

THE ROSICRUCIAN FELLOWSHIP MAGAZINE

RAYS FROM THE ROSE CROSS



FEATURES

Present and Future

Astrology in Terms of
Number Vibrations

Evolution Key to Global Ethic

Achieving Natural Sleep

• • •

50c a Copy

NOVEMBER, 1974

\$4.50 a Year



THE ROSICRUCIAN MYSTERIES

By MAX HEINDEL

Occult Scientist and Initiate

NEW AGE CONDITIONS, based on the use of atomic energy, cosmic rays, sun power, and other modern discoveries, demand for all humanity an increasing understanding of the laws governing life and being.

PSYCHIATRISTS OF TODAY are delving into the mysteries of the human mind and emotions, as material scientists are probing for further secrets of the universe. The relation of man's behaviour to his complex mental and emotional processes is being intensively studied.

A NEW SCIENCE of THERAPEUTICS based upon the psychosomatic viewpoint has become necessary to meet the needs of the growing number of people suffering from emotional and mental imbalance. Ignorant experimenting can end in tragic results.

ONLY OCCULT PHILOSOPHY reveals the tremendous important basic facts in regard to composite man and the worlds in which he lives. This book gives in simple language the fundamental truths concerning the human mind—conscious, subconscious, and superconscious; the invisible bodies of man; the superphysical worlds; conditions at death and afterwards; and other information vital to forward looking men and women.

PARTIAL CONTENTS
*The Visible and Invisible
Worlds
The Bodies of Man
The Subconscious Mind
The Power of Thought
The Law of Rebirth
Invisible Helpers
Preparation of Future
Environment
The Memory of Nature*

226 Pages

Cloth Bound

\$ 3.25 Prepaid

In California Please Add Sales Tax

THE ROSICRUCIAN FELLOWSHIP

P. O. Box 713

Oceanside, California, U.S.A., 92054

The Rosicrucian Fellowship Magazine

Rays from the Rose Cross

ESTABLISHED BY MAX HEINDEL
JUNE, 1913

NOVEMBER

1974

Vol. 66

No. 11



Contents

"Coming Events Cast Their Shadows"....482	Vocational Guidance Advice: Anne E., Stacy G., Floyd F.N., Sherman G.C.....508
EDITORIALS —	Daily Thought and Guide.....509
Thanksgiving.....483	MONTHLY NEWS INTERPRETED —
THE MYSTIC LIGHT —	Dangerous Drink?.....511
Present and Future...Christine Lindeman.484	Evolution Key to Global Ethic.....512
The Bond of Perfectness...G.R.....486	BOOK REVIEWS —
The Angelic and Archangelic Life Waves	New Life Through Nutrition.
Part 1—The Angels and Jehovah.....489	Julia Spencer.....514
The Object of Evolution...Frieda Mader...493	We Are Not The First..Julia Spencer.....515
Sounding Brass...E.S.....495	READER'S QUESTIONS —
Plasmas...Elsa M. Glover.....496	Continuing Suffering of Christ.....517
MAX HEINDEL'S MESSAGE	Blessing the Home.....517
Occult Principles of Health and Healing	Carrying Ailments from One Life to
(11th Installment).....497	Another.....518
STUDIES IN THE COSMO-CONCEPTION:	The Effect of Color.....518
Previous Teachers vs. Christ Jesus.....499	NUTRITION AND HEALTH —
WESTERN WISDOM BIBLE STUDY:	Food for Thought...Catherine Roberts.....519
Parable of the Houses...Jane Templeton..500	Vitamin B-12.....520
ASTROLOGY DEPARTMENT:	Beating Self and Robbing God..W.C.M.....521
Astrology in Terms of Number Vibration	HEALING DEPARTMENT —
J.E.R.....501	Living Artistically.....522
The Children of Scorpio 1974.....503	CHILDREN'S DEPARTMENT —
Readings for Subscribers' Children: Jason	The Loud Cloud...Dagmar Frahme.....524
B.L., Katherine L.P.....506	

Subscription in the U.S., Canada, and Mexico, one year \$4.50; two years \$8.00. Other countries, \$5.00. U. S. money or equivalent. Single copies 50 cents, current or back numbers. Entered at the Post Office at Oceanside, California as Second Class matter under the act of August 24, 1912. Accepted for mailing at special rate postage provided for in Section 1103, Act of Congress of October 2, 1917, authorized on July 8, 1918. Writers of published articles are alone responsible for statements made therein.

Issued on the 5th of each month. *Change of address* must reach us by the 1st of month preceding any issue. Address ALL correspondence and make ALL remittances payable to The Rosicrucian Fellowship.

PRINTED AND PUBLISHED BY
The Rosicrucian Fellowship
Oceanside, California, U.S.A., 92054

"Coming Events Cast Their Shadows"

Religion, Art, and Science are the three most important means of human education, and they are a trinity in unity which cannot be separated without distorting our viewpoint of whatever we may investigate.

True Religion embodies both Science and Art, for it teaches a beautiful life in harmony with the laws of nature.

True Science is artistic and religious in the highest sense, for it teaches us to reverence and conform to laws governing our well-being and explains why the religious life is conducive to health and beauty.

True Art is as educational as science and as uplifting in its influence as religion. In architecture we have a most sublime presentation of cosmic lines of force in the universe. It fills the spiritual beholder with a powerful devotion and adoration born of an awe-inspiring conception of the overwhelming grandeur and majesty of Deity. Sculpture, painting, music, and literature all inspire us with a sense of transcendent loveliness of God, the immutable source and goal of all this beautiful world.

Nothing short of such an all-embracing teaching will answer the needs of humanity. There was a time, even as late as Greece, when Religion, Art, and Science were taught unitedly in Mystery Temples, but it was necessary to the better development of each that they should separate for a time.

Religion held sole sway in the so-called dark ages. During that time it bound Science and Art hand and foot. Then came the Renaissance, and Art came to the fore in all its branches. Religion was strong as yet, however, and Art was only too often prostituted in the service of Religion. Last came the wave of modern Science, and with iron hand it has subjugated Religion.

Such a state cannot continue. To avert a calamity, Religion, Science, and Art must reunite in a higher expression of the Good, the True, and the Beautiful than obtained before the separation.

Coming events cast their shadows before, and when the Great Leaders of humanity saw the tendency toward ultra-materialism which is now rampant in the Western World they took certain steps to counteract and transmute it at the auspicious time. They did not wish to kill the budding Science as the latter has strangled Religion, for they saw the ultimate good which will result when an advanced Science has again become the co-worker with Religion.

A spiritual Religion, however, cannot blend with a materialistic Science any more than oil can mix with water. Therefore steps were taken to spiritualize Science and make Religion scientific.

In the fourteenth century a high spiritual teacher, having the symbolical name Christian Rosenkreuz—Christian Rose Cross—appeared in Europe to commence this work. He founded the mysterious order of the Rosicrucians with the object of throwing occult light upon the misunderstood Christian Religion and to explain the mystery of Life and Being from the scientific standpoint in harmony with Religion.

In the past centuries the Rosicrucians have worked in secret, but now the time has come for giving out a definite, logical, and sequential teaching concerning the origin, evolution, and future development of the world and man, showing both the spiritual and the scientific aspects; a teaching which makes no statements that are not supported by reason and logic. Such is the teaching promulgated by The Rosicrucian Fellowship.



Thanksgiving

The habit of giving praise and thanksgiving brings with it joy. Like any habit, it must be practiced to become automatic and at first there may be times when it seems difficult or impossible to do.

If we persevere, after awhile we will find it becoming easier, for we will have learned that giving praise to God, even in the face of difficulties, somehow lightens the burden and begins to lift us again. Our minds begin to clear and become open to the guidance which has been there all along, but which we shut off while indulging in self pity.

Mr. Heindel tells us that "gratitude makes for soul-growth." In speaking of Christ washing the feet of the disciples, he tells us that this was a "symbol of the attitude of mind which is of great significance as a factor in soul growth...we see that in nature the higher feeds upon and is dependent on the lower for its growth and further evolution." By performing this menial task the Christ was acknowledging His debt to the disciples.

Naturally we are thankful when another does a service for us and helps us in one way or another. But now we see that it is an even greater cause for thanksgiving when we are given the opportunity to help someone else.

No matter what our present estate may be, if we search we are sure to find reasons for gratitude, for even if our own situation is not as we would like it to be, there is almost always the chance to assist another in some way.

What we must realize is that gratitude is not dependent upon *things*. What we own or are given is of little importance. True gratitude springs from the inner knowledge of who we are and the outer living to that Highest within.

So in this month of national Thanksgiving we may find many things in our own lives for which to be grateful, both in service given and service received. Developing the habit of gratitude and thanksgiving brings a new dimension into our lives. We find that we are more conscious of the world around us in a finer sense. We are drawn away from selfish pursuits and become more aware of the needs of others. This in itself is cause for thanksgiving.

"In every thing give thanks: for this is the will of God in Christ Jesus concerning you." 1 Thes. 5:18

THE *Mystic* ... LIGHT



Present and Future

CHRISTINE LANDEMAN

Sir Joshua Reynolds, 19th century English portrait painter and critic, wrote: "Present time and future may be considered as rivals, and he who solicits the one must expect to be discountenanced by the other."

This truism pertains perhaps more to spiritual aspirants than to any other group of people, although it also applies to individuals who are innovative in any field of endeavor. The spiritual aspirant, simply by virtue of his aspiration, automatically attunes himself to the future in some degree at least. The more fully he is able to comprehend and practice his noble ideals, the farther he removes himself from the mediocrity and the entrenched, mundane values of the present. The more he conducts himself in the manner of an enlightened, advanced Ego, the farther in custom and in time he appears to be from the "average citizens" who form the bulk of the population. Thus, the more likely he is to be scorned, vilified, pitied, or considered "queer" by those who cannot or will not comprehend the wise and visionary aspects of his attitude.

"He who solicits the one must expect to be discountenanced by the other." The spiritual aspirant certainly solicits the future. In his strivings for spiritual understanding and self-improvement, he acknowledges that present conditions are neither perfect nor, for him, adequate. He deliberately

looks ahead, seeking to adapt himself to that which will be rather than to that which is. In a sense, he endeavors to take time by the forelock and propel himself rapidly into a condition to which most of his fellow men will attain only after years of evolution. He *is* discountenanced by the present -- mainly by the predominantly materialistic overtones of the present -- and yearns for what is to him the much more congenial atmosphere of the future.

That Ego, if he continues to retain his pioneer propensities, will remain "ahead of the pack," so that when the future toward which he is now striving does arrive, he already will have passed beyond the stage of development therein represented and have turned his attention toward an even more remote point of evolution.

The scientist, the artist, the philosopher -- anyone who in thought goes beyond what is regarded as the norm in his field -- is in a sense "courting the future." The spiritual aspirant, however, more than any other person, gradually learns to forsake the non-essentials of the present. By divesting himself little by little of material desires and possessions, he more closely approximates in his own surroundings the conditions of the future, when spirituality will predominate and materiality will recede until it no longer plays any role.

Conversely, he who solicits the present is bound to be discountenanced by the future — at least, the future as portrayed by visionaries who understand the nature of evolutionary changes that are certain to take place and are trying to regulate their own lives accordingly. He who solicits the present is satisfied with the so-called "status quo." The concept of "status quo" is itself erroneous; there is no standing still in evolution, which permits only of progress or retrogression. Nevertheless, such an Ego, content with the materiality in which he finds himself and feels at home, wishes only to perpetuate existing conditions. He is, from the point of view of evolution, "in a rut," and unless he learns to adapt to change he will be in for a rude awakening.

Change, the prelude to the future, is taking place at a seemingly accelerating rate, and may be expected so to continue as the Aquarian Age approaches ever nearer. Adaptability, always an important requirement of progress, is a particularly important watchword in the present tumultuous period. Discrimination is also assuming increasing importance. Changes for the worse as well as changes for the better are taking place all the time. Although some changes are very obviously either good or bad, others are less distinct in character, and only Egos with maturing common sense or good judgment are likely to make correct decisions regarding their own reactions to these changes.

None of this is intended to mean that spiritual aspirants should not live in the present as far as their earthly responsibilities are concerned. Implicit in advanced esoteric Teachings is the admonition that the aspirant discharge all earthly obligations as they are encountered and give of himself in service whenever needed. Although he looks to the future, and although he is encouraged to divest himself of all non-essentials, the aspirant must by no means attempt to escape the present entirely by trying to ignore or evade legitimate

duties.

"Present time and future may be considered as rivals," said Sir Joshua Reynolds, and in one sense he was right, as we have seen. In another sense however, present and future must be considered as partners. Before the future can become meaningful, or even possible, the lessons of the present must be mastered. Some of the lessons of the present *do* include letting go of what we have, that we may be prepared to embrace the more permanent and fulfilling blessings that are in the offing.

Other lessons, however, are concerned with finishing what we have begun, rectifying what we have done wrong, and filling in what we have omitted. This category of lessons often binds us very closely to the present — more closely, perhaps, than we would like to be bound. But it is useless to try to evade these lessons. The wise Ego faces them cheerfully, dealing with them as efficiently as he can. The more effectively he does this, the more freedom he will have to devote himself to preparation for the future.

Thus "present time" is, and will continue to be, a stepping-stone to what lies ahead, and enlightened Egos always will strive to associate themselves with the new attitudes of becoming rather than with the already commonplace ideals of being. Their problem will be to separate the relevant experiences, attitudes, and desires from the irrelevant, to learn from that which is necessary and to substitute for that which is unnecessary the more advanced objectives which lead to the next phase of evolution.

The path of evolution, as we know, proceeds onward, upward, forever. Onward, upward, and forever all connote the future — that which lies beyond. Whenever we arrive at a stage of development that long has been envisaged, another wholly new and still more magnificent future will beckon. There will never be a time of standing still, and

(Continued on page 488)

The Bond of Perfectness

G.R.

Above all these things put on love, which is the bond of perfectness."
— Colossians 3:14.

What is the greatest need of humanity at the present time? Ask the question of twenty people and likely there will be twenty answers: Peace, unity, disarmament, control of atomic power, economic security, elimination of violence, social justice, etc., according to the personal viewpoint. All these things are necessary, and more, if there is to be established a new era of peace and cooperation to take the place of the old way of "grab and get by fair means or foul" which has generated wars and brought the human race to the brink of destruction. However, there is one need that takes precedence over all these and without which none of the other goals can be reached. That one thing is the realization by man of the basic spiritual nature of his own being.

An extraordinary and potentially dangerous thing is happening before our eyes. Man has reached a point in intellectual development beyond which he cannot go with safety under the guidance of intellect alone. With the intellect men have devised means of their own destruction, and now stand aghast before the realization that what the intellect has wrought it cannot control.

Material scientists are feverishly warning the people that unless a new way of life and a new wisdom can be exercised, the much boasted achievements of this era will become monsters to destroy their creators.

Statesmen in many countries are working desperately towards the establishment of a true peace. They are working in both hope and fear — in hope because they feel the surge of the overwhelming desire and hunger of mankind as a whole for peace, and in fear because they have not yet found a bond

that will hold them secure amid all the stresses and strains of the new and often frightening conditions in which we live today. History has shown the futility of depending upon treaties and international agreements alone. Even a World Government would be a failure without the right cement to hold it together. National leaders are in a dilemma to find a foundation upon which to build a basic bond that all nations will recognize and respect.

There is such a bond within man's reach, called by St. Paul "the bond of perfectness." It is comprised of Love, Compassion, and Wisdom. These are the Christ Principles of the spiritual realm known in the Rosicrucian Philosophy as the World of Life Spirit. They are not properties of the mind, but spiritual principles beyond and above the scope of the intellect. Hence the need for a global spiritual awakening if the coming years are to see the fulfillment of hopes for friendliness and peace among the nations of the Earth.

"The World of Life Spirit is the first universal World...It is the World in which differentiation ceases and unity begins to be realized." — *The Rosicrucian Cosmo-Conception*.

