed by his friends in 1783. These pieces were composed between his 12th and 20th years. They remained unknown and therefore had no influence on the poetry of that time. Nevertheless, they were the forerunners of the freer age in poetry which began some twenty years later. In these poems, too, may be found hints of the radical political ideas expressed more forcibly later on.

In 1778 Blake completed his apprenticeship, being then twenty-one, and set out to earn his own living as a professional engraver. He executed many commissions for booksellers and publishers for the next twenty years, largely supporting himself by this means. In 1780 (the progressed Sun trining Mars in Leo) he first exhibited pictures at the Royal Academy where they were admired by Romney.

(Continued)

* * *

WESTERN WISDOM BIBLE STUDY

(Continued from page 545)

merely aspirants to the Christian ideal.

After the inner lesson given to the Disciples through the Triumphal Entry, the Master again emphasized the importance of love as the supreme power.

(Continued)

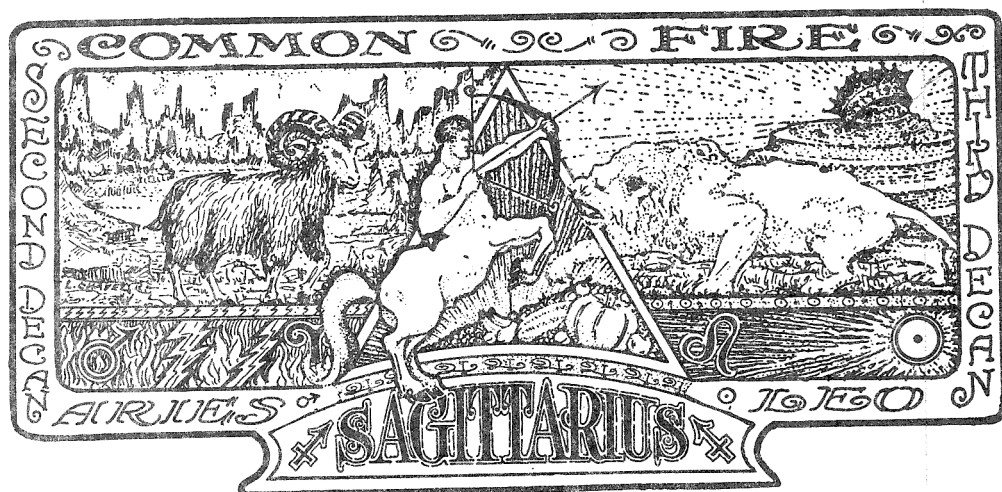
Horoscopes for Subscribers' Children

Should you wish to avail yourself of a possible opportunity to have your child's HOROSCOPE delineated in this department, subscribe to this magazine for one year, and accompany your subscription with an application for a reading. **RENEWALS** count the same as a subscription. Readings are given for children up to 14 years of age. They include a general character, health, and vocational analysis.

TWO names only are usually drawn each month, but unless there is an unusually large number of applications, you may have more than one opportunity for a drawing.

BE SURE to give: Name, Sex, Birthplace, and Year, Month, Day (of month), and minute of birth, as nearly as possible. Also please be sure to state if Daylight Saving Time was in effect.

NOTE: We give horoscope readings **ONLY** in this magazine.



The Children of Sagittarius, 1972

Birthdays: November 22 to December 22

REPRESENTING mutable-fire, or adaptable spirituality, the sign Sagittarius is the third of the fiery triplicity. Its natives usually live in the shifting strata of life, thriving best when travelling or making changes in their environment and work.

The great benefic, Jupiter, rules Sagittarius, and those born with the Sun in this sign of benevolence and optimism are usually "hail fellow well met" in their sphere of life. Usually jovial and generous in their attitudes toward others, the Sagittarians carry an uplifting vibration of friendliness and tolerance wherever they may be.

Two general classes of people are born under this double-bodied sign. One is appropriately symbolized by the animal part of the centaur (half man and half horse), and is composed of roving soldiers of fortune, habitues of the race tracks and gambling halls. This type is out chiefly for a "good time" with a constantly changing scene. The moral standards are not usually high nor the nature stable. Lacking in respect for the law, these natives are often drawn into the less violent types of crime.

The more spiritually unfolded Sagittarian, represented by the human part of the centaur aiming the bow of aspiration at the stars, is of an entirely different nature. He is extremely idealistic, law-abiding, trustworthy, and likely to be respected and honored for his integrity and benevolence. Conservatism and regard for the conventions of society are strong in the natures of these people, however, and this sometimes prevents their joining the ranks of the pioneers.

Usually endowed with a retentive memory and a quick and ready wit, the Sagittarians often excel as conversationalists and orators. As lawyers and ministers of the gospel, they stimulate and hold their audiences with a ready flow of facts and experiences.

All of the children born during this solar month will have Saturn trine Uranus, and Neptune sextile Pluto, so that they will have considerable ambition, determination, and ability to concentrate upon large problems, as well as to exercise authority, plan, and systematize. The intuition is quite strong, giving an inner guidance when new and important steps have to be taken. The mind is mechanical and ingenious, denoting the successful inventor, particularly along

the lines of electricity. A strong leaning toward the occult is likely to be present.

The Sun and Mercury are in conjunction from November 22 to 29, favoring the memory and mentality when the orb of aspect is three degrees or more.

From November 22 to December 5 the Sun and Neptune are in conjunction. This configuration raises the vibrations of the aura, bringing the native in touch with the denizens of the invisible world. However, this is a rather negative influence, so that the positive way of life and spiritual development should be stressed. Seances, the ouija board, and other negative psychic phenomena should be strictly avoided.

Venus and Uranus are in conjunction on November 22, an aspect which is directed according to other aspects to these planets. If well aspected the native will be mentally alert, intuitive, and magnetic, attracting many friends. There will be a love for art and music, and a happy marriage is favored. If the conjunction is unfavorably aspected, however, there will be difficulties through emotional attachments, and the native is apt to be erratic, lacking balance in his nature.

From November 22 to 29, and from December 12 to 22, Mercury conjoins Neptune, indicating a mind peculiarly adapted to the occult, particularly if the conjunction occurs in the third or ninth house. A supernormal faculty may be developed, such as magnetic healing.

Jupiter and Mars are in sextile aspect from November 22 to December 16, showing ability to influence others and enthruse them to work for a common cause. The nature is inclined to be noble, sincere, honest, and straightforward, and there is excellent earning capacity. These natives have much ingenuity and constructive ability and use these faculties with wholehearted interest. They usually love out-of-door games and sports, as well as travel, and have an abundance of physical vitality, power, and endurance.

From November 24 to December 16

Venus and Mars are in conjunction in the sign Scorpio, a configuration which will be modified by aspects from other planets. However, the passionate nature is intensified, so that these children should have special instruction and training in regard to the sanctity of the creative force and how to use it constructively through physical and mental endeavor.

The two benefics, Venus and Jupiter, are in sextile aspect from November 28 to December 9, one of the best signs of success and general good fortune. It favors the accumulation of wealth and the enjoyment of all the luxuries of life, and is a good indication of a successful and happy marriage, along with social prestige. The nature is jovial, optimistic, generous, hospitable, and philanthropic, and there is a love for travel, music, and art.

From December 1 to 16 the Sun and Saturn are in opposition, tending to lower resistance to disease. It shows delays and obstacles in the life, but if these are taken as opportunities to overcome selfishness, pessimism, and disregard for others, they can bring much spiritual progress.

The Sun and Uranus are in sextile aspect from December 5 to 22, showing that the native is intuitive, original, inventive, and independent. He is apt to attract many helpful friends and rise in life by means of their influence. Though idealistic and high-strung, the native has himself well under control.

From December 18 to 22 Venus and Neptune are in conjunction, indicating a fertile imagination, deep emotions, musical ability, and a pure and chaste disposition if other planets favorably aspect the conjunction. If not, there will be opportunities to learn dependability, trustworthiness, and complete honesty.

Venus and Mercury are conjoined from December 19 to 22, indicating a cheerful, companionable, and good-natured person. There is ability for music and poetry, especially if the conjunction is near the ASC, and also for salesmanship due to an affable, persuasive personality.

Readings for Subscribers' Children

LORI E.

Born January 19, 1961, 8:04 P.M.

Latitude 42N58, Longitude 85W40.