What is man? Briefly, he is body, soul and Spirit; or, a physical, emotional, mental, and spiritual being. Of these aspects all but the last are separative. The physical form sets man apart from man; in the emotional realm individual desires clash and selfishness brings strife; ideas and thoughts divide as often as they unite. The unifying influence that man seeks abides in his spiritual nature. It is from the World of Life Spirit that the inspiration must come. The power to solve present problems must be generated by the application of the Christ Principles of Love and Compassion.

Let it be understood, though that the World of Life Spirit is not a long way off, either in time or space. Each human being has within himself a germ of the Life Spirit Principle, hence is capable of responding to its vibrations. This realm is sometimes spoken of as the inter-planetary World, because it not only interpenetrates the individual planets, but also permeates inter-planetary space, thus forming a bond between them. Man is often compared to a planet; while his outer vehicles separate him from other individual human beings, the Life Spirit Principle within unites him to his fellow men, even as it unites the planets.

The present seems to be a time filled with doubt and uncertainty. We speak of peace and continue to pile up armaments. Nations seeking political unity are torn by civil strife. In other cases, a life of marvelous abundance and prosperity for all seems almost within reach, but clashes between group and group in society bar the way, even though physically these things are quite possible. In short, the cry is for unity, at the same time that actions more often than not manifest division.

"At one whisper of these high powers, we awake from ineffectual struggles with this nightmare."—*Emerson*. But through all the powerful forces working in the world today, through all the striving and confusion, through all the antagonism and criticism, can we not trace the influence of the Unseen Guardians of humanity stirring up the feeling of a great need? Can we not see the finger pointing in the direction man must walk? All roads are barred but the one which leads to spiritual unfoldment.

Some are expecting great leaders to appear to show the way to the "promised land." They look for a new Teacher to give the needed spiritual impulse. Leaders and teachers there must be and always have been when the time required. However, they must have a channel in and through which to work,

and man who has fallen into a pit of his own making must help get himself out. Here is where individual responsibility comes in.

"Help us this and every day

To live more nearly as we pray."

Those who already have some knowledge of these matters have a particular responsibility: to make their lives accord as closely as possible with their beliefs and professions. It is not an intellectual knowledge that counts most now, but an honest effort to practice what is preached. In the past perhaps some excuse could be found for laxity, but no longer. At this crisis in evolution those who fail to rise to the greatest heights of which they are capable, especially in Love, Compassion, and Wisdom, are failing seriously in their duty and responsibility to the whole human race.

The words of Christ Jesus, "He that gathereth not with me, scattereth," have a particular application at this time. Who that has any understanding can be indifferent while the world waits in agony for the message of spiritual love and unity? How can one help in the world need if he cannot bring love and understanding to bear upon the problems in his own life? There may seem little that any one person can do, but if all the individual differences were solved there would be no world problem.

Let each one remember that just by the amount that he can manifest of Love and Compassion the sum total available for the world need is increased, and this force will grow and gather strength until there is formed that "bond of perfectness" which will enable men to progress and live in peace. Man has far to go yet before he attains perfection, but who knows but that there is almost within sight an Age of Gold? The very planet needs such an interlude to recover some measure of harmony and equilibrium after the centuries of hate and destruction which culminated in the last terrible war —

and still continues in many parts of the globe. With sufficient of the spiritual bond, nations as well as individuals will have an opportunity to develop each along his own line and according to individual needs, without conflict, and without infringing on the rights of others. Is this too much to hope for?

The present crisis brings to all who are awake to its significance the opportunity for great advancement and achievement. If we deliberately raise our eyes above the mists of the illusion of separation caused by the outer wrappings and forms in which the Spirit is shrouded, and turn in thought to the universal principle within, we make a path over the bridge of mind whereby that spiritual realm can become a reality to us. The outer differences will then fall into proper perspective.

An honest attempt to form a mental concept of the spiritual bond, the Life Spirit, as an essence in which all individuals "live and move and have their being," will help make it constantly clearer how the seeming separation is dwarfed and overshadowed by the oneness of all. It will then be easier to live as we ought to live.

There was an aviator who, soaring high in his plane in the great, free expanse of the blue, above the mists and forms of Earth, came very close to the heart of being. He embodied his experience in a poem which he concluded with the words: "I have...put out my hand and touched the face of God." To those who *live* as spirit, in the light of the "oneness", there may come some time a flash of what is called Cosmic Consciousness. In the past many have escaped for a brief moment from the illusions of separateness which hem in the spirit and caught a glimpse of the oneness of the spiritual worlds. Such an experience is really indescribable, but will illumine the life for all time. It is the realization of the God within and changes belief in the attainment of perfectness to certain knowledge.

PRESENT AND FUTURE

(Continued from page 485)

those who try to cling to the characteristics of the immediate will always be doomed to disappointment and frustration.

If we remember that our destiny is nothing less than god-hood, we will better understand why we cannot remain in one place, no matter how comfortable for the moment it may seem, or how tired we may think we are of trying to adapt. Too much remains to be done. We, who cannot yet even control properly the events of our immediate physical world, will some day be expected to create and maintain solar systems! Only we, individually, can develop our capabilities, our understanding, our inclinations, and our ardor to the point where this becomes possible.

Certainly, eons of evolution lie ahead before the end of the Vulcan Period will be reached, and it may appear that an infinite amount of time remains for us to achieve this sublime phase of existence. We have only to consider how long it has taken for the essence of the Christian teachings -- love and brotherhood -- to *begin* to take hold among mankind, to understand how completely the remaining time left to us before our achievement of Vulcan Period eminence will be needed for this purpose.

True, evolution proceeds slowly. Nevertheless, not a moment of it should be wasted. The caduceus describes two ascents on our route from impotence to omnipotence: the time-consuming circuitous path, and the path that leads straight up. As spiritual aspirants, we are striving to climb the "straight and narrow" way. It is we, particularly, who should "solicit the future," distilling from the present that which is necessary to our progress, but ever attuning ourselves, also to that which lies ahead.

The Angelic and Archangelic Life Waves

Part 1—The Angels and Jehovah

FOREWORD: *There are many references in the writings of Max Heindel to the Creative Hierarchies who have helped and are still helping the members of our human life wave to progress upon the evolutionary path. A compilation of this information on two of these Hierarchies, the Angels and the Archangels, is presented in this and three succeeding articles.*

The Angels are members of a life wave which is immediately ahead of the human life wave in evolution. They experienced their "human" stage during the Moon Period of the Earth's evolution.

They may be said to be family Spirits whose mission it is to unite a few Spirits as members of a family, and cement them with ties of blood and love of kin. Angels are concerned particularly with families and individuals as families.

It is important here to clarify a matter of general confusion. It is nowhere stated that we are to become Angels. We are to become *as* Angels. Belonging as they do to an entirely different stream of evolution, Angels are as different from human beings as we are from the present animals. Paul states in his letter to the Hebrews that man was made for a little while inferior to the Angels; he descended lower into the scale of materiality during the Earth Period, while the Angels have never inhabited a globe denser than ether. As we build our bodies from the chemical constituents of the earth, so do the Angels build theirs of ether. This substance is the direct avenue of all life forces, and when man has once become *as* the Angels and has learned to build his body of ether, naturally there will be no death and no need of marriage to bring about birth.

As all beings in the universe are

progressing, the humanity of the previous Periods have also progressed so that they are now at a higher stage than when they were "human." Therefore, it is perfectly true that God made man a little lower than the Angels. But as everything is in a state of spiral progression, it is also true that our present humanity is a higher and more evolved humanity than the Angels were, and that the Angels were a higher order of humanity, in their turn, than were the Archangels before them. In the next step, we shall attain something like the stage of the Angels at the present time, but we shall be superior to what they are *now*.

At one time in human evolution, an Angel acted as guardian to each individual human Spirit until that Spirit had grown strong enough to be emancipated from outside influences. Now, however, what we think of as the "Guardian Angel" is not an entity from a higher evolution. Rather, it is the personified embodiment of our good deeds in all our past lives, which though unseen by us, is still with us always, impelling us toward right action and the doing of more good.

At the present time, Angels work with the human, animal, and plant kingdoms, for in the Moon Period, when the Angels were "human", the universe was of the consistency of ether and the vital bodies of these three kingdoms is formed of that material. The Angels, are, therefore, properly helpers in the vital functions such as assimilation, growth, and propagation, and in their work with humanity they are family Spirits. They cause the increase in the family, in man's cattle and in the yield of his fields.

In the second or Hyperborean Epoch of Earth evolution, God said: "Let there be Light," and the hot gas became a luminous firemist such as it was in the Sun Period of evolution, and man's dense body was clothed with a vital body. Man was then plant-like, because he has the same vehicles as the plant has now, and the Angels were his helpers in organizing his vital body, and remain so to this day.

Today the Angels are particularly active in working with the vital bodies of the plants, for the stream of life ensouling that kingdom started its evolution in the Moon Period, when the Angels were "human". Because of this, they are properly the teachers of man, animal, and plant with regard to the vital functions of propagation, nutrition, and the like. During the Moon Period the Angels worked with the plants as we are now working with our minerals. There is, therefore, a particular affinity between the Angels and the plants. Thus we can account for the enormous assimilation, growth, and fecundity of the plants. Man also grew to an enormous size in the Hyperborean Epoch, when the Angels had principal charge. So, too, does the child in its second septenary epoch of life, because then the Angels have full sway, and at the end of that epoch, at fourteen, the child has reached puberty and is able to reproduce its kind. This also is due to the work of the Angels.

Angels, together with Archangels, also instruct Egos in the Second Heaven in building archetypes of bodies they will later occupy in their Earth incarnations.

In man the brain is the link between the Spirit and the outside world. He can know nothing of the outside world except through the medium of the brain. The sense organs are merely carriers to the brain of impacts from without and the

brain is the instrument which interprets and coordinates those impacts. The Angels, belonging to a different evolution, have never been imprisoned in dense and cumbrously slow vehicles such as ours. They had learned to obtain knowledge without a physical brain. Their lowest vehicle is the vital body. Wisdom came to them as a gift, without the necessity of laboriously thinking it out through a physical brain.

Man, however, had to "fall into generation," and work for his knowledge. The Spirit, by means of one part of the sex-force directed inward, built the brain to gather knowledge from the physical world, and the same force is feeding and building the brain today. It is subverted from its proper course inasmuch as it should have gone outward for procreation, but man retains it for selfish purposes. Not so the Angels. They had experienced no division of their soul-powers; therefore they could send out the dual soul-force without selfish reservation.

The force that goes outward for the purpose of creating another being is love. The Angels sent out their whole love, without selfishness or desire, and in return Cosmic Wisdom flowed into them.

Man sends out only part of his love; the residue he selfishly keeps and uses to build his inner organs of expression, to improve *himself*; thus does his love become selfish and sensual. With one part of his creative soul-power he selfishly loves another being because he desires co-operation in propagation. With the other part of his creative soul-power he thinks (also for selfish reasons) because he desires knowledge.

The Angels love without desire, but man had to go through selfishness. He must desire and work for wisdom selfishly, then he may reach selflessness at a higher stage.

The highest Initiate of the an-

gelic life wave is Jehovah, or the Holy Spirit. Jehovah is one of the Elohim, and dwells in the physical visible Sun. He is regent of the various moons thrown off by the different planets for the purpose of giving beings who have fallen behind in the march of evolution more rigid discipline under a firmer law, to awaken them and spur them on in the proper direction, if possible. He is the ruler over the Angels and over those Archangels who work with man, and is the chief Race Spirit.

In the middle of the third or Lemurian Epoch of Earth evolution the separation of the sexes occurred, in which Jehovah and His Angels were active. The Ego began to work slightly upon the dense body, building organs within. Man was not at that time the wide-awake, conscious being he is at present, but by means of half the sex-force, he was building a brain for the expression of thought. The Bible statement that Jehovah put man "to sleep" when he was to bring forth is correct. There was no pain connected with childbirth, nor did man know anything of the loss of his dense body by death, or of his installment in a dense vehicle at birth.

When he exercises the attribute of creation, God appears as Jehovah, the Holy Spirit; He is then Lord of Law and generation and projects the solar fertilizing principle indirectly through the lunar satellites of all planets where it is necessary to furnish bodies for their evolving beings.

When He exercises the attribute of preservation for the purpose of sustaining the bodies generated by Jehovah under the laws of Nature, God appears as the Redeemer, Christ, and radiates the principles of love and regeneration directly into any planet where the creatures of Jehovah require this help to extricate themselves from the meshes of

mortality and egoism in order to attain to altruism and endless life.

It is the work of Jehovah to build concrete bodies or forms, by means of the hardening, crystallizing Moon forces. Therefore He is the giver of children, and the Angels are His messengers in this work. It is well known to physiologists that the Moon is connected with gestation; at least, they have observed that it measures and governs the periods of intra-uterine life and other physiological functions.

Jehovah breathes into man's nostrils, gives him lungs, and gives him the Race Spirit in the air that is to curb the hardening tendencies of the desire body and help him to get it under control. The desire body has control over the voluntary muscles; every movement we make is caused by desire, and every exertion breaks down tissue and hardens more and more every particle of our tissue. Therefore Jehovah aimed to help man out of his dense condition by means of law. The race religions were all based upon law. "I am a jealous God, and if you fulfill my commandments, I will bless you abundantly and make your seed as multitudinous as the sands upon the seashore," says the race god, "but if you do not obey I will send your enemies upon you and they shall gain the victory over you."

Jehovah is the ruler of all the races and the race religions. Jehovah and His Archangels hold a similar relationship to the races that the Group Spirit does to the animals. When individual members of a race have evolved entire self-control and government, they are emancipated from the influence of the Race Spirit and kindred beings.

All race religions are religions of law, and creators of sin through disobedience of that law. Jehovah, whose lowest vehicle is the human Spirit, is correlated to the World of

Abstract Thought, where everything is separative and leads to self-seeking. Under the regime of Jehovah, unity is impossible. Therefore, the Christ, who possesses as a lowest vehicle the unifying Life Spirit, must enter into the dense human body. He must appear as man among men and dwell in this body, because only from *within* is it possible to conquer the race religion, which influences man from without.

Previous to the advent of Jehovah, when the Earth was yet a part of the Sun, there was one common Group Spirit, composed of all the Creative Hierarchies, which controlled the entire human family, but it was intended that each body should be the temple and the pliable instrument of an indwelling Spirit and that meant an infinite division of rulership. Then Jehovah came with His Angels and Archangels and made the first great division into races, giving to each group the guiding influence of a race spirit.

As the seed and ovum are the root and basis of racial development it is easy to see that no sin can be more serious than that which abuses the creative function, for by that sacrilege we stunt future generations and transgress against Jehovah, the Holy Spirit. His Angels herald births, as in the cases of Isaac, John the Baptist, and Jesus. When He wanted to reward His most faithful followers, He promised to make his seed as numerous as the sands of the seashore. He also meted out a most terrible punishment to the Sodomites who committed sacrilege by misdirecting the seed. He even visits the sins of the fathers upon the children to the third and fourth generations, for under his regime law reigns supreme. Man has not yet evolved to the point where he can respond to love. He requires from his enemies an eye for an eye, and with the same measure he metes, it is meted unto

him.

Thus we understand that under the law there is no mercy, for mercy is dictated by love. Therefore it was perfectly in consonance with cosmic order when Christ, the Lord of Love, said that all things would be forgiven to men which they did against Him, as love is the reigning feature in His kingdom; but whatsoever was done contrary to the law of Jehovah must meet its full retribution. We cannot be sufficiently thankful for the wonderful religion which He gave us, particularly if we compare it with those of the races. Those of the Western World have before their eyes a beautiful picture of One who said, "Come unto me all ye that labor and are heavy laden, and I will give you rest."

We find that there are three religious teachings to be given to man in helping him to attain to perfection. One is the Religion of the Holy Spirit; the next is the Religion of the Son; and the last is the Religion of the Father.

Under the regime of the Holy Spirit, as has been shown, the human race was divided into nations and peoples segregated by their adherence to one group from fellowship with other nations. Each group was further cut off from the rest because of the language barrier. They were all put under certain laws and were taught to reverence the name of their God. This method of segregation has the advantage that Jehovah could use one people to punish another who had transgressed His law, but it has the disadvantage that it fosters egotism and separates humanity in a manner detrimental to universal good.

It is an axiomatic truth that what does not benefit all cannot really benefit any. Therefore ways and means must be found to reunite the scattered nations and weld them in-

(Continued on page 526)

The Object of Evolution

Frieda Mader

It is well to review the subject of evolution. It reminds us to be ever careful of what we are striving for in our lives, for the object of evolution is to gain wisdom out of every condition.

Whatever the condition that confronts us, know well that it will never leave until we have gained the wisdom it is intended to teach. Everything that comes in the way of trouble and sorrow can be looked upon as a lesson to inform us of our shortcomings, or a lack of some Soul-quality which only such experiences can teach. This is the underlying idea of destiny; not that it is a punishment or even an inevitable law of suffering which we must endure, but that in the course of our evolution the Higher Self finds that we lack certain soul-qualities, hence it chooses to incarnate in certain families and under certain conditions which will bring out the soul-qualities which are lacking. If we refuse to recognize the lesson, or run away from the conditions before they are conquered, we will have to meet them again in various forms in this and other lives until the victory is gained. The hard conditions of our environment are deliberately chosen by the soul that it may gain the qualities needed. Max Heindel states in the *Cosmo-Conception*, "that the souls must recognize that they are not bodies not races, but Egos striving for perfection." The instant this is done the Law is fulfilled, hence there is no destiny or anything else that can hold us to those conditions.

Only in this way can we find self-poise, for self-poise is the result of self-knowledge. The instant we begin to see that it is ourself who is responsible for all the disturbing influences that are around us and that it rests with us to correct them, we have begun in the right way to gain self-poise.

The first thing to be gained is self-recognition. If we try standing away from ourself we get a new perspective; we see ourself as others see us. Are we rude to others, antagonistic or overly sensitive, critical or perhaps bitter? All these things must drop away like a cloak ere we are truly wise. It is not an easy thing to do but it can be done. With time, persistence, and faith all things are possible.

When buffeted by circumstances we may blame our sufferings upon our conditions, upon others or think some Divine Power is punishing us. It is very difficult to face ourself and recognize that the trouble lies in us. But while this is difficult to realize, still it is comforting to know that if the fault is within, the remedy also lies within. Once we recognize this and really learn the lesson—not only mentally but intuitively—then we no longer need to experience the adverse conditions.

When, for example, an earthen vessel is to be used, only a certain amount of fire is needed to harden and prepare the clay. But if it is a golden vessel to be placed upon the King's table it must pass through a seven-times heated furnace and be hammered and tested and purified until the gold is without a flaw. Then it must be fashioned into the shape best adapted to its purpose. So is it with the vessel of clay which we call our personality. There must be all kinds of vessels and each must have the preparation best adapted to its uses.

All wisdom gained from earthly experience is meant to help unfold dormant faculties and make the personality one with its Father-in-Heaven. There is nothing that confronts us that is not a step in this great journey. Therefore, we must realize that it is not our tasks or duties that weary or retard our evolution, but the attitude of

mind toward them; the permitting of everyday trifles so to occupy the mind that we never let them go.

The little joys of life are just as satisfying as the little cares are annoying. While we face the little cares watch for the little joys! Little joys wake the heart, until like a glorious blossom, it opens to the sun. If we will dwell in the little joys they run together and soon break out into a mighty, soul-satisfying happiness which will be like a strong, deep undercurrent of joy bearing us through all the cares and sorrows of life. Remember this and begin to look for every ripple of sunshine. Open the doors and let it in.

In every heart there is a well so deep and still that it can reflect only one star at a time, and this star, whatever it be, is for the time it is reflected there, the guiding star of our destiny. Just as the great telescope can sweep the heavens and focus upon any star desired, so can our ruling star be anything we determine to focus upon. If that star be household worries; a desire to live in the same style as our neighbors; to expand our business; the love and worship of money or any other condition—even the worship of a personality—while it reigns there it shuts out the light from all other stars. For "Ye cannot serve God and Mammon."

Whatever it is that is reflected in this deep well of our inmost heart is the God we are worshiping; for worship is constant thought of the thing worshiped; a constant filling of the under-currents of the mind with it, laying it upon the shrine and offering to it our best efforts and thoughts. Whatever it is that occupies these deep undercurrents, and is poured into the deep places of the nature, even subconsciously—that is always there no matter how busy we may be on the surface—that is what we are worshiping. It is that for which we are giving our life and thought — force to create.

By these currents of force we are literally moulding the atoms of our bodies into vehicles through which that which we worship can manifest. We also create around ourselves an auric world in which our dominant thought will be all pervasive, no matter how much lip-service is given to other things.

There is only one thing that one can rightly place in the Holy sanctuary and hope that it will dwell there forever, and that is the Christ. Let the Christ be king over all thoughts, aspirations and desires and all things shall be cared for. "He who seeth me in all things and all things in me looseneth not his hold on me and I forsake him not. And whosoever, believing in spiritual unity, worshippeth me who am in all things, dwelleth with me in whatsoever condition he may be."

The little things of life may occupy the surface of our thoughts, but underneath all, in the Holy sanctuary, the Christ dwelleth, and the Christ careth for all things. Home, children, business, petty cares are all but ripples on the surface, while deep down in the shrine of the heart dwells the Christ. Once having found this Holy of Holies and placed therein the One who alone is worthy of worship, then no matter how busy we are or how occupied with worldly cares, in an instant our consciousness can enter that sacred place and find rest and peace and communion. Then nothing can really fret us, for we carry the silence within. The winds and tempests of earth only ripple the surface. In the deep places all is peace and calm. We have no fear, for we have entered the silence and have felt the strength, comfort, and power of the Christ within. His love pervades our life and all are safe in His keeping. The trials of business and home do not upset us now, for we know how to keep calm, where to find peace.

(Continued on page 523)

Sounding Brass

E.S.

"Though I speak with the tongue of men and of angels and have not Love I am become as sounding brass, or a tinkling cymbal." 1Cor. 13

One who is endeavoring to live the life of the cross must strive to cultivate one attribute above all others. Its growth should be a little in advance of each step in the acquisition of knowledge, power, health, in fact, all of the things that make for evolution — and that is Love. For every step in intellectual advancement, one should take two in the advancement of the cultivation of love. Only in this way can the disciple climb the thorny path with safety. Yea, even flowers will spring along the pathway to ease his bleeding feet if the light of love burns unwaveringly on the altar of his heart.

As little by little one's eyes are opened to the inner side of life and one sees that each man or woman is suffering because of his own prejudices, acts, or weaknesses and that one is helpless to aid him, that only through suffering is he willing to learn, there is apt to be a hardening in the heart of the aspirant which nothing can soften but the oil of love.

We do not attain wisdom on the first step of the path, nor yet on the second, nor the third. What we think is wisdom is oftentimes only knowledge. It is only by the continual linking of knowledge with love in our nature that we attain to wisdom: "Though I speak with the tongues of men;" though I may have attained to the mastery of all the languages of men; what power, what knowledge this implies, and yet in the sight of the Great Heart I am but "sounding brass" — hollow and

hard — brilliant and polished, perhaps, but with the false light of reflection. I have no true light of my own with which to light the path for the faltering footsteps of others.

The thirst for knowledge is never quenched and unless continued pressure is brought on the love nature — the pure compassionate love of the Higher Self — the love of knowledge will drown all else. Then the disciple will awaken in shame some day to find that in his clamorous striving for knowledge he has been trampling on the flowers of love until they are hardly recognizable under his feet. Then does he have to tear down his structure and build anew.

Repeatedly must he open his heart and let the flood gates of love wash over the hard-caked surface until once more it is like the soft earth in the springtime, the tiniest footfall, the softest sigh will leave an impression and the heart will respond with compassion and love. One's heart is like a garden, the flowers will not grow to their full beauty if the earth is left to harden and cake around their roots. The soil must be continually stirred and softened, and our heart must be continually prodded with the fork of the spirit to break up the conceit of knowledge so that love may grow strong and beautiful like its archetype in heaven.

And though I speak with the tongues "of angels" — yet am I not more than "a tinkling cymbal." Though I have even attained to the stage above man and have much knowledge of heaven and earth — yet am I hollow within and full of emptiness. Within me is darkness, for did not the Great Heart say that

Plasmas

Elsa M. Glover

Scientists have recently started giving increasing attention to a type of substance which they call plasma. A plasma is in some ways similar to a gas. A gas is composed of atoms and/or groups of atoms (molecules) which are free to fly through space in all directions. In a plasma there are atoms flying through space in all directions, but additionally there are atoms missing electrons (ions), free electrons and photons flying through space in all directions in a plasma. To make a plasma from a gas all one needs to do is cause some of the electrons to break off from some of the atoms in the gas (as will occur, for example, if the gas is heated). The ions and electrons both have electrical charges and hence are surrounded by electromagnetic fields which contain the particles called photons.

Scientists have estimated that 99% of the (dense physical) material in the universe is in the plasma state. Stars are composed of plasmas and much of the space between stars contains very thin plasma. Our sun often sends out streams of plasma which, when they reach the earth, become part of the belts of plasma which surround the earth and which are held in place by the earth's magnetic field. Man is learning to produce and use plasmas. Fluorescent lamps contain glowing plasma. Man is working on learning how to get energy from plasma made from hydrogen gas (the resulting energy being called thermonuclear energy). When accomplished, this will give man a virtually unlimited supply of energy which at the same time is clean and does not pollute the environment. How does the plasma fit into Max Heindel's scheme of classification of matter into solid, liquid, gas, chemical ether, life ether

and reflecting ether? Elsewhere (see the *Rays*, March 1966, pp 103-105) it has been noted that atoms and ions may be considered as particles of gases, and that electrons and photons may be considered to be chemical ether particles. Thus, plasmas may be considered to be a mixture of gas and chemical ether.

For further information on plasmas, the reader is referred to *The Fourth State of Matter* by Ben Bova, St. Martin's Press, New York (1971).



The scarred surfaces of the Earth, the mauled land and the marching deserts, remind us of our lack of foresight or thrift. We have continually raided the savings bank of Nature without letup. Our seas and atmosphere are full of telltale signs of our presence, suspended chemical particles bespeaking our penchant for polluting. These global problems are just beginning to be appreciated. . . These grave difficulties will almost certainly all be with us for a prolonged period of time — long enough perhaps to remind us that the only way to save ourselves is for each of us to learn to live with all the rest of the world. — S. Dillon Ripley in *Smithsonian* for April, 1974.

MAX HEINDEL'S MESSAGE

Taken from His Writings **OCCULT PRINCIPLES OF HEALTH AND HEALING**

(ELEVENTH INSTALLMENT)

Man and His Vehicles



*The Desire Body and the Mind --
The Mind (Cont.)*

In the Atlantean Epoch of the Earth Period the Lords of Mind radiated from themselves into our being the nucleus of material from which we are now seeking to build an organized mind. It was given to man to give purpose to action, but as the Ego was exceedingly weak and the desire nature strong, the nascent mind coalesced with the desire body; the faculty of Cunning resulted and was the cause of all the wickedness of the middle third of the Atlantean Epoch.

The mind, being the last of man's vehicles built, is not yet even a body. It is simply a link, a sheath for the use of the Ego as a focusing point. It is, however, the most important instrument possessed by the Spirit, and its special instrument in the work of creation. We, ourselves, as Egos, function directly in the subtle substance of the Region of Abstract Thought, which we have specialized within the periphery of our individual aura. Thence we view the impressions made by the outer world upon the vital body through the senses, together with the feeling and emotions generated by them in the desire body, mirrored in the mind.

From these mental images we form our conclusions, in the substance of the Region of Abstract Thought, concerning the subjects

with which they deal. These conclusions are ideas. By the power of will we project an idea through the mind, where it takes concrete shape as a thought form by drawing mind stuff around itself from the Region of Concrete Thought. The image may be projected in one of three directions:

(1) It may be projected against the desire body in an endeavor to arouse feeling which will lead to immediate action.

(2) Where no immediate action is called for by the mental images of impacts from without, these may be projected directly upon the reflecting ether, together with the thoughts occasioned by them, to be used at some future time.

(3) It may be projected toward another mind to act as a suggestion, to carry information, etc. When the work designed for such a thought form has been accomplished, or its energy expended in vain attempts to achieve its object, it gravitates back to its creator, bearing with it the indelible record of its journey.

At our present stage of evolution we say that the mind is born at the age of twenty-one, but the prime of mentality is not reached until about the forty-ninth year.

The mind is the focusing medium whereby the ideas wrought by the imagination of the Spirit are projected upon the material universe. First they are thought forms only, but

when the desire to realize the imagined possibilities has set the man to work in the Physical World, they become what we call concrete "realities."

At the best, we are able to shape through the mind only such images as have to do with Form, because the human mind was not started until the Earth Period, and therefore is now in its form, or "mineral" stage, hence in our operations we are confined to forms, to minerals. We can imagine ways and means of working with the mineral forms of the three lower kingdoms, but can do little or nothing with living bodies. We may indeed graft living branch to living tree, or living part of animal or man to other living part, but it is not life with which we are working; it is form only. We are making different conditions, but the life which already inhabited the form continues to do so. To work with life is beyond man's power until his mind has become alive.

In the Jupiter Period the mind will be vivified to some extent and man can then imagine forms which will *live and grow, like plants*.

In the Venus Period, when his mind has acquired "Feeling," he can create living, growing, and *feeling* things.

When he reaches perfection, at the end of the Vulcan Period, he will be able to "imagine" into existence creatures that will live, grow, feel, and *think*.

General Cause of Disease Introduction:

Disease is really a fire, the INVISIBLE FIRE which is THE FATHER endeavoring to break up crystallized conditions which we have gathered in our bodies. We recognize fever as a fire, but tumors, cancers, and all other diseases are really also the effect of that invisible fire, which endeavors to purify

the system and free it from conditions which we have brought about by breaking the laws of Nature.

Again, we may say that disease is a manifestation of ignorance, the only sin, and healing is a demonstration of applied knowledge, which is the only salvation. Christ is an embodiment of the Wisdom Principle, and in proportion as the Christ is formed in us we attain to health. Therefore, the healer should be spiritual and endeavor to imbue his patient with high ideals so that he may eventually learn to conform to God's laws which govern the universe, and thus attain permanent health in future lives as well as now.

The Old Testament opens with the account of how man was led astray by *the false light* of the Lucifer Spirits, giving birth to all the sorrow and suffering in the world; it closes with the promise that the Sun of Righteousness shall rise, with Healing in its wings. And in the New Testament we find the Sun of Righteousness, *the true Light*, come to save the world, and the first fact that is stated in regard to Him is that He is of Immaculate Conception.

Now this point should be thoroughly understood, that it is the Luciferian taint of passion which has brought sorrow, sin, and suffering into the world. When the creative power is used for sense gratification, whether in solitary or associated vice, with or without legal marriage, that is the sin which cannot be forgiven; it must be expiated. Humanity as a whole is now suffering for that sin. The debilitated bodies, the sickness that we see around us has been caused by centuries of abuse, and until we learn to subdue our passions there can be no true health among the human race.

(Continued)

Studies in the Cosmo-Conception

This department is devoted to a study of the Rosicrucian Philosophy by the Socratic Method, the material being taken from the Rosicrucian Cosmo-Conception.

Previous Teachers vs. Christ Jesus

Q. Was Initiation available to all before the time of Christ?

A. During the old dispensation the path of Initiation was not free and open except to the chosen few. The Hierophants of the Mysteries collected certain families about the Temples setting them apart from all the other people. These chosen families were then rigorously guarded as to certain rites and ceremonies. Their marriages and sexual intercourse were regulated by the Hierophants.