Signs on Cusps of Houses:

ASC, Leo . . . 28.47	4th, Scorpio. .22.00
2nd, Virgo. . . 21.00	5th, Sagitt. . .28.00
3rd, Libra. . . 19.00	6th, Aquarius . 0.00

Capricorn intercepted in 5th

Positions of Planets:

Pluto 8.03	Virgo 1st
Dragon's H. . . . 8.19	Virgo 1st
Part of F. . . . 12.45	Libra 2nd
Neptune 11.10	Scorpio 3th
Jupiter 18.38	Capricorn . . . 5th
Saturn 21.53	Capricorn . . . 5th
Sun 29.45	Capricorn . . . 5th
Mercury 8.56	Aquarius . . . 6th
Moon 13.43	Pisces 7th
Venus 16.21	Pisces 7th
Mars 1.55	Cancer 11th
Uranus 24.43	Leo 12th

This child's chart shows a retrograde Uranus in the 12th house in conjunction with the Leo ASC, square the MC, parallel Neptune. Since it will not go direct in her lifetime, the planet's full effect will not be felt. Nevertheless, the uranian influence will manifest to some extent in her personality, inclining her toward independence, progressiveness, intuitive perception, and originality. Leo on the ASC and fixed signs on all the other angles insure stability and fixity of purpose, as well as determination and persistence in accomplishment.

Jupiter, Saturn, and the Sun are in the ambitious Capricorn in the 5th, the solar orb making an 8-degree conjunction with Saturn, but no other aspect save a trine to the MC. Lori will wish to rise to prominent positions in life and will strive toward that end. She is basically rather serious, persistent, and possessed of forethought and the power of concentra-

tion, and should cultivate a more joyful, optimistic attitude. Fortunately, Saturn conjuncts Jupiter and sextiles the Moon and Venus in Pisces, indicating such splendid traits of character as tact, method, thrift, simplicity of taste, self-reliance, and trustworthiness.

The Moon in Pisces in the 7th, conjoined with Venus, and trine to Neptune (in Scorpio in the 3rd), favors success in partnerships and all dealings with the public, gives a receptive mind and a fertile imagination, but perhaps a tendency toward self-pity at times. There is a love for art and music, oratorical ability, and a kindly, affectionate disposition which results in an engaging personality. The trine of the Moon and Venus to Neptune tends to increase the imagination to a superlative degree, favors dreams and visions of a prophetic nature, and makes an inspirational musician.

Mercury in Aquarius in the 6th points toward originality and independence, an unconquerable love of liberty, high ideals, and a tendency to ignore styles and conventions. There is a liking for mathematics, science, and astrology, and ability in these fields. However, Lori should be careful not to overtax herself mentally and physically, or disability of the nervous system may result. The practice of concentration and training of the memory will help her to overcome the square of Mercury to Neptune.

Mars intercepted in Cancer in the 11th house is unsuspected and therefore not strong. Since Mars rules the 4th house, it is probable that Lori will be inclined to exercise authority over everything and everybody in the home. There is a home-loving tendency, however, and a desire to provide comfort and enjoyment there.

Since Venus rules the Taurian 10th house, and is posited in Pisces, Lori will be interested in acting, in hospital work, and in caring for animals, but she will likely devote most of her time to home and family.

CHRISTOPHER J. K.

Born June 24, 1963, 8:48 A.M.

Latitude 37N50, Longitude 92W11.

Signs on Cusps of Houses:

ASC, Leo . . . 20.51	4th, Scorpio. .14.00
2nd, Virgo. . . 13.00	5th, Sagitt. . .19.00
3rd, Libra . . . 11.00	6th, Capri. . .22.00

Positions of Planets:

Uranus 2.05	Virgo 1st
Pluto 9.34	Virgo 1st
Mars 11.14	Virgo 1st
Part of F. 1.28	Libra 2nd
Dragon's T. . . 21.25	Libra 3rd
Neptune . . . 13.16R	Scorpio 3rd
Saturn 22.45R	Aquarius 7th
Jupiter 16.12	Aries 9th
Mercury 12.45	Gemini 10th
Venus 14.21	Gemini 10th
Sun 2.23	Cancer 11th
Moon 12.59	Leo 12th

Here we have a little boy with the Sun in the sensitive, emotional sign Cancer, in the 11th house, and sextile to Uranus and Pluto conjoined in Virgo in the 1st. Christopher is original, independent, intuitive, humanitarian, and sympathetic, and will attract many friends of a like nature—some in high worldly positions. He is quite conscientious and tenacious, too, so that he can be depended upon to stay with any task undertaken until it is finished. Innately somewhat cautious, he is yet not “the last to lay the old aside,” for he has a strong progressive urge. He is idealistic and high-strung, but usually keeps himself under control, rarely showing anger or temper.

The Moon in Leo has an illuminating influence on the mind, and indicates a tendency toward self-reliance and organizational ability. Although in the 12th house, where it sounds a warning to beware of clandestine love-affairs, the lunar orb sextiles Venus and Mercury con-

joined in Gemini in the 10th, trines Jupiter in Aries in the 9th. Some very desirable traits are here indicated: oratorical ability, a fruitful imagination, a love for art and music, excellent power of expression, a receptive mind, and a retentive memory. The nature is kindly and sympathetic and this inclines toward an engaging personality. The Moon squares Neptune, however, retrograde in Scorpio in the third, so that Christopher should be given special training in the positive path of spiritual unfoldment, avoiding all such negative psychic phenomena as seances and the ouija board.

Mercury in Gemini shows that Christopher is fond of change and travel; almost anything that is new will appeal to him. The conjunction of Mercury with Venus, its sextile to the Moon and to Jupiter adds further testimony that this child has an excellent mind: broad, versatile, and able to reason correctly. He is cheerful and optimistic and has an especial flair for law and literature. However, the square of Mercury to Mars in Virgo in the 1st gives a warning to control a tendency toward excitability and impulsiveness at times. He also needs to strive to “tell things as they are,” not exaggerating his statements.

Jupiter, the Great Benefic, is quite strong in this child's chart, being posited in Aries in the 9th, sextile Venus, Mercury, and Saturn, and trine the Moon. This shows a high-spirited, energetic, and ambitious mind, always on the lookout for new and progressive methods usable for advancement in the world's work; a thoughtful, sympathetic disposition, sincere, honest, and trustworthy, somewhat religiously inclined. There is legal and literary ability, and a love for travel, which is apt to be extensive.

This child has a great deal of spiritual understanding, and he can, with effort, learn to control his undesirable qualities and contribute substantially to the progress of the world as a teacher, lecturer, or translator.

VOCATIONAL GUIDANCE ADVICE

This page is a free service for readers. Since advice is based on the horoscope, we can give a reading ONLY if supplied with the following information: full name, sex,

place of birth, year, day of month, hour. No reading given except in this Magazine and ONLY FOR PERSONS 14 to 40 YEARS OF AGE.—EDITOR.

Law Enforcer, Govt. Official

RUDY C. — Born December 5, 1943, 9:45 A.M. Latitude 34N, Longitude 119W. The ambitious Capricorn is on the ASC of this horoscope, and Aquarius is intercepted in the 1st, containing Saturn, which sextiles Venus and Uranus, squares Moon and Mercury. Thus this native has a rather strong saturnian personality—quiet, persistent, and, since Saturn squares Mercury, perhaps pessimistic and suspicious at times. The Sun is in the Jupiter-ruled sign Sagittarius in the 11th, conjunction Venus, square Neptune in Virgo in the 8th, showing psychic tendencies of a negative nature. With Jupiter in Scorpio in the 9th but conjunct the MC, and Mercury and Moon in close conjunction in Scorpio in the 10th, this native's vocational activities are likely to be of a public nature. He could serve well as a law enforcer, engineer, mortician, dentist, or credit manager. He could also use his talents well as a government official, appointed or elected.

Physician, Druggist

JOHN J.B. — Born November 22, 1944, 6:40 A.M. Latitude 40N45, Longitude 73W57. This chart shows Scorpio rising with Mars in the 1st in conjunction with the ASC, and with the Sun in the first degree of Sagittarius in the 1st, sextile Neptune in Libra in the 10th. Mercury is also in Scorpio in the 1st, sextile Moon in Aquarius in the 3rd, square the MC and Jupiter in Virgo in the 10th. The lunar orb trines Uranus, retrograde in Gemini in the 7th. This native will no doubt need to strive constantly to moderate his Mars-in-Scorpio-on-ASC personality, though the fact that it is unafflict-

ed and sextiles Jupiter does a great deal to combine benevolence with the strong Mars influence. The position of Jupiter in Virgo in the 10th house, plus the strong Scorpio influence, points toward such vocations as physician, druggist, chemist, and dietician. The presence of Neptune in the 10th, strongly aspected (sextile Sun and Pluto, trine Uranus, square Venus and Saturn), adds testimony of a spiritual trend in the vocation, possibly in the lecture field.