Q. What was the effect of this practice?

A. The effect of this was to produce a race having the proper degree of laxity between the dense and vital bodies; also to wake the desire body from its state of lethargy during sleep. Thus a special few were made fit for Initiation and were given opportunities that could not be given to all.

Q. What evidence is recorded to support this truth?

A. We see instances of this method among the Jews, where the tribe of Levi were the chosen Templars; also in the caste of the Brahmins who were the only priestly class among the Hindus.

Q. What change was effected by the Christ?

A. The mission of Christ, in addition to saving the lost, was to make Initiation possible to all; therefore Jesus was not a Levite of the class to which priesthood came by inheritance. He came from the common people and though not of the teacher class, His teaching was higher than that of Moses.

Q. What was the main difference be-

tween Christ Jesus and previous teachers?

A. Christ Jesus was killed. In connection with this fact we come to the supreme and fundamental difference between Him and the previous teachers in whom the Race Spirits were born. They all died and must be reborn again and again to help their peoples bear their destiny.

Q. Who were the teachers?

A. The Archangel Michael (the Race Spirit of the Jews) raised up Moses, who was taken up to Mount Nebo to die. He was reborn as Elijah. Elijah returned as John the Baptist. Buddha died and was reborn as Shankaracharya.

Q. What spiritual stage had these reached?

A. When death came Moses' face shone and Buddha's body became alight. They all reached the stage when the spirit begins to shine from within—but then they died. Christ Jesus reached that stage on the Mount of Transfiguration. It is of the very highest significance that *His real work took place subsequent to that event*. He suffered, was killed and resurrected.

Q. How important is that difference?

A. Being killed is a very different thing from dying. The blood that had been the vehicle of the Race Spirit must flow and be cleansed of that contaminating influence. Love of father and mother, exclusive of other fathers and mothers, must go—otherwise Universal Brotherhood and an all-embracing, Altruistic Love could never become an actuality.

Reference: *Cosmo*, pp. 404-406

WESTERN WISDOM BIBLE STUDY

Parable of the Houses



THEREFORE whosoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock.

And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock.

And every one that heareth these sayings of mine, and doeth them not, shall be likened unto a foolish man, which built his house upon the sand:

And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell: and great was the fall of it.—Matthew 7:24-27.

To those who had ears to hear, our exalted Teacher was speaking in this parable of that "house from heaven" where-with Paul longed to be clothed: the glorious treasure house wherein all noble deeds of many lives glow and scintillate as precious pearls. Everybody has a little "house from heaven," and enlarging it into a glorious mansion for use in the future is the work of every human being. A knowledge of this enlarging process constitutes an important part of the instruction received by every student of the Western Wisdom School, providing the reason required by those on the head path for following the example set by Christ Jesus.

The physical body of man is interpenetrated by an etheric body, composed of four ethers. The lower of these ethers, the chemical and life ethers, are stationary and are avenues for the forces which work as assimilation, propagation, etc., in the physical body. The two higher ethers, however, the light and reflecting ethers, are volatile and migratory in nature, and form the soul body, or the house built upon a rock, to which Christ Jesus was referring in the parable.

The flowering of the Christ Principle within each human being into a radiant

soul body depends definitely upon acts of "loving, self-forgetting service to others," as every act of love and service automatically attracts to the person performing it a portion of the planetary light and reflecting ethers. These ethers are luminous, and the more consecrated the life to unselfish service, the more does one walk "in the light" of his "house." Thus does the etherealization process take place in preparation for the New Galilee, or Sixth Epoch, when the earth itself will be made of ether, and all humanity will function in etheric bodies. It will be essential to possess this etheric vehicle in order to live and function in the conditions which will prevail in the New Galilee, and those who do not evolve it will meet the same fate as those who had failed to evolve lungs at the time the destruction of Atlantis paved the way for Aryana. It will be impossible for them to continue in evolution with those who by having awakened to their spiritual responsibilities and lived the higher life will possess the "rock" as the basis for their "house."

Considering a deeper interpretation of the "rock" upon which the "temple not made with hands" is built, we find that it undergoes an evolution or process of preparation, in three steps. There is first, the "petros," the diamond in the rough, so to speak, found in nature. Gradually, it becomes impregnated with the *water of life* which springs from the Great Rock, the Christ, or indwelling Planetary Spirit of the earth, and is then polished by service into a "lithon," a living stone. Having wrought well to the end, the ego finds itself possessed of the "psiphon Leuken," the soft white stone that draws to itself all who are weak and heavy laden.

Thus do we become more Christlike, each building a "house" upon a "rock."



Astrology in Terms of Number Vibration

J.E.R.

The subjects of astrology and numerology (number vibration) are frequently treated separately, without reference to their close and obvious similarity. Many students of the Rosicrucian Philosophy are familiar with the science of astrology, but if they have not made a separate study of numerology, they may not necessarily be familiar with it. The intention of this article is to point out the surprising similarity of values between astrology and numerology.

In astrology we deal with ten heavenly bodies in addition to the Moon, and with their combined influence upon the human beings evolving on Earth. These heavenly bodies from the Sun outward are: The Sun itself, Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune, and Pluto. Our Moon is considered astrologically on account of its influence upon the Earth, with respect to tides and fecundation, because of its close proximity and the fact that it reflects the solar rays.

The following is a correlation of number vibration with the astrological elements of the planets:

1. The Sun as giver of life is the symbol of creation and unity, of oneness: the oneness of the Absolute, or of the spirit before its descent into matter through involution. It corresponds to the creative expression of the number one in number vibration. This solar one stage of involution is identi-

cal with the starting point of our present life-wave in the Saturn Period. This life-wave has attained the acme of materiality in our present Earth or fourth stage of involution.

2. Mercury, the planet of reason or the messenger of the gods, goes the next step deeper into matter for the sake of gathering experience for soul growth, and takes on the properties of the number two. This involves collecting, and two finds its true expression in diplomacy and politics. It was necessary for the Ego, after being expelled from the divine presence (Eden) to obtain guidance upon the path of involution and evolution, and this was and is furnished by the hosts of Mercury through their furthering of logic and reason in the nascent mind of infant humanity.

3. Venus, the planet of love, stands for still further separateness and individualization along the lines of personal expression, and thus takes on the meaning of the number three, which finds its true expression in individual art and personal adornment. The Venus love or three vibration is human creative love towards the offspring, and is absolutely necessary in connection with propagation and the preservation of the species. It is the keynote of the relations between man and woman on Earth, and promotes artistic self-adornment in order to en-

hance mutual appreciation and affection.

4. Our Earth corresponds almost exactly to the four vibration, which means mental and physical force. These both find their true expression in the technicalities of law, and in planning and building in the material and phenomenal world, as well as in business and salesmanship. We have only just passed the low point of materiality and are now starting upward on the ascending arc of evolution towards the spiritual worlds. This trend is illustrated in efforts at international cooperation, such as the United Nations, which are forerunners of the true universal brotherhood which is to come.

5. The next planet in order, Mars, is the habitat of Lucifer (the light bearer) and his progeny. Lucifer has brought the meaning of the number five to Earth. The martian forces, the same as the five vibration, find their true expression in science, experimenting, pioneering, advertising, and particularly the metal crafts.

6. Jupiter, the planet of benevolence and hospitality, shows a trend toward the number six in number vibration. The sphere of influence of both lies in education, domesticity, and teaching. The meaning of the number six being "cosmic mother," it is the principal expression of the good, pure, and wholesome in the universe, and acts as a counterbalance to the astrological saturnine forces and the negative and destructive phases of corresponding number values. Jupiter and the six forces are great balancers and adjusters between good and evil. Without this vibration, our solar universe would be annihilated, and its grand object frustrated by its being prematurely consigned to Chaos.

7. The number seven and the constructive forces of the planet Saturn both mean "the fullness of the Earth." Saturn is called the planet of sorrow or the "Reaper" in astrology. He is, in fact, the principal obstructing and restraining influence in our universe,

but only for the grand purpose of letting the individual Spirit's experiences run their full course towards this "fullness of the Earth," or of terminating them at the proper moment for a new dip into matter under different conditions or those which are better for soul growth. He finally acts as the "gate of death," and takes the weary soul to its haven of cosmic rest. He furnishes a wonderful example of turning apparent evil into ultimate good. His principal constructive expressions, as well as those of the number seven, are tact, diplomacy, system, patience, honor, chastity, industry, mechanical ability, justice, and fair-mindedness.

8. The number eight, standing for resurrection, is a true symbol of Uranus, the planet of altruism, and finds its mundane expression in international commerce, organization, and management. These are constructive Uranian expressions, since they are milestones towards a Uranian brotherhood of man in a future age. The Uranus or eight and the Neptune or nine vibrations are most potent for good, but also most destructive. In order to face the facts squarely, it must be stated that at present the evil of these two vibrations by far exceeds their good. The reason for this is that humanity is still in a comparatively early stage of spiritual evolution, and is unable as yet to attune itself to the spiritual rate of these vibrations. It is thus that their negative and destructive phases, connected with the love of self and material pleasure and whatever this entails, still prevail at this time. However, the time is not very far off when these two vibrations will come into their own, as indicated by the refreshing and enthusiastic interest of growing numbers of people in spiritual matters.

9. Finally, Neptune, the planet of divinity, is correlated to the mundane master number nine. Both stand for universal expression upon the plane of divine (creative) love, and find their

(Continued on page 505)



The Children of Scorpio, 1974

Birthdays: October 24 to November 23

Scorpio, second of the watery triplicity, represents fixed water, or powerful, enduring emotions. The lower side of this 8th sign of the zodiac is symbolized by the scorpion with the sting of death, while the higher side is represented by the eagle, living in the heights above the material world. Generation, degeneration, and regeneration constitute the triad covering the field of experience for the Scorpio natives.

Mars, the Lucifer-ruled planet of dynamic energy, governs this powerful sign, and we therefore find its natives possessed of tremendous physical and mental energy, the proper direction of which is the most vital problem of parents and teachers of Scorpio children. They are usually strongly imbued with the martial qualities, positive or negative, according to the aspects to the Sun and planets in Scorpio. They revel in intense activity, meeting challenges, and are usually ready to take sides and enter into any argument or dissension that occurs in their area. Strongly sexed, these

children should be taught from their earliest years to regard the creative force with reverence, and should have specific training in using their energies constructively.

Scorpio natives who have evolved the higher traits of their sign manifest them in overcoming obstacles and forging ahead materially and spiritually. Often brusque to the point of rudeness, they are withal honest and just, ready to assist with all their power the down-trodden and oppressed. Those who respond to the lower vibrations of Scorpio are to be found stirring up strife, encouraging others to lawlessness. They are often social firebrands and dangerous members of the community.

A fiery temper is usually a mark of the Scorpio native, as well as a sarcastic tongue and a jealous attitude. Unless trained in kindness and consideration for others, they are apt to bring much unhappiness and suffering upon themselves and their associates by thoughtless, cutting speech.

A strong will, a sharp and penetrating mind, and a vivid imagina-

tion aid the Scorpion native in achieving success in whatever line of endeavor he pursues. His strong personal magnetism attracts people to him, and these he may influence for good or ill. Healing power is his to a marked degree.

During this entire solar month the Sun and Venus are conjoined, and Neptune and Pluto are in sextile aspect. These vibrations point toward a fondness for music, art, and poetry, and the intense emotions could be well directed through one of these, particularly music. The strong love nature should be guided into higher channels so that the moral standards will remain stable through life.

The Sun and Mercury are conjoined from October 24 to 29, favoring the mentality and memory of the days when the orb of aspect is three or more degrees.

From October 24 to November 8 the Sun trines Jupiter, a splendid stellar pattern indicating a goodly measure of health, wealth, and happiness. The nature is friendly, optimistic, generous, and trust-worthy, so that many friends are attracted. There is good judgment, executive ability, and financial acumen.

The Sun and Mars are conjoined from October 24 to November 7 giving a superabundance of vitality which assures its possessor of good health. Courage, a dauntless determination, an indomitable will, and a strong constitution combine to bring success in whatever is undertaken.

From October 24 to 29 Venus and Mercury are conjoined, pointing toward a cheerful, companionable person, with ability for music and poetry.

Venus conjuncts Mars from October 24 to November 4, tending toward an aspiring, ambitious, and adventuresome nature. There is an abundance of energy and a fondness for sports. The earning capacity is

good, but a tendency toward too-free spending needs curbing.

On October 24 and from November 13 to 21 Mercury and Jupiter are in trine aspect. This is a fine asset for it insures the native of a cheerful, optimistic outlook on life. The mind is broad, versatile, and able to reason correctly. Success in law and literature is favored.

Mercury and Mars are conjoined from October 24 to 31, and from November 17 to 23, indicating mental energy, enthusiasm, and dexterity, but the purposes for which these are used will be determined by aspects from other planets.

From October 24 to November 4 Mars and Uranus are conjoined, a very powerful influence. Unless very well aspected by other planets it suggests a tendency toward stubbornness, resentment against restraint, and refusal to listen to the advice of others. Cultivation of kindness, sympathy, and compassion is needed to transmute this aspect.

The two benefics, Venus and Jupiter, are in trine aspect from October 28 to November 5, one of the best signs of success and general good fortune. The nature is jovial, optimistic, generous, and hospitable, and social prestige and a happy marriage are favored. The mind is tolerant and there is a love for pleasure and travel. A talent for music may also be present.

From November 3 to 19 the Sun trines Saturn, endowing the person with such fine traits as method, foresight, and organizing, executive, and diplomatic ability. He is honorable, kindly, and considerate, and success in political, judicial, and agricultural positions is favored.

Venus and Saturn are in trine aspect from November 5 to 15, showing that the person is faithful and true, just and methodical. Honest and trustworthy, simple of taste,

and of unimpeachable morality, these natives attract honor, esteem, and easy circumstances.

From November 21 to 23 Mercury trines Saturn, a fine mental influence. Forethought, profound reasoning ability, patient persistence, caution, and diplomacy make these people invincible in the long run. They generally become prominent in church or government affairs. Absolutely honest and fairminded, they make excellent judges.

Saturn trines Mars from November 15 to 23, giving a capable, determined, and energetic nature. There is executive ability, forcefulness, and endurance, so that these natives are constantly accomplishing more than others can achieve. The character tends to be rather cold, but the health is good.

* * *

ASTROLOGY IN TERMS OF NUMBER VIBRATIONS

(Continued from page 502)

true earthly expression in occultism, art, music, and healing. They thus represent the highest expression of the Spirit upon the Earth plane.

The number one, being a synonym of unity or oneness, is also the numerical symbol for the highest aspect of the divine trinity, the Father; the number two for the second aspect, the Son; and the number three for the third aspect of the trinity, the Holy Spirit. In our present stage of spiritual evolution we are attaining to the general perfection of the primary trinity, 3 times 1 or three, selfish Venus love. A small number have developed towards the perfection of the second trinity, three times two or six, which is identical with jupiterian benevolence and hospitality, and stands for the "cosmic mother." In our future development during the Aquarian or Uranian Age we

shall develop the eight vibration, or the altruistic love of universal brotherhood. Finally, during the Capricornian Age and the reign of the Father, we shall reach the perfection of the third trinity, three times three, or the nine stage of spiritual evolution, whose keynote is Divine Creative Love.

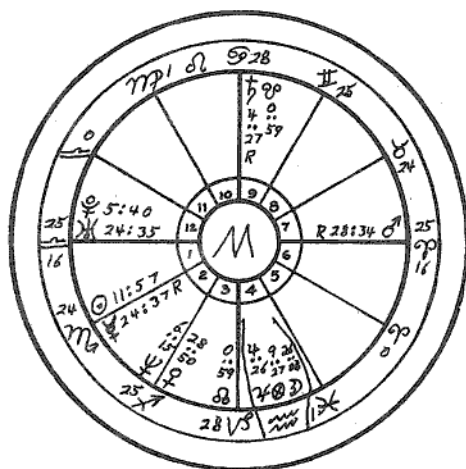
It goes without saying that the spiritual evolution of the individual, considered either astrologically or numerically, does not necessarily take place in the exact order of the above numbers.

In conclusion, with reference to the master numbers eleven and twenty-two, it may be stated that they have to do with higher beings who are assisting us in our evolution, and who effect their entrance to our system through the planet Neptune.



"Contemplate the courses of the stars as one should do that revolves along with them. Consider frequently the connection of all things in the Universe and their relations to each other. All things are in a manner intermingled with each other, and are therefore mutually friendly. For one thing comes in due order after another by virtue of local movements, and of the harmony and unity of the whole."—Marcus Aurelius

Readings for Subscribers' Children



JASON B.L.

Born November 4, 1973, 4:51 A.M.

Latitude 34N., Longitude 117W.

Here we have a chart which shows many scattered planets, many aspects, and cardinal signs on the angles. There will be many experiences of numerous types, offering abundant opportunities for soul growth. Without Mars on the ASC, however, the personality will be more pleasing and there will be more harmony in the environment.

The Sun in this little boy's horoscope is in the fixed-water sign Scorpio in the 1st house, trining Saturn retrograde in Cancer in the 9th (conjunct the Dragon's Tail), square Jupiter in Aquarius intercepted in the 4th. The trine to Saturn shows method, foresight, and organizing, executive, and diplomatic ability, with the moral stamina to carry a project to a successful conclusion despite obstacles. Jason has a high sense of honor, tends to be sincere and just in dealing with others, and is basically kindly and considerate. The square to Jupiter, however, tends toward false

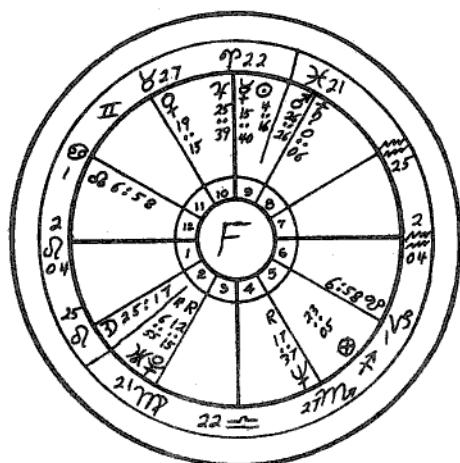
pride and self-indulgence, so that he should have special training in self-restraint, thrift, and honesty.

Mercury is also in Scorpio, in the 2nd, pointing to a shrewd mind, keen aspiration, quick wit, and a sharp tongue. The planet of concrete mind is retrograde, though, and squares the Moon suggesting the need for practice in decisive thinking and memory. The earning capacity will fluctuate, but because of the well aspected Neptune in the 2nd house, gain is apt to come through things in which water plays a prominent part.

The Moon in Aquarius, strongly aspected (sextile Mars and Venus, trine ASC and Uranus), indicates a vivid imagination, along with a well developed intuition. The nature tends to be kindly and sociable, and many friends will be attracted. Libra on the ASC, ruled by Venus, adds to the attractiveness of the personality, and points to interest in music and art, as well as oratorical ability and kindness of nature.

Venus is in Sagittarius, in the 3rd, conjunct the jupiterian Dragon's Head, sextile Moon, ASC, and Uranus, trine Mars but opposition Saturn and the Dragon's Tail. Indicated here is a refined mind, an optimistic disposition, religious devotion, a strong imagination and intuition, and a fondness for art, music, and the drama. The opposition to Saturn and the Dragon's Tail suggests the need to overcome a tendency toward jealousy, suspicion, and avarice. Opportunities for soul growth may come by loss through law, voyages, and travel in foreign lands.

Mars in Aries in the 7th affects all partnerships, including marriage. Experiences in this area of life will be a mixture of the pleasant and the not-so-pleasant. Cultivation of a calm, understanding, and fair attitude will do much to improve these relationships.



KATHERINE L.P.

Born March 24, 1964, 1:05 P.M.

Latitude 33N56, Longitude 118W13.

With the Sun and four planets in the 9th and 10th houses, this little girl will come before the public in her vocational activities.

The solar orb is in the fiery, aggressive sign Aries in the 9th, conjoined (8 degrees) with Mars in the latter degrees of Pisces in the 9th, trine the Leo ASC. Strong by sign and house, though not by aspect, this position of the Sun, along with the fixed-fire sign Leo on the ASC, suggests ambition, initiative, and determination, as well as considerable physical strength and stamina.

Mercury is also in Aries in the 9th, but unaspected, adding to the quickness and flexibility of the mind, a fondness for argument and repartee, and an inclination to study and learn, especially along philosophic and scientific lines. There is a desire for travel and the likelihood of journeys into foreign lands for study and research.

The Moon is posited in Leo in the 2nd, trine the MC. and Jupiter (in Aries in the 10th), but square Venus (in Taurus in the 10th) and Neptune

(in Scorpio in the 4th). This sign position of the lunar orb has an illuminating effect on the mind and gives a strong, self-reliant, and aggressive disposition with ability for organization. The tendency is to be honorable and fair in dealing with people, and popularity is favored. The 2nd house position of the Moon, however, suggests fluctuating financial affairs, and the square to Venus warns against fickleness in the affections. But since both Uranus and Pluto are in the 2nd, they, too, need consideration in all 2nd house affairs. They are conjoined and unafflicted, the latter being sextile to Neptune. Hence they bring an unexpected, spiritual influence to bear upon 2nd house matters.

Jupiter in Aries in the 10th sheds a very beneficent influence on this child's life, particularly her vocational pursuits. Since the Great Benefic conjuncts the MC, sextiles Saturn, and trines the Moon, there is strength of character, a benevolent disposition, and a keen sense of justice and fair play. There is sound financial judgment, too, and the ability to grasp opportunity when it is met. The reasoning faculties are good, the ideals lofty, and the imagination fruitful. Success in life, both physically and spiritually, is favored.

The facet of this child's nature which especially needs sublimating is indicated by Venus squaring Moon and opposing Neptune, and the Moon and Neptune in square aspect. There is a negative psychic influence, so that Katherine should be taught early to cultivate positive living; to avoid all such negative phenomena as the ouija board, seances, etc. Loyalty in the affections should also be cultivated.



VOCATIONAL GUIDANCE ADVICE

This page is a free service for readers. Since advice is based on the horoscope, we can give a reading ONLY if supplied with the following information: full name, sex,

place of birth, year, day of month, hour. No reading given except in this Magazine and ONLY FOR PERSONS 14 TO 40 YEARS OF AGE. — Editor.

Telephone Opr., Auditor

ANNE E. — Born September 8, 1955, 10:20 P.M. Latitude 42N50, Longitude 78W50. This native has the Moon in Gemini on the ASC in the 1st house, sextile Jupiter, trine Mercury and the MC, square Mars, Sun, and Venus. The farfields will always look greener! However, Mars, Sun, and Venus in Virgo indicate discrimination in where she will use her considerable mental ability. Aquarius and Pisces cover the 10th houses, so that Uranus, Jupiter, and Neptune help to point toward vocational possibilities. As a telephone operator, auditor, or saleswoman (office supplies, etc.) this native should be able to serve satisfyingly.

Travel Guide, Lecturer

STACY G. — Born February 17, 1948, 6:48 A.M. Latitude 42N16, Longitude 89W06. Jupiter in its home sign Sagittarius in the 10th house is the obvious indicator of vocations for this native. It sextiles the ASC and Aquarian Sun in the 1st, trines Saturn and Mars in Leo in the 6th and 7th houses, opposes Uranus in Gemini in the 4th. Mercury retrograde and intercepted in Pisces in the 1st house, conjuncts the Sun and opposes Mars. This is an active concrete mind but inclined to be critical and see things a bit distorted. As a tour guide or assistant travel bureau operator, the love for travel would be satisfied. There is lecturing ability and an inclination toward the spiritual side of life. Both the ministry and advertising should appeal.

Secret Agent, Credit Mgr.

FLOYD F.N. — Born July 10, 1956, 12:45 A.M. Latitude 31N21, Longitude 109W33. The Sun and Mercury are in Cancer in the 3rd house, the former trine Mars in Pisces in the 11th, the latter sextile the Taurian ASC. The Moon in Leo in the 4th sextiles Venus in Gemini in the 2nd. Capricorn is on the MC, and its ruler, Saturn, is retrograde in Scorpio in the 7th, sextile the MC, trine Uranus in Leo in the 4th, square Pluto in Leo conjoined to Jupiter in Virgo, in the 5th. Nineteen degrees of Aquarius are in the 10th. This native should be able to give satisfying service as a secret agent, credit manager, or in the restaurant business.

Surveyor, Architect

SHERMAN G.C. — Born June 12, 1938 7:32 A.M. Latitude 41N30, Longitude 81W43. Saturn in Aries in the 10th house suggests a "down-to-earth" vocation, and fortunately it has two excellent aspects: a sextile to the Sun in Gemini in the 11th, and a trine to the Moon in Sagittarius in the 5th. It squares (6.32 degrees) Venus in Cancer on the ASC but in the 12th, however, so care should be taken to keep all vocational activities above reproach. The solar orb and Mercury both in Gemini add to the mental side of the nature, and also the desire for change. Cancer on the ASC and the Moon in Sagittarius further the liking for change, which is usually involved in surveying. Surveying, architecture, and salesmanship are all good possibilities.

Daily Thought and Guide

These daily meditations are based partly on the planetary hours of the day, daily aspects and vibrations.

*Sunday—December 1

"We are led to expect a day when Christ shall find a home in the remotest hearts and families, and the earth in all its circumference be covered with the knowledge and the power of the Lord."—*H. Melville, D.D.*

Monday—December 2

Thoughts of home are often most poignant at Christmas time. A happy home during childhood is one of the strongest foundations for a useful, contented life.

Tuesday—December 3

A good day for mercurial tasks and self-expression, but we are wise to curb any vestige of impatience and irritation that may arise.

Wednesday—December 4

Harmonious vibrations abound today. Time spent in meditation on the meaning of this holy season should bear valuable fruit.

Thursday—December 5

Intellectual endeavors, particularly research into electricity and "space age science", are favored today. Receptive people may receive advanced ideas through the ethers.

Friday—December 6

Mixed aspects may present some difficult moments today, but we can always cope if we are sufficiently self-disciplined and persistent.

*Saturday—December 7

Mars gives us energy for use in Christmas shopping and preparations. Remember, though, that "the gift without the giver is bare."

Sunday—December 8

Many influences make themselves felt, promising a busy day. "Let

your light so shine before men that they may see your good works, and glorify your Father which is in heaven."—*Matt. 5:16*

Monday—December 9

It is the love of Christ, Who sacrificed Himself to take away the sins of the world, that makes our continuing evolution possible.

Tuesday—December 10

The most enduring gifts we can give are those of our love, our time, our concern, the work of our hands, and our selves.

Wednesday—December 11

"Joy is a flame which association alone can keep alive, and which goes out unless communicated."—*Lamartine.*

Thursday—December 12

Another busy day is in the offing, and we may not have the time to think everything through before acting. If we remain true to the highest within us, all will be well.

Friday—December 13

The degree of what we aspire to determines the extent of our progress. "We cannot of ourselves estimate the degree of our success in what we strive for."—*Bulwer Lytton.*

*Saturday—December 14

With the progressive Uranus sextiling the Moon, there may be an original, independent, and imaginative quality to our work today.

Sunday—December 15

"A genuine fellowship pervades our common life — a fellowship whose source is our common share in the gift of the world's greatest Life which was given to the whole world."—*Arthur Reed Kimball.*

Monday—December 16

This should be a quiet day, giving us the chance to catch our breath and prepare for the active period ahead.

Tuesday—December 17

Neptune's sublime rays enfold us today creating for those who can respond an elevated intellectual and spiritual atmosphere.

Wednesday—December 18

"Friendship is to be purchased only by friendship. A man may have authority over others, but he can never have their heart but by giving his own."—*Thomas Wilson*.

Thursday—December 19

Let us do our work with love and understanding, and all will be well. A loving heart gives strength, and with kindly understanding much progress is possible.

Friday—December 20

Obstacles may arise today, but they are stepping stones to growth. Let us give thanks for all our opportunities, and bless all who come our way.

Saturday—December 21

Mixed vibrations keep us alert today, but Saturn's positive influences help us hold steadfast to our goal.

*Sunday—December 22

The returning Christ Ray reaches our Earth on the day of the Winter Solstice. A time for gratitude, worship, and prayerful meditation upon this most priceless blessing.

Monday—December 23

A day to get our hearts and minds in order for the approaching holy night. The whole world feels the sublime Christ vibrations that now surround us.

Tuesday—December 24

"Hark! the herald Angels sing, glory to the new born King." On this most sacred of all nights, if we are calm and devotional, we can reap great spiritual realization and peace.

Wednesday—December 25

"—the greatest of all gifts, the Christ of the new year," has now come, and splendid planetary aspects enhance this day of worship and "good will to all men."

Thursday—December 26

We can continue to profit from the peace and joy of Christmas. Let us resolve to keep Christmas in our hearts throughout the year ahead.

Friday—December 27

"Difficulty excites the mind to the dignity which sustains and finally conquers misfortunes, and the ordeal refines while it chastens." *Aughey*.

Saturday—December 28

Strong uranian rays help us to live up to high ideals today. Some rest and recreation are in order, but let us also devote time to healing thoughts and prayers.

Sunday—December 29

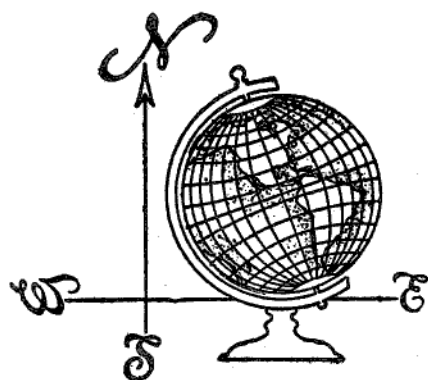
Considerable activity is indicated, and some encounters may fall short of expectation. Faith, courage, and sincere efforts to live the life will see us through.

Monday—December 30

"There is no happiness in life, there is no misery, like that growing out of the dispositions which consecrate or desecrate a home."—*Chapin*.

Tuesday—December 31

This last day of 1974 is blessed with spiritually powerful neptunian vibrations. Let us take full advantage of them in sober and prayerful supplication for a peaceful, harmonious new year.



MONTHLY

News

INTERPRETED

Dangerous Drink

For more than a decade, epidemiologists have been intrigued by what they call the "water factor" in heart disease. A series of studies has shown that people living in areas where the drinking water is hard (that is, with a high mineral content) have a lower risk of heart attacks than those in localities where the water is soft. But to date, no one has decided whether there is a substance in hard water that is protective to the coronary arteries, or something in soft water that has a toxic effect. In the latest study of the water factor, a Dartmouth physiologist now proposes that it is the corrosiveness of soft water that is to blame, and he suggests simple steps to avoid it.

Dr. Henry A. Schroeder, who pioneered some of the key studies on the relationship between water and heart disease, notes that soft water tends to be acidic because of a low content of calcium and magnesium salts. The states with the softest water are along the East Coast and in the Northwest, where water is supplied largely by surface reservoirs. The Middle and Far West, where much drinking water comes from underground wells, has the hardest (chart). In his latest study, Schroeder and Luke A. Kraemer, a Brattleboro, Vt., high-school student with a mathematical bent, used a computer to relate deaths from coronary disease in 94 of the largest U.S. cities with the hardness of their water supplies. Their findings, reported in the Archives of Environmental Health, confirmed that cities with the softest water had twice the death rates from coronary dis-

ease as cities where the water was hardest.

Schroeder and Kraemer went on to check the presence of some 35 substances in municipal water supplies to see what their relationship might be to heart disease. They found that the higher heart-disease risk in soft-water areas could not be explained by the presence of toxic substances, such as lead, or a deficiency of essential trace metals, such as iron or copper. But they did observe that the corrosiveness of soft water showed a consistent and highly significant relationship to the coronary mortality in the communities they studied.