Musician, Salesman

GERALD F.S.—Born November 10, 1947, 3:55 A.M. Latitude 49N14, Longitude 123W07. Here we find the Sun in the Mars-ruled Scorpio in the 2nd house, in conjunction with the Dragon's Tail, trine the MC, but square Pluto, Mars and Saturn, the last two in the 11th house. This configuration suggests that opportunities will come through friends to overcome a tendency toward selfishness, resentment of authority, and cruelty. However, there is a better side to the nature, indicated by Neptune and the Moon in conjunction in the 1st, conjunct the ASC, sextile Pluto, Mars, and Saturn, trine Uranus. This shows a strong inclination toward the spiritual side of life, as well as to music and art and a love for travel. Venus and Jupiter in conjunction in Sagittarius in the 2nd, sextile the ASC, adds to this inclination, as well as indicates a pleasing personality. Since the Moon rules the Cancer MC, and is in Libra well aspected, the most satisfying vocational field for this native is music. He could perform well on a chosen instrument, as well as make a competent salesman.

Daily Thought and Guide

These daily meditations are based partly on the planetary hours of the day, daily aspects and vibrations.

Friday — December 1

Let us begin this holy month on a note of aspiration. "No man can ever rise above that at which he aims."—*A.A.Hodge*

Saturday — December 2

A quiet day on which to rest up for the busy weeks ahead. When making Christmas lists, it is good to remember that "the gift without the giver is bare."

Sunday — December 3

"Behold, a virgin shall be with child, and shall bring forth a son, and they shall call his name Emmanuel... God with us." — *Matt. 1:23.*

Monday — December 4

An understanding heart is a stronger attribute than an angry voice, and much more can be accomplished with kindness than with threats.

Tuesday — December 5

Outdoor exercise is valuable even in cold weather. Our bodies need the motion and fresh air, and our minds work better after physical stimulation.

Wednesday — December 6

We will profit from occult study and meditation today, particularly if we turn our attention to the esoteric significance of the Christmas season.

Thursday — December 7

We tend to be annoyed or upset when unexpected changes disturb our routine, but change is indispensable to progress.

Friday — December 8

Mars and Venus send their best influences, and it should be easy to feel love in our hearts and devote our energies to labor for our fellow men.

Saturday — December 9

Mercurial activities are favored, and it could be a fine time to compose some of those sincere yet original Christmas messages that we would like to send to friends.

Sunday — December 10

The rituals of our worship can be made more meaningful if we allow the intuitive knowledge deep within us to surface and guide our thoughts.

Monday — December 11

A variety of aspects today should keep us busy. If we conduct ourselves always in accordance with His commandments, we will make the most of our experiences.

Tuesday — December 12

The splendid spiritual vibrations which have now almost reached the epitome of their power are our strongest safeguard against any negative influences that might be felt.

Wednesday — December 13

The restraining arm of Saturn may be evident today, but like other teachers, he sometimes must appear cruel in order to be kind.

Thursday — December 14

"The glow of inspiration warms us; this holy rapture springs from the seeds of the Divine mind sown in man."—*Ovid.*

Friday — December 15

"Persistence and more persistence" remains the keyword of spiritual striving. Nothing worthwhile is achieved without steadfast dedication.

Saturday — December 16

We should be able to complete our tasks today with relative ease. Amid the rush, let us not lose sight of the true meaning of Christmas.

Sunday — December 17

Jupiter helps us express his traits of nobility, generosity, and friendliness on this Lord's day, as we attune ourselves to the splendid seasonal vibrations.

Monday — December 18

The Moon makes some difficult aspects, but if the true spirit of Christmas is in our hearts, we will surmount all troubles.

Tuesday — December 19

"Those who make us happy are always thankful to us for being so. Their gratitude is the reward of their own benefits." — *Madame Swetchine*.

Wednesday — December 20

Let us try to be calm and reasonable in our activities, avoiding the pre-holiday fatigue which can only mar the joy of the season.

Thursday — December 21

"The Christ brings to us each year the spiritual food needed to advance us upon the path of progress, that we may attain perfection in love with all which that implies." — *Max Heindel*.

Friday — December 22

Splendid aspects to Venus and Neptune help us enjoy and benefit from the glorious carols and sacred anthems. Truly, they are echoes from the heaven worlds.

Saturday — December 23

As we make last minute preparations, are we remembering to give of ourselves to those less fortunate? Loneliness is one of the heaviest burdens, especially now.

Sunday — December 24

"For God so loved the world, that he gave his only (alone) begotten Son, that whosoever believeth in him should not perish, but have everlasting life."
— *John 3:16*.

Monday — December 25

May the Christmas message of love, peace, and brotherhood remain in our hearts during the months to come, and guide us to new heights of endeavor and progress.

Tuesday — December 26

In the afterglow of Christmas Day, with the exultation of worship and the joy of loving companionship still strong within us, let us "Praise God from Whom all blessings flow."

Wednesday — December 27

A fine aspect to Neptune augments the strong spiritual influences that surround us; a day for reflection as well as earnest striving.

Thursday — December 28

Exercise of intellect and imagination should be profitable today. When both are used successfully in combination, Epigenesis is unfolded.

Friday — December 29

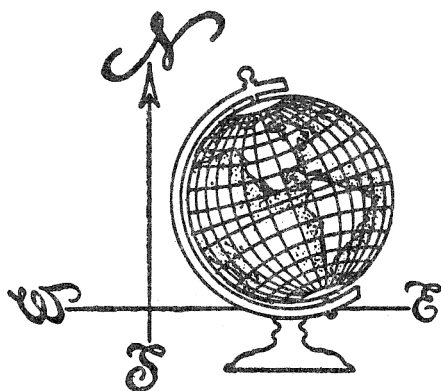
"Coolness, and absence of heat and haste, indicate fine qualities. A gentleman makes no noise, a lady is serene."
— *Emerson*.

Saturday — December 30

After attending to our duties, we can turn to rest and recreation. Moderation in all things is good advice.

Sunday — December 31

May we welcome the new year soberly and prayerfully, turning our thoughts to the good will among men that will someday connote a truly "Happy New Year."



MONTHLY

News
 INTERPRETED

Friends for the Retarded

Margaret Johnston and Don Oliver (not their real names) are planning to get married. They love each other, but there are problems: Both are mentally retarded. Surprisingly, the trouble lies not with their handicaps—each has recently moved from institutions to approved boarding houses in the community, and each now has a job—but with the social retardation they suffer as a result of having been isolated in an institution.

Like many of the retarded, who experts believe could lead comfortable, independent lives in the community, Margaret and Don find the adjustment to normal life very difficult. Ordinary encounters, like asking bus directions or making friends on the job, require extraordinary courage.

Now, thanks to a new program that is spreading across the U.S. and Canada, that adjustment may come a little more easily.

Margaret and Don are among the growing number of retardates who have a Citizen Advocate—someone who is committed to representing their interests. In other words, Margaret and Don have a friend. Her name is Debbie, a young woman the same age as Margaret who understands the couple's complex problems. "I have to constantly reassure Margaret that I just want to be her friend, that I'm not one more person trying to run her life," Debbie says. The two women discuss everything, from how Margaret should decorate her room to what marriage will really be like.

One of the virtues of the Citizen Advocacy program is its extreme versatility. Debbie and Margaret are free to work out their friendship in their own way. Other relationships are also unique—responsive only to the needs and talents of the two individuals.

Jim, a college dropout, for instance, is the Advocate of a teen-age boy from the inner city. "I try to expose him to new experiences. Like hiking," Jim explains. "He'd never

been to the mountains before, and he loved it.

Suzy, another Citizen Advocate, knows that what John, a young retardate who lives at home, needs most is a job. She approaches prospective employers for John, and, when she finds him a place, she will work with him for a while to help him learn the ropes.

The idea for Citizen Advocates originated with Dr. Wolf Wolfensberger, an internationally recognized clinical psychologist who believed that established relationships—public guardians, trustees or custodians—had failed to meet the needs of the handicapped.

His advocacy concept, which was rejected at first as "too idealistic," was eventually tried out in Nebraska. Its success there led the National Association for Retarded Children to recommend Citizen Advocacy to its local chapters; several states are now well into pilot programs of their own. The Denver Association, for example, set up a program for Colorado in January and expects to have 60 relationships formed by this month. Funds, which come from both public and private sources, pay for a full-time coordinator, who enlists and trains the advocates and pairs them with the retarded.

The advocates are recruited from all backgrounds and all ages—although the majority are in their twenties. In fact, says Robert Luckey, consultant in Program Services for the NARC, "it's the young and their dedication to human rights that have made the whole advocacy idea possible."

For further information, contact a local Association for Retarded Children, or write NARC, 2709 Avenue E East, Arlington, Texas. 76011

— Betty Swords in *McCall's*, Aug., 1972.

Here is another worthy cause in which spiritual aspirants seeking additional ways to be of service can participate.

Not too long ago, it was unheard of for the mentally retarded to be able to perform useful jobs and live independently among "normal" people in society. The excellent training that the mentally retarded are now receiving is a tribute to the concern and dedication of understanding professionals, social workers, and laymen everywhere.

With all the splendid preparation now available to many of the mentally retarded, however, it must still be a tremendous chore for them actually to take the initial steps from institutionalized living out into the world, and to make some of the simple decisions of daily life to which many other people would not give a second thought. Everyone needs someone to talk to. Surely this is particularly true in the case of retarded and handicapped people who find many routine activities difficult, and whose past experiences have caused them to suspect the motives and attitudes of their peers.

The success which this program has already achieved shows the value of direct contacts on a person-to-person basis between compassionate human beings and those who are in need of their understanding. It is another forerunner of the superlative humanitarian endeavors that will characterize the Aquarian Age.

Inventor Claims Car Uses Vegetable Oil

Richard Clem claims that if the automobile industry would adopt his new invention, the American motorist would change the oil in his car only every 150,000 miles and in between not buy any gas.

That might come as a shock to Detroit and the petroleum industry, but Clem, a heavy equipment operator for the city of Dallas and a spare time inventor, said he has discovered what French fries and hash browns have known for years—that vegetable oil is a hot product.

He said his motor—much of which he won't divulge—uses eight gallons of vegetable oil for fuel....

His motor is mounted in a bright red car but he said if it is made large enough, "this type of engine could power ships, aircraft, even provide enough power to produce elec-

tricity for large cities.

"I use vegetable oil because right now the engine is running at 300 degrees," said Clem, 43. "Water would boil and evaporate and conventional motor oil would break down."

The only apparent outside source of power in his car is a 12-volt battery, which Clem said "is used only to start the engine. Once started you can throw the battery away." He said, however, the battery also powers the car's lights and horn....

Outside the meager electrical portion of the system used to start the motor and run the lights and horn, the power plant consists of a seven stage pump and a "converter."

The pump, as he described it, is used to move the oil, under pressure, from a storage area to the converter from where the energy is converted into enough power to turn the motor, move the oil back to the storage area and power the pump, which in turn continues the cycle.

One hint as to the contents of the converter is "It acts like a turbine but it isn't a turbine" in the normal sense of the word, Clem said....

— Los Angeles Times, July 9, 1972

Mr. Clem's invention is intriguing, but its economic and ecological implications are staggering. If such an automobile can be produced on a large scale, and if, furthermore, it becomes practical also to power aircraft and ships in this manner, the gasoline and fuel oil industries and their employees would suffer. On the other hand, noxious gasoline emissions and disastrous oil leaks and spills would become a thing of the past, and new jobs will be created in the "vegetable oil industry." In fact, the problem then will be to expand vegetable production to the point where it is sufficient for both universal food, as well as universal transportation, needs.

As the New Age approaches, many new as yet incredible, inventions will come to light and supersede the older, more cumbersome, machinery and other physical structures attendant to our daily life. Some degree of upheaval always exists in transferring from obsolete to modern, and scientific advancements now are being made more rapidly than ever in history. Nevertheless, and even with resulting temporary dislocations, many remarkable and advantageous changes will be-

come possible in our physical surroundings during the next generations. Their ultimate value, however, will depend upon the extent to which humanity will be able to regard them, and all material things, in the underlying spiritual framework of human evolution.

Study Reveals Drugs Slowed Child's Growth

Using drugs to control the behavior of hyperactive children could suppress their growth, according to a Maryland research group.

In a study released in the current New England Journal of Medicine, researchers at the Baltimore County Department of Health said two commonly used drugs suppressed the normal weight gain of 29 children surveyed.

The drugs, dextroamphetamine and methylphenidate, are used to decrease restlessness in overactive, impulsive and easily distracted school children.

In one group of 20 children surveyed, between the ages of 8 and 11, 13 were on drugs during the school year and taken off during the summer. Seven others continued medication throughout the year.

All 20 continued to gain weight while on drugs, but at about 50% the rate normal for their ages. The children taken off drugs during the summer showed a sharp increase in weight gain for that period, about 130% the average for their ages.

One of the researchers, Dr. Daniels Safer, said in an interview that the children taken off drugs during the summer appeared to compensate for some of the weight not gained while on medication.

The Baltimore study said the reasons why drugs restricted growing in children are not clear, but researchers noted that many children on drugs ate less than others their ages, an effect noted in adults. The study also noted that such drugs suppress sleep in adults and a similar effect in children could reduce the relaxed time needed to secrete growth hormone.

-- *Los Angeles Times*, Aug. 6, 1972

If the weight and size of growing children is affected by these drugs, it is not unreasonable to assume that the efficiency of their vital organs is also being affected. Such damage during formative years usually cannot be completely eradicated later when the individual has grown up. Furthermore, the fact that these drugs may suppress the sleep that

children so vitally need is another indication of their potential harm.

Certainly, hyperactive children must be helped to calm down and channel their energies wisely and constructively. There are natural ways of doing this, however. Although parents, teachers, and doctors must expend considerable time and patience when working with the children along these natural lines, the ultimate results will be more effective and lasting than those produced by drugs. Equally important, the dangerous side-effects of drugs are thus eliminated.

Minimizing Noise

Antinoise ordinances are notoriously difficult to enforce, especially for vehicles. The best that police can do--if they are inclined to do anything--is give an occasional ticket to drivers of autos of motorcycles with unmuffled or poorly muffled exhausts. Experts say that public education about the hazards of noise may be a more effective approach.

The National Research Council of Canada has set up a "noise thermometer" on streets in Edmonton, Alta., which graphically shows motorists the A-weighted decibels given out by their vehicles and compares them with legal levels. A microphone alongside the road picks up the vehicle sound. Then a little farther ahead, a lighted and easily read 8-foot-high device resembling a thermometer displays to motorists (and motorcyclists) the decibel ratings of their vehicles and the legal limit for the type of vehicle.

-- *Science News*, July 8, 1972

NASA is trying to produce a quiet engine for its STOL (short take off and landing) aircraft.... Recently it awarded the General Electric Co.'s Aircraft Engine Group in Cincinnati a \$1,236,500 contract for testing a promising method called "inlet choking" to be used with augmentor wing craft. The term is misleading, says Robert S. Ruggeri, manager of the project at NASA's Lewis Research Center. The main idea is to choke or control the flow of air coming into the engine until the air reaches the speed of about Mach 1, the speed of sound. When air speed is controlled at the speed of sound, the noise generated by the engine fan and compressor cannot propagate out through the choked area. Noise still comes out the back

(Continued on page 563)



BOOK REVIEWS

Literature Plays Motion Pictures Music

"The Jesus Generation"

The Jesus Generation, by Billy Graham.
Zondervan Publishing House, Grand Rapids, Michigan, 1971.

THIS book was written primarily for "that alienated, rebellious, uncommitted majority" of young people who are still searching for "individual identity... a challenge, and a faith." In it, Mr. Graham outlines the major features of the "Jesus movement" that has so strongly appealed to a large segment of heretofore troubled youth, and shows how faith in Christ, manifested in the practice of Christian morality, Christian involvement, and Christian service, can dispell the problems of "hang-ups," "bad vibes," "cop-outs," and other phenomena endemic in the life of modern young people.

Mr. Graham admits that the older generation erred in presenting material instead of spiritual values as paramount goals of endeavor. Determined that their children not suffer the privations of depression as they had done, parents of the present adolescents and young adults endowed them with a proliferation of "things," but were unable to eliminate the wars, hatreds, and social injustices against which youth is now protesting. Nevertheless, continues Mr. Graham, the reactions of the drug culture—avoiding responsibilities and seeking escape in the form of hallucinogens or of the militant advocates of violence, right no wrong, and serve only to insure the mental, moral, and physical decay of participants.

Despite the seeming "ungodliness" of some segments of "wild youth," Mr. Graham, who, incognito, has attended rock festivals and studied the younger generation on its own grounds, is convinced that the youth rebellion "is not against true faith. It is not against Christ, nor against God, nor against any genuine spiritual experience. Rather, it is against the pinch and pressure of a secular and materialistic society."

Those who are now a part of the Jesus movement, he believes, have passed the stage of rebellion and, buttressed by their new spiritual security, faith, and love, can reach out and help their troubled companions in a way that few adults, and no material means, have been able to match. The only sure cure for drug addiction, for instance, as one drug expert told Mr. Graham, is a "genuine religious experience." Reports of instant and painless cures of heroin addiction among converts to the Jesus movement are numerous.

Not surprisingly, it is the impression of spiritual love and harmony emanating from the ranks of the "Jesus people" that seems most strongly to draw outsiders. Certainly, anyone who has spent time in the company of the "Jesus people" cannot help but experience the power of the love force working through them. Mr. Graham recounts testimony from a number of converts, much of which echoed the sentiments of one girl who said: "I met people there who had the love and peace in their hearts that I had always wanted.

They said the answer to my search was Jesus Christ...With Jesus deep in my heart, at last I had a purpose for living and for giving." Recognizing the importance of this force, Mr. Graham says, "The first and second commandments are the only therapy the world has ever needed."