This has led Schroeder to conclude that soft water may pick up harmful substances through corrosion of household plumbing, especially while standing in the pipes overnight. The first water drawn—to make the morning coffee, for example—may contain heavy concentrations of harmful metals, especially cadmium. A constituent of galvanized-iron pipes, cadmium has been shown to raise the blood pressure of rats in Schroeder's lab. If ingested over long periods, the Dartmouth researcher suspects, cadmium could produce mild to moderate hypertension—a well-known factor in heart-disease risk—in large numbers of people in soft-water areas.

If Schroeder's theory is correct, the risk of heart disease might be significantly lowered in many communities by simply adding lime to harden the drinking water and make it less corrosive. It might also be a good idea, Schroeder says, for residents of soft-water areas to run their tap water for a few minutes each morning, allowing water that has stood all night to pour into the drain instead of the

coffee cup.

Newsweek, June 17, 1974

It is wise to drink distilled water in preference to any form of tap water—hard or soft. In the *Cosmo-Conception* we read the following:

"It has been estimated that ordinary, undistilled spring water contains carbonate and other compounds of lime to such an extent that the average quantity used each day by one person in the form of tea, coffee, soup, etc., would in forty years be sufficient to form a block of solid chalk or marble the size of a large man."

Again, in *Christianity Lectures*, we read: "More dangerous to man than any food as a clogging and hardening agent of the system is *water*. It does not matter how clear and pure it looks, there is an enormous amount of the lime compounds and magnesia in the best we have, and neither filtration nor boiling will take it out. The amount of mineral in the water is easily determined by the way our tea-kettle 'furs up,' and it is a mistake to think that the deposit comes from the water that we pour out of the kettle to make tea or coffee with, for it is the solid remains of the water that has evaporated as steam, the water left is harder if anything. The only thing that enables us to live beyond childhood is the enormous eliminative power of the kidneys; were it not for them we should be old in infancy, and if we want to preserve health and youth in old age we must cease drinking and cooking with this death-dealing fluid, using for all internal purposes only distilled water which is absolutely free from the injurious lime-compounds."

Evolution Key to Global Ethic

A universal ethical system capable of securing allegiance of all mankind is a great need today, but it will not originate entirely

with religion—any kind of religion—according to Dr. Theodosius Dobzhansky.

Rather it must evolve from a synthesis of the best of religions, aesthetics and science. It is required not only to bring mankind's household into order, but to cure such increasingly aggravated ills as the "generation gap" and similar social fractures.

Dr. Dobzhansky, 74, is an internationally recognized authority on genetics and evolution, now an adjunct professor at UC Davis.

Ultimately concerned with mankind, the biologist has explored in depth the philosophical and social implications of his science, convinced that such studies are incumbent upon the scientist.

Biological evolution, Dr. Dobzhansky pointed out, is, "by and large, utilitarian," and it may take its choice of a multitude of forms, with the selection often apparently one chance...

"It is only man who becomes an 'ethicizing being' and 'goes in for ethics,'" he said. The fundamental precondition for his becoming such is his "capacity to know and to foresee the consequences of (his) own and other people's actions."...

"It is futile to look for special genes for ethics or for values," he said. "It is the genetic endowment as a whole which makes us human."

This endowment has primarily given man the potential for becoming educated which can lead to the acquisition of a system of values which might actually be in some ways harmful to the species as a whole, as in the promotion of self-sacrifice.

"Educability is the key adaptation in a being that lives in culture-created environments and that fully depends on culture for survival and for biological as well as spiritual welfare," the scientist said...

Dr. Dobzhansky defined evolution as the theory that "the current state of a system is the result of a more or less continual change from its original state," and in that sense, he continued, there has been evolution "on the cosmic, biological and human levels"

"These three kinds of evolution are parts of one grand process of universal evolution," he continued. "This conception makes sense scientifically, philosophically, religiously and aesthetically."

And man, through group or culture ethics, can have a conscious role in what is for him the ultimate form of evolution, that which concerns himself and his society.

While his biological evolution might have encouraged him toward a basically selfish orientation, his "educability" and his ability to reason "permits him to counteract this proclivity by means of culturally devised group ethics."

"Love and dedication to the welfare of one's children and other close relatives (which might have a biological or genetic basis), become extended in cultural evolution to include wider and wider circles of people, eventually mankind as a whole, said Dr. Dobzhansky.

"All members of the human species should be loved as children or brothers or sisters. Here, then, is the Christian commandment of universal love."...

— by Dan L. Thrapp, *Los Angeles Times*, June 16, 1974

Although Dr. Dobzhansky's conception of the nature of evolution is not in complete accord with that understood in occult philosophy, his ultimate conclusions about the need for a universal ethic expressed in the union of the best of religion, art, and science is completely correct. It is interesting to see how the great universal Truths present themselves in spite of misconceptions popularly accepted by mankind.

Actually, we know that in a sense man *has* evolved from "ancestors who were not human" — although not from apes, as Dr. Dobzhansky indicates in a passage of this article not quoted above. In previous Periods of Manifestation the Virgin Spirits who are now human beings did pass through mineral-like, plant-like, and animal-like stages of development.

Although divinity, or "God's image," has been latent in the Virgin Spirits since the time of their differentiation in God, the *unfoldment* of this latent power is "a process, rather than an event" — it is, indeed, the long, slow process of evolution itself.

The acquisition of the mind brought man the capacity to learn, to develop. Individual differences of character and personality, to make his own decisions and reap the consequences thereof. This newest of our four vehicles, then, enabled individual members of the human race to guide their own development, and at the same time to assume responsibility for their actions.

Self-sacrifice, also discussed by Dr. Dobzhansky, is not harmful to the species if viewed in a more universal sense than merely maintenance of a specific type of *form*. Failure to differentiate between life, which is permanent and form, which is always a temporary, ephemeral vehicle for the manifestation of life, cannot help but result in an erroneous conception of the nature of evolution. The form may be sacrificed, but life never ends.

Self-sacrifice — in the spirit of service — is now the highest objective to which man can aim, and it is the only means by which the next step of human evolution can be accomplished. The golden soul-body, made from the two higher ethers of the vital body, is the vehicle which man must perfect before the second coming of Christ. This perfection will take place only as the result of individual selflessness and sacrifice on the part of each human being.

Selflessness and sacrifice, indeed, lie at the core of the universal ethical system of which Dr. Dobzhansky speaks. This system already exists under the name of esoteric Christianity, the true religion brought by Christ which is based on universal love. In esoteric Christianity, the union of science, art, and religion has already taken place.

The day will come when all members of the human species *will* love each other as brothers and sisters, as Dr. Dobzhansky urges, and the "Christian commandment of universal love" will be obeyed on Earth.

BOOK REVIEWS

Literature Plays Motion Pictures Music

"New Life Through Nutrition"

New Life Through Nutrition, Dr. Sheldon Deal. New Life Publishing 1974, 242 pp, \$7.95. Tucson, Arizona 85711

We are parroting the press when we say that greater progress in living has been made in the last ten years than in the previous five hundred. Nutrition is no exception and we must keep abreast of the newer discoveries if we are to use intelligently those new foods and nostrums that appear in our shopping centers.

Dr. Deal graduated in 1956 from Los Angeles College of Chiropractic, as valedictorian of his class. He is now on the staff of the Swan Chiropractic Clinic in Tucson, Arizona, and very busy in all health activities. After reading his book it is easy to see why.

Being a doctor the book is about keeping the physical body fit, but in several of the chapters he makes the point that "this is determined by the thoughts we think, the air we breathe, the water we drink, the exercise we get, and the food we eat, listed in order of importance."

There are chapters on proteins, carbohydrates, fats, the various vitamins, cell salts, protomorphogens, sugar, milk, water, salt and so on. His chapter on hypoglycemia gives the latest findings in that field.

The chapter on milk is probably the most timely, since there seems

to be an increase on the T.V., radio, newspapers, and magazines on milk advertizing. The pasturized and the "certified raw milk" are regulated by law. Dr. Deal writes, "There are only two certified dairies in the United States west of the Mississippi. I have had the opportunity to tour both of them. I was quite impressed by what I saw, not only in the way of cleanliness but also in the diets fed to the animals. The floors of these dairies are immaculate and all the milking equipment is stainless steel. The milking machines, instead of emptying into a container, connect directly to a stainless steel pipe which carries it to a bottling room; within three minutes and twenty seconds from the time the milk leaves the cow it is bottled and sealed having gone first through a paper filter and then coils that cool it. The diet that these cows are fed contains more vitamins, minerals, raisins, black strap molasses, and more supplement than I myself take today."

Pasteurized milk, by law, must contain no more than 10,000 bacteria count per cubic centimeter; grade B can contain up to 50,000. But "certified" cannot have a bacteria count of more than 5,000, including the beneficial bacteria, that is those normally present in milk to regulate the control of the bad bacteria: the lactobacillus that helps to digest food etc.

Pasteurization destroys the iron

in milk, makes the fat saturated, destroys all the enzymes, as well as half the calcium and nearly all the vitamin C through the heating process. The protein content is still there but, due to the heat, forty-two percent of it can no longer be used. This chapter alone is worth the price of the book!

Dr. Deal gives to Dr. Bernard Jensen credit for teaching him how to use Iridology in the field of nutrition, and to Dr. George Goodheart for his methods of proving the effectiveness of nutrition. This book is a must for all in today's drug-beset, polluted earth.

"We Are Not The First"

We Are Not The First, Andrew Tomas. 1971. Paperback ed. 1973, 180 pp. \$1.25. Bantam Books, Inc., 666 Fifth Ave. New York, N.Y. 10019

Often good things come in small packages and this little book is no exception. It is crammed with facts, theories and pictures, all fascinating. Mr. Tomas proposes to show that in former eras people possessed many scientific notions that we have just lately "newly discovered" today; to demonstrate that we still underestimate the technical skills prehistoric man had; and to prove that certain advanced ideas of the ancients on science and technology came from an unknown outside source.

Our archaeologists are uncovering much evidence of former scientific knowledge. "In 1938-39 a German archaeologist, Wilhelm Koenig, found near Baghdad a number of earthenware jars with necks covered with asphalt, and iron rods encased in copper cylinders...After World War II Willard Gray of the General Electric Company made a duplicate of the 2,000 year battery, filling it with copper sulfate instead of the unknown electrolyte, which had evaporated.

The sister cell of the ancient Babylonian vase-shaped cell was tested and it worked! This is conclusive proof that the Babylonians did indeed use electricity. In-as-much as a number of electroplated articles had been excavated in the same general area, it was assumed that one of the purposes of the battery was electroplating. As similar jars were found in a magician's hut, it can be surmised that both priest and craftsman kept the knowledge as a trade secret. The date of the electroplated material is 2,000 B.C. - that is, they were 2,000 years older than Koenig's ceramic cell. It should be noted here that electroplating and galvanization were introduced only in the first part of the nineteenth century. Once again it is demonstrated how a certain technological process used 4,000 years ago was rediscovered in modern times."

The Rosicrucians maintain that the present day universities are teaching openly what the ancient Mystery Schools taught secretly so many thousands of years ago, these old Babylonian batteries are a good illustration.

The Piri Reis maps are one of the clearest indications that there was a great knowledge of mathematics and geography many millenia ago. "The National Museum of Turkey has in its possession two old maps made by Piri Reis (a 16th century cartographer, ed.) dated 1513 and 1528. The map with the date 1513 shows Brittany, Spain, West Africa, the Atlantic, parts of North America, and a complete outline of the eastern half of South America. At the bottom of the map is shown the coastline of Antarctica, extending eastward to a point under Africa." The coastline of Antarctica has been under hundreds of feet of snow and ice since the last ice age, and it wasn't until 1958 that our geographers, by means of sonar soundings were able to trace that coastline, yet here are copies of maps made as perfect as those of the United

States Navy Hydrographic office maps. According to Admiral Piri he and his uncle had these maps from a Spanish sailor who claimed to have been on three of Columbus' expeditions, and that the discoverer of America had used these maps.

Andrew Tomas quotes extensively from the old Hindu scriptures, from the Babylonian *Epic of Etana*, the Egyptian *Book of the Dead*, Chinese historical traditions, the *Popul Vuh*, in fact most of our known ancient literature is mentioned some place in the book. It is his theory that all of our legends and myths are based on fact, are fossils of history, perhaps embroidered a bit, and encrusted with a few local customs in the constant retelling. Even Ezekial and his flaming chariots from our Bible is quoted.

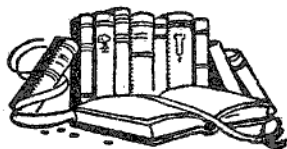
There is one chapter on prehistoric aircraft in which Tomas writes, "Folklore throughout the world has strange tales about flying machines. In 1958 the Smithsonian Institution published the results of American, Soviet, and Indian archaeological research which indicated that 10,000 years ago the Eskimos lived in Central Asia. How did they reach Greenland? Possibly on foot or sleighs but Eskimo legend says that they were brought to the arctic north by "giant iron birds." Near Madison, Wisconsin one can see on the ground from a great distance colossal gravel carvings of birds that measure 62 meters from one wing tip to the other. They look like planes."

As to interplanetary travel the *Rosicrucian Cosmo-Conception* teaches that the Lords of Venus and the Lords of Mercury taught infant mankind until it was able to manage alone. Andrew Tomas convinces us that there was such interstellar communication long ago. 'This place has no air, its depth is unfathomable and it is black as the blackest night.' A description of dark airless space by an astronaut? No, an extract from

the Egyptian *Book of the Dead*, over 3,500 years old!"

We, within the past twelve years, can believe because we have the rudiments of space travel. Our Air Force Academy at Colorado Springs, Colorado, now teaches in their Department of Physics that there are "at least three and possibly four different groups of aliens...possibly at different stages of development..." who are monitoring our planet. Dr. Wm Gordon Allen, in his book, *Overlords and Olympians*, (1974) includes a xeroxed letter from Colonel Anthony J. Mione who is professor and head of the Physics Department naming the textbook used which contains the above quotation.

Are we ready - strong enough - to accept teachers again from other planets, or from outer space? We have caught a glimpse of de-materialization, of levitation, of many mental, spiritual and even physical gifts that may be ours through training the faculties we already possess. Truly heaven is before us if we are strong enough to adapt.



Spiritualization, like civilization, is a matter of becoming, of living, of attaining. Live the life and you will attain to its knowledge; and unless you do that you cannot possibly attain to complete understanding, for actual experience is the required basis for understanding. No doubt, you have found this true of the physical and of the mental; did you expect something different of the spiritual? One law governs the whole universe.

Readers' QUESTIONS

Continuing Suffering of Christ

Question

I find it hard to believe that the exalted Christ suffers through His connection with the Earth. How can such a highly evolved Being suffer? Is the word "suffering" used simply for lack of a better word?

Answer

The Christ was a free Spirit who had never been confined in any kind of a crystallized condition. When He entered the Earth at the crucifixion and became its indwelling Planetary Spirit, He placed Himself in a condition which was confining and limiting in the extreme due to the low vibrations of the Earth. Not only does He suffer from this limitation but — because He is so evolved — He also feels the pain and sorrow of each individual connected with the Earth. When we say that the Christ is suffering, we mean not only in the physical, but also in the mental, sense. Every unkind word, thought, or deed on the part of any human being adds to His mental anguish.

This Great Spirit made this sacrifice for us in order that He might cleanse the desire body of the Earth and raise the vibration of the etheric region and the physical world. Until this was done it was impossible for average humanity to separate the two higher ethers, which form the "golden wedding garment" or soul body, from the two lower ethers, and until these two higher ethers are separated by us as individuals we shall have no

soul bodies in which to function for higher development. When we realize the great sacrifice made by the Christ Spirit, it certainly behooves each one of us to strive earnestly to do our part in order that His liberation may take place as soon as possible.

Blessing The Home

Question

Is it not possible to spiritualize our homes by blessing them?