Other characteristics of the Jesus revolution include its spontaneity, with no one single leader at the helm of the movement. It is extensively Bible-oriented, and its adherents have a strong sense of social responsibility and firm commitment to the upright moral behavior of true Christian discipleship. It is, of course, centered around the person of Jesus Christ, who is viewed, in the orthodox light, as the Son of God, a personal saviour, and the world's one unifying factor. Primarily, Mr. Graham is impressed with the sincerity of the "Jesus people," and is convinced that the movement is destined to be lasting, rather than just another of the evanescent fads that seem perpetually to spring up and disappear in youthful society.

Although Mr. Graham believes that spiritual commitment to the Jesus movement is one course which will enable troubled, searching, uncertain youth to "find themselves" and gain meaning in their lives, he warns that neither inner harmony nor a life of ease will automatically follow. He speaks of the ensuing inner conflict between what occult students know as the lower nature and the Higher Self. Former bad habits will not necessarily break their hold simply because of a religious commitment, however sincere. The convert will experience both the old temptation to sin, and a new and bitter remorse when he gives in to this temptation. "Now it is up to you to yield to the reign and control of the new nature which is dominated by Christ." This means, of course, in the esoteric sense, domination by the Christ *within*.

The conditions for being a true Christian, says Mr. Graham, are hard. "Only a few are willing to pay the price.

Christ's way is a way of discipline, renunciation, and hardship." Self-denial, self-sacrifice, social awareness and action, acceptance and fulfillment of responsibilities, personal and moral cleanliness, and above all else, compassion and brotherhood, are the hallmarks of true Christian behavior. It is not enough merely to "accept" Christ, although this is a first step. After accepting Him, a person must learn to live as He would have us live. Once he begins to do this—once he starts actively to practice the Christian Teaching of love—he will experience fulfillment, contentment, and a sense of identity offered by no other practice, cult, or social nostrum.

Deploring the current trend to sexual freedom and promiscuity, Mr. Graham stresses the need for moral purity and opposes pre-marital sex for any reason. Although he does not speak of the sacred creative force in its esoteric context, he does say that sexual desires, when controlled, may be "transformed to a more noble purpose."

As is to be expected, some of the specific biblical and other interpretations made by Mr. Graham are strictly orthodox in nature, and do not incorporate the more far-reaching clarifications of the esoteric Teachings. He speaks, for instance, of youth's "illusion" that man is naturally good. He cites evidence of world-wide villainy and corruption as proof that man's natural goodness is merely an illusion, and that man actually is sinful by nature. This appears to contradict his own contention that the sincere advocates of the Jesus movement are living highly moral, useful lives. Furthermore, the esoteric student knows that the Spirit of each individual, the divine spark of God which is the real inner man, *is* good, and, being a part of God, cannot be otherwise. Certainly, many people presently are allowing their lower natures temporarily to hold sway, but in the ultimate, the incorruptible Spirit will triumph and man will manifest his innate godliness.

(Continued on page 574)

Readers' QUESTIONS

Seed Atoms and Our Responsibility

Question:

Two statements from the Rosicrucian Fellowship literature appear to be contradictory: "The force in the Seed Atom, like the forces in all other atoms, is the undifferentiated life of God;" and "It is the quality of the Seed Atom that differentiates one person from another and it is this atom which the aspirant seeks to cleanse." How can we cleanse an atom that has been exclusively God's creation, imposed upon us without our choice? Or must we understand that this creation of God is not altogether perfect? In that case, how can we be held responsible for its imperfections?

Answer:

Basically, the answer to this question lies in the fact that although all life, including that in our own seed atoms, comes from God and is, therefore, in itself innately perfect, it is what we do with the life thus given us that must be cleansed.

The undifferentiated life of God is pure and spiritual. When bestowed upon us it is perfect, just as God is perfect. If we, in our turn, were able to maintain the element of perfection in our conduct just as God maintains it in His, the quality of our seed atoms would remain untainted and not need cleansing.

At the present time, however, human beings are far from perfect in their attitudes and behavior. The selfish desires of the lower nature hold sway, and few members of the life-wave have as yet risen to the point where their Higher Selves are consistently dominant. Most of us, therefore, are guilty in greater or

lesser degree of various infractions of natural law which make for imperfection. Our thoughts and deeds cause the essence of these unfavorable characteristics to be imprinted on our seed atoms, just as the essence of our good qualities, which contributes to the ultimate perfection of our natures, is also stamped thereon.

In this way, we are now differentiated one from another. Some of us are possessed of an abundance of favorable qualities, and others are plainly marked with unworthy traits. In neither case can we hold God responsible. The responsibility is solely ours. We are imbued with His life, but we have the free will to do with it as we please. Before we can return to Him at the end of our evolutionary journey, however, we must root out all the imperfections which we have built into our characters. This is why it is particularly incumbent upon the spiritual aspirant to purify his nature and purge himself of all reprehensible attributes. Only he can do this, and only when he does so will he be spiritually immaculate as was the innocent Virgin Spirit who first proceeded from God on his involutionary and evolutionary journey through matter. Then, enriched by his experiences, he will be both pure and wise. He will have attained to his full potential of divinity. His acquired individuality, formed as a result of the totality of his evolutionary experiences, will then be perfect, as is the life, from God, which flows through him.

Natural and Chemical Foods

Question:

What are the "higher plants" referred to on page 458 of the *Cosmo-Conception*? Also on this page is mentioned the fact

that "our laboratories will some time supply us with chemical food of a quality far surpassing anything that we now have...". Are such foods available at the present time?

Answer:

The "higher plants," meaning those members of the plant life-wave which are farthest advanced, are the palm and fruit trees. Food from these plants decays more rapidly than food from the less advanced plants, and, as many housewives can attest, some fruits do have a tendency to decay more quickly than vegetables. Nevertheless, at this point in our evolution it is not only permissible, but desirable, that we eat fruit, which is rich in natural food essentials.

The fairly rapid rate of decay of some fruit is caused by the individual particles attempting to escape from the composite whole. Man, nevertheless, can assimilate these particles with relative ease. Even the highest plants do not yet have desire bodies. Particles of meat, on the other hand, have been inter-penetrated by the desire bodies of the animals and have thus been individualized to a much greater extent than those of any plants. For this reason, meat particles are much more difficult to assimilate when eaten by man.

It is true that some splendid nutritive supplements are now being manufactured in our laboratories, but they are regarded by nutritionists as supplements to, and not replacements for, natural foods. We do not believe that these supplements, excellent as they are, constitute that "chemical food of a quality far surpassing anything that we now have" to which Mr. Heindel referred. This type of food is still to be developed, and may be a product of the Aquarian Age.

MONTHLY NEWS INTERPRETED

(Continued from page 559)

of the plane, but by choking off forward-propagating noise, the engineers hope to reduce the total noise to 88 or 90 decibels. This compares with 95 to 120 decibels for today's aircraft.

— *Science News*, July 8, 1972

Although noise is still a disturbing and hazardous factor of modern life (see *Rays*, July 1972, p.319), it is good to see that the aircraft industry is trying to reduce the noise made by its products. We believe that other industries are also working on ways of minimizing noise.

We agree with the experts who claim that public education may be the most effective approach to noise pollution. Not too long ago, nobody had heard of a "litter-bug." Now, all segments of the population, from school children through their grandparents, are involved in ridding the environment of trash and maintaining clean neighborhoods and countryside. Measures are being taken to fight air and water pollution which would have been undreamed of a few years ago, all because of the insistence and action of public-minded citizens, ecology groups, and other organizations. Granted, much remains to be done, but that a good beginning has been made at all is due to intensified awareness of the problem—an awareness which has come about because of public education.

Might not the same thing be possible with regard to noise pollution? Certainly the noise made by cars, motorcycles, record players, musical instruments and numerous other contrivances operated by private individuals could be considerably lessened if an aroused citizenry were to take the offenders to task. Industrial noises, the sounds of construction work, etc., are not so easy to control but, again, "anti-noise" organizations and lobbyists could be just as effective as their "anti-pollution" counterparts. First, however, they must be organized.





Nutritional Astrology

A STUDENT

Part I

"Each season brings forth its own kind."

AS mankind is affected by movements of the planets in their orbit, so also is the plant kingdom, in its growth and nutriment, benefiting mankind. Today, many people govern their planting and nurturing of plants and trees according to the Moon's position; in fact, farmers and growers of bygone years consulted their almanacs to determine the best times for doing so.

In the light of the amazing results obtained by the above method, we marvel at the lack of attention regarding the use of vegetables, herbs, fruits, nuts, and grains in the promotion and maintenance of health. We note in the *Cosmo-Conception*: "...proper foods are the best medicine. It is their assimilation that is important rather than quantity."

When we see large quantities of foods, we're tempted to eat more than we should to satisfy taste. Anyone can keep healthy on two meals daily, provided they contain sufficient vitamins and minerals.

Every department of Nature is governed by the Laws of Attraction and Repulsion, making it possible to withstand planetary influences. For example, constant use of herbs and vegetables ruled by the Sun can offset diseases caused by adverse aspects of Moon and other planets; while those ruled by the Moon assist in correcting conditions caused

by adverse aspects of the Sun and other planets. In other words, we can thus restore what is lacking in the system. We have limited our comments to foods containing the principal minerals and vitamins, although some of the lesser ones are also included.

Harmony is necessary between our various foods as well as among people, and that is why we list planetary rulers of the vegetables, fruits and herbs.

— ARIES —

Never yet was a springtime
When the buds forgot to blow.

--- M.E. Sangster

Aries rules the head, the cerebral hemispheres, the various organs within the head, and the eyes, but the nose is under the rulership of Scorpio.

A balanced diet requires a variety of proteins, carbohydrates, fats, mineral elements, fruit acids, vitamins and cellulose. A goodly supply of vegetables and fruits is always safe, such as: asparagus, Jupiter; avocado, almonds, Sun and Jupiter; apples, Venus; cabbage, raw, Moon; carrots, Venus and Mercury; celery; cheese, cottage; dandelion, Jupiter; egg yolk; endive, Moon; herbs — anise, Jupiter; celery seed; chives; horehound, Mercury; parsley, Mercury; sorrel, Venus —; leafy vegetables; lettuce, green, Moon; onions, green, Mars; walnuts, Sun; pea-

nuts, raw; pecans; potato skin, Saturn; turnip, Moon; watercress, Moon.

Mars, the Aries planet, rules the muscular system and the red corpuscles in the blood. It also has a decided influence upon the gonad glands and upon the secretion of the adrenal glands. For this, there is need of vitamins A, B, and C, as well as abundant iron (termed janitor of the body), since it carries oxygen from the lungs to the blood, forming part of the hemoglobin compound, giving vitality, magnetism and pep to the entire body. This vital mineral is found in: agar, Moon; apricots, Venus; avocado; bananas, Moon; beans, kidney and lima, Venus; beet greens, Saturn; blackberries, Venus; blackstrap molasses, Sun; brewer's yeast; cherries, Venus; egg yolk; grapes, Venus; honey, pure, Sun; Irish moss, Moon; potato skins, Saturn; prunes, Venus; raisins, Venus; soy beans; wheat germ, Venus; whole wheat, Venus; yellow dock herb.

Some contend there is too much attention given to proteins, but when we realize Mars has rulership over both energy and proteins, we appreciate the need for proteins to replace expended energy. Proteins have their place in the diet as well as vegetables, which contain some protein. A variety of protein is needed, but not in excess. It is best not to combine starches and proteins at the same meal. When too much starchy food is taken, it absorbs a large part of stomach juices with not enough gastric juice left properly to convert proteins into peptones, the form in which it is assimilated. Papaya juice is helpful in the digestion of proteins.

— TAURUS —

They shall sit every man under
his vine and under his fig-tree.

— Micah 4:4

Taurus rules the neck, throat, palate, larynx, tonsils, lower jaw, ears, and occipital regions as well as cerebellum, atlas, axis, the external carotid arteries, thyroid gland, jugular veins, vocal

chords, pharynx and cervical vertebrae. The following foods will be found beneficial: beets, Saturn; carrots, Venus and Mercury; cauliflower; cabbage, Moon; cucumber, Moon; dandelion, Saturn; herbs — burdock, Venus; caraway, Mercury; chives; parsley, Mercury; yarrow, Venus; anise, Jupiter —; leeks, Mars; lettuce, green, Moon; leafy greens; onions, green, Mars; peas; radishes, Mars; rhubarb, Saturn; spinach, Saturn; Swiss chard; turnip, Moon; watercress, Moon; peanuts.

While herb teas are in order, drinks with meals have no worth at this particular season.

Venus, as Taurus' ruler, affects venous circulation, throat, and hair, with decided influence upon the gonad glands. The foods listed below are especially good: alfalfa; almonds, Sun and Jupiter; artichokes, Venus; asparagus, Jupiter; avocados*, beans, dried, Venus; corn, yellow, Sun; dulse, Moon; egg yolk, fruits, both green and yellow, garlic, Mars; grapes**, Venus; Irish moss, Moon; leafy greens; leafy vegetables; lettuce, green, Moon; mushrooms, Moon and Mercury; oils, cold processed — coconut, Sun; olive, Venus; soybean, wheat germ, Venus —; peppers, Mars; pineapple, Sun; potatoes, baked, Saturn; prunes, Venus; sweet potatoes; watercress, Moon; whole wheat, Venus. Discard sweets of all kinds.

— GEMINI —

Every good thought alkalizes the body.

— Anonymous

Gemini has rulership over the arms and hands, shoulders, lungs, the thymus gland, upper ribs, trachea, bronchi, capillaries, breath, and oxygenation of the blood.

*Avocados are really a meal in themselves, containing, as they do, copper, iron, magnesium, manganese, phosphates, potassium, some protein, and sodium, plus plenty of vitamins, together with unsaturated fatty acids so valuable for the skin. It is amazing for a single food to contain all of that.

**Grapes are best eaten alone.

There are those who believe that oxygen is ruled by Gemini, which can be readily understood, for the lungs require it.

Although vitamin E has caused considerable controversy, among other things it conserves oxygen, improving cellular function and prolonging cell life, helping the body to function in spite of air pollution!

Mercury governs nerves and vital fluids therein, pulmonary circulation, thyroid gland, ears, sight, tongue, and sense perception.

The foods most helpful are: agar; alfalfa; apricots, Venus; avocados; bananas, Moon; beans, lima and kidney, Venus; beet greens, steamed, Saturn; brewer's yeast; carrots, Venus and Mercury; celery; corn, yellow, Sun; currants, Jupiter; dulse, Moon; egg yolk; fruits and juices; green salads; herbs — mint, Jupiter and Venus; nasturtium; parsley, Mercury; yarrow, Venus; yellow dock, Jupiter —; molasses, blackstrap, Moon; mustard leaves, Mars; oils, cold processed — coconut, Sun; olive, Sun and Jupiter; soybean, wheat germ, Venus —; pineapple, Sun; potato, baked and skins, Saturn; prunes, Venus; raisins, Venus; wheat germ; whole wheat, Venus.

When preparing salads, be sure ingredients are perfectly dry by whirling in salad basket or old pillow case, handling quickly and lightly. Rub salad bowl well with fresh garlic. Break lettuce, etc., into attractive bite size pieces. When using two greens, one should be snappy like watercress, while the other is mild like Romaine. Add several tablespoons finely chopped parsley. Add one tablespoon oil, pouring over the leaves. Lift leaves from underneath with salad fork and spoon, tossing in circular motion to permit oil completely to cover each leaf (about 10 tosses per Tbs. oil) with no oil remaining in bowl. Add other vegetables — best to use just two or three. Should more oil be needed, now is time to add. Add seasonings. Squeeze juice of half lemon over all. May be made whole meal by addition of desired pro-

tein — sliced egg, avocado, nuts or whatever.

(Continued)

* * *

The church-bells of innumerable sects are all chime-bells today, ringing in sweet accordance thruout many lands and awaking a great joy in the heart of our common humanity.—*Chapin.*

The Christian life is not hearing nor knowing, but doing.—*Dickey.*

* * *

BOOK REVIEW

(Continued from page 561)

In other respects, too, Mr. Graham expresses a more limited view of spiritual realities than do students of the esoteric Teachings. Nevertheless, we believe that this book represents an important contribution to modern spiritual literature. It sets forth a fine series of guidelines for those young people who are still searching for ways in which to carry out their ideals for themselves and society in general, and for those who have taken the extremist "ways out" offered by drugs or militantism. It also will be read profitably by perplexed parents and other adults who would like better to understand the moods, convictions, frustrations, and general philosophy of modern youth.

Whether orthodox or esoteric, the important thing at the present time is that many young people are being led to Christian beliefs and practices. As Mr. Graham makes clear, the essential thing is to live the life of Christian commitment, helpfulness, and moral purity. Certainly he has done a great deal to instill this concept into the minds of people of all ages and generations. This, his latest book, underlines the concept anew and emphasizes its pertinence particularly in the lives of the young.



Healing of the Memories

OFTEN we find that it is necessary for a healing of the memories to take place before physical healing may be experienced.

Many times conditions of illness begin with some real or fancied hurt or wrong which comes to us through another. Actually, though, the only power anyone or anything has over us is that which we allow it to have. Our blame of another is useless.