Answer

Yes, it is certainly possible to establish a spiritual atmosphere in our homes by devoting a few moments each day to a sincere prayer of thanksgiving and blessing. By doing this we set up a vibration which attracts desirable unseen guests and the ministering angels and their co-workers into our midst, and helps to make home the place of comfort, inspiration, and strength that it should be. Children who grow up in homes where the harmony and happiness of a prayerful life prevail are immeasurably fortified for life's future experiences by having these vibrations built into their vital bodies.

Occult students who know something of the power of thought have a great privilege as well as responsibility in connection with the thought force with which they impregnate not only their homes and places of business, but also any building into which they may enter. Buildings that are constantly filled with constructive thoughts of peace, love, and harmony give forth such emanations of bless-

ings that one who is sensitive receives and responds to them in passing. All humanity will eventually come to understand, in the literal meaning of the word, that thoughts are things.

Carrying Ailments From One Life to Another

Question

When we are afflicted in one life with a diseased organ, do we return in a future body with a similar ailment?

Answer

Since the first revolution of the Saturn Period, the Ego has been learning body building. At the present time, the second half of the fourth revolution of the Earth Period, the average human body is still at nowhere near potential peak efficiency. If we want some idea of what the physical body will be like in its perfected state, we have only to look into the past and see what has already been achieved along certain lines, knowing that similar progress will be made in the future. For instance, we know that at one time feeling was a localized sense just as hearing and seeing are today, the organ of feeling being the pineal gland, which at that time protruded from the back and upper part of the head. Today the sense of feeling is distributed all over the physical body. Eventually, this will also be true of the other senses. In time, they will cease to be localized, and the entire body will not only feel, but also smell, taste, hear, and see.

The lessons learned in perfecting the body are worked out during successive lives of the Ego. First it builds a body, then lives in it, and in this way it learns its imperfections. If certain organs are faulty or diseased in one lifetime, the Spirit will take note of this and, when he builds his next archetype in the

Archetypal Region of Concrete Thought, remedy whatever he can. If pain has been great enough to cause him to focus attention on the afflicted organs, he will endeavor to build better ones so that he may escape the suffering which he was forced to endure in a previous life. Thus, instead of perpetuating faulty organs, he will endeavor to improve them. Therefore, it is generally safe to say that a diseased organ in one life will be improved in the next or a succeeding one. In this way the Ego learns by past mistakes to build better and more perfect bodies.

Perfection, wisdom, beauty, and strength are all divine attributes which each Ego in time will develop. The Ego, after living life after life in bodies expressing opposite polarity, discovers and eventually remedies every imperfection. All imperfections that the Ego consciously discovers, be they of body or mind, can be remedied by changing the archetype in the Region of Concrete Thought.



The Effect of Color

Question

What do you think about the effect of color? Some people claim that certain colors depress them and others have a happy, exhilarating effect.

Answer

There is no doubt that color has a decided effect upon individuals. All colors are exhilarating and harmonious until their vibrations are lowered by mixing them with brown, gray, or black. Brown is a decaying color. Gray is fear producing, and black carries death vibration. Mix any of these with the other colors and at once the vibration of that color is lowered.



Food For Thought

C.R.

The present food situation of high prices and shortages is said by some to be the first wave of predicted world-wide shortages. According to C.P. Snow, the world is approaching a crisis unlike any other it has ever faced. This is due partly to a lack of goods and partly to distribution. One third to one half of the world's population is hungry.

The eating patterns of Americans are generally governed by tradition and habit rather than good nutrition. Over-eating and wastefulness are the normal behavior. Most consumers are geared to the hamburger and french fries or steak and potatoes syndrome. The emphasis is often on quantity, with a great deal of food finding its way to the garbage can. It is said that about 50 per cent of male deaths in the United States can be blamed in whole or part on animal fat, a statistic favoring vegetarianism.

As business interests foresee the coming shortages they will probably begin using more meat substitutes, trying to accustom the public to this type of food. Since it is known that many diseases of civilization are caused by excessive consumption of high-energy food, the necessity of changing the American diet will also work to improve public health.

Business Week for June 30, 1973

tells us that raw materials are getting scarce too. We are "moving from an age of resource abundance to resource scarcity." The public may not have realized it yet but engineers know about it.

A psychological barrier in re-educating the public lies in the fact that Americans have acquired the habit of eating quality foods to satiety and don't like to feel empty. To satisfy this desire, food technologists may increase the production of palatable, non-nutritious fillers based on cellulose, such as non-caloric spaghetti. We already have protein substitutes for meat in larger quantities than is generally realized.

It has long been known that to restrict calorie intake is a highly effective means of delaying aging in most organisms tested. "Since this depends on combining adequate vitamins and essentials with low-calorie satiety, only a developed food technology could produce an anti-aging diet suitable for people unused and unwilling to feel hungry. Avoidance of obesity is already a big business which could have a large pay-off in delayed aging. So long as we persist in eating at every meal what our poor peasant ancestors would have liked to have eaten once, to see how it felt, we are probably shortening our lives."

"It so happens that in this field of dietary re-programming, necessity, economic and business foresight, egalitarianism, public health, improved lifespan, 'ecology' and vegetarian humanity all point the same way. We can, as a rich middle class, let the world food crisis of the '80s and '90s hit us, go on pigging and wasting, and export as much of the excess as possible. Or we can use our heads and combine benefits and profits with a feeling of righteousness."

Lester R. Brown of the Overseas Development Council has written a book entitled *World Without Borders*. He says that from now on we are all interconnected. The concept is no longer fiction, we must regard it as an inevitable reality.

In these very serious conditions we see a furthering of Universal Brotherhood. The world is being forced to eliminate national barriers in order to help each other survive.

Here is another area in which man is being compelled to learn habits which will benefit him and further his progress in spiritual growth. Gradually, as we are forced to change our eating habits, the new generation coming up will become accustomed to eating in a way which is conducive to better health, physically, mentally, and spiritually.

As we look at our American civilization we see out-pictured the adage, "You are what you eat." We also see the importance of limiting our diet, excluding meat and many other animal products; learning to eat to live, not living to eat.

Instead of feeling fear and apprehension over the changing food picture with its predicted shortages we can see again the working of the Invisible Leaders who are always patiently and lovingly guiding humanity along the paths of highest development.

In studying the Rosicrucian teachings we have learned the importance

of maintaining a pure, healthful diet. Mr. Heindel tells us, "if strict attention is paid to hygiene and diet, the dense body is the one principally affected, but at the same time there is also an effect on the vital body and the desire body for, as purer and better materials are built into the dense body, the particles are enveloped in purer planetary ether and desire-stuff also, therefore the planetary parts of the vital and desire bodies become purer. If attention is paid to food and hygiene only, the personal vital and desire bodies may remain almost as impure as before, but it has become just a little easier to get into touch with the good than if gross food were used."

So we find reason once more to give thanks for the Love which surrounds and guides us, praying that we may learn the lessons we are being taught. The unequal distribution of food and goods which exists at present must be changed. We who have so much are being presented with an opportunity to love and share with our brothers throughout the world, helping to bring about Universal Brotherhood.

VITAMIN B-12

Another fallacy which has been laid to rest by competent research is the claim that vitamin B-12 can be found only in meat or animal products. The following sources of the vitamin for vegetarians, especially if fertilized with manure, are: algae, apricots, bananas, blackberries, comfrey leaves, concord grapes, ginseng, dates, egg yolks, kelp, milk and milk products, mushrooms, olives, parsley, peanuts, pollen, prunes, rice polish, seaweeds, soybeans, sprouts, sunflower seeds, watercress, wheat germ, and yeast. These are in addition to vegetables generally.

It has been well established that the human need for B-12 is very minute, probably well under one microgram per day, and the body can store it for two to eight years.

B-12, like all the B vitamins, is water soluble. For that reason it is best obtained in raw foods. Since food analysis techniques are still relatively primitive, B-12 will undoubtedly be found in many foods in the future, especially those rich in other B vitamins.

* * * * *

Beating Self and Robbing God

W.C.M.

In the British Museum is a vase of exquisite beauty, found in a marble sarcophagus near Rome during the sixteenth century. It was bought by the Duchess of Portland for ten thousand dollars and loaned to the museum. Its matchless symmetry impresses one; but examining it closely, he sees its surface seamed with cracks and sees holes closed with cement. Its perfection has been marred. How? A mad-man once struck it with his cane, breaking it into many pieces. With great cost and trouble its fragments were replaced, but it is practically a wreck.

Everywhere there are people like the vase; marred, scarred, broken, patched — mere shadows of their former selves. Broken constitutions! Why?

Realizing not the great value, beauty and perfection of those vessels — their bodies — they broke them with the Club of Disobedience to God's Laws. Does man "break the law?" The Law remains whole and operative; man beats and breaks *himself*! Breaking his body, he breaks his

mind, soul, happiness, — all closely related.

"Your body is the temple of the Holy Spirit: if any man defile the Temple of God, him shall God destroy." (1Cor. 3:17). Man defiles his body by ignorant, sinful acts; through disobedience to God's laws he shortens life and destroys the best in life. "Man does not die; he kills himself."

Much sinning and suffering comes by way of eating. Let us not destroy our own or others' happiness by wrong eating.

The missionaries first going to Tanna in the New Hebrides were confused by seeing the natives carrying burdens on their backs. Men going to work in the fields carried burdens; women carrying water, carried other burdens. The missionaries, seeing nothing that they did with these burdens, were mystified. Finally they comprehended; each native must carry with him all his portable possessions (even his brood of chickens) to prevent others from taking them; all were such great thieves! Burdens brought on their bodies by sin.

Many here and now constantly carry great burdens of disease, ugliness, suffering, doom, because of sin. Misusing *another's* property; depriving God and humanity of the good they owe them! "Will a man rob God?" asks Scripture and it answers "Yea!"

"Ye are not your own; therefore glorify God in your body and your spirit, which are God's. Whether ye eat or drink, or whatsoever ye do, do all to the glory of God," (1Cor. 6:19, 20-10:31).

"Whatsoever things are true, honest, just, pure, lovely, of good report — *think on these things.*" (Phil. 4:8). *Health truths are in God's List!*

"I pray your whole spirit, soul and body be preserved blameless." 1 Thes. (5:23) St. Paul. God helping me, I should do so, now and henceforth!



Living Artistically

To live artistically is possible only when one's consciousness is attuned to the divine laws governing art in human relationships. This attunement grows out of the constant application of spiritual principles to the daily experiences of life.

Before one can impart the artistic touch to his relations with others, or perceive artistry in the relations between those about him, he must have within himself love for and faith in human kind. He has faith in others because he has faith in himself — in the God within. If one knows within his own soul how to contact a power greater than himself, he also knows it is possible for every other person to do the same thing.

Christ Jesus said: "Having eyes ye see not, ears ye hear not." He knew that in order to discover spiritual verities one has to discern more deeply than physical testimony can go. One who cultivates God-consciousness develops the ability to see and hear intuitively. In other words, he sees and hears more acutely than hitherto he did. His relation to others takes on an artistic spiritual quality. He oftentimes blesses others without being conscious of it. He finds growing in his heart a willingness to see the best in his fellow men. A vital human need is seen in a gesture or an apparently careless remark. Then

with artistic finesse he gently helps a fellow human being on Life's Way.

Every individual has a fundamental desire to come up out of ugliness into beauty — to grow and unfold. This desire may remain latent for a time, but eventually it will manifest, blossom, and bear fruit. The result is a beautiful work of art. Ours is ever the privilege of living artistically ourselves, and of helping others also to weave a Life-tapestry glowing with the radiance of obedience to Divine Law.

* * *

Visible helpers are just as necessary as Invisible Helpers, and our friends and patients may share in a high privilege, as well as add much to the power of liberated healing force, by joining us in prayer for the sick. Our Healing Service is held every evening in the Healing Temple at 6:30, and in the Pro-Ecclesia at 4:45 P.M. when the Moon is in a cardinal sign on the following dates:

November.....4---10---17---24

Relax, close your eyes, and make a mental picture of the pure white rose in the center of the Rosicrucian Emblem on the west wall of our Pro-Ecclesia, and concentrate on Divine Love and Healing.

THE OBJECT OF EVOLUTION

(Continued from page 494)

The moment we find ourself getting disturbed, slip back into this calm, quiet, interior place and find refreshment. Let the radiance of this center fill the life. The Christ is there, and no matter how the storm rages on the surface, on the storm-tossed sea of life, still we know that at the first call for help we will see the Christ walking on the water and hear the command, "Peace, be still."

In *Teachings of An Initiate*, we read: "Even the deepest knowledge along religious or occult lines is not wisdom, as we are taught by Paul in that wonderful thirteenth chapter of first Corinthians, where he says in effect: although I have all knowledge so that I could solve all mysteries, and have not love, I am nothing." Only when knowledge has wed love do they merge into wisdom — the expression of the Christ principle, the second phase of Deity.

"We should be very careful to discriminate properly on this point. We may have discrimination between what is expedient for the attainment of a certain end and what hinders and we may choose present ills for future attainment, but even in this we do not necessarily express wisdom. For knowledge, prudence, discretion, and discrimination are all born of the mind; all by themselves are snares of evil from which Christ in the Lord's prayer taught us to pray that we might be delivered. Only when these mind-born faculties are tempered by the heart-born faculty of love does the blended product become wisdom."

So great is this wisdom in which we live, move and have our being that we cannot do otherwise but draw to ourselves whatever we envision.

We all have a work to do in the

world — a special place to fill and no one can do this for us — therefore each of us is irreplaceable in God's sight! The harder we work to bring and to keep these tools of the spirit in the best working order, the more perfectly is our work accomplished!

In a very real sense this constant pressing from within to live the truth which is ours today in every facet of our lives strengthens the faith and brings contentment. These are powerful correctives of physical and mental ills! We all have but one obligation to the Whole—to actually live whatever of truth we have so far uncovered. God then takes care of the rest!

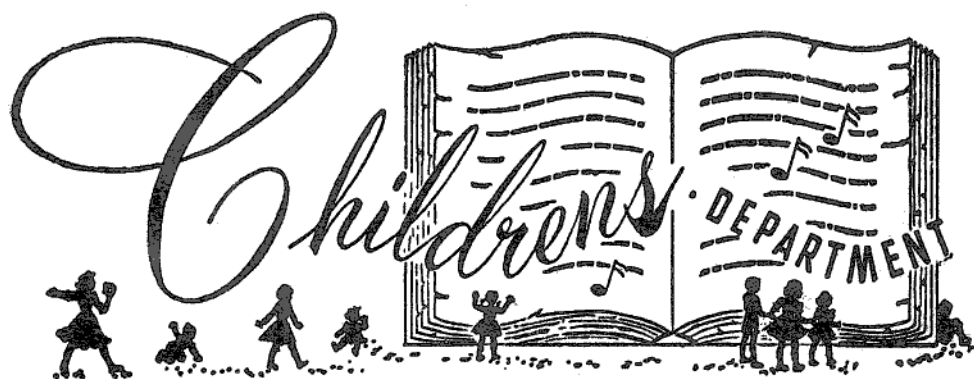
SOUNDING BRASS

(Continued from page 495)

"God is love?" Also did he not say that "God is light," and in the terms of Algebra "Things equal to the same thing are equal to each other," hence "Love is Light." And if there is no love in me, then there is no light. Not one step of the path can I see — perhaps I am not even in the path, so narrow and straight is it, one step aside and I am on the winding path of pleasure.

So from the very beginning when one first decides that one will "Live the Life," the first thing to be done is to cultivate the devotional mood.

When the heart is weary with striving and the apparent small success, open your heart wide. Hold the feeling that the heart is bared to the sunshine of His Love; His Divine Love which is always there ready to pour down upon you if you will only open your heart to it. *Do not think*, just feel the sweet balm of His love pouring down and healing all the sore spots in your heart. "Come unto me all ye that are weary and heavy laden and I will give you rest." You will arise refreshed in mind and spirit and able with renewed energy to take up your cross.



The Loud Cloud

Dagmar Frahme

The little light-gray cloud was very unhappy. It was so little and so light gray. On good days it could hardly be seen because of the brilliant sunshine and the bright blue sky. On bad days it could hardly be seen because all the big black storm clouds crowded it out of their way.

The little light-gray cloud wanted so much to be a loud cloud. It wanted to be black and scary, and make everyone who saw it run away and hide.

But no matter how hard the little cloud tried to change, it stayed exactly the way it was. No matter how hard it tried to be black, it stayed exactly the same light-gray. No matter how hard it tried to be noisy, it stayed as quiet as ever.

It cried a few tears, hoping it could at least make some rain, but only one or two drops fell and were not even noticed by the people below. The poor little cloud grew unhappier and unhappier.

Finally, the sylphs and salamanders who had been watching the little cloud could not stand seeing it unhappy any longer. They went to work. The little cloud was very

excited to find itself getting blacker and blacker. Wind blew around it, and flashes of lightning and tremendous claps of thunder came out of it. Floods of rain from it fell to the Earth. The little light-gray cloud had become a loud cloud.

And then there was a storm! People underneath dashed for their houses or put up umbrellas. Ladies working in gardens rushed inside. People watching a football game put newspapers over their heads. Roads got wet, and cars got wet, and policemen directing traffic got soaked.

Nobody could believe that all that rain and lightning and thunder were coming from one little cloud. They couldn't understand why it was so black and noisy when all around the sky was blue.

Scientists ran out of their laboratories to look at the cloud, and ran back into their laboratories to look at their instruments. But their instruments only told them that there was a loud cloud in the sky, which they already knew. The instruments did not tell them why one little loud cloud was making such a storm when all the rest of the sky was blue.

The loud cloud, feeling very powerful and very noisy, rained and thundered and lightnined until everything outside was drenched and everything inside was too hot because the windows were closed.

Then it moved away from the city and into the country. It found a meadow of daisies, black-eyed Susans, and Queen Anne's lace, all droopy and sad because they hadn't been rained on for many weeks. The loud cloud was just big enough to rain on the whole meadow, which it did with gusto. The thirsty flowers drank and drank. Soon they raised up their heads and stretched out their leaves, very thankful indeed to the loud cloud.

The loud cloud moved on over the mountains. There it met some huge thunder clouds, black and brooding and cold. They laughed when the little cloud came along. They thought it was a very silly little cloud, trying to take its place among them when they were so big and powerful.

But when the little loud cloud let out another torrent of rain and some ear-splitting thunder, they stopped laughing. "Not bad," they said admiringly. "Not bad at all."

The little cloud thought it was pretty good too, when it saw its rain turn to sleet among the high peaks. It rumbled and roared and made as much noise as it could, and the mountains below looked gloomy and foreboding indeed.

After a while, the little cloud, still raining, headed for the desert. Of course, everyone knew it never rained in the desert at that time of year.

"My word!" exclaimed a professor, who was looking at a cactus through a magnifying glass and had no idea that a loud cloud was any nearer than 500 miles.

"Thank goodness!" exclaimed a backpacker, who was very hot and

very thirsty, and had been wishing he had more water in his flask.

"Egad!" exclaimed a large, round gentleman, who had been sunning himself by a swimming pool and was feeling so good all over before he suddenly found himself drenched from head to toe.

The loud cloud glided about there and there over the desert, causing many people to stare at the sky in disbelief while they got soaked, saying, "This isn't happening!"

Finally after crossing the whole country, the loud cloud found itself over one of the big cities near the ocean. It was getting tired, but wanted to make one more gigantic



storm. Mustering all its energy, it let loose with a flash that lighted up the sky, and a violent crash of thunder, and a downpour.

People in offices slammed down windows. People washing cars turned off the water and rushed inside. Children having recess on the playground ran back into school.

The loud cloud made so much noise that people couldn't hear their radios. Children couldn't hear their teacher talking about arithmetic.

CHRISTMAS
AND THE CHILD IN YOUR
LIFE

Aquarian Age Stories
For Children
In Six Volumes



FOR YEAR AROUND USE
Sunday School Lessons
Grades 1 through 4
Also Teacher's Manual
*Important Aids in
Child Training*



Write For Prices

Dogs couldn't hear their owners calling them. Secretaries couldn't hear their bosses dictating. A conductor rehearsing for a concert couldn't hear the music his orchestra was playing.

The loud cloud continued its terrible thunder storm for ten minutes. It was just long enough for the weatherman to find that none of his charts and graphs and books and scientific articles explained why one little black cloud should be all by itself in a blue sky, making so much commotion.

Television and newspaper reporters wrote up excited reviews of the day's most incredible weather. Already a planeload of scientists had left the capital city to track down this strange loud cloud that was causing such consternation.

But the loud cloud, proud of itself, satisfied, and happy, was also very tired. Enough was enough. It had been happy to get its wish and be a loud cloud for a while. Now it was perfectly content to go back to being an ordinary little light-gray cloud, floating around almost unseen in the sky.

It thanked the sylphs and salamanders for all their help, and lazily drifted out over the ocean. Soon, high in the sky, it was lost from human sight. The little, light-gray cloud had had a day it would never forget.

THE ANGELIC AND THE
ARCHEANGELIC
LIFE WAVES

(Continued from page 492)

to one Universal Brotherhood. That is to be the work of the Religion of the Son -- Christianity. Then a still higher religious teaching -- the Religion of the Father -- is to unite mankind still closer.

HOW YOU MAY STUDY WITH THE ROSICRUCIAN FELLOWSHIP

The Rosicrucian Fellowship is an association of Christian men and women banded together for the purpose of helping to make Christianity a living factor in the world. Its teachings are designed primarily for the Western peoples, giving a definite, logical, and sequential explanation of the origin, evolution, and future development of the world and man, from both the spiritual and scientific aspects. The Fellowship has no connection with any other organization.

Upon completion of the Preliminary Philosophy Course, one becomes a Regular Student, receives a monthly Letter and Lesson. These are to be studied, though no written answers are required. The postal card sent with the Student Lesson is to be signed and returned each month, so that connection with the spiritual forces of the Fellowship may be maintained. After two years of Regular Studentship, during which time the aspirant has striven to raise his spiritual standard of living, practising self-control and "loving, self-forgetting service to others," he may take the next step: Probationership. Full membership and voting privileges are accorded only to Probationers.

CONCERNING CORRESPONDENCE COURSES OPEN TO ALL—

The following courses—offered on a love offering basis—are open to all who are not professional hypnotists, mediums, palmists, or astrologers.

PHILOSOPHY COURSES:

1. Preliminary Course, 12 lessons, above described.
2. Supplementary Course (after completing the above). (40 lessons).

WESTERN WISDOM BIBLE COURSE:

This profound course will help the Student to recognize in the Bible a spiritual guide of inestimable value given to humanity by the Recording Angels, and will enable the Student to interpret and understand its hitherto unrevealed secrets of life and being to such an extent that they find its truths corroborated and illumined by scientific discoveries. Parables and seemingly insignificant incidents become revealed as purveyors of basic scientific spiritual laws upon which a more satisfactory and truly successful life may be patterned. (28 lessons.)

ASTROLOGY COURSES:

The *Junior Course* covers the setting up of the chart and then advances to the reading of it, showing the Student how to synthesize the horoscope as a whole and arrive at a point where he can read the message contained therein. (26 lessons.)

The *Senior Course* is devoted to the esoteric phases, particularly in connection with one's spiritual development. (12 lessons.)

The *Senior Extension Course* devotes its first 10 lessons to setting up and reading the horoscope, at the same time correlating the astrological data with the Rosicrucian Philosophy. The last three lessons are devoted to the progression of the horoscopes, directions, and transits. (13 lessons.)

APPLICATION BLANK

The Rosicrucian Fellowship, Oceanside, California, U. S. A. 92054

Please Enroll Me as a Student of:

Rosicrucian Philosophy ☐ Bible Study ☐ Astrology ☐

(PLEASE PRINT)

Name _____

Street _____

City _____ State _____ Zip _____

Dealers Carrying The Rosicrucian Fellowship Publications

All Rosicrucian Fellowship Centers also Carry Fellowship Publications

- Anaheim, Ca.—Sun Sign II, 520 S. Beach Blvd., 92804.
- Cincinnati, Ohio — Fountain News Co, 426 Walnut St., 45202.
Dawn of Light, 949 Pavilion St. 45202.
- Coconut Grove, Florida—Avatar of Aquarius, 3480 Main Highway, 33133.
- Columbus, Ohio—Phoenix Books, Ltd., 295 Brehl, 43223.
Theosophical Society - Columbus Lodge, 782 Ebner St., 43206.
- Corpus Christi, Texas—Lochers Book Shop Inc., 3851 S. Alameda, 78411.
- Corvallis, Oregon — Grass Roots, 227 S.W. 2nd Street, Corvallis, Oregon, 97330.
- Dallas, Texas—Aquarian Book Shop, P.O. Box 18623 — 75218.
- Eugene, Oregon — Book Fair, 45 W. 7th Ave., P.O.Box 463, 97401.
- Ft. Worth, Texas — Astrological Research, 2416 Medford, Court W. 76107.
- Hendersonville, N. C. — Mother Earth News, P. O. Box 70. 28739.
- Highlands, California — House of Hermes, 3607 Bolivar Avenue, North, 95660.
- Holland, Ohio — Wm. M. Krueger, 1503 Holloway Road, 43528.
- Indianapolis, Ind. — Karma Records, 926 Broad Ripple Ave., 46220.
- Kortenay Bay, B. C. — Canada, Ashram, Books & Crafts.
- Kumasi, Ashanti, Ghana — Ghana Mystical Bookshop, House N.Z.E. 173, Allah Bar, P. O. Box 1560.
- Laguna Beach, Ca.—Fahrenheit 451, 509 So. Coast Hwy., P.O. Box 1421, 92651
- La Habra, Ca. — Golden Key Book Nook, 1371 "B" Macy, 90631.
- Lansing, Michigan—Ninth House Astrology Shop, 3222 S. Logan Center, 48910.
- Las Vegas, Nevada — Dana McKay, 953 E. Sahara 89105.
- Lynwood, Ca. — Sophie Holzgreen, 3566-B Mulford Ave., 90262.
- Madison, Wis. — Microcosm Book Shop, 306 W. Lakeside, 53715.
- Maynard, Mass.—Alchemist, 98 Main St., 01774.
- Mexico City—Gran Fraternidad Universal. Ave. Insurgentes Sur 226, Mexico 7, D. F.
- Minneapolis, Minn. — Savran's Paperback Shack, 301 Cedar Avenue, 55404.
- Mishawaka, Indiana — Modern Age Book Store 327 W. 7th. 46544.
- Montgomery, Alabama — House of Aquarius, 614 E. Patton Normandale Shopping Center 36111.
- Montrose, Ca. — Crescenta Valley Book Store, 2272 Honolulu Ave., 91020.
- Newmarket, New Hampshire — Aquarian Arts, Grant Road, 03857.
- Oklahoma City, Oklahoma — House of Shadows, 1114 N. Robinson, 73103.
- Pittsburgh, Pa. — Sign of Aquarius, 815 Copeland St., 15232.
- Phoenix, Ariz. — Al's Book Store, 1454 E. Van Buren, 85006.
- Port Hueneme, Ca. — Mrs. Duane L. Garber, 1224 No. 7th St., 93041.
- Reno, Nevada — Unique Book Stall, 448 N. Virginia, 89501.
- Saginaw, Michigan — Old Town Book Store, P. O. Box 1812. 48605.
- St. Petersburg, Fla. — Astrological Book Center, Tyrone Shopping Center, 1008-58th St. N., 33710.
- San Anselmo, Ca. — Abraxas Occult Center, 335 San Anselmo, 94960.
- San Luis Obispo, Ca.—Kuan Yin Book Store, 940 Chorro St., 93401.
- Sausalito, Ca.—The Tides, 749 Ridgeway, 94965.
- Somerville, Me.—Sun Sign Scopes, 54 Putnam Rd. 02145.
- Spokane, Washington — Clark's Old Book Store, W. 318 Sprague, 99204.
- Stamford, Conn.—Waldon Books, 179 Ludlow St., 06904.
- Sydney, Australia—Radio Library Pty. Ltd. 41 Phillip St. NSW. 2000.
- Tahoe City, California—Evergreen, 620 No. Lake Blvd., 95730.
- Vancouver, B. C., Canada—Banyen Bookshop, 2739 W. 4th Ave., Vancouver 8
- Ventura, Ca. — Ann Chiquoine Books, 518 East Main St., 93001.
- Virginia Beach, Va.—BRJ BookSellers, 3500 Atlantic Avenue, 23451.
- Weatherford, Texas — King Book Shop, 1205 S. Main. 76086.
- West Palm Beach, Fla.—Rainbow Bridge, 125 Lakeview Ave., 33401.

SPECIAL OFFERS

GIFTS FOR CHRISTMAS!

Inspiring Messages — at a Real Saving

SPECIAL OFFERS



1. SPARKS OF LIGHT

Archetypes60
Earthbound35
Etheric Vision	\$1.10
Evolution45
Nature Spirits60
Passing and Life Afterward60
Silver Cord and the Seed Atom60

Free: choice — *Web of Destiny* \$4.30
or — *Gleanings of a Mystic*



2. FOR THE "YOUNG" FAMILY

Aquarian Age Stories for Children, Vol. 1	\$1.10
Child Training85
Salads and Vegetarian Menus60
Child's Prayer Card05
Birth, a Fourfold Event30
The Angels as Factors in Evolution30
The Lord's Prayer30
1 Set of Zodiacal Drawings	\$1.60

Free: *Philosophy and Astrology Diagrams* \$5.10



3. CHRISTMAS STUDIES

How Shall We Know Christ4
Mystical Interpretation of Christmas85
Emblem, Card Stock50
Prayer Card, Blue and Gold35
Mysteries of Golgotha30
The Star of Bethlehem30
Mystery of the Holy Grail30
Zodiacal Drawings, 12 signs	1.60
Aries through Pisces	1.60

Free: *The Desire Body* \$4.65

Offer Good Through January 10, 1975

Send in your order now!

In California Please Add Sales Tax

THE ROSICRUCIAN FELLOWSHIP

2222 MISSION AVE., P. O. BOX 713, OCEANSIDE, CALIFORNIA

92054, U.S.A.

HEINDEL'S ASTROLOGY BOOKS

*The Astrology Books Published by The Rosicrucian
Fellowship Are Among The Most Popular
Books On The Market*



SIMPLIFIED

SCIENTIFIC

ASTROLOGY

A complete textbook on the art of
Erecting Horoscopes.

Contains a Philosophical Encyclopedia
of Astrology

Also a Table of Planetary Hours.

Paper

198 Pages

Cloth

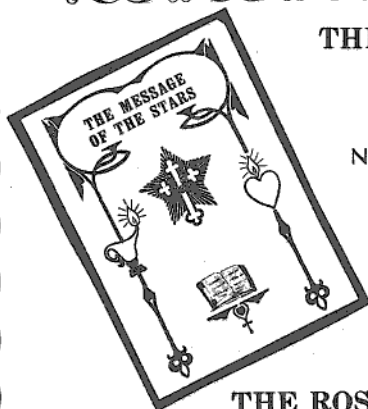
THE KEYWORD SYSTEM

Gives a Practical, Simplified Method of Interpreting the Horoscope
by Using the Keywords of Signs, Planets, Houses, and Aspects.

Takes Confusion Out of Determining Influence of Planets.

Paper

16 Pages



THE MESSAGE OF THE STARS

*Delineation of Horoscopes is covered
completely in this most Illuminating Book*

NATAL ASTROLOGY

MEDICAL ASTROLOGY

PROGRESSIONS

*No Astrology Student can afford
to be without it.*

Paper

708 Pages

Cloth

Write for Prices

THE ROSICRUCIAN FELLOWSHIP

Box 713

Oceanside, CA 92054