There is an old saying, "We may not be able to prevent the birds from flying over our heads, but we don't have to allow them to build nests in our hair." When we have allowed the words or actions of another to disturb us to the point of dwelling on them and inwardly fuming about them, we have allowed the "nest-building" to begin. When we hold such things in memory, feeling anew the hurt, the "nest" is strongly constructed, and soon the fledgling birds are hatched — and we find illness appearing in the body.

Sometimes the hurt seems grievous and we find it difficult to forget and forgive. When we realize that it can be literally a matter of life or death for us, however, we see the importance of clearing out the old debris and beginning anew.

If we truly wish to rid ourselves of these life-sapping memories, we have the help of all the Forces of Good. With firm resolve and sincere purpose we pray that the Light and Love of Christ

will fill us, and we give thanks for this opportunity to grow and develop right thinking.

We know how very powerful our thoughts are, and desire most fervently to learn to direct them into channels of righteousness. So, with our Saviour's help, we strive to clear all the old "nests" from our hair, washing it clean in the flowing stream of Love. Beginning anew, we replace old memories with new thoughts of blessing, and love, and compassion, giving thanks for another lesson learned. — C. R.

* * *

Visible helpers are just as necessary as Invisible Helpers, and our friends and patients may share in a high privilege, as well as add much to the power of liberated healing force, by joining us in prayer for the sick. Our Healing Service is held every evening in the Healing Temple at 6:30, and in the Pro-Ecclesia at 4:45 P.M. when the Moon is in a cardinal sign on the following dates:

HEALING DATES

December 7 — 14 — 20 — 26

Relax, close your eyes, and make a mental picture of the pure white rose in the center of the Rosicrucian Emblem on the west wall of our Pro-Ecclesia, and concentrate on *Divine Love and Healing*.

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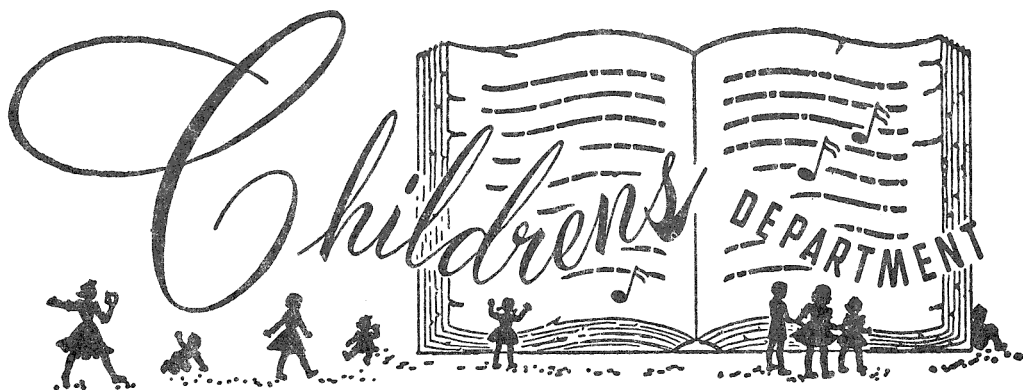
Washington—Thank you for making my visit to Headquarters a pleasant and enlightening experience. The Healing Department has always, since my first visit there as a child, projected to me a vibration of complete harmony. To be present at a service is a very filling and gratifying experience.

California—Thank you for your wonderful help these last few weeks! My head and body spasms seem to be melting away gradually, and I am able to work a lot better and am not so nervous. My eyesight is not blurring now. In fact, my progress in these few days has been amazing!

New Zealand—Our grateful thanks to you for your constant care of us. We would be in a very sad state of confusion today without the Western Wisdom Teachings and our understanding of them. We rejoice with you in the beacon light of the *Cosmo* and the *Rays*, showing us the way to Light, Love, and calm peace within. God bless you all.

Florida—Mrs. D. has had no need for her nerve medication for over a week now. Her violent jerking movements and accompanying pain have all but stopped. She sleeps the nights through and naps during the day. She seems more contented, and her improvement is so gratifying. Her sweets, milk, meat, etc., have been discontinued, and she will start the potassium broth as soon as it can be prepared. A thank you seems inadequate but we are indeed grateful.

Kansas—The most remarkable thing that happened this past week was the birth of my daughter. I came through it remarkably well, experiencing almost immediate recovery. Am just about to resume my normal activities and feel absolutely wonderful. Thank you so much for your help and for making the birth of our daughter one of the most cherished experiences of my life. R. is gaining weight and eating the food offered him very well. His elimination is becoming normal and his improving health is obvious.



The Christ Light

DAGMAR FRAHME

DEBBIE sniffed and reached for the handkerchief under her pillow. She didn't know if the tears had made her nose run again, or if her runny nose was causing the tears.

It didn't really matter, though. She was miserable, either way. Here it was Christmas Eve, and everyone except Mother had gone to church. The Sunday school choir was going to sing Christmas carols for the grownups, and at their last rehearsal the minister said he had never heard such beautiful singing. Now Debbie had such a bad cold that she couldn't sing at all, and Mother wouldn't even let her get out of bed.

Debbie blew her nose and wiped her eyes, but in a minute she was sniffing again. Her nose was so stuffy she had to breathe through her mouth, and she was hot and uncomfortable. Christmas bells were ringing and she could see Christmas lights on the house next door. Instead of cheering her up, though, they made her more unhappy than ever. Why did she have to get sick just at Christmas, and miss all the fun?

Suddenly Debbie stopped sniffing and stared. A beautiful lady was standing next to her bed.

"Hello, Debbie," said the lady. "Would you like to go to church with me and hear the choir sing?"

"Oh, yes," breathed Debbie, who was sure that she knew the lady from somewhere, but couldn't remember where. "But Mother won't let me go."

The lady smiled. "Your mother won't mind if you come with me. Now take my hand; we have to hurry."

Debbie reached for the lady's hand, and felt herself gliding out of bed. Then she stopped. "I can't go to church in my nightgown!" she protested.

The lady laughed, and it was like the sound of tinkling silver bells. "That doesn't matter, dear," she said. "No one will see us. We are going to be invisible guests."

They glided out of the house and above the city. Christmas lights were shining everywhere, and people in cars and people on foot were hurrying to church.

Nobody noticed them as they glided in through the door. Almost every seat was taken, and people were still coming in. Mrs. Pierce was softly playing the organ, and candles glowed here and there. A Christmas tree stood at one side, and pine branches and poinsettias were placed around the altar.

Just as Debbie found where her father and grandparents were sitting, Mrs. Pierce stopped playing. Everyone was very still, and then softly, from far away,

came the first notes of "Oh Come, All Ye Faithful." The choir was humming as they came up the stairs from the basement, just as they had done during rehearsal. The lovely sound grew closer and louder as the choir members gathered at the back door, ready to come down the aisle.

"Oh come, all ye faithful," they sang now, "joyful and triumphant," and the procession began, with the youngest children in front, where Debbie should have been. Slowly they walked down the aisle, heads held high. Debbie saw her sister walking with the sixth graders, and near the very end of the procession, with the other high school boys, was her big brother. His voice had changed last year, and now he could sing deep notes like a man.

The choir took their places at the front of the church, and the service began. They sang many carols, from many lands. Some were sung just by the older children, and the primary grades sang "Away In a Manger" by themselves. That was when Debbie forgot all about her cold and joined in before she realized what she was doing. She stopped, startled. Her voice sounded all right, but she didn't think it was right to sing if she wasn't with the choir.

The lady, who could read her thoughts, said, "Sing some more, Debbie. Your voice sounds fine."

"Can't they hear me?" asked Debbie.

The lady shook her head, and so Debbie sang all the rest of the songs.

When the choir stopped, the minister read the Christmas story from the Bible. Debbie had heard it many times, but always loved to hear it again, and as the minister read, she looked at the manger scene at one side of the church, where the figures of Mary, Joseph, little Jesus, the wise men, the Angels, and the animals all stood in place.

Suddenly, while the minister was still reading, Debbie noticed that a white light which had not been there before was filling the church. It was a soft light, but somehow very bright, too, and

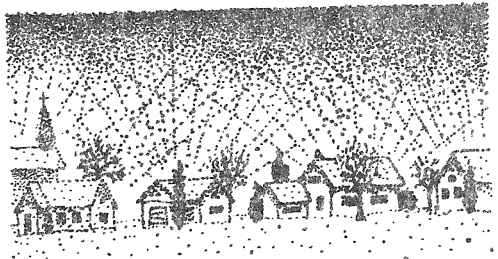
the Christmas lights and the candles seemed pale next to it. The new light was everywhere — it seemed to go through the ceiling and the floor, and even through all the people.

Nobody else seemed to notice it, though, and Debbie watched it a while longer before she asked the lady, "What is that Light?"

"That is the Christ Light," said the lady softly, "I'll tell you about it later."

Debbie knew that she would have to be content with that for the time being, so she settled back to listen to the rest of the service. The minister said a prayer, and then the choir and all the other people stood up to sing "Silent Night" together.

As they sang, a figure appeared in the front of the church. It was surrounded by lights of dazzling colors — lavender, blue, bright gold, sparkling and brilliant. Debbie knew that it was an Angel. She wanted to go closer, but something held her where she was. The Angel's face was serious, almost stern, but very kind. Debbie understood that she could never complain to him about silly things like the arguments she sometimes had with her playmates, but she also knew that he would be very understanding if anything were seriously wrong.



The Angel lifted his arms, as if he were blessing the people, and as he did so, the light became brighter than ever. It sounded to Debbie as though other voices, above and around them everywhere, had joined the choir. The people seemed different, too. Their faces looked just a little bit like the Angel's — solemn but very kind, and radiant. Even old Mrs. Corrigan, who wouldn't let the chil-

dren come into her yard to look for their lost balls, had such a soft, far-away look on her face that Debbie wasn't afraid of her at all. "Why can't she look like that all the time?" thought Debbie, and then she forgot all about Mrs. Corrigan because what was happening was just too beautiful to think about anything else.

Finally the service was over, and, with joyful music from the organ sounding in their ears, the people slowly made their way to the doors.

As Debbie and the lady glided out, Debbie was astonished to see that the white light was shining everywhere outside, too. The whole world seemed to be ablaze, and it was brighter than the brightest day. The people still didn't seem to notice anything unusual, though, and the cars had their lights on as they always did at night.

"Is that still the Christ Light?" asked Debbie, and when the lady nodded, she went on, "Where does it come from? How come other people don't see it? And why..."

"Yes, my dear, I know you have many questions," interrupted the lady with a gentle smile. "I will tell you all about the Christ Light now, and you will understand."

And so, as they glided home, the lady began: "You see, Debbie, little Jesus was a human being—the best and purest human being who ever lived. Now, for many years before Jesus was born, a very great and wonderful Archangel was taking care of the Earth. This Archangel was the Christ, and he was the mightiest, most glorious, of all the Archangels.

"The Christ saw that many people on Earth were selfish and cruel, and He knew that He had to help them to become better people or they were going to get into a lot of trouble. But the Christ didn't have a physical body like human beings do. Because He was an Archangel, He had a spiritual body made of a very fine substance that people on Earth couldn't see. He knew that if He came to Earth to help the people and they couldn't see

Him, they wouldn't pay any attention to Him.

"So Jesus agreed to be born on Earth, and to let the Christ use his physical body for a few years when he grew up. And that is just what happened. Little Jesus was born in winter, on a day that we now call Christmas, and when he became a man, the Christ came down and entered into his body. Then He became Christ Jesus, because He was the Christ living for a while in Jesus' body.

"Christ Jesus taught the people for three years, telling them to love each other and take care of each other. He healed the sick, and there were many who loved Him. But the time came when he was crucified.

"You know the story of how Christ Jesus was killed on the cross, and then on Easter some of His friends saw Him, and they knew He was not dead after all. But something else happened then, too, that was even more important. When Christ Jesus was killed, the great Archangel Christ left Jesus' body, and went straight down into the center of the Earth. Because He was an Archangel, He had no trouble doing that.

"When He reached the center of the Earth, a brilliant Light went all through the Earth and surrounded it—a Light so bright that the people were blinded by it. They thought it was dark and a terrible storm was coming, and they were very frightened. But it wasn't a storm at all. It was the wonderful Christ Light, which comes from the spiritual body of Christ. He was sending that Light out from the center of the Earth, so that all the people could use it to help make themselves better.

"When the Christ went into the center of the Earth, He became what we call the Indwelling Planetary Spirit of our Earth. That means that from then on, for a part of each year, He would live inside the Earth and send out His great Light to help all human beings. Every year at Easter time Christ leaves our Earth for a while, to go into the heaven worlds and rest. When autumn comes, though, He re-

turns, and on Christmas He always reaches the center of the Earth again, and His Light is brighter and more powerful than at any other time. That is the real reason why Christmas is so important to all people on Earth.

"The Christ has been doing this for almost 2,000 years, and still very few people can see His Light. You have to be a very pure and a very good human being before you can see it. That's why the people in church and the people outside here don't notice it. They can *feel* the power of His Light, though. You were thinking in church how everyone looked 'different'—almost like the Angel. That was because they all felt the power of the Christ Light especially much, and all the very best of the goodness that is deep down inside all people showed on their faces. Someday all people everywhere will feel the power of that Light all the time, and then the very best of the goodness in them will always come out. Then they will never again do the bad, selfish, thoughtless things that some people do now.

"So you see, Debbie, the Christ Light always shines, but now, at Christmas, it is stronger than at any other time. The more we think about it, and try to live the best kind of life that we can, the more the Light will help us to become even better human beings."

As the lady finished, she and Debbie found themselves back in Debbie's room. Debbie slid down under the covers before she said anything. Then she smiled.

"Thank you for taking me to church, and for telling me that story. It's wonderful to think about how the Christ Light shines to help us. I'm so glad I could see it."

Debbie closed her eyes, and the very next thing she knew; her sister was bending over her, whispering, "Are you well enough to get up? It's Christmas!"

Debbie blinked and sat up. She looked around, but the lady was gone. Her nose wasn't running any more, and her throat wasn't sore.

"I feel great!" she said. "Let's get our stockings."

They tiptoed into the living room, where brightly-wrapped packages were lying under the tree, and their stockings hung from the mantle. With many muffled giggles, they were exclaiming over their surprises when Mother hurried in, followed by Dad stifling a yawn.

"Debbie, you shouldn't be out of bed with that cold, even if it is Christmas!" was the first thing Mother said.

"What cold?" asked Debbie, giggling.

Mother stared. "Your voice sounds well!" she exclaimed. "How is your throat?"

"My throat's fine. So's my nose."

"I can hardly believe it. I'm going to take your temperature anyhow, just to be sure."

"Oh—" began Debbie, but Mother popped the thermometer into her mouth and she could do nothing but sit quietly with it under her tongue. When Mother took the thermometer out, her temperature was normal.

"I've never seen such a quick cure in my life!" exclaimed Mother. "I really didn't think the orange juice and honey would work that fast."

"It wasn't just orange juice that made me well," said Debbie. "A beautiful lady came to my bed last night and took me to church and I heard the whole service and I sang, too. And I saw the Christ Light, when nobody else saw it, and it was wonderful, and the lady told me all about it."

"What a nice dream you must have had, Debbie," said her father. She had rather expected him to say something like that, so she just smiled, nodded, and didn't try to explain that it was not a dream at all, but something that really happened.

"I don't think it was a dream, Dad," said her sister, unexpectedly. "A beautiful lady used to come to me, too, when I was little like Debbie. She doesn't come any more. Maybe she stops when you get older. But if Debbie said she did all those things, I believe it."

Debbie's parents looked at their two girls, and at each other. Then Dad said softly, "Something cured her. Who knows —"

Nobody said anything more for a moment. Then Mother took a deep breath. "Go wake your brother, Debbie. Now that he thinks he's a man, he doesn't get everybody out of bed on Christmas morning the way he used to when he was little. He'll be anxious enough to open his presents once he's here, though."

Debbie laughed, and skipped off to her brother's room. She didn't see the Christ Light now, but knew that it was still shining as brightly as it did last night. She was sure that the lady was somewhere around, too, and just before she opened her brother's door she looked up, smiled, and whispered "Merry Christmas!"



* * *

"Christmas is truly the holy season of the year, the time when this spiritual light is most easily contacted and specialized by the aspirant through deeds of mercy, kindness, and love."

— Max Heindel

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A good conscience is a continual Christmas.—Franklin.

* * *

"By careful, systematic work in the holy winter months we may make great strides in our efforts to realize our spiritual aspirations." — Max Heindel

* * *

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* * *

CELERY LOAF

Put through food chopper $\frac{1}{2}$ cup chopped celery, $\frac{1}{2}$ small onion, $\frac{3}{8}$ cup of nuts, using medium cutter. Add $\frac{3}{4}$ cup tomato juice, $\frac{1}{2}$ Tbs. grated cheese, 1 tsp. vegetable salt, 1 Tbs. melted butter, $\frac{2}{3}$ cup dry wholewheat crumbs; mix thoroughly. Add one beaten egg and mix in lightly. Put into glass baking dish which has been greased with vegetable oil and evenly sprinkled on the bottom with additional bread crumbs. Bake in 350 degree F. oven until firm enough to be turned out; invert onto platter. Garnish with green pea sauce and generous sprinkling of chopped parsley. Serves 4.

The above is from our *Vegetarian Cookbook* (Paper bound, \$3.60). If you have a favorite recipe of your own you'd like to share with our readers, please send it in. We shall be happy to place it in the *Rays*.

